



BIRTHDAY HAPPENINGS:

2nd Fran Barrier
 2nd Karen Marrale
 4th Barbara Smith
 5th Gale Scott
 6th Pat Cummins
 7th Bonnie Lechtner
 8th Bruce Stryker
 11th Don Eslick
 11th Steve Sullivan
 17th Bill O'Connell

18th Karen Sexton
 18th Naren Chevli
 19th Dorothy Parsons
 22nd Jerry Meyers
 26th Marty Carson
 26th-Mike Clukey



TOWER POINTE
AT ARBOR TRACE



ARBOR TRACE

September 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 8:30 Blue Zones Walking Group 9:00 Putting on the Green 10:00 Let's Talk (CL) 10:30 Chair Yoga (TP) 1:00 Exercise with Sandy on 195	2 8:30 Pickleball 9:30 & 10:15 Aquasize <u>12:00 Thursday Lunch (Colonnade)</u> 1:00 Exercise with Sandy on 195 2:00 Open Art (ART)	3 9:00 Grocery Shopping 10:30 Chair Yoga (TP) 10:30 Sailboat Regatta 1:00 Exercise with Sandy on 195 4:00 Fred Moyer Presents "Tchaikovsky" on Channel 195	4 11:00 Tai Chi on 195 1:00 Exercise with Sandy on 195 1:30 Wii Bowl (AR)
5 <u>12:00-2:00 Sunday Brunch</u> 1:00 Exercise with Sandy on 195 1:30 Bridge, Rummikub & Assorted Games 4:00 Book Read with Bette on 195	6 Labor Day/Rosh Hashanah 9:00 Men's Coffee <u>12:00 Labor Day Lunch</u> 1:00 Exercise with Sandy on 195 4:00 Fred Moyer Presents Tchaikovsky on Channel 195 7:30 No Movie	7 9:30 & 10:15 Aquasize 1:00 Exercise with Sandy on 195 1:00 Care Support (AR) <u>1:00 Dr. Teitlebaum (CL)</u> 2:30 Current Events Discussion (AR) 4:00 Book Read with Bette 195 7:15 Bingo (AR)	8 8:30 Blue Zones Walking Group 9:00 Putting on the Green 10:00 Let's Talk (CL) 10:30 Chair Yoga (TP) 1:00 Exercise with Sandy on 195	9 8:30 Pickleball 9:30 & 10:15 Aquasize <u>12:00 Thursday Lunch (Colonnade)</u> 1:00 Exercise with Sandy on 195 2:00 Open Art (ART) 2:00 Fred Katz Music Lecture (AR)	10 9:00 Grocery Shopping 10:30 Chair Yoga (TP) 10:30 Sailboat Regatta 1:00 Exercise with Sandy on 195 1:00 Shopping at Aldi <u>6:30-8 Sunset Party (TP)</u>	11 Patriot Day 11:00 Tai Chi on 195 1:00 Exercise with Sandy on 195 1:30 Wii Bowl (AR)
12 Grandparents Day <u>12:00-2:00 Sunday Brunch</u> 1:00 Exercise with Sandy on 195 1:30 Bridge, Rummikub & Assorted Games 4:00 Book Read with Bette on 195	13 9:00 Men's Coffee 10:00 Grocery Shopping 1:00 Exercise with Sandy on 195 1:00 Chorus Practice (TP) 1:30 Shopping at Walmart 2:00 Arm Chair Travel (AR) 7:30 Movie (TP)	14 9:30 & 10:15 Aquasize 1:00 Care Support (CL) 1:00 Exercise with Sandy on 195 4:00 Book Read with Bette 195 7:15 Bingo (AR)	15 Yom Kippur 8:30 Blue Zones Walking Group 9:00 Putting on the Green 10:00 Let's Talk (CL) 10:30 Chair Yoga (TP) 1:00 Exercise with Sandy on 195 <u>5:30 30th Anniversary Management Party (Colonnade)</u>	16 8:30 Pickleball 9:30 & 10:15 Aquasize <u>12:00 Thursday Lunch (Colonnade)</u> 1:00 Exercise with Sandy on 195 2:00 Open Art (ART)	17 9:00 Grocery Shopping 10:30 Chair Yoga (TP) 10:30 Sailboat Regatta 1:00 Exercise with Sandy on 195 1:00 Book Club (TP) 4:00 Winning at Retirement Lecture on 195	18 11:00 Tai Chi on 195 1:00 Exercise with Sandy on 195 1:30 Wii Bowl (AR)
