



**BIRTHDAY HAPPENINGS:**

1st-Lucretia Zangrilli  
 2nd-Marty Krebs  
 2nd-George Nedved  
 12th-Phyllis Dowsley  
 12th-Ray Maloney  
 16th-Elda Schmidt  
 16th-Howard Gelin  
 16th-Alice Schwartz  
 17th-Frank Daveler  
 18th-Barbara Donovan

18th-Hugh Gower  
 18th-Gisela Taft  
 21st-Jean Sims  
 23rd-Nancy Downey  
 23rd-James Zangrilli  
 24th-Janice Grunewald  
 24th-Sharon Powell  
 25th-Suzie Eslick  
 25th-Elsa McAvoy  
 25th-Jodie Step

27th-Diana Eddy  
 27th-Linda Glaser  
 27th-Paula Neumann  
 28th-Dottie Scott

# November 2020



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>1</b>                      Daylight Savings                      12:00-2:00                      Sunday Brunch Delivery                      1:00 Exercise with Sandy on 195                      4:00 Book Read with Bette on 195</p>	<p><b>2</b>                      9:00 Men's Coffee on Zoom                      10:00 Grocery Shopping                      1:00 Exercise with Sandy on 195                      2:00 Arm Chair Travel: "Industrial Britain" (CL)                      7:30 Movie (TP)</p>	<p><b>3 Election Day</b>                      8-3 Medical Transportation                      9:30 &amp; 10:15 Aquasize                      10:00 Hodges on Zoom                      1:00 Exercise with Sandy on 195                      1:00 Care Support (CL)                      1:00 Dr. Tietlebaum (CL)                      4:00 Book Read with Bette on 195</p>	<p><b>4</b>                      8-3 Medical Transportation                      8:30 Blue Zones Walking Group                      9:00 Putting on the Green                      10:00 Let's Talk (CL)                      10:30 Chair Yoga on 195                      1:00 Exercise with Sandy on 195                      2:00 Social Stitches (CL)</p>	<p><b>5</b>                      8-3 Medical Transportation                      8:30 Pickleball                      9:30 &amp; 10:15 Aquasize                      1:00 Exercise with Sandy on 195                      2:00 Open Art (ART)                      2:00 Hodges on Zoom</p>	<p><b>6</b>                      9:00 Grocery Shopping                      10:30 Chair Yoga on 195                      1:00 Exercise with Sandy on 195                      2:00 Hodges Recap on 195</p>	<p><b>7</b>                      11:00 Tai Chi on 195                      1:00 Exercise with Sandy on 195</p>
<p><b>8</b>                      12:00-2:00                      Sunday Brunch Delivery                      1:00 Exercise with Sandy on 195                      4:00 Book Read with Bette on 195</p>	<p><b>9</b>                      9:00 Men's Coffee on Zoom                      10:00 Grocery Shopping                      1:00 Exercise with Sandy on 195                      1:30 Shopping at Walmart                      2:00 Arm Chair Travel: "Victorian Britain" (CL)                      7:30 Movie (TP)</p>	<p><b>10</b>                      8-3 Medical Transportation                      9:30 &amp; 10:15 Aquasize                      10:00 Hodges on Zoom                      1:00 Exercise with Sandy on 195                      4:00 Book Read with Bette on 195</p>	<p><b>11 Veterans Day</b>                      8:30 Blue Zones Walking Group                      9:00 Putting on the Green                      10:00 Let's Talk (CL)                      10:30 Chair Yoga on 195                      2:00 Social Stitches (CL)                      4:00 Veterans Day Tribute on 195                      5:30-8 Lois Kehoe Trio (Dining Room)</p>	<p><b>12</b>                      8-3 Medical Transportation                      8:30 Pickleball                      9:30 &amp; 10:15 Aquasize                      1:00 Exercise with Sandy on 195                      2:00 Open Art (ART)                      2:00 Hodges on Zoom</p>	<p><b>13</b>                      9:00 Grocery Shopping                      10:30 Chair Yoga on 195                      1:00 Exercise with Sandy on 195                      2:00 Hodges Recap on 195</p>	<p><b>14</b>                      11:00 Tai Chi on 195                      1:00 Exercise with Sandy on 195</p>
