

BIRTHDAY HAPPENINGS:



2nd-Robert Wallace
 3rd-John Dill
 3rd-Maureen Nedved
 5th-Ed Parsons
 6th-Fredi Verdesca
 7th-Tove Grimsley
 11th-Jo Hiers
 11th-Elaine Carp
 15th-Beverly Davisson
 17th-Susie Linsenmeyer
 20th-Pat Cadwallader

20th-Frank Coscia
 20th-Hank Merrill
 21st-Ann Hocking
 21st-Peggy Cushman
 23rd-Doug Dick
 25th-Vincent Marrale
 25th-Barbara Swidler
 26th-Bob Chambers
 26th-Francoise Dunn
 27th-Gordon Svoboda
 30th-Jackie Freese

31st-Larry Lechtner



Transportation to
 Tower Pointe
 activities is available
 from the clubhouse.



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>2 12:00-2:00 <u>Sunday Brunch</u> 1:00 Exercise with Sandy on 195 1:30 Bridge, Rummikub, & Assorted Games</p>	<p>3 9:00 Men's Coffee (GP) 10:00 Grocery Shopping 10:30 Chair Yoga on 195 1:00 Exercise with Sandy on 195 <u>2:30 Arm Chair Travel (AR)</u> 7:30 Movie (GP)</p>	<p>4 9:30 & 10:15 Aquasize 1:00 Care Support (CL) <u>1:00 Dr. Teitlebaum (Salon)</u> 1:00 Exercise with Sandy on 195 2:30 Current Events Discussion (GP) 3:00 Wii Bowl (AR) 4:00 Book Read with Bette on 195</p>	<p>5 8:30 Blue Zones Walking Group (CL) 9:00 Putting on the Green (CL) 10:00 Let's Talk (AR) 10:30 Chair Yoga on 195 1:00 Mah Jongg (CL) 1:00 Exercise with Sandy on 195</p>	<p>6 8:30 Pickleball 9:30 & 10:15 Aquasize <u>12:00 Ladies Lunch: Spring Around the World (CL)</u> 1:00 Exercise with Sandy on 195 2:00 Open Art (ART)</p>	<p>7 9:00 Grocery Shopping 10:30 Chair Yoga on 195 1:00 Exercise with Sandy on 195 2:00 Hodges Recap on 195 4:00 Mystery Music on 195</p>	<p>1/8 11:00 Tai Chi on Channel 195 1:00 Exercise with Sandy on 195 1:30 Wii Bowling (AR)</p>
<p>9 Mother's Day <u>Mother's Day Brunch</u> 12:00 1:00 Exercise with Sandy on 195 1:30 Bridge, Rummikub, & Assorted Games</p>	<p>10 9:00 Men's Coffee (GP) 10:00 Grocery Shopping 10:30 Chair Yoga on 195 1:00 Exercise with Sandy on 195 <u>1:30 Walmart Shopping</u> <u>2:30 Arm Chair Travel (AR)</u> 7:30 Movie (GP)</p>	<p>11 9:30 & 10:15 Aquasize 1:00 Exercise with Sandy on 195 3:00 Wii Bowl (AR) 4:00 Book Read with Bette on 195</p>	<p>12 8:30 Blue Zones Walking Group (CL) 9:00 Putting on the Green (CL) 10:00 Let's Talk (GP) 10:30 Chair Yoga on 195 1:00 Mah Jongg (CL) 1:00 Exercise with Sandy on 195</p>	<p>13 8:30 Pickleball 9:30 & 10:15 Aquasize <u>12:30 ROMEO (CN)</u> 1:00 Exercise with Sandy on 195 2:00 Open Art (ART)</p>	<p>14 9:00 Grocery Shopping 10:30 Chair Yoga on 195 1:00 Exercise with Sandy on 195 2:00 Hodges Recap on 195 4:00 Suzanne & Jim Present Song Chasers on 195</p>	<p>15 11:00 Tai Chi on Channel 195 1:00 Exercise with Sandy on 195 1:30 Wii Bowling (AR)</p>
<p>16 12:00-2:00 <u>Sunday Brunch</u> 1:00 Exercise with Sandy on 195 1:30 Bridge, Rummikub, & Assorted Games</p>	<p>17 9:00 Men's Coffee (GP) 10:00 Grocery Shopping 10:30 Chair Yoga on 195 1:00 Exercise with Sandy on 195 <u>1:30 Dollar Tree Shopping</u> <u>2:30 Arm Chair Travel (AR)</u> 7:30 Movie (GP)</p>	<p>18 9:30 & 10:15 Aquasize 1:00 Care Support (CL) 1:00 Exercise with Sandy on 195 2:30 Current Events Discussion (GP) 3:00 Wii Bowl (AR) 4:00 Book Read with Bette on 195</p>	<p>19 8:30 Blue Zones Walking Group (CL) 9:00 Putting on the Green (CL) 10:00 Let's Talk (AR) 1:00 Mah Jongg (CL) 1:00 Exercise with Sandy on 195 3:00 ATC Board Meeting (AR) <u>5:30-8 Entertainment by Jebry (CN)</u></p>	<p>20 8:30 Pickleball 9:30 & 10:15 Aquasize <u>12:00 Thursday Lunch</u> 1:00 Exercise with Sandy on 195 2:00 Open Art (ART)</p>	<p>21 9:00 Grocery Shopping 10:30 Chair Yoga on 195 1:00 Book Club (TP) 1:00 Exercise with Sandy on 195 2:00 Hodges Recap on 195 4:00 Mystery Music on 195</p>	<p>22 11:00 Tai Chi on Channel 195 1:00 Exercise with Sandy on 195 1:30 Wii Bowling (AR)</p>
<p>23 12:00-2:00 <u>Sunday Brunch</u> 1:00 Exercise with Sandy on 195 1:30 Bridge, Rummikub, & Assorted Games</p>	<p>24 9:00 Men's Coffee (GP) 10:00 Grocery Shopping 10:30 Chair Yoga on 195 1:00 Exercise with Sandy on 195 <u>1:30 Walmart Shopping</u> <u>2:30 Arm Chair Travel (AR)</u> 7:30 Movie (GP)</p>	<p>25 9:30 & 10:15 Aquasize 1:00 Exercise with Sandy on 195 3:00 Wii Bowling (AR) 4:00 Book Read with Bette on 195</p>	<p>26 8:30 Blue Zones Walking Group (CL) <u>9:00 Hurricane Seminar (GP)</u> 9:00 Putting on the Green (CL) 10:00 Let's Talk (AR) 10:30 Chair Yoga on 195 1:00 Mah Jongg (CL) 1:00 Exercise with Sandy on 195</p>	<p>27 8:30 Pickleball 9:30 & 10:15 Aquasize 10:00 Tower Pointe Board Mtg (GP) <u>12:00 Thursday Lunch</u> 1:00 Exercise with Sandy on 195 2:00 Open Art (ART)</p>	<p>28 9:00 Grocery Shopping 10:30 Chair Yoga on 195 1:00 Exercise with Sandy on 195 2:00 Hodges Recap on 195 4:00 Mystery Music on 195</p>	<p>29 11:00 Tai Chi on Channel 195 1:00 Exercise with Sandy on 195 1:30 Wii Bowling (AR)</p>
<p>30 12:00-2:00 <u>Sunday Brunch</u> 1:00 Exercise with Sandy on 195 1:30 Bridge, Rummikub, & Assorted Games</p>	<p>31 Memorial Day 9:00 Men's Coffee (GP) 10:30 Chair Yoga on 195 <u>12:00 Memorial Day Lunch (CN)</u> 1:00 Exercise with Sandy on 195 7:30 No Movie</p>					

Monday Night at the Movies
 Every Monday Night
 Gathering Place of Tower Pointe
 7:30 pm
 Everyone is Welcome!

5/3-Poms (Comedy)
5/10-A Little Chaos (Drama)
5/17-Their Finest (Romantic Comedy)
5/24-Harriet (Bio)
5/31-Memorial Day-No Movie

Arbor Trace Board Meeting
 Wednesday, May 19th
 3:00pm (Activity Room)

Tower Pointe Board Meeting
 Thursday, May 27th
 10:00 am (Gathering Place)

Hodges University's Life Long Learning Program
The Summer Session will begin in June

Calendar Key
 (AR) Clubhouse Activity Room
 (ART) Clubhouse Multipurpose Room
 (CL) Clubhouse
 (GP) Gathering Place, Tower Pointe
 (TP) Top of the Pointe Club
 (CN) Colonnade Dining Room