



ARBOR TRACE



TOWER POINTE
AT ARBOR TRACE

The Arbor Trace Revue

1000 Arbor Lake Dr. Naples, FL 34110 (239) 598-2929



Welcome Kurt & Penny Smith
TP 407

Penny, born in Wilmington, DE attended a Quaker school till 12th grade. Then went to Boston's Wheelock College for teachers. She married right after college and discovered she was pregnant when she began her first job. Then pregnant women couldn't teach once they showed so she was only able to substitute teach between the births of her three children. She lived in Boston, Sturbridge, MA, Pittsburg, Rochester, NY, Milwaukee and Minneapolis. Her marriage had not lasted and it was in Minneapolis at her Lutheran Church that the Pastor introduced her to Kurt. They were married six months later.

Kurt was born in NYC of German immigrant parents who had met in NY. They were harassed during WW II and his father forbid German spoken in the house. It caused them to move in and out of NY. His father, a hotel man, was hired by Sheraton and they lived in Boston and London. While in London, father went to visit family in Berlin and was taken to see a Nazi demo. He immediately decided he better get out of there fast! Philadelphia followed for 10 years and Kurt went to the University of PA engineering school. He was drafted and sent to Germany, not Korea. He returned to the University for industrial management and followed his father into the hotel industry including Sheraton. He was general manager of 5 hotels. His marriage produced 3 children but didn't last. Penny and he raised her 3 and occasionally his 3 as well. Kurt became interested in real estate and became a hotel real estate salesperson for 43 years.

They came to Ft. Myers Beach as snowbirds for many years and then 2001 Gulfshore, Naples. They still are returning to Minnesota for the summer but are seriously considering making Naples their permanent residence. Penny likes canasta and puzzles and Kurt still keeps a finger in real estate. Married 43 years, they have 17 grandchildren! May they enjoy long life with us.

-Merle Bauser

May 2018



Welcome Anne and Frank Coscia
V-704

This extremely interesting couple met in New York City. Anne, a nurse from Limerick, Ireland, met Frank, a native New Yorker (Queens) and they married a few years later. Frank was very much into education and received multiple degrees including a Doctorate of Mathematics. He was an instructor - not only to children, but also to teachers as well.

They have three children and five grandchildren. After their children were grown, educated, and out on their own, they decided to live for a while in Ireland. The "while" turned into twenty-three years. Anne had been left a pub in her father's will, and Frank decided to run it. The pub "J. J. Bowles" in Limerