



ARBOR TRACE



TOWER POINTE  
AT ARBOR TRACE

# The Arbor Trace Revue

1000 Arbor Lake Dr. Naples, FL 34110 (239) 598-2929



**Judy Daniel T-304**

Judy is a Long Island native growing up there in Glen Cove with her brother and sister. She went to Cortland State University to earn her degree in teaching. In 1970, she married Porter Daniel. Porter was a Logistics Expert whose main client was McDonald's where he was instrumental getting those millions of Happy Meals into the U.S. Judy taught school

for 40 years in many states ranging from 1<sup>st</sup> grade to 3<sup>rd</sup> grade to 5<sup>th</sup> grade, and she also taught Gifted Reading.

Judy is a 40 year breast cancer survivor. She feels very fortunate to be here today.

Before Judy came here, she and Porter lived in Harborside Gardens near Venetian Village. Porter passed away in 2017 of bone cancer. They knew the Baer's at Harborside who eventually told Judy how great life is here at Arbor Trace.

Judy and Porter have three sons – twins Porter III and Eric, and Jason who lives in Naples. Carrying on the Porter name, Judy has a 14 year old granddaughter Portlyn who lives in Naples, grandchildren Lilly and Logan in Maryland, and Holly and Joshua in North Carolina. And, one grand-dog, Archie.

Judy moved into her condo here December 8<sup>th</sup>, and quickly told her (now former) interior decorator—"Don't toss out my antiques!" which include a beautiful 1860 antique bench. Judy loves dogs and hopes to find a miniature Golden Doodle. She LOVES our water aerobics, biking, reading and belonging to the Book Club. She golfs and would like to find someone to golf with. And, she has just started to needle-point.

Judy loves being surrounded here by such friendly people. Welcome, Judy!  
- Joan Millon

## May 2022



**Jeannie Abels-Walter 9-406**

The British accent is gone, but our newest neighbor, Jeannie was born and lived in London for the first 10 years of her life. When she and her mom immigrated to the U.S., they settled first on Long Island and then in Minnesota, and that's when her traveling life began.

Jeannie attended high school in Minneapolis, and the University of Minnesota. Somehow, her career path brought her into the field of business security (ADT Security) where she rapidly ascended into senior management in the Washington, DC area, working one-on-one with large corporations, the U.S. military and the federal government. Those were the days of almost constant travel and frequent high-level business meetings, and being a high powered woman in a man's field led to some very interesting adventures.

At the age of 45, Jeannie morphed from career woman into married lady with a career, when she met the love of her life, a retired Army Colonel. She and Robert moved to Columbus, Ohio, and settled in Dublin, a suburb of Columbus. They began traveling the world (especially Italy), entertaining frequently, and spending time in beautiful Naples, Florida. In 2006, they became snowbirds to Southwest Florida, and permanently relocated to Estero in 2008. Robert passed on 3 years ago, and Jeannie is now into her "new normal." Bridge is a long-time passion, and she always welcomes a game with experienced players. Swimming and theater are also among her favorite activities, and her beautiful cat, Shama Sunshine, is pampered beyond reason.

Jeannie's new home in building 9 demanded a lot of "personalizing" to make it her own, but she now feels content. She loves her lake view, home and her friendly neighbors. She adores having long-time friends and family visit, and she's looking forward to making many new friends and getting more involved at Arbor Trace. - Marty Carson/Jean Abels-Walter

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## Director's Notes:

It's that time of year to have your Air Conditioning serviced. Tower Pointe residents, we have a contract with Crowther Air Conditioning, who performs an annual inspection on all Tower Pointe A/C units. This inspection service is included in your quarterly condo fees. If their inspection turns up any problems with you're A/C unit they will provide you with a written report as to what work might need to be performed. You may use them for the repair or use another A/C contractor of your choosing. Crowther is scheduled to perform this service in late June. If you have a maintenance agreement with another A/C contractor and would like to opt out of this annual maintenance inspection, please let the Tower Pointe Concierge know.



