



BIRTHDAY HAPPENINGS:

2nd-Mike Brookins
 2nd-Bill Momberger
 3rd-Shirley Woolaway
 7th-Jolan Lukas
 9th-Cressida Maloney
 11th-Eva Greenbaum
 11th-Midge Voss
 12th-Dean Yarian
 16th-Eleanor Rzaca

17th-Audrey Stone
 18th-Dick Plum (102!)
 19th-Judi Palay
 21st-Jenny Duffy
 23rd-Gunther Luhrs
 25th-Beverly Mills
 25th-Greg Peterson
 26th-James Beebe

27th-Millie Adams
 31st-Betty Frederick
 31st-Chris Kardon

October 2020



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Transportation to Tower Pointe activities is available from the clubhouse.</p>	<p>Calendar Key</p> <p>(AR) Clubhouse Activity Room (ART) Clubhouse Art Room (CL) Clubhouse (GP) Gathering Place, Tower Pointe (TP) Top of the Pointe Club</p>			<p>1</p> <p>8-3 Medical Transportation 8:30 Pickleball 9:30 & 10:15 Aquasize 1:00 Exercise with Sandy on 195 2:00 Open Art (ART) 2:00 Hodges on Zoom</p>	<p>2</p> <p>9:00 Grocery Shopping 10:30 Chair Yoga on 195 1:00 Exercise with Sandy on 195 4:00 Resident Talent Show on 195</p>	<p>3</p> <p>11:00 Tai Chi on 195 1:00 Exercise with Sandy on 195</p>
<p>4</p> <p>12:00-2:00 Sunday Brunch Delivery 1:00 Exercise with Sandy on 195 4:00 Book Read with Bette on 195</p>	<p>5</p> <p>9:00 Men's Coffee on Zoom 10:00 Grocery Shopping 1:00 Exercise with Sandy on 195 2:00 Arm Chair Travel: "Britain's Medieval Cathedrals" (CL) 7:30 Movie (TP)</p>	<p>6</p> <p>8-3 Medical Transportation 9:30 & 10:15 Aquasize 10:00 Hodges on Zoom 1:00 Exercise with Sandy on 195 1:00 Care Support (CL) 4:00 Book Read with Bette on 195</p>	<p>7</p> <p>8-3 Medical Transportation 8:30 Blue Zones Walking Group 9:00 Putting on the Green 10:00 Let's Talk (CL) 10-12 Flu Shots (Dining Room) 10:30 Chair Yoga on 195 1:00 Exercise with Sandy on 195 2:00 Social Stitches (CL)</p>	<p>8</p> <p>8-3 Medical Transportation 8:30 Pickleball 9:30 & 10:15 Aquasize 1:00 Exercise with Sandy on 195 2:00 Open Art (ART) 2:00 Hodges on Zoom</p>	<p>9</p> <p>9:00 Grocery Shopping 10:30 Chair Yoga on 195 1:00 Exercise with Sandy on 195 2:00 Hodges Recap on 195 4:00 Oktoberfest Happy Hour on 195</p>	<p>10</p> <p>11:00 Tai Chi on 195 1:00 Exercise with Sandy on 195</p>
<p>11</p> <p>12:00-2:00 Sunday Brunch Delivery 1:00 Exercise with Sandy on 195 4:00 Book Read with Bette on 195</p>	<p>12</p> <p>9:00 Men's Coffee on Zoom 10:00 Grocery Shopping 1:00 Exercise with Sandy on 195 1:30 Shopping at Walmart 2:00 Arm Chair Travel: "Tudor Britain" (CL) 7:30 Movie (TP)</p>	<p>13</p> <p>8-3 Medical Transportation 9:30 & 10:15 Aquasize 10:00 Hodges on Zoom 1:00 Exercise with Sandy on 195 4:00 Book Read with Bette on 195</p>	<p>14</p> <p>8-3 Medical Transportation 8:30 Blue Zones Walking Group 9:00 Putting on the Green 10:00 Let's Talk (CL) 10:30 Chair Yoga on 195 1:00 Exercise with Sandy on 195 2:00 Social Stitches (CL)</p>	<p>15</p> <p>8-3 Medical Transportation 8:30 Pickleball 9:30 & 10:15 Aquasize 1:00 Exercise with Sandy on 195 2:00 Open Art (ART) 2:00 Hodges on Zoom</p>	<p>16</p> <p>9:00 Grocery Shopping 10:30 Chair Yoga on 195 1:00 Book Club (GP) 1:00 Exercise with Sandy on 195 2:00 Hodges Recap on 195</p>	<p>17</p> <p>11:00 Tai Chi on 195 1:00 Exercise with Sandy on 195</p>
