



ARBOR TRACE

The Arbor Trace Revue

November 2022 Edition- 1000 Arbor Lake Dr. Naples, FL 34110 (239) 598-2929



TOWER POINTE
AT ARBOR TRACE

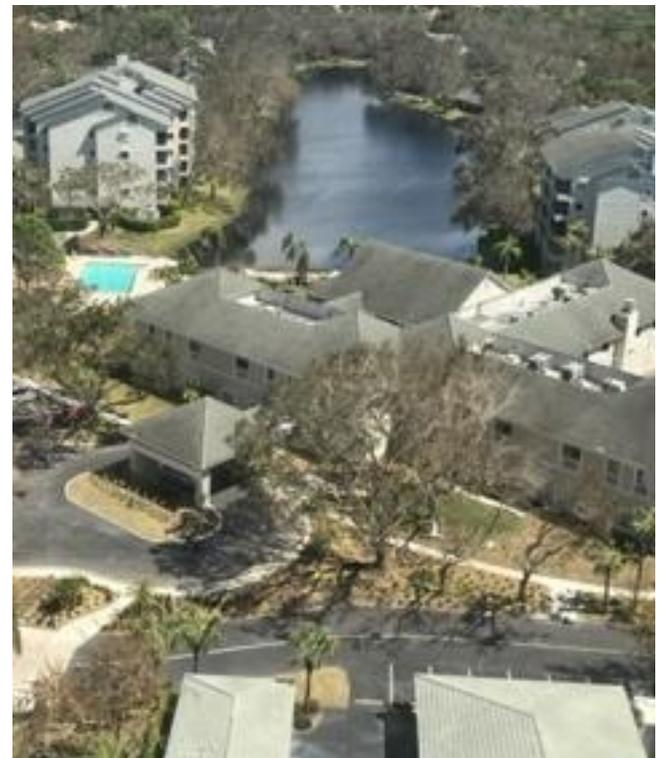


Hurricane Ian

On Wednesday September 28th, Hurricane Ian, a large and destructive Category 4 Atlantic hurricane, was the deadliest hurricane to strike the state of Florida since the 1935 Labor Day hurricane. Ian caused widespread damage across western Cuba and the southeast United States, especially the states of Florida and South Carolina. It was the ninth named storm, fourth hurricane, and second major hurricane of the 2022 Atlantic hurricane season.

Hurricane Ian caused at least 140 fatalities, including 5 people in Cuba, 129 in Florida, 5 in North Carolina and 1 in Virginia as of October 18, according to local officials. Ian caused catastrophic damage with losses estimated to be in excess of \$67 billion. Damage was mostly from flooding, with the cities of Fort Myers Beach and Naples particularly hard hit. Millions were left without power in the storm's wake, and numerous inhabitants were forced to take refuge on their roofs. Sanibel Island and Pine Island were hard hit by storm surge, which caused severe flooding and damaged both the Sanibel Causeway and the bridge to Pine Island. Hurricane Ian's storm surge in Naples was historic, flooding first-floor apartments, covering half of Tin City, and leaving 5th Avenue's iconic shops underwater.

Special Hurricane Ian Edition



Rebuilding:

An army of 42,000 utility workers has restored electricity to more than 2.5 million businesses and homes in Florida since Hurricane Ian's onslaught. Disaster relief has come to aid cleanup in homes piles of debris can be found on streets everywhere and in the aftermath of Hurricane Ian, Carfax estimates as many as 358,000 cars from Florida to the Carolinas have flood damage from Ian.

Arbor Trace and Tower Pointe were very lucky to have minimal damage during the Hurricane with none of the estimated 5-foot storm surge entering any building. Thank you to all the staff who stayed during and all those who came to relieve after. We are going to get through this. We will clean up. We will rebuild. We are going to get back to the beauty of Southwest Florida.

Notes from the Director:



What an eventful month we've had! We are so thankful that Hurricane Ian passed over Arbor Trace with little damage. We unfortunately lost many vehicles and damage to garages, and various equipment throughout the community. Hurricane Ian was the first time we have really seen storm surge in the community, a definite scary sight! Please remember this every Hurricane season, as our lives are much more important than our stuff. My suggestion is always if a storm is coming please take a little vacation, go see your kids or grandkids. We will be working on some new protocols for next storm season to make sure we are even more prepared! I would also like to thank all the employees that stayed during the storm, and those that came after to help us clean up and get life back up and running. Kudos is also due to the residents that helped clean up, the comradery and helping hand you all have given to your neighbors and employees. We would not be Arbor Trace without the support and giving spirit of this community.