19 <u>12:00-2:00 Sunday Brunch</u> 1:00 Exercise with Sandy on 195 1:30 Bridge, Rummikub & Assorted Games 4:00 Book Read with Bette on 195	20 9:00 Men's Coffee 10:00 Grocery Shopping 1:00 Exercise with Sandy on 195 1:00 Chorus Practice (CL) 1:30 Shopping at Dollar Tree 2:00 Arm Chair Travel (AR) 7:30 Movie (TP)	21 9:30 & 10:15 Aquasize 1:00 Exercise with Sandy on 195 1:00 Care Support (AR) 2:30 Current Events Discussion (AR) 4:00 Book Read with Bette 195 7:15 Bingo (AR)	22 8:30 Blue Zones Walking Group 9:00 Putting on the Green 10:00 Let's Talk (CL) 10:30 Chair Yoga (TP) 1:00 Exercise with Sandy on 195 3:00 ATC Board Meeting (CL)	23 8:30 Pickleball 9:30 & 10:15 Aquasize <u>12:00 Thursday Lunch (Colonnade)</u> <u>12:30 ROMEO (Colonnade)</u> 1:00 Exercise with Sandy on 195 2:00 Open Art (ART) 2:00 Fred Katz Music Lecture (AR)	24 9:00 Grocery Shopping 10:30 Chair Yoga (TP) 10:30 Sailboat Regatta 1:00 Exercise with Sandy on 195 <u>10:45 Penny Pinchers</u>	25 11:00 Tai Chi on 195 1:00 Exercise with Sandy on 195 1:30 Wii Bowl (AR)
26 <u>12:00-2:00 Sunday Brunch</u> 1:00 Exercise with Sandy on 195 1:30 Bridge, Rummikub & Assorted Games 4:00 Book Read with Bette on 195	27 9:00 Men's Coffee 10:00 Grocery Shopping 1:00 Exercise with Sandy on 195 1:00 Chorus Practice (TP) 1:30 Shopping at Walmart 2:00 Arm Chair Travel (AR) 7:30 Movie (TP)	28 9:00 Exercise (AR) 9:30 & 10:15 Aquasize 1:00 Exercise with Sandy on 195 4:00 Book Read with Bette 195 7:15 Bingo (AR)	29 8:30 Blue Zones Walking Group 9:00 Putting on the Green 10:00 Let's Talk (CL) <u>10-12 Flu Shot Clinic (AR)</u> 10:30 Chair Yoga (TP) 1:00 Exercise with Sandy on 195 <u>1:00 Smartphone Support (AR)</u>	30 8:30 Pickleball 9:30 & 10:15 Aquasize 10:00 Tower Pointe Condo Mtg (TP) <u>12:00 Thursday Lunch & Community Birthday Party (Colonnade)</u> 1:00 Exercise with Sandy on 195 2:00 Open Art (ART)	 Transportation to Tower Pointe activities is available from the clubhouse.	Calendar Key (AR) Clubhouse Activity Room (ART) Clubhouse Art Room (CL) Clubhouse (GP) Gathering Place, Tower (TP) Top of the Pointe

Hodges University's Life Long Learning Program Gathering Place

Fall Semester Begins in October

Arbor Trace Board Meeting
 Wednesday, September 22nd
 3pm
 Clubhouse Activity Room

Tower Pointe Board Meeting
 Thursday, September 30th
 10am
 Top of the Pointe

Monday Night at the Movies
Every Monday Night
Gathering Place of Tower Pointe
7:30 pm

9/13-Mutiny on the Bounty (Action)
9/20-Made In Italy (Comedy)
9/27-The Professor and the Madman (Drama/Bio)