<p><b>15</b>                      12:00-2:00                      Sunday Brunch Delivery                      1:00 Exercise with Sandy on 195                      4:00 Book Read with Bette on 195</p>	<p><b>16</b>                      9:00 Men's Coffee on Zoom                      10:00 Grocery Shopping                      1:00 Exercise with Sandy on 195                      2:00 Arm Chair Travel: "20th Century Britain" (CL)                      7:30 Movie (TP)</p>	<p><b>17</b>                      8-3 Medical Transportation                      9:30 &amp; 10:15 Aquasize                      10:00 Hodges on Zoom                      1:00 Exercise with Sandy on 195                      1:00 Care Support (CL)                      4:00 Book Read with Bette on 195</p>	<p><b>18</b>                      8:30 Blue Zones Walking Group                      9:00 Putting on the Green                      10:00 Let's Talk (CL)                      10:30 Chair Yoga on 195                      1:00 Exercise with Sandy on 195                      2:00 Social Stitches (CL)                      3:00 Arbor Trace Board Mtg (AR)</p>	<p><b>19</b>                      8-3 Medical Transportation                      8:30 Pickleball                      9:30 &amp; 10:15 Aquasize                      10:00 Tower Pointe Board Mtg (GP)                      1:00 Exercise with Sandy on 195                      2:00 Open Art (ART)                      2:00 Hodges on Zoom</p>	<p><b>20</b>                      9:00 Grocery Shopping                      10:30 Chair Yoga on 195                      1:00 Exercise with Sandy on 195                      1:00 Book Club (GP)                      2:00 Hodges Recap on 195</p>	<p><b>21</b>                      11:00 Tai Chi on 195                      1:00 Exercise with Sandy on 195</p>
<p><b>22</b>                      12:00-2:00                      Sunday Brunch Delivery                      1:00 Exercise with Sandy on 195                      4:00 Book Read with Bette on 195</p>	<p><b>23</b>                      9:00 Men's Coffee on Zoom                      10:00 Grocery Shopping                      1:00 Exercise with Sandy on 195                      1:30 Shopping at Walmart                      2:00 Arm Chair Travel: "Edinburgh &amp; Glasgow" (CL)                      7:30 Movie (TP)</p>	<p><b>24</b>                      8-3 Medical Transportation                      9:30 &amp; 10:15 Aquasize                      1:00 Exercise with Sandy on 195                      4:00 Book Read with Bette on 195</p>	<p><b>25</b>                      8-3 Medical Transportation                      8:30 Blue Zones Walking Group                      9:00 Putting on the Green                      10:00 Let's Talk (CL)                      10:30 Chair Yoga on 195                      1:00 Exercise with Sandy on 195                      2:00 Social Stitches (CL)</p>	<p><b>26</b>                      Thanksgiving Day                      11:30 1st Seating                      2:00 2nd Seating</p>	<p><b>27</b>                      9:00 Grocery Shopping                      10:30 Chair Yoga on 195                      1:00 Exercise with Sandy on 195                      2:00 Hodges Recap on 195</p>	<p><b>28</b>                      11:00 Tai Chi on 195                      1:00 Exercise with Sandy on 195</p>
<p><b>29</b>                      12:00-2:00                      Sunday Brunch Delivery                      1:00 Exercise with Sandy on 195                      4:00 Book Read with Bette on 195</p>	<p><b>30</b>                      9:00 Men's Coffee on Zoom                      10:00 Grocery Shopping                      1:00 Exercise with Sandy on 195                      2:00 Arm Chair Travel: "Wild Scotland" (CL)                      7:30 Movie (TP)</p>			<p><b>Calendar Key</b>                      (AR) Clubhouse Activity Room                      (ART) Clubhouse Exercise Room                      (CL) Clubhouse                      (GP) Gathering Place, Tower Pointe                      (TP) Top of the Pointe Club</p>	<p>Transportation to Tower Pointe activities is available from the clubhouse.</p>	

**Hodges University's Life Long Learning Program**

Tuesday, November 3rd 10am  
 "Creating Positive Energy"

Thursday, November 5th 2pm  
 "The Greatest Opera Ever Written?  
 Mozart's Don Giovanni"

Tuesday, November 10th 10am  
 "Classic Movie Westerns"

Thursday, November 12th 2pm  
 "In the Garden of Good & Evil"

Tuesday, November 17th 10am  
 "21st Century Christian Genocide"

Thursday, November 19th 2pm  
 "Space, Time Travel or Fantasy?"

**Arbor Trace Board Meeting**  
 Wednesday, November 18th  
 3:00 pm (Activity Room)

**Tower Pointe Board Meeting**  
 Thursday, November 19th  
 10:00 am (Gathering Place)

**Monday Night at the Movies**  
 Every Monday Night  
 Gathering Place of Tower Pointe  
 7:30 pm

11/2-Judy (Drama/Romance)  
 11/9-1917 (War Drama)  
 11/16-The Trotsky (Comedy)  
 11/23-Jekyll and Hyde:  
 The Musical  
 11/30-Little Women (2019 Drama)