Arbor Pointe Foundation has received many donations to help employees with Hurricane Ian expenses and I am happy to announce that the foundation has paid out many of the hardships that have been brought to their Attention. Some applications are still waiting on Insurance companies or costs of damages at the time of this newsletter but we are so excited to have this available to help those in need. Thank you!

In other news, we will not be slowing down this month, with multiple repairs from the Hurricane due, please watch for updates and notices to come out. Now that the Comcast (Xfinity)/Hotwire conversion is complete or near completion we hope that the hiccups are subsiding. The 239-217-3262 number for Hotwire will still be the best number to get in touch if you have issues.

Keep an eye on your meals as we near the end of 2022 and look out for the Holiday reservation sheet from the Colonnade room for all Holiday reservations. Please note the restrictions for guests for the different holiday events (notated on your sheets).

I just want to reiterate that with the holidays just around the corner, November is the month we send out our annual solicitation letter for the "Employee Appreciation Fund". As most of you know, our employees are not allowed to accept any type of gratuity for services rendered to our residents. The best way to show your appreciation for the great services provided is to contribute to this fund. In the next few days, you will receive a letter from your Association President, in which they offer a suggestion as to how much to contribute to ensure that each of our 107 employees receives a meaningful Holiday gift.

This year our Employee Appreciation distribution will be on Thursday, December 8^h in the Colonnade Dining Room at 2:30 pm. We hope to see you all there!

Sincerely,

Jennifer Whitten
Executive Director



Set your clocks back Sunday, November 6th at 2am

November Calendar Notes

Exercise Opportunities

- *Sandy's Exercise at 1pm on Channel 195
- *M/W/F at 10:30 am Top of the Pointe Chair Yoga
- *Tuesday/Thursday 9:30 am & 10:15am Aquasize at the Swimming Pool
- *Pickleball Tuesdays/Thursdays/Saturdays at 7:30 am
- *The Blue Zones Walking Group meets every Wednesday at 9:00 am in front of the Clubhouse for an enjoyable walk
- *The gym at Tower Pointe is open to all residents and their guests

Ladies, join us today at 9:00 am and each Wednesday morning for a time of coffee, tea, and conversation in the Gathering Place.

Friday, November 4th the car will depart at 6:15 pm and 7:20 pm for The Artis Naples first performance from the Pops Series of the season. Please sign up at the Clubhouse if you need a ride to the show!

Do you love Christmas songs? Join the chorus every Monday in November at 12:30 pm at the Top of the Pointe for rehearsals for your favorite holiday songs!

Still figuring out how to use your Hotwire remote? Come to the Gathering Place at 2pm for an educational seminar on Wednesday, November 9th.

The Colonnade will host Signature Lunch, featuring a lunch buffet and music on Thursday, November 10th at noon. Sign up in the Dining Room.

Honoring our Veterans is a privilege we look forward to on Friday, November 11th. Join us for a pinning ceremony in the Clubhouse Lobby at 9 am. Please RSVP.

The November Management Party will take place on Wednesday, November 16th, with a 50's and 60's theme! Come enjoy an open bar at 5:30 pm followed by a tasty dinner buffet and some great music to enjoy! Dress to impress!

On Thursday, November 17th, the ROMEO guys are invited to the Colonnade for lunch. Please sign up at the Clubhouse. The Book Club meets Friday, November 18th in the Gathering Place, at 1 pm so come join us.

Monday, November 21st, we will start the morning with Catholic Mass at 10 am in the Clubhouse Activity Room for anyone who would like to participate. We will finish the day with the November Birthday Party for all residents celebrating their birthday. Please RSVP to the Clubhouse Front Desk.

Anyone interested in gaining more knowledge about our assisted living, Arbor Glen can sign up at the Clubhouse for an in-depth tour with Colleen, our Director of Nursing at 10:30 am on November 30th.

