



ARBOR TRACE

# The Arbor Trace Revue

1000 Arbor Lake Dr. Naples, FL 34110 (239) 598-2929



TOWER POINTE  
AT ARBOR TRACE



**Eleni and Dick Gillis  
TP 307**

Eleni was born in a port city of Greece in 1941. Her earliest memories are not pleasant ones for a child. The war was in full force in Europe and air raid sirens were frequent. After the war

ended, she has much better memories as the Allies brought in needed supplies – food, animals – to support the economy.

By the age of 16, she was drawn to travel to America to discover who these Allies were. She attended a boarding school in Farmington, CT and went on to graduate from Connecticut College in New London. Eleni got her Masters in Public Administration. She married and has 2 daughters. She became active in the women’s movement and in the starting up of NOW, the National Organization for Women, in upstate NY.

She was involved in the beginning of Head Start, and then she worked for the NY Housing Authority in the areas of services for youth and also the elderly.

Dick met Eleni in the Finger Lakes, NY area where they shared a love for sailing. Dick has a son and daughter. He was a doctor of neuro ophthalmology in NY. They made a home together in Skaneateles, NY near the lakes where they could sail.

They travelled to Africa, Europe and of course Greece. Like so many of us, they wanted to get out of the northern winters and made their way to paradise - Naples. They made good friends with Marilyn and Rob Winslow who were Tower residents for many years, and by fate, they now live in the Winslow’s condo. Eleni is a watercolor and pastel artist.

They have an elusive black cat Henry, and Isabelle, a 14 year old curly black dog who slept through the entire interview. We welcome Eleni and Dick to Arbor Trace!

- Joan Millon

## September 2022 Edition

### New Resident Bio’s

We look forward to meeting you when you move into the Arbor Trace Community and one way that we feature you is in our monthly newsletter! Everyone enjoys reading about where you have been and come from and what your interests are. These bio’s really help our employees and residents make new connections and recognize you when we meet around the community.

Resident Joan Millon will be calling to interview new Tower Residents, and resident Marty Carson will be calling to interview Arbor Trace residents. If you have previously declined, we ask you reconsider in the spirit of maintaining our sense of community. We thank the ladies for providing these wonderful spotlights!

- Sandy Steinbach, Director of Resident Services



### Special Presentation

Elsa McAvoy’s guest will be giving a presentation open to all residents on Monday, September 12<sup>th</sup> at 10am in the Gathering Place on “Proteges of an Enlightenment: Rationality and Happiness.” Join retired corporate attorney and adjunct faculty member of the University of Rochester, William Alexander on a journey through the twelve “Protégés” (charcoal drawings), who were post Enlightenment figures who lived across the spectrum of time and human endeavor, imbuing their life’s work with the principles of Enlightenment thinking and acting. With the current predicaments we face in our political, economic and social life, we can benefit from a fresh review of past figures who most successfully applied the Enlightenment idea in their life’s work.

## Notes from the Director:



We are one step closer to moving Cable and Internet services to Hotwire, please be on the lookout for more information on installation dates; they will work with your schedule. The other big question is what will we do with all our Comcast equipment? You will need to call Comcast/Xfinity to cancel any services you no longer want and they will want you to return equipment. This can be done by dropping off your equipment to any UPS store or to the local Xfinity stores. We will have a collection for those that are unable to drop off. However we will NOT be able to cancel your individual Comcast/Xfinity accounts.

Everyone should have received a survey for both the Dining Room Dinner Jackets and the Linens. Please get these back to the Clubhouse Front Desk before September 14th. We appreciate your input!

For those of you who have a long-term care insurance policy; I'll bet you have had it for a long time. Those who don't have a policy might ask what is a long-term care insurance policy? It's an insurance policy designed to cover at least some if not all of your expenses if you have a chronic but not life-threatening illness, long-term disability, or you are unable to live Independently because you can't perform a number of ADL'S (activities of daily living). Those activities typically include ambulation, bathing, dressing, eating, grooming, toileting, and being able to move from a sitting to a standing position. Most policies also cover cognitive impairments, such as Alzheimer's disease.

Under the terms of most long-term care policies, you can be cared for in an Assisted Living Facility or at home. The insurance pays for custodial care, which must be provided by licensed professionals. Arbor Glen is an "Assisted Living Facility" with 24/7 nursing care which meets the qualifications for most long-term care policies.