Arbor Trace residents, I am sure that many of you already have existing service agreements with A/C contractors of your choosing. If you do not already have a relationship with an A/C contractor and you are in need of service, please call Nick Hoops for a referral. We have relationships with several reputable A/C contractors that we are comfortable recommending.

For the benefit of our newer residents, I would like to call to your attention that our website, [www.arbortrace.com](http://www.arbortrace.com); it is a wealth of information. (You can explore the site to see what it's like to live in this beautiful community) Under the Events/News tab, you can view the monthly calendar of events and past issues of the newsletter. If you click on the Residents tab, you can check out the weekly menu for the Colonnade Room, as well as catch up on what you may have missed at the last condominium association meeting. In addition to the website, we also have our own in-house television channel 195, where you can view the weekly menus and special events at a glance. Remember, please be careful driving in and out of the main gate; take it slow and look for bicyclists and pedestrians.

In closing, this is the last time I will be writing in the Arbor Trace Review as Jennifer Whitten will be the Executive Director effective June 13<sup>th</sup>. My last day here at Arbor Trace will be the 24<sup>th</sup> of June. I was first employed here at Arbor Trace on December 17<sup>th</sup> 2012, and I'm not sure where all the years have gone but I have enjoyed working here for almost 10 years now. I want to thank you all for the opportunity that was given to me and I wish you all the best.

Sincerely,

Kevin J Cooney  
Executive Director

### Colonnade Room Etiquette

- It is required for all gentlemen, including guests, to wear a sport coat in the Colonnade Dining Room. No shorts are permitted for dinner or brunch.
- Reservations **MUST** be made for **ALL** Dining Room seatings. To make your reservation call 598-2929.
- HOLIDAYS & COCKTAIL PARTIES: Reservations must be finalized 2 days prior to event to ensure accommodations. Failure to make a reservation will result in delayed service or possible non-admittance.

## May Calendar Notes

**Exercise Opportunities-We will continue to show exercise on channel 195 as we have been the past year, in addition to in person classes.**

- \*Sandy's Exercise at 1pm on Channel 195
- \*M/W/F at 10:30am Top of the Pointe Chair Yoga
- \*Tuesday/Thursday 9:30am & 10:15am Aquacise at the Swimming Pool
- \*Putting on the Greens Wednesdays at 9:00am by the Clubhouse
- \*Pickleball Tuesdays/Thursdays/Saturdays at 8:00am
- \*The Blue Zones Walking Group meets every Wednesday at 8:30am in front of the Clubhouse for an enjoyable walk
- \*The gym at Tower Pointe is open to all residents

**Check the calendar of events for the daily schedule of events.**

Plan to enjoy a festive Cinco de Mayo on Friday, May 6<sup>th</sup> at 5:30pm in the Colonnade, Sign up in Colonnade Room.

To participate in the Kentucky Derby Party on Saturday, May 7<sup>th</sup> held at the Tower Gathering Place, simply put \$10 in an envelope in the Tower Pointe mail room with your name and drop it in the "Dudley" folder.

All new residents are encouraged to join in the New Resident Social on Friday, May 13<sup>th</sup> at the Top of the Pointe at 1pm. Please RSVP to the Clubhouse front desk by May 11<sup>th</sup>.

The May Management Party will take place Wednesday, May 18<sup>th</sup> at 5:30pm in the Colonnade Dining Room, so make reservations with to attend.

The Book Club meets on Friday, May 20<sup>th</sup> in the Gathering Place, so come join us.

As you make plans to celebrate Mother's Day May 8<sup>th</sup>, please make your dining plans as soon as possible, noting there will be 2 seating's: 11:30am and 2:00pm. Call the Dining Room to make your reservations.

ROMEO will be enjoying lunch here in the Colonnade, May 19<sup>th</sup>, so guys sign up at the Clubhouse if you are able to participate. We would love to see you there!

Monday, May 23<sup>rd</sup>, we will start the morning with Catholic Mass at 10am in the Clubhouse Activity Room for anyone who would like to participate and then enjoy the Birthday Party in the evening. All residents with a May Birthday are invited to join us for dinner. Please RSVP to the Clubhouse Front Desk.