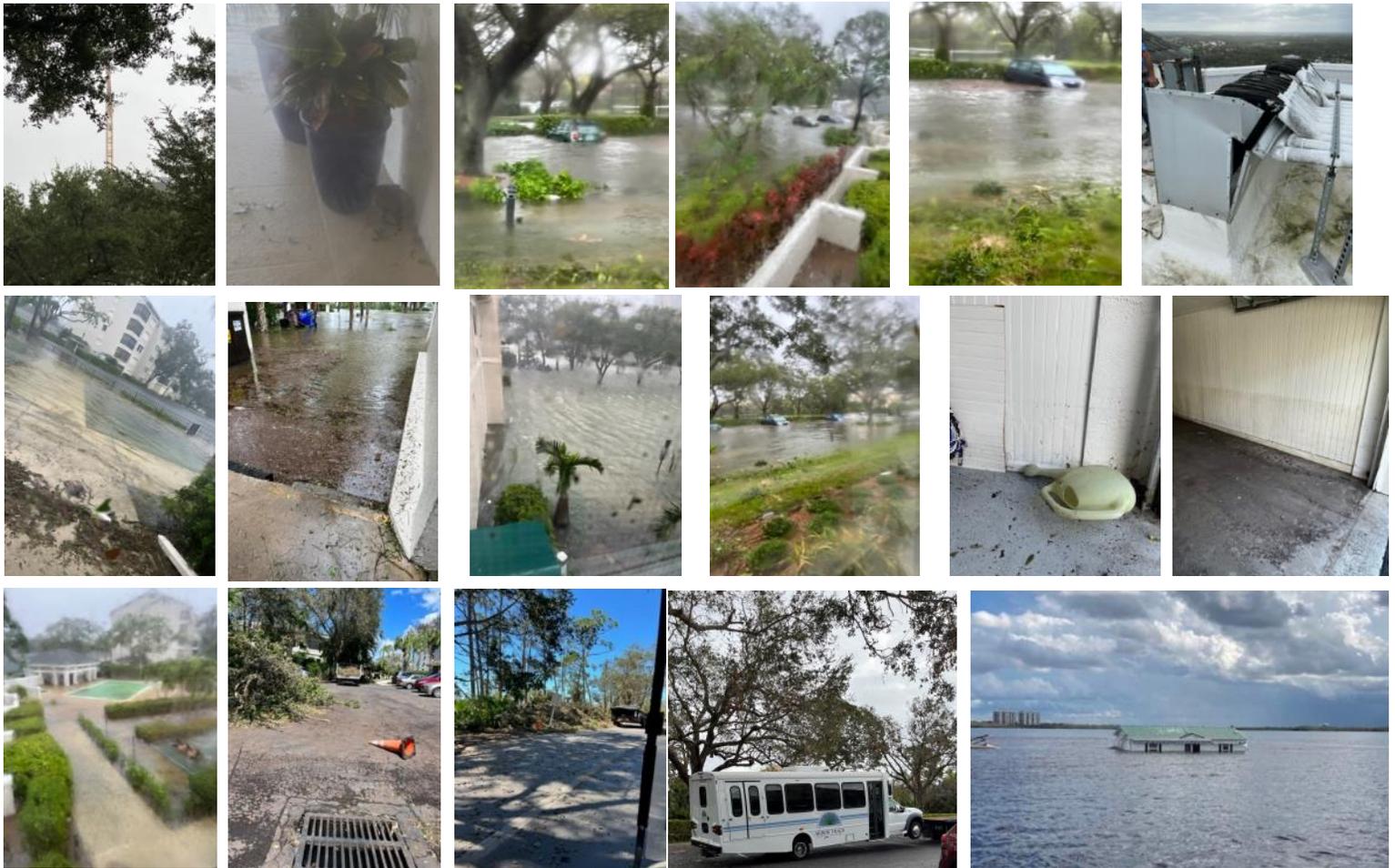
The Care Support Group, facilitated by Ann Fisher, will be meeting at 1 pm in the Clubhouse Activity Room November 1st and the 15th.

All Arbor Trace Condo Association members are invited to join the meeting on Wednesday, November 16th at 3 pm in the Clubhouse Activity Room. All Tower Pointe Condo Association members are invited to join the meeting on Thursday, November 17th at 10 am in the Gathering Place.



