



ARBOR TRACE



TOWER POINTE
AT ARBOR TRACE

The Arbor Trace Revue

1000 Arbor Lake Dr. Naples, FL 34110 (239) 598-2929



**GEORGE AND MAUREEN
NEDVED T-106**

George and Maureen are my fellow Chicagoans from different parts of that great city. George was born on the west side, Berwyn, went to school in Cicero, graduated

from junior college, married, had a boy and girl. He lived in Westchester, Il and worked for the R. Donnelley Publishing house, who published and printed the National Geographic. Maureen was from the north side of Chicago, 6000 north, married and had one son and was a stay at home mom living 7000 south and west. Both divorced and they married 30 years ago. They lived in La Grange, made several moves, ending in Galesburg. They were moving all around the Chicago area. 11 years ago they came to Pelican Landing.

During their marriage, Maureen worked at General Insurance for 11 years and then Amtrak. Her job at Amtrak was amazing. She was a lead service attendant, in charge of food, the third person to call if the engineer and conductor could no longer drive the train. Her main run was the Zephyr, a diesel, which runs from Chicago to Oakland!

They were ardent motorcyclists and ran many cross country trips throughout the midwest. Their children are doing well and he has three grandchildren and she has two. A neighbor and friend had researched the retirement communities in the Naples area and recommended Arbor Trace and they followed her recommendation. But she hasn't moved!

They are very active in their Hope Lutheran Church and George has been a Mason Past Master. They were members of the Elks, Moose, and found their Chicago life enhanced by these associations. He speaks with pride of the Ceska Besada Club in Chicago, A Czech club favored by many well known Chicagoans. He likes to fish in lakes but ours doesn't show much promise.

They are plunging into life here with zest. May they long enjoy it.
-Merle Bauser

April 2020



**Marge and Hugh Gower
V-307**

Hugh was born, raised, and schooled in Tampa. Marge, although born in Cadillac, Michigan, lived in a number of places in and out of the USA as the family followed her father's military postings and frequent moves. They met at the University of Florida in Gainesville, and

married shortly after graduation. Hugh became a CPA with Arthur Andersen & Co., and the couple moved many times with the company, living in Atlanta, Tampa, and Birmingham. Along the way, they had three daughters -- two live in Atlanta, and the third lived in Vero Beach until passing away in 2016. They have three grandchildren. Hugh retired in 1992, and they settled in Wyndemere, later in Monterey here in Naples. They both love golf, and Hugh still plays regularly.

While Hugh's work kept him very busy, they took mini vacations at their favorite haunt, St. Simons Island, GA. Their beautiful condo on our lake is so tastefully furnished -- highlighted with interesting art work, mostly of St. Simons. Hugh and Marge will be celebrating their 60th wedding anniversary later this year. And by the way, they found Arbor Trace through an ad in the paper, and we are happy they found us!

- Mary DePrisco



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Director's Notes:

As I write this newsletter, we and the entire World are all working together to keep everyone safe by means of Social Distancing. We are taking serious measures to restrict when and where people gather to stop or slow the spread of this infectious disease (COVID-19). Remember do your part to slow the spread of germs. Wash your hands often, cover your coughs and sneezes, and please stay home when you're sick and call your Physician. The most effective way for us to communicate to you is through the delivery of informational flyers and by checking the community channel **195**. Please be patient as we will all get through these trying times.



For the next 30 days from the direction of Governor Ron DeSantis, an Emergency Order was put in place to Prohibit **all** individuals from entering Assisted Living facilities (Arbor Glen). One exception is family members and friends during end of life situations, family will be permitted to visit their loved ones in this situation. In a team effort to keep loved ones connected we have purchased 2 iPads to help with virtual visitation through FaceTime to keep family in touch with Arbor Glen residents.

Another change just came into effect on March 18th from The Agency of Healthcare Administration (AHCA) that states effective immediately all staff and anyone entering a long-term care facility must wear a facial mask at all times. Please use common sense and distance yourself from others and check channel 195 for any possible new updates. Thank you all for your understanding with all the changes and decisions we had to make for your protection.