The Care Support Group will be meeting at 1pm in the Clubhouse Activity Room May 3<sup>rd</sup> and 17<sup>th</sup>.

The bus will be heading to The Artis Naples on May 6<sup>th</sup> for the last Masterworks concert of the season, so call the front desk to reserve your seats on the bus once you have your tickets for a ride at 6:15 or 7:15pm.

The Arbor Trace Condo Association meeting will be on Wednesday, May 18<sup>th</sup> at 3pm in the Clubhouse Activity Room. The Tower Pointe Condo Association meeting will be on Thursday, May 26<sup>th</sup> at 10am at the Gathering Place.

### Reminder: Direct Phone Numbers

Nick Hoops: For Condo or grounds Issues: 438-4685  
Ninos Ramos: Housekeeping or Laundry Issues: 438-4681  
Dale Carnes: Maintenance issues: 438-4686 (Regular Work orders  
still go through Fe and Angie)  
Shannon Fitzgerald: Transportation to and from Clubhouse: 438-4656

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## Employee Spotlight

Please help us congratulate our driver, Nestor on receiving his U.S. citizenship on April 19. This has been a long process for him and he is excited to finally reach this milestone!



## Bridge

Starting in May, if you would enjoy "Social Bridge" simply sign up in the Tower Pointe mail room and come play each Wednesday at the Top of the Pointe at 1pm.



## New Choral of SW Florida

Special Thanks to the New Choral of SW Florida on April 8th for bringing us their spring performance.

## Kentucky Derby Party is back!

On Saturday, May 7<sup>th</sup> plan to put on your best Derby hat and head to the Gathering Place at 5pm to watch the race with friends from our community. Simply put \$10 in an envelope and place in the "Dudley" folder in the Tower Pointe mail room to make your reservation. Get ready to enjoy refreshments and party fare, a hat parade, and all the fun!



## Art & Craft Showcase

What a wonderful group of talented individuals we have! Thank you to everyone who helped make this a success



**Plants: Beauty with Benefits**

Plants are beautiful decorative elements, but indoor plants do much more than look pretty. Indoor plants can actually improve the air quality in your home. It has been reported that air indoors is as much as 30 times more toxic than the air outside. This is because use of certain building materials, furnishings, paints, and common household articles such as plastics, synthetic fibers, paper products, and cosmetics, all of which may contain volatile organic compounds, have been shown to lead to various health conditions and illnesses, including cancer, and a condition called “sick building syndrome”. For this reason, a major component in the recent nature-inspired renovation at Tower Pointe was the inclusion of plants, not only to add color and texture, but also to help in removing several common indoor pollutants.



A number of studies have reported that certain plants can boost your mood, improve concentration, help people experience fewer headaches, and reduce asthma, and allergies. Several years ago NASA’s “Clean Air Study” looked at a number of chemicals that cause irritation to the skin, ears, eyes, nose, and throat with the goal of finding which plants were most effective in removing different pollutants.

Some of the best air-purification plants from the NASA study are easy-to-care-for indoor plants. One such plant, seen in the accompanying planter photo, is “sansevieria” , sometimes referred to as “snake plant”. It has been identified as one of the best plants for filtering the air of toxic compounds that are harmful to human health. This plant is also unique in its ability to release oxygen at night. Another ornamental, yet low maintenance, indoor plant is “dracaena”. (seen in the tower lobby). This plant, according to NASA, is consistently rated as one of the most effective house plants for air purification. Unfortunately, neither of these plants is “pet friendly”, so they are not recommended for people with dogs or cats. Creating a less toxic environment using plants to eliminate air-borne contaminants is believed to be an important step in improving one’s overall health and sense of well-being.

- Marla Fischer

**Recycle**

Dana Alger, who spoke here recently on recycling education from Collier County, stopped by for a random check to see if we are following the rules. She found many instances where we can improve as a community. Let’s all take a moment and remind ourselves of the do’s and don’ts of recycling.