Photos from before and after the storm

Pictured below are from left to right: swaying of Kalea's crane, a bunny taking refuge behind a planter at the Clubhouse, flooding pictures of front parking lot, damage to Tower Pointe's roof mechanical, lake overflow, kitchen as the water is rising, more cars with increased floods, lines of villa and bldg. 2 garages after waters receded. Our temporary "Olympic" size pool as the whole area was underwater, Proscapes's clean up efforts. Our bus getting towed as so many cars. Finally a picture outside the community of a persons house floating in Estero bay.



Living through the storm at Tower Pointe:

My neighbor Delores Tiede and I lived through Hurricane Ian on the 14th floor of the tower. We survived Ian by staying together, admitting our anxiety and fear to each other, and praying a lot. Because I had lived on Marco Island prior to coming here, I'd always evacuated when hurricanes approached. Since Ian was expected to go somewhere else, I stayed. Never again. It was scary. The power went out before I had my morning cup of tea. Our lanai shutters were making a terrible racket as was the wind. Then the fire alarm went off. Evacuate, in this storm! Then the calm voice saying stay. After the hall doors to the elevator closed, we propped them open and sat in the hall together. The fire alarm went off again and again with lights flashing and our anxiety rising. To calm our fears, Delores and I climbed the steps to the 15th and 16th floor checking on neighbors. We learned that one elevator would always be in service and that we could charge our cell phones on the 1st and 17th floors which was reassuring. We climbed to 17 not trusting the elevators with their noisy shafts and tried to make contact from there with family but no luck. Back on 14, we had lunch together. Then more trips to 17. We learned that if we stood by the south eastern window, we might get cell coverage. I eventually did, reaching one son who could contact the rest of the family. With Ian still pounding away we watched out the eastern hall window and saw the water knee high in front of the Clubhouse and cars slowly moving through it to find higher ground. Out our western windows we watched the soggy mangroves fill up with water and the small stream behind the tower overflow with water coming close to the tower's base. We prayed it wouldn't come closer. At some point Miguel checked with us and helped to calm our fears. We knew that he and condo manager Mark were staying at the tower through the storm. The next day Thursday, there were hot beverages in the Gathering Place. A cup of hot tea and conversation was so welcome. And that evening we learned we could pick up a hot buffet! How wonderful was that! Thank you to Ethel, Grace, other kitchen staff, and Marcia for the blessing of hot food for three evenings. We had made it through Ian.

- Shirley Woolaway



Golden Paws Visit

Just before Hurricane Ian landed we experienced a beautiful experience visiting Golden PAWS in Naples. This nonprofit organization that promotes independence for combat wounded veterans and children with life-threatening disabilities through partnerships with skilled assistance dogs, gave us a tour of their new training facility. We were able to hear about their mission, meet many trainers and dogs, and watch a class of dogs work on their training. Afterwards we all enjoyed chatting about our experience, and hearing stories about family pets at First Watch. What a great day! - Sandy Steinbach

C.A.M.'s Corner

In the wake of the worst hurricane to hit Naples, it's helpful to count our blessings. I often recall a quote from a favorite book (*The Energy Bus*), "*Every problem has a gift for you in its hands*". Sometimes the gift is obvious. Other times, it may take a long time to show up or we must search for it. For our three staff members who lost everything; home, cars, and personal belongings it may be hard to maintain a positive spirit. However, the love and generosity of the Arbor Trace residents and fellow staff is a gift to treasure. Thank you to all who have donated personal items and money to help those in need. If you have lost your car or personal property due to Hurricane Ian, remain positive and look for the gift!

Arbor Trace Garages

Many of the garages in Arbor Trace were flooded resulting in loss of personal property and damage to the walls and garage doors. It's sad to say that many items were destroyed and have been discarded. The county will remove any debris left curbside for the villas. Garage debris for buildings 2 & 9 will require a special dumpster. The Association will make the appropriate repairs to the garage walls. The overhead and service garage doors are the responsibility of the unit owner much like the door and windows to your condo unit. The maintenance department will evaluate all service and overhead doors to determine the level of damage. They will only be able to make minor adjustments and repairs. Any extensive repairs will require the services of a garage door company. After the evaluation is completed, we hope to negotiate a group discount with one garage door company. More information will be available soon.

In closing, please drive with extra care due to the multiple piles of debris around our community. Thank you for your patience and cooperation while repairs are being completed.

