



ARBOR TRACE



TOWER POINTE
AT ARBOR TRACE

The Arbor Trace Revue

1000 Arbor Lake Dr. Naples, FL 34110 (239) 598-2929



Mike and Joan Brookins
T- 1008

Mike was born and raised in Denver. He graduated from Wesleyan University in Connecticut and also received his

MBA from Wharton College in Pennsylvania. He became a bond broker in Manhattan and then in Chicago where they lived in Winnetka. He retired to Bonita Bay. Then he was widowed with 2 children.

Joan was born in Des Moines, Iowa and lived in Champaign, Illinois. She and her husband retired to Bonita Bay where she was widowed with 2 children.

The link is right there. Her husband and Mike were golfing buddies.

The next link is to Dr. Steve Sullivan and his lady, Gisela Taft, Tower 701. Steve was another part of the golfing group and Gisela's husband was the fourth. When all the spouses passed away, the remaining ones found each other.

Steve and Gisela invited the Brookins to dinner at Arbor Trace and they were very impressed with the favorable words they heard about the staff and facilities so when they had to make the huge decision of taking on multiple repairs to their too large house and live there another five years or sell, they decided to sell as is and bought the apartment here in one week.

They enjoy the dining room. Mike has attended some lectures. When I told him about our Great Decisions group, his face lit up so he will definitely participate. He is still golfing. Joan is excited about the book club and will attend that. She is also hoping to return to mah-jong.

We welcome them and wish them wonderful years at Arbor Trace.

- Merle Bauser

November 2019

Reminder: End of the Year Meal Planning

With the end of the year quickly approaching, please remember to check your meal statements. Any remaining meals January 1st 2020 will be forfeited (unless first year resident). Please note the following rules when planning your dining experiences:

- You may pick up or have delivered up to 6 meals per residence.
- Special events and holidays with one seating has a maximum two(2) guest cap. Double seating events have a maximum of eight (8) guests per residence.
- Reservations for the following holidays will start as follows:
 - * Thanksgiving—Friday, November 1st
 - * All December Holidays—Friday, December 2nd, Keep an eye out for the **Holiday Reservation Form** that will be used for holiday reservations.

As a reminder, The dining room is open Monday thru Saturday for dinner, Sunday's for brunch and Thursday's for lunch. All meals are available for pickup or delivery when the Colonnade is open.

Another great way to utilize surplus meals is picking up lunch. This can be done over the phone by calling the kitchen (239-591-4851) before 10:30am or dropping off a request the night before, lunch can be picked up at noon. (Unfortunately delivery services are not available for lunch.) This service is available Monday thru Saturday. Menu's can be obtained from the Clubhouse.

- Jennifer Whitten

Time Change

Remember to set your clocks back 1 hour when you go to bed Saturday, November 2nd for Daylight Savings Time.





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Director's Notes:

November is here! Now's the time to make plans for Thanksgiving. Reservations will open November 1st for the Thanksgiving Day Buffet. Since this is one of the Holidays where traditionally we have many friends and families visiting our area, we are offering two seating's, one at 11:30 am and one at 2:00 pm, you may invite up to eight guests. I would encourage everyone to make their reservations as early as possible for the seating of your choice.

With the holidays just around the corner, November is also the month that we send out our annual solicitation letter for the "Employee Appreciation Fund". As most of you know, our employees are not allowed to accept any type of gratuity for services rendered to our residents. The best way to show your appreciation for the great services provided is to contribute to this fund. In the next few days you should receive a letter from each of our Association President's, in which they offer a suggestion as to how much to contribute to ensure that each of our 110 employees receives a meaningful Holiday gift.

This year our "Gift" presentation will be held on Friday, December 6th at 2:30 pm in the Colonnade dining room. This is a really nice event and a great opportunity for our residents to meet and greet the many employees that work behind the scenes to make everyone's life as pleasurable as possible. Not to mention seeing the big smiles on all of the employee's faces when they see the turnout and feel the warmth and appreciation given to them by the residents for the jobs they all do so well.