Every policy is different, so if you have a long-term health care policy please review your materials. If you have any questions about your policy, I urge you to call your insurance company for clarification. These plans provide a specific daily or monthly benefit for a predetermined benefit period. Most policies have an elimination period, which lasts from the day you become eligible until the day the insurer begins to pay usually; immediately, 30, 60 or 90 days. When a plan is purchased, you generally have a choice of the benefit, benefit period, and elimination period that makes the most sense to you.

Reminder, while we love our furry friends, please make sure your dog is leashed and you are holding onto the leash. We do have a small off leash dog area, behind the maintenance garage, so your best-friend can play outside unleashed.

Best,

Jennifer Whitten  
Executive Director



**In Remembrance:**  
**Francois Dunn**  
**Joanne Alspaugh**

## September Calendar Notes

### Exercise Opportunities-We will continue to show exercise on channel 195, in addition to in person classes.

\*Sandy's Exercise at 1pm on Channel 195

\*M/W/F at 10:30am Top of the Pointe Chair Yoga

\*Tuesday/Thursday 9:30am & 10:15am Aquacise at the Swimming Pool

\*Pickleball Tuesdays/Thursdays/Saturdays at 7:30am

\*The Blue Zones Walking Group meets every Wednesday at 8:30am in front of the Clubhouse for an enjoyable walk

\*The gym at Tower Pointe is open to all residents and their guests

### **Check the calendar of events for the daily schedule of events.**

Enjoy Labor Day Lunch on Monday, September 5<sup>th</sup> starting at 12pm. Please make reservations and note there will be no evening dinner service on this holiday. The dress code is casual today.

Podiatrist Dr. Teitelbaum will be in the Salon Tuesday, September 6<sup>th</sup> in the afternoon. Please sign up at the Clubhouse for an appointment time.

Signature Lunch is back September 8<sup>th</sup>! Join us for a lunch buffet and music while you dine! Sign up with the Dining Room hostess.

Fred and Elsa Katz will return twice this month with enjoyable music lectures in the Gathering Place at 2pm. Beat the heat and learn new details about some music that you will be sure to enjoy. Join them on Thursday, September 8<sup>th</sup> and 22<sup>nd</sup>.

We will toast the sunset on Friday, September 9<sup>th</sup> at the Top of the Pointe starting at 6:30-8pm with Lois Kehoe and friends. Sign up at the Clubhouse.

ROMEO will be enjoying lunch in the Colonnade on September 15<sup>th</sup>, so guys sign up at the Clubhouse if you are able to participate. We would love to see you there!

The Book Club meets Friday, September 16<sup>th</sup> in the Gathering Place, at 1pm so come join us.

All residents with a September Birthday are invited to join us for dinner on Monday, September 19<sup>th</sup>. Please RSVP to the Clubhouse Front Desk. Plan to enjoy dinner, house wine, and cake and ice cream with neighbors.

The September Management Party will take place on Wednesday, September 21st so come enjoy an open bar at 5:30pm followed by a tasty dinner buffet and some great music to enjoy!

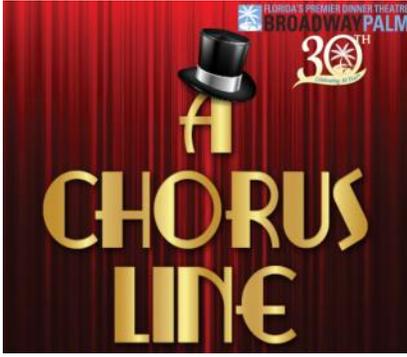
On Friday, September 23<sup>rd</sup> we will be heading to PAWS for a tour and showcase of how and where they train their service dogs, which go to veterans or children needing the assistance. Please sign up at the Clubhouse if you would like to go.

Monday, September 26<sup>th</sup>, we will start the morning with Catholic Mass at 10am in the Clubhouse Activity Room for anyone who would like to participate. Later, at the dinner hour, anyone wishing to participate in a meal for Rosh Hashanah is asked to RSVP to the Dining Room.

Anyone interested in gaining more knowledge about our Assisted Living, Arbor Glen can sign up at the Clubhouse for an in-depth tour with Colleen, our Director of Nursing at 10:30 am on September 28<sup>th</sup>.

The Care Support Group will be meeting at 1pm in the Clubhouse Activity Room September 6<sup>th</sup> and the 20<sup>th</sup>.

Both Condo Associations will be meeting this month. All Arbor Trace Condo Association members are invited to join the meeting on Wednesday, September 21<sup>st</sup> at 3pm in the Clubhouse Activity Room. All Tower Pointe Condo Association members are invited to join the meeting on Thursday, September 29<sup>th</sup> at 10am in the Gathering Place.



This stunning musical captures the spirit and tension of a Broadway chorus audition. Exploring the inner lives and bittersweet ambitions of professional Broadway performers, the show features one powerhouse number after another and is a brilliant fusion of song, dance, and authentic drama. The memorable score includes One, I Can Do That, At the Ballet, The Music and the Mirror, I Hope I Get It and more! Sign up at the Clubhouse to go see the show and enjoy dinner on Friday, October 14<sup>th</sup>. Tickets are \$75 per person.



**Please Welcome our New Managers to the team:**

**Mark Loewe, Community Association Manager**



Originally a Michigander, Mark has enjoyed living in Florida for the past 22 years. Like most of us, he came to escape the cold winters and also help take care of his in-laws.

He is looking forward to enhancing the living experience of the residents of Arbor Trace by working with the Boards to improve the operations of the condominium buildings and both associations. In the process, he is anticipating building healthy relationships with the residents and vendors of the Arbor Trace community.

In his free time, he enjoys being married to his wife and best friend for 30 years. Mark enjoys running, hiking and volunteering in our local community to help those in need. You can find him in his office at the Clubhouse, by email, or by phone. Please help us welcome Mark, our Association Manager to Arbor Trace!

**Joe LaPera, Director of Maintenance**



Joe made the permanent move to Florida a few years ago, after visiting Bonita Springs for the past 30 years to see his in-laws. He spent most of his life in Connecticut, but was born in New Rochelle, NY. Joe and his wife Julie have been married 28 years and have a daughter, son-in-law and three wonderful grandchildren nearby in Lehigh Acres. Joe has been employed here on the maintenance team for two years and is looking forward to embracing the Maintenance Director Position so he can continue making sure the community is taken care of by sharing his skills. Joe said "My father always said, 'take care of the family', and I hope to continue the tradition here at Arbor Trace." When he is not working, he enjoys spending time with his family and always working on some sort of construction project. You can find him in his office at the Clubhouse, by email, or by phone. Please congratulate Joe on his promotion to Maintenance Director!

**Miguel Banegas, Assistant Maintenance Manager**



Please join us in congratulating Miguel in his new promotion to Assistant Maintenance Director! He is stationed at the Tower each day and is looking forward to listening to your concerns, needs and wishes to make our community more vibrant every day. He says "I will strive to do my best everyday to ensure our residents needs are met in a prompt and professional manner." Miguel has been in Florida for 26 years and is a proud husband, father and grandfather to children here in the U.S. and also his homeland, Honduras. In his free time, he enjoys attending church with his family, going to soccer practices and games with his youngest son and talking to his family around the world by video calls.

### Reminder: Direct Phone Numbers

Mark Loewe: For Condo or grounds Issues: 438-4685

Ninos Ramos: Housekeeping or Laundry Issues: 438-4681

Joe LaPera: Maintenance issues: 438-4686 (Regular Work orders still go through Angie and Fe)

Shannon Fitzgerald: Transportation to and from Clubhouse (8:30am-4:30pm): 438-4656

Marcia Skelley—Dining Room Reservations: 239-438-4668



### Best Wishes!

As Dale retires from his position of Director of Maintenance at the end of August, we wanted to publicly thank him for the wonderful job he has done over the last 10 years. The dedication he has shown to our community, our residents, and our fellow staff members has been outstanding. Day or night he has kept all of our systems running and our community safe for many years, as well as always making sure our American flags are out for every patriotic holiday! Our best wishes to you Dale on enjoying your golden years!



### Putting on the Greens

The Wednesday morning Putting on the Green group is ready to resume their weekly golf challenge on the new putting greens at the Clubhouse. No putter? No problem! Join us for some golfing fun on Wednesday mornings at 9am.



### Soft Spot

Thanks to the House Committee at Tower Pointe and maintenance the patio furniture has a new life. New custom cushions were purchased and maintenance cleaned and painted the Furniture on the 17th floor patio. What a great place to watch a sunset!



### Colonnade Room Etiquette

- It is required for all gentlemen, including guests, to wear a sport coat in the Colonnade Dining Room. No shorts are permitted for dinner or brunch. Please do not “cut through” the Dining Room in bathing suits or inappropriate attire.
- Colonnade Room is open for dinner Monday—Saturday 5:30-7:30, Sunday Brunch from 12-1:30, and Thursday Lunch 12-1. Reservations are Required.. To make your reservation call 438-4668.
- HOLIDAYS & COCKTAIL PARTIES: Reservations must be finalized 2 days prior to event to ensure accommodations. Failure to make a reservation will result in delayed service or possible non-admittance.