In Closing, I would like to let everyone know that after 16 years of loyal service Dan Edenfield has retired. March 19th was his final day. Dan felt that this was the perfect time to end his career here at Arbor Trace. He will be greatly missed by all; he did say he would stop by to visit once and again. Thank you, Dan for all you did for me and everyone else. "Best of luck" to you in your retirement years.

Yours truly,
Kevin J Cooney





*Stay back, you guys! This stuff has killed 99.99% of our fellow germs!

April Calendar Notes

At the time of this publication, all events/activities have been put on hold as we monitor this virus situation. Here are some suggestions of things to do to stay active and occupied:

Exercise-Take care of your body: eat healthy meals, exercising and getting the proper amount of sleep

- *Monday and Thursdays at 1pm Channel 195 Sandy’s Exercise
- *M/W/F at 10:30 am Channel 195 Chair Yoga
- *Saturday at 11:00am Tai Chi with Phil
- *Utilize the Pool
- *Go out for a walk or bike ride
- *Find exercise videos on YouTube

Stay Connected with Others-Reach out, talk and express yourself to others

- *Write letters to friends/loved ones
- *Call family members, neighbors, friends
- * Use Video Chatting to connect with friends (Facetime, Skype, Facebook Messenger, Google Duo, Etc)

Solo Activities

*Puzzles, read books, start a journal, write poetry a short story, or your memoirs, explore nature, practice your musical instrument, meditate, paint/craft, organize your closets/drawers, knit or crochet, bake, coloring books-they aren’t just for kids, watch movies, listen to music, etc...

Online Resources-Many new, free resources appearing daily for those that have internet.

- *Download Duolingo, or a similar app and learn a new language
- *Go to www.artsandculture.google.com for an amazing amount of learning and virtual field trip experiences.
- *www.collierlibrary.org for eLibrary resources with your library card. Your library card gives you access to movies, books, audio books, magazines, etc. Download Hoopla on your Computer, Tablet or smart phone. You will create an account with an email and password and then will be asked to put in your library card.



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Mardi Gras

With Jebry at the helm of the evening music, everyone at Arbor Trace enjoyed the annual Mardi Gras Party! For those participating in Lent, feasting on the generous buffet was especially enjoyable.

—Sandy Steinbach



Covid-19 Risks

Throughout the recent changes made within the community, I have received a multitude of questions, comments, criticisms and concerns from residents regarding the perceived lack of care and consideration for the dangers of this outbreak being shown by many people. In many circumstances, individuals often overlook or disregard the correct amount of personal responsibility needed to achieve a particular process or desired outcome. Regarding this virus, sadly, many seem to apply this same oversight. As individual homeowners (and owners of the community itself), we (as management, neighbors, friends and family) have no immediate authority to police or prevent owner's personal guests or family from visiting or using the facilities. One would hope that individuals would take the correct amount of personal responsibility, care, and consideration to their neighbors, family, and friends, and keep each and every one of us as safe as possible. **We can encourage and request that individuals do not bring their guest and visitors during such a dangerous and threatening time, but it can only be a request and recommendation.** Unfortunately, the needs of others are often overlooked by the wants of the individuals; thereby placing the risks associated with the seemingly obvious dangers posed by traveling guests on all those around them.

We should all hope that individuals would do their best to not travel or invite guests to open themselves and others to unnecessary exposure. Unfortunately, not everyone considers these risks. We all play an essential part in protecting ourselves and every one of us around us. The concepts of "self-quarantine" and "social distancing" are not only to protect yourself in these dangerous times; it is also to protect the person next to you. Let's all be diligent in helping everyone around us as much as we can, as often as we can, in any way we can. It is times like these that we need to follow these principals more than ever. Stay healthy, wash your hands, and Godspeed.

- Nick Hoops Condo Association Manager



Arbor Pointe Foundation

As we gathered around to celebrate the 5th Anniversary of the Foundation, we heard about scholarships awarded and several employee financial hardship situations that have been helped. The board honored Dan Edenfield for all of his work in forming this worthy cause. Thank you to all who have contributed!