In other news, I would like to Let everyone know that Arbor Glen has hired Jamie Scherer as our new permanent Director of Nursing. Jamie is a very experienced R.N. with years of Assisted Living Experience. Jamie will be starting on Monday November 4th. When you see Jamie, please give her a warm welcome and congratulate her for her new position here at Arbor Glen, Jamie will be a great addition to the wonderful Team.

In closing, for your personal safety please walk on the sidewalks especially during the early morning hours and at night. It's starting to get dark a little earlier now in the evening and drivers are having a hard time seeing folks in the streets so, please avoid a potential accident, and don't take short cuts, please use the sidewalks.

Yours Truly,

Kevin J Cooney
Executive Director



C.A.M.'s Corner

Homeowner's Insurance Workshop



The official date for the Homeowner's Insurance Workshop is scheduled for November 7th at 10:00am in the Gathering Place at Tower Pointe. This workshop is for all Arbor Trace and Tower Pointe residents to meet with representatives from Bouchard insurance (our Association Insurance coverage representatives) to discuss the differences between your individual insurance you carry on your unit and the insurance the Association carries as well. This workshop will discuss the specifics to each insurance and answer any questions or concerns you may have in how the two coverages relate to each other, and ultimately, how your home is protected. Seating will be limited, and if needed, we will have to schedule an additional seminar, so please come early so we can fit as many as possible and get started promptly at 10:00am. The workshop will consist of a presentation, handouts, and an ample amount of time for individual questions on how your home is protected by both insurance coverages over your home.



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November Calendar Notes

Friday, November 1st: We are heading to The Broadway Palm Dinner Theatre at 4:45pm to see Finding Neverland!

Saturday, November 2nd: When you go to sleep tonight, be sure to change your clocks! “Fall Back” for Daylight Savings.

Tuesday, November 5th: Freshen up on your knowledge of Investing this morning at 10am with Pam Kossien in the Gathering Place. The AARP Safe Drivers Course begins today at 12:30 in the Clubhouse Activity Room, so please be prompt if you signed up to participate. Dr. Teitelbaum will be in the Beauty Salon to offer podiatry services starting at 1pm. Please sign up at the Clubhouse.

Thursday, November 7th: Join us for Signature Lunch today at noon in the Colonnade. Please make reservations at the Clubhouse.

Friday, November 8th: The bus takes off for the Artis Naples for the first show of the season in the Pops Series this evening at 7:15pm. If you have tickets, please sign up at the Clubhouse for transportation.

Monday, November 11th: We salute our Veterans today and thank you for your service to our country! Please join us at 10:30am in the Gathering Place for our Freedoms and our Blessings, presented by Fred Katz.

Wednesday, November 13th: Start your morning out right with a walk! Meet at the Clubhouse at 8:30am, and join our Blue Zones Walking Group! Enjoy the November Management Party in the Colonnade starting at 5:30pm today. Please make reservations at the Clubhouse if you plan to attend.

Friday, November 15th: ROMEO (Retired Old Men Eating Out) is heading out at 11:45am for a fantastic lunch. Please reserve your seat on the bus at the Clubhouse as soon as you receive this newsletter. Book Club meets at 1pm today in the Gathering Place to discuss All the Light We Cannot See, by Anthony Doerr.

Wednesday, November 20th: All Arbor Trace Condo Members are invited to attend the monthly meeting in the Clubhouse Activity Room at 3pm.

Thursday, November 21st: All Tower Pointe Condo Association members are invited to attend the monthly meeting in the Gathering Place at 10:00am.

Friday, November 22nd: Join us for a fun experience of lunch and a tour at Shangri-La in Bonita Springs. We will take a 1-hour walking tour through the magical historic property, followed by a delicious Farm-to-Table lunch at the organic restaurant, Harvest & Wisdom. Please sign up at the Clubhouse if you would like to go, the cost will be \$38 per person. Seating is limited and you will select one of 4 pre-selected lunches upon sign up.

Monday, November 25th: We will be wishing all our residents with a November Birthday a special birthday and blessings for a great new year at 5:30pm in the Colonnade. Hope to see you there!

