



**BIRTHDAY HAPPENINGS:**

2nd Fran Barrier  
 2nd Barbara Goff  
 2nd Karen Marrale  
 4th Barbara Smith  
 6th Pat Cummins  
 7th Bonnie Lechtner  
 8th Bruce Stryker  
 9th Richard Gillis  
 9th Jack Solan  
 11th Don Eslick

11th Steve Sullivan  
 17th Bill O'Connell  
 18th Karen Sexton  
 18th Naren Chevli  
 22nd Jerry Meyers  
 26th Marty Carson  
 26th Mike Clukey



TOWER POINTE  
 AT ARBOR TRACE



ARBOR TRACE

# September 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<p>Transportation to Tower Pointe activities is available from the clubhouse.</p>		<p><b>1</b>                      7:30 Pickleball                      9:30 &amp; 10:15 Aquasize                      12:00 Thursday Lunch (Colonnade)                      1:00 Exercise with Sandy on 195                      2:00 Open Art (TP)</p>	<p><b>2</b>                      9:00 Grocery Shopping                      10:30 Chair Yoga (TP)                      10:30 Sailboat Regatta                      1:00 Exercise with Sandy on 195</p>	<p><b>3</b>                      11:00 Tai Chi on 195                      1:00 Exercise with Sandy on 195                      1:30 Wii Bowl (AR)</p>
<p><b>4</b>                      12:00-2:00 Sunday Brunch                      1:00 Exercise with Sandy on 195                      1:30 Bridge, Rummikub &amp; Assorted Games (CL)                      2:00 Mah Jongg (TP)</p>	<p><b>5</b>                      Labor Day                      9:00 Men's Coffee (GP)                      12:00 Labor Day Lunch                      1:00 Exercise with Sandy on 195                      7:30 No Movie</p>	<p><b>6</b>                      9:30 &amp; 10:15 Aquasize                      1:00 Exercise with Sandy on 195                      1:00 Care Support (AR)                      1:00 Dr. Teitlebaum (CL)                      2:30 Current Events Discussion (AR)                      3:00 Wii Bowl (AR)                      7:15 Bingo (AR)</p>	<p><b>7</b>                      8:30 Blue Zones Walking Group                      9:00 Putting on the Green                      10:30 Chair Yoga (TP)                      1:00 Exercise with Sandy on 195                      1:00 Social Bridge (TP)</p>	<p><b>8</b>                      7:30 Pickleball                      9:30 &amp; 10:15 Aquasize                      12:00 Signature Lunch (Colonnade)                      1:00 Exercise with Sandy on 195                      2:00 Open Art (TP)                      2:00 Fred Katz Music Lecture (AR)                      5:30 Club Table (CL)</p>	<p><b>9</b>                      9:00 Grocery Shopping                      10:30 Chair Yoga (TP)                      10:30 Sailboat Regatta                      1:00 Exercise with Sandy on 195                      6:30-8 Sunset Party (TP)</p>	<p><b>10</b>                      Patriot Day                      11:00 Tai Chi on 195                      1:00 Exercise with Sandy on 195                      1:30 Wii Bowl (AR)</p>
<p><b>11</b>                      Grandparents Day                      12:00-2:00 Sunday Brunch                      1:00 Exercise with Sandy on 195                      1:30 Bridge, Rummikub &amp; Assorted Games (CL)                      2:00 Mah Jongg (TP)</p>	<p><b>12</b>                      9:00 Men's Coffee                      10:00 Grocery Shopping                      10:00 History of Art (GP)                      1:00 Exercise with Sandy on 195                      1:00 Chorus Practice (TP)                      1:30 Shopping at Walmart                      2:00 Arm Chair Travel (AR)                      7:30 Movie (TP)</p>	<p><b>13</b>                      9:30 &amp; 10:15 Aquasize                      1:00 Care Support (CL)                      1:00 Exercise with Sandy on 195                      3:00 Wii Bowl (AR)                      7:15 Bingo (AR)</p>	<p><b>14</b>                      8:30 Blue Zones Walking Group                      9:00 Putting on the Green                      10:30 Chair Yoga (TP)                      1:00 Exercise with Sandy on 195                      1:00 Social Bridge (TP)</p>	<p><b>15</b>                      7:30 Pickleball                      9:30 &amp; 10:15 Aquasize                      12:00 Thursday Lunch (Colonnade)                      12:30 ROMEO (Colonnade)                      1:00 Exercise with Sandy on 195                      2:00 Open Art (TP)</p>	<p><b>16</b>                      9:00 Grocery Shopping                      10:30 Chair Yoga (TP)                      10:30 Sailboat Regatta                      1:00 Exercise with Sandy on 195                      1:00 Book Club (GP)</p>	<p><b>17</b>                      11:00 Tai Chi on 195                      1:00 Exercise with Sandy on 195                      1:30 Wii Bowl (AR)</p>