- Mark Loewe, LCAM



R.O.M.E.O.

was held at Tarpon Cove Yacht & Tennis Club, proved to be a huge success! We had 24 men attend & because we do not have a bus, we had 5/6 volunteer car drivers including Nestor & Sandy Steinbach. We began our luncheon saying the Pledge of Allegiance, followed by singing God Bless America. Dave Hocking then said grace. While waiting for our meals the conversation around the tables was inflation & the upcoming elections. We had 2 first timers, Dick Kuralt & Richard Gillis. Our lunch was topped off with dessert, Key Lime Pie! We then had our raffle! Dave Hocking won a luncheon at Arbor Trace which was donated by our R.E. Office. John Keller donated a gift card from Royal Scoop which was won by Rick Erickson. Roger Lundblad donated a bottle of wine which was won by Morris Binder. The \$\$\$ winners were Roger Lundblad, Bill Glaser & Hank Merrill. Mike Clukey & Rick Erickson provided us with some jokes!

The next Romeo will be on Thursday Nov. 17th at 12:30 at Arbor Trace!

- Bob Bortz

LIBRARY AND BOOK NEWS: Thanks to a new resident, the Tower Pointe library has a number of books we've added to the shelves. All residents are very welcome to come browse—and borrow.

Book Discussion: October's selection was a bit different for us as we followed a fictionalized tale of a polar bear as she prepared to give birth to and raise her cubs. Many lessons were learned about polar bears, their surroundings and the changes to which they're having to adapt. This month: Have you ever heard of the Ghost Army during WWII? Rick Beyer and Elizabeth Sayles have co-authored "The Ghost Army of WWII" and we're looking forward to reading and learning about this important mission. ALL WELCOME to the November book discussion: Friday, November 18, 1:00 pm in the Gathering Place. Looking for a copy of the book? Check with Karen Sexton.



Fall projects in Arbor Glen

The residents in Arbor Glen had a great time making fall pumpkins in craft class. Thanks to Diana Chagnon for leading this project. More holiday projects to come! - Cheryl Gregson

Club Table

Are you new to Arbor Trace looking to make new friends? Would you like to come to dinner but do not have anyone to come with? Don't let that stop you! We invite you and anyone who would like the opportunity to dine with others to sign up for the "Club Table" on the 2nd and 4th Thursday of the month. This "open table" will be a great place for anyone looking for new friends to join in and meet people. Simply call 438-4668 and let them know you would like to sit at the Club Table and there will be a place for you!

Celebrating great news! Thank you Sandy, Jennifer and Perry for your hard work in securing a new wheelchair van, after our old one was totaled in the Hurricane, for our wheelchair residents so they can be transported to their medical appointments and the grocery store.

Dear Arbor Trace Staff and Residents:

About 3 years ago we moved to Arbor Trace. From our first visit what impressed us more than anything, were the people who worked and lived here. Our opinion has not changed. Sometimes in life, we forget to let people know how much we appreciate them and we would like to take this opportunity to say thank you to everyone. Special thanks to everyone for their help before, during, and after, the storm. Arbor Trace is such a delightful place to live because of you.—Jim & Babs Brock

Reminder: End of the Year Meal Planning

With the end of the year quickly approaching, please remember to check your meal statements. Any remaining meals January 1, 2023 will be forfeited (unless you are a first year resident). Please note the following rules when planning your dining experiences:

- You may pick up or have delivered up to 6 meals per residence. (No more than one (1) raw meat per resident)
- Special events and holidays with one seating have a maximum two (2) guest cap. Double seating events have a maximum of eight (8) guests per residence.
- Reservations for the following holidays will start as follows:
 - * Thanksgiving—Monday, November 1st
 - * All December holidays—Thursday, December 1st; keep an eye out for the **Holiday Reservation Form** that will be used for all holiday reservations.

As a reminder, The dining room is open Monday thru Saturday for dinner, Sunday's for brunch and Thursday's for lunch. All meals are available for pickup or delivery when the Colonnade is open with the exception of Thursday Lunch.

Another great way to utilize surplus meals is picking up lunch, Monday thru Saturday. This can be done over the phone by calling the kitchen (239-591-4851) before 10:30 am or dropping off a request the night before. Lunch can be picked up at noon. Menu's can be obtained from the Website or Clubhouse. - Jennifer Whitten

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Please visit www.arbortrace.com