Thursday, November 28th: Happy Thanksgiving! Enjoy your choice of two seating’s in the Colonnade Room to enjoy your Thanksgiving meal. Please call the Clubhouse to reserve your spot at either 11:30am or 2:00pm.

Friday, November 29th: Join us for a fun day of shopping ladies as we head out to resale stores in the Bonita Springs area today at 10:45am. Please sign up at the Clubhouse if you would like to go. You never know what treasures await!

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R.O.M.E.O.

Guess what? I arrived at 11am to find out that our bus was not available to drive our 26 men to Vasari Country Club for our lunch. We quickly got 6 drivers plus Sandy to volunteer to caravan us to the Club on time, missioned accomplished. We were greeted by the food & beverage mgr. who directed us to our private dining room overlooking a lake. While we were served our beverages the talk around the tables was the bus, baseball & of course Donald Trump. The "living obituary" was given by Jim Brock who frightened us by unraveling 8 pages of his talk, fortunately it was only a prop & he proceeded to tell us all about himself, ending up as a real estate investor. We were then served our lunch plus a wonderful chocolate tart with ice cream for desserts. We then had our raffle! The lunch at the Colonnade was won by Manny Cabezas who had gone to a doctors appointment. Vasari donated a bottle of red wine which was won by Mike Clukey. The \$\$\$ winners were Bill Foote, Rodger Lundblad & Bob Boyden.

Next months will be on Friday Nov. 15th at Black Forest German Restaurant.

-Bob Bortz



Afternoon at the Movies: Downton Abbey

We took a full bus to see Downton Abbey Friday, September 27th and everyone thoroughly enjoyed the new movie. For all of the fans of the show, it was a gentle return to a rosy England of the past.

-Sandy Steinbach



FILE OF LIFE

Did you complete and carry your File of Life? If not, you must hear my story

Have you heard of vasovagal syncope? I have had it all my life. It means that I faint whenever I get under a lot of stress from stomach troubles or a shot in the arm. I have been able to control it some but last summer in N.H., I passed out in the beauty parlor when I was having some diverticulitis symptoms. I was taken by ambulance to the nearest hospital which was 25 miles away, given various tests which confirmed a slight case of diverticulitis and released with an antibiotic. I WAS CARRYING MY FILE OF LIFE which states clearly that I have vasovagal.

A few weeks ago, I was returning home from my doctor's after a shot of cortisone because of severe back pains and I passed out in the car on Goodlette Rd. near NCH north. Rodger wisely pulled into their E.R. I DID NOT HAVE MY FILE OF LIFE. Four days and endless tests and meds that did not agree with me, 9 nights in our Glen and finally home and off all their meds and I am trying to get my strength back.

Need I say more?

-Merle Bauser

Violin Music in Arbor Glen

Arbor Glen had a wonderful music program last month. Sarah Dorna came to play her violin for us and it was absolutely beautiful. We had an hour of lovely music and sing a-longs. She will be back to play for us again next month and we are all looking forward to seeing her again!

-Cheryl Gregson





Oktoberfest

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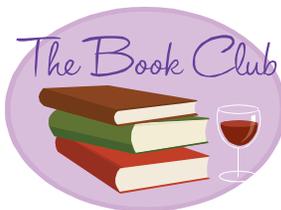
The residents of both Arbor Trace and Tower Pointe gathered in the Colonnade Room for a fun night to celebrate the German Festival, Oktoberfest! The bar was busy and the buffet was filled with traditional German dishes. As they say in Germany, Zum Wohl! (cheers to good health)



Autumn at Arbor Trace: Chorus Concert

The Top of the Pointe was at capacity for "Autumn at Arbor Trace," presented by the Arbor Lake Singers. With the capable Barbara Smith at the helm, we all enjoyed the festive songs of the fall season! Autumn leaves were falling thanks to Sandy Bortz, and we all enjoyed singing Shine on Harvest Moon. There was especially a lot of cheering during the college football songs, with I dare say the most cheering during the Ohio State song. We enjoyed a beautiful trumpet solo half way through the concert, performed by our very own Dr. Doug Dick, accompanied by pianist Dan Dickout. When the military anthems played, we clapped and were filled with pride as our Veterans rose. As tradition goes, they concluded the performance with God Bless the USA. Well done to all involved in the chorus, we appreciate you! Thank you for bringing us a great afternoon of music!