<p><b>18</b>                      12:00-2:00 Sunday Brunch                      1:00 Exercise with Sandy on 195                      1:30 Bridge, Rummikub &amp; Assorted Games (CL)                      2:00 Mah Jongg (TP)</p>	<p><b>19</b>                      9:00 Men's Coffee                      10:00 Grocery Shopping                      1:00 Exercise with Sandy on 195                      1:00 Chorus Practice (CL)                      1:30 Shopping at Dollar Tree                      2:00 Arm Chair Travel (AR)                      5:30 September Birthday Party (Colonnade)                      7:30 Movie (TP)</p>	<p><b>20</b>                      9:30 &amp; 10:15 Aquasize                      1:00 Exercise with Sandy on 195                      1:00 Care Support (AR)                      2:30 Current Events Discussion (AR)                      3:00 Wii Bowl (AR)                      7:15 Bingo (AR)</p>	<p><b>21</b>                      8:30 Blue Zones Walking Group                      9:00 Putting on the Green                      10:30 Chair Yoga (TP)                      1:00 Exercise with Sandy on 195                      1:00 Social Bridge (TP)                      3:00 ATC Board Meeting (CL)                      5:30 Management Party (Colonnade)</p>	<p><b>22</b>                      7:30 Pickleball                      9:30 &amp; 10:15 Aquasize                      12:00 Thursday Lunch (Colonnade)                      1:00 Exercise with Sandy on 195                      2:00 Open Art (TP)                      2:00 Fred Katz Music Lecture (AR)                      5:30 Club Table (CL)</p>	<p><b>23</b>                      10:30 Chair Yoga (TP)                      10:30 Sailboat Regatta                      1:00 Exercise with Sandy on 195                      10:00 PAWS Outing                      3:00 Grocery Shopping</p>	<p><b>24</b>                      11:00 Tai Chi on 195                      1:00 Exercise with Sandy on 195                      1:30 Wii Bowl (AR)</p>
<p><b>25</b> Rosh Hashanah                      12:00-2:00 Sunday Brunch                      1:00 Exercise with Sandy on 195                      1:30 Bridge, Rummikub &amp; Assorted Games (CL)                      2:00 Mah Jongg (TP)</p>	<p><b>26</b>                      9:00 Men's Coffee                      10:00 Grocery Shopping                      10:00 Catholic Mass (AR)                      1:00 Chorus Practice (TP)                      1:30 Shopping at Walmart                      2:00 Arm Chair Travel (AR)                      5:30 Rosh Hashanah Dinner (Colonnade)                      7:30 Movie (TP)</p>	<p><b>27</b>                      9:00 Exercise (AR)                      9:30 &amp; 10:15 Aquasize                      1:00 Exercise with Sandy on 195                      3:00 Wii Bowl (AR)                      7:15 Bingo (AR)</p>	<p><b>28</b>                      8:30 Blue Zones Walking Group                      9:00 Putting on the Green                      10:30 Arbor Glen Tour (CL)                      10:30 Chair Yoga (TP)                      1:00 Exercise with Sandy on 195                      1:00 Social Bridge (TP)</p>	<p><b>29</b>                      7:30 Pickleball                      9:30 &amp; 10:15 Aquasize                      10:00 Tower Pointe Condo Mtg (GP)                      12:00 Thursday Lunch (Colonnade)                      1:00 Exercise with Sandy on 195                      2:00 Open Art (TP)</p>	<p><b>30</b>                      9:00 Grocery Shopping                      10:30 Chair Yoga (TP)                      10:30 Sailboat Regatta                      1:00 Exercise with Sandy on 195                      10:45 Penny Pinchers</p>	<p><b>Calendar Key</b>                      (AR) Clubhouse Activity Room                      (ART) Clubhouse Art Room                      (CL) Clubhouse                      (GP) Gathering Place, Tower                      (TP) Top of the Pointe</p>

Hodges University's Life Long Learning Program Gathering Place

*Fall Semester Begins in October*

**Arbor Trace Board Meeting**  
 Wednesday, September 21st  
 3pm  
 Clubhouse Activity Room

**Tower Pointe Board Meeting**  
 Thursday, September 29th  
 10am  
 Gathering Place

**Monday Night at the Movies**  
 Every Monday Night  
 Gathering Place of Tower Pointe  
 7:30 pm

9/5-Labor Day (No Movie)  
 9/12-The Quiet Man (Classic Drama)  
 9/19-Uncharted (Action Adventure)  
 9/26-Grey Gardens (Drama)