- Sandy Steinbach



"THE JOINT WAS JUMPING"



Their "Mardi Gras Jazz & Blues" (which found the horns blistering with sound) was a big hit, as Marty Krebs and the Dixieland Band entertained a large crowd at the Top of the Pointe. The music began to evolve as the musicians began to play their solos with a faster more aggressive feel, highlighting their talents. Familiar songs like "Won't You Come Home Bill Baily" had the crowd on the edge of their seats, clapping and singing along. This feel good music brought a smile to everyone's face and set the tone for the night. When you got it, you got it! And Marty Krebs has it!

-Jody Long



Baseball Game

The weather couldn't have been any nicer for our trip to Ft. Myers to see the Minnesota Twins beat the Boston Red Sox 3-2. What a great afternoon with friends!

- Sandy Steinbach





Arbor Glen is Face Timing!

As we all know visitors are no longer allowed into Arbor Glen, for their safety. This is difficult for many residents who are used to seeing their

families often. We have come up with a wonderful solution to the problem. We now have an iPad and the residents can see and talk to their families with FaceTime. It is so wonderful and is working out very well. If you have a friend or family member in Arbor Glen and would like to say hello to them via FaceTime, contact Cheryl to schedule a day and time to do so. You do not need an iPad or iPhone as we also have one at the clubhouse that you can use if need be. Also, another option to think about is sending a card or dropping a quick note to any of your friends in Arbor Glen. These can be left at the front desk at the clubhouse and they will be delivered to the residents from there.

-Cheryl Gregson

Housekeeping



Just a reminder for those of you that do not use our onsite housekeeping services or are new, that we are here and ready to help if you need us. We can

set up a regular cleaning schedule weekly or biweekly. You can also call us for one time only or occasional cleaning. Housekeeping cost is \$30 per hour. If you would like more information you can reach me at my office 438-4681. - Donna Skroski

Reminder: Direct Phone Numbers

Nick Hoops: For Condo or grounds Issues: 438-4685

Donna Skroski: Housekeeping/Laundry Issues: 438-4681

Dale Carnes: Maintenance issues: 438-4686 (Regular Work orders still go through Becky and Jody)

Shannon Fitzgerald: Transportation to and from Clubhouse: 438-4656

Lockdown



Yes there is fear.
Yes there is isolation.
Yes there is panic buying.
Yes there is sickness.

Yes there is even death. But...

They say that in Wuhan after so many years of noise
You can hear the birds again.

They say that after just a few weeks of quiet
The sky is no longer thick with fumes
But blue and grey and clear.

They say that in the streets of Assisi
People are singing to each other
across the empty squares,
keeping their windows open
so that those who are alone

may hear the sounds of family around them.

They say that a hotel in the West of Ireland
Is offering free meals and delivery to the housebound.

Today a young woman I know
is busy spreading fliers with her number
through the neighborhood

So that the elders may have someone to call on.

Today Churches, Synagogues, Mosques and Temples
are preparing to welcome

and shelter the homeless, the sick, the weary.

All over the world people are slowing down and reflecting

All over the world people are looking at their neighbors in a new way

All over the world people are waking up to a new reality

To how big we really are.

To how little control we really have.

To what really matters. To Love.

So we pray and we remember that

Yes there is fear.

But there does not have to be hate.

Yes there is isolation.

But there does not have to be loneliness.

Yes there is panic buying.

But there does not have to be meanness.

Yes there is sickness.

But there does not have to be disease of the soul

Yes there is even death.

But there can always be a rebirth of love.

Wake to the choices you make as to how to live now.

Today, breathe. Listen, behind the factory noises of your panic

The birds are singing again, The sky is clearing,

Spring is coming, And we are always encompassed by Love.

Open the windows of your soul and though you may not be able

to touch across the empty square,

Sing.

-from Richard Hendrick (Brother Richard) in Ireland
March 13th 2020 (Submitted by Shirley Woolaway)

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