<p>18</p> <p>12:00-2:00 Sunday Brunch Delivery 1:00 Exercise with Sandy on 195 4:00 Book Read with Bette on 195</p>	<p>19</p> <p>9:00 Men's Coffee on Zoom 10:00 Grocery Shopping 1:00 Exercise with Sandy on 195 2:00 Arm Chair Travel: "Magna Carta & the Civil War" (CL) 7:30 Movie (TP)</p>	<p>20</p> <p>8-3 Medical Transportation 9:30 & 10:15 Aquasize 10:00 Hodges on Zoom 1:00 Exercise with Sandy on 195 1:00 Care Support (CL) 4:00 Book Read with Bette on 195</p>	<p>21</p> <p>8-3 Medical Transportation 8:30 Blue Zones Walking Group 9:00 Putting on the Green 10:00 Let's Talk (CL) 10:30 Chair Yoga on 195 1:00 Exercise with Sandy on 195 2:00 Social Stitches (CL)</p>	<p>22</p> <p>8-3 Medical Transportation 8:30 Pickleball 9:30 & 10:15 Aquasize 1:00 Exercise with Sandy on 195 2:00 Open Art (ART) 2:00 Hodges on Zoom</p>	<p>23</p> <p>9:00 Exercise (AR) 10:30 Chair Yoga on 195 1:00 Exercise with Sandy on 195 2:00 Hodges Recap on 195 4:00 Music Entertainment on 195</p>	<p>24</p> <p>11:00 Tai Chi on 195 1:00 Exercise with Sandy on 195</p>
<p>25</p> <p>12:00-2:00 Sunday Brunch Delivery 1:00 Exercise with Sandy on 195 4:00 Book Read with Bette on 195</p>	<p>26</p> <p>9:00 Men's Coffee on Zoom 10:00 Grocery Shopping 1:00 Exercise with Sandy on 195 1:30 Shopping at Walmart 2:00 Arm Chair Travel: "Enlightenment Britain" (CL) 7:30 Movie (TP)</p>	<p>27</p> <p>8-3 Medical Transportation 9:30 & 10:15 Aquasize 10:00 Hodges on Zoom 1:00 Exercise with Sandy on 195 4:00 Book Read with Bette on 195</p>	<p>28</p> <p>8-3 Medical Transportation 8:30 Blue Zones Walking Group 9:00 Putting on the Green 10:00 Let's Talk (CL) 10:30 Chair Yoga on 195 1:00 Exercise with Sandy on 195 2:00 Social Stitches (CL)</p>	<p>29</p> <p>8-3 Medical Transportation 8:30 Pickleball 9:30 & 10:15 Aquasize 1:00 Exercise with Sandy on 195 2:00 Open Art (ART) 2:00 Hodges on Zoom</p>	<p>30</p> <p>9:00 Grocery Shopping 10:30 Chair Yoga on 195 1:00 Exercise with Sandy on 195 2:00 Hodges Recap on 195 4-5 Halloween Spooktacular</p>	<p>31</p> <p>11:00 Tai Chi on 195 1:00 Exercise with Sandy on 195</p>

Hodges University's Life Long Learning Program

- Thursday, October 1st 2pm
"The Diabetic Foot"
- Tuesday, October 6th 10am
"Get Ready to Vote in the November Elections!"
- Thursday, October 8th 2pm
"ZOOM Training with NerdsToGo"
- Tuesday, October 13th 10am
"Film Noir"
- Thursday, October 15th 2pm
"How to Publish Your Book/Memoir Yourself" (And Not Break the Bank)
- Tuesday, October 20th 10am
"Asteroid Awareness"
- Thursday, October 22nd 2pm
"Beethoven's Eroica"
- Tuesday, October 27th 10am
"Exotic Objects of Our Universe"
- Thursday, October 29th 2pm
"Living with Nature"

Arbor Trace Board Meeting
TBD

Tower Pointe Board Meeting
TBD

Monday Night at the Movies
Every Monday Night
Gathering Place of Tower Pointe
7:30 pm

- 10/7-The Incredible Journey of Mary Bryant (Drama)
- 10/14-The Great American Broadcast (Musical)
- 10/21- A Star is born (Drama)
- 10/28-Mark Felt (Drama)