### Signature Lunch

Thursday, September 8th, we will be bringing back our monthly Signature Lunch Buffet. We will be having some of your favorites: Chicken wings, Hamburgers, Hot Dogs, tuna & chicken salad, fresh fruit, potato salad, coleslaw and assorted desserts and cookies.

We look forward to music and a nice lunch.

- Ethel Hubbard , Director of Food Services



### Club Table

Are you new to Arbor Trace looking to make new friends? Would you like to come to dinner but do not have anyone to come with? Don't let that stop you! We invite you and anyone who would like the opportunity to dine with others to sign up for the “Club Table” on the 2<sup>nd</sup> and 4<sup>th</sup>

Thursday of the month. This “open table” will be a great place for anyone looking for new friends to join in and meet people. Simply call 438-4668 and let them know you would like to sit at the Club Table and there will be a place for you!



### High Holidays for our Jewish Residents

On the evening of September 25<sup>th</sup>, the Jewish new year celebration according to their calendar, Rosh Hashanah will begin. It is commemorated by the blowing of a ram's horn during the service to symbolically awaken the listeners from their “slumbers” and alert them to the coming judgment. Traditional meals are consumed for either one or two nights of the holiday. It is a joyful but serious holiday and is the civil year start of the Hebrew calendar.

It is followed 10 days later, by Yom Kippur which is the holiest day of the year for Jews. It is the Day of Atonement and observant Jews fast all day and pray for forgiveness for their sins. These two holidays are the most holy of the yearly Jewish holidays.



**Book News:** Book Discussion: A number of our residents have asked about the Book Discussion group, wondering especially how we select books to be read. Over the years we have created an ongoing list of residents' book recommendations. At our regularly-scheduled meeting in September, we vote on our preferences, and the top twelve vote-getters become the reading list for the next year. This list of recommendations is now available (check with Sandy S. or Karen S.). Our September meeting is on Friday, the 16<sup>th</sup>, at 1:00 in the Tower Pointe Gathering Place. Do join us—it's a fun meeting.!

Library News: As always, we really appreciate your book donations. Ever wonder what happens to books that are donated to our libraries—but cannot be used? We donate them to Better World Books...an international organization that gives away books as well as a percentage of their sales of used books. More info? [Better World Books - Wikipedia](#)



R.O.M.E.O. (Retired Old Men Eating Out)

Coopers Hawk Restaurant & Winery was our destination on Friday, July 12th. Fifteen of us arrived at 12:15 & were escorted to a private room with 3 tables of 5 setup for us. While beverages were being served we all stood & gave the Pledge of Allegiance, then sang God Bless America. Jerry Meyers then said the blessing for our lunch. The general discussion around the tables was inflation & China. The lunch servings were very generous & delicious. After dessert we had our famous raffle. Bill Foote won the first two drawings, lunch at Arbor Trace & a bottle of wine donated by Rodger Lundblad. Bob Boyden won a bottle of wine donated by Coopers Hawk. Rick Erickson won a wine tasting gift card also donated by Coopers Hawk. The \$\$\$ winners were Gunther Luhrs & Earle Gates. Bill Momberger then gave us some jokes, some good & some not!

The next Romeo will be Thursday, September 15th in our dining room at 12:30pm.

- Bob Bortz



**Mahjong**

Do you play? Come join us on Sunday afternoons at the Top of the Pointe at 2 pm to play this fun game. While it's a great game, playing also helps meet and socialize with friends, and to keep up on your mental sharpness.

We would love to see you there!

- Jeanne Randazzo



**George Barrier turns 94!**

George Barrier celebrated another birthday with us on August 14<sup>th</sup>. We had a lovely happy hour/birthday party to celebrate with him.

Happy birthday George! We love you and look forward to celebrating your next birthday with you!

-Cheryl Gregson



**Arbor Trace Realty**

We hope everyone will connect with us on our newly updated Social Media platforms.

You can find us on Facebook (Arbor Trace Realty), Instagram (@Arbortracerealty), and Tiktok (@Arbor Trace Realty).



Spread the word to your family and friends!  
- Christina Olson & Samantha Brievea

**Arbor Trace Revue—August 2022 Edition**

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Please visit [www.arbortrace.com](http://www.arbortrace.com)