- Sandy Steinbach



Book Discussion News:

*We met and voted on books suggested by our residents for the coming year’s book discussions:

- Nov. 15:** *All the Light We Cannot See* by Anthony Doerr
- Dec. 20:** *Grandma Gatewood’s Walk* by Ben Montgomery
- Jan. 17:** *Where the Crawdads Sing* by Delia Owens
- Feb. 21:** *The Girl With Seven Names* by Hyeonseo Lee
- Mar. 20:** *The Boy in the Striped Pajamas* by John Baine
- Apr. 17:** *The Lost Girls of Paris* by Pam Jenoff
- May 15:** *The Matriarch* by Susan Page

*We invite ALL to join us for lively conversation at 1:00 p.m. in the TP Gathering Place on these dates.

-Karen Sexton

Betty

I feel the urge to write again
 And now my lips can say
 The million things within my brain,
 The things that I beheld that day.
 Her hair so soft and middle brown,
 Her face that never wore a frown,
 Her eyes that seemed to me sublime,
 Her lips that I was sure were mine.
 She stood in splendor that first night
 And seemed to me a wondrous sight
 That took me from the world around
 And stole my heart without a sound.

~Gene Von Arx



Veteran’s Day, November 11th

On this special day, let us pause and salute all who have served and honor the tremendous sacrifices made by members of the U.S. armed forces and their families to preserve our freedom. Thank you for answering the call and protecting us and all we hold dear. Please join us at 10:30am in the Gathering Place as Fred Katz presents: For Our Freedoms and our Blessings. The program will include compositions by Irving Berlin, George M. Cohan and Aaron Copland, and performers will include the Boston Pops, the Mormon Tabernacle Choir, Frank Sinatra, Marian Anderson, plus much more..

Dinner in the Colonnade will be a special buffet dinner, so please be sure to make reservations at the Clubhouse.

- Sandy Steinbach

COMING SOON!

Arbor Trace Condo Window Washing

Be on the lookout for Memo’s regarding Exterior window washing. This service is covered by the association. Please note: the interior of the windows, slider doors, enclosed lanais and patio panels are not included. There will be individual options if you would like to add these services at your own expense.

- Nick Hoops

When I’m an Old Lady

When I’m an old lady, I’ll live with my kids,
 And make their life happy and filled with such fun.
 I want to pay back all the joy they’ve provided, returning each deed.
 Oh, they’ll be excited.
 When I’m an old lady and live with my kids.

I’ll write on the wall with red, white, and blue;
 And bounce on the furniture wearing my shoes,
 I’ll drink from the carton and then leave it out.
 I’ll stuff all the toilets and oh, they’ll shout .
 When I’m an old lady and live with my kids.

When they’re on the phone and just out of reach,
 Ill get into things like sugar and bleach.
 Oh, they’ll snap their fingers and shake their head,
 And when that is done I’ll hide under the bed.
 When I’m an old lady and live with my kids.

When they cook dinner and call me to meals,
 I’ll not eat my green beans or salads congealed.
 I’ll gag on my okra, spill milk on the table,
 And when they get angry, run fast as I’m able.
 When I’m an old lady and live with my kids.

I’ll sit to close to the TV, through the channels I’ll click.
 I’ll cross both my eyes to see if they stick.
 I’ll take off my socks and throw one away,
 And play in the mud until the end of the day.
 When I’m an old lady and live with my kids.

And later in bed, I’ll lay back and sigh,
 And thank God in prayer and then close my eyes;
 And my kids will look down with a smile slowly creeping,
 And say with a groan, “she’s so sweet when she’s sleeping”
 When I’m an old lady and live with my kids.

- Author Unknown (Submitted by Jackie Freese)

The Revue Team

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