1. Please DO follow the instructions on the yellow topped lid recycling containers
2. Please DO NOT put any plastic bags in the recycling containers.
3. Please DO NOT put your recyclables into a plastic garbage bag and put that in the recycling bin. All items must be loose!

Thank you all for your efforts!

**Recycle This!** What goes in your cart must be **CLEAN, DRY and LOOSE.**  
NO PLASTIC BAGS.



**Plastic bottles,  
jars, jugs and tubs**



**Glass bottles  
and jars**

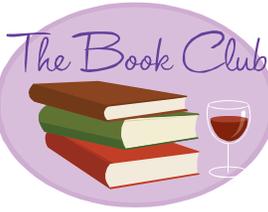


**Metal cans**



**Paper, cardboard  
and cartons**





**Book Discussion News:** Our April discussion, facilitated by Judy Peterson, centered on the lives of the rich and famous. In May we will move to “Giver of Stars”, by Jojo Moyes, a historical fiction tale about a young English bride in Kentucky who delivers books on horseback to remote familie-- an Eleanor Roosevelt WPA initiative. You interested? Books will be available to borrow (check with Sandy Steinbach or Karen Sexton). We look forward to your joining us on Friday, May 20, in the Tower Pointe Gathering Place: 1:00 p.m. - Karen Sexton

**R.O.M.E.O**

On Thursday March 24th at 12:30 we had 30 men arrive for lunch at the Colonnade Room. They received name tags with a table assignment. While they were arriving I sold the raffle tickets for 6 prizes. We began by saying the Pledge of Allegiance followed by singing God Bless America. Morris Binder then said grace! We all were served our beverages & preordered lunches. While we were eating we had a surprise visit by Lois Kehoe who played the piano & sang some songs! When we finished eating we had the raffle! Art Heigl won a free lunch donated by our Real Estate department, Dave Hocking won a bottle of Champagne donated by our kitchen, Dick Lechtner won a bottle of wine also donated by our kitchen The 3 \$\$\$ money winners were Lou DePrisco, Morris Binder & Dean Yarian, We then had a couple of jokes & I reported that the next Romeo would be on Friday, April 22nd at The Olde Cypress Country Club!  
- Bob Bortz



**New Resident Social**

All new residents since March 2020 are invited to join us for a New Residents Social on Friday, May 13<sup>th</sup> at 2pm. We are looking forward to getting you all together to meet each other and meet the managers of the community. Please RSVP to the Clubhouse front desk by May 11<sup>th</sup>.

**Back Home!**

If I had the power to turn back the clock,  
Go back to that house at the end of the block-  
The house that was HOME when I was a kid,  
I know that I'd love it more now than I did.

If I could be back there at my mother's knee,  
And hear once again all the things she told me,  
I'd listen as I never listened before,  
For she knew so well just what life had in store.

And all the advice my dad used to give,  
His voice I'll remember as long as I live;  
But it didn't seem really important then;  
What I'd give just to live it all over again.

And what I'd give for the chance I once had,  
To do so much more for my mother and dad;  
To give them more joy and a little less pain;  
A little more sunshine — a little less rain.

But the years roll on an we cannot go back,  
Whether we were born in a mansion or in a shack;  
But we can start right now — in the hour that's here,  
To do something more for the ones we hold dear.

And since time in its flight is traveling so fast;  
Let's not spend it regretting that which is past;  
But let's make tomorrow a happier day  
By doing our "good to others" — Today

(Author Unknown) - Submitted by Beverly Davisson

**Thank you!**

A big thank you to the Easter Bunny for stopping by and gifting chocolates to us!



**Gene VonArx turns 101!**

On March 29, Gene VonArx had his 101<sup>st</sup> birthday! It was a special day for a special man. We had a nice party for him, and enjoyed talking with him about his life and adventures. We are truly blessed to know such a great man. Happy birthday Gene!



**The Revue Team**

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**Publisher...Jennifer Whitten**

**Calendar of Events...Sandy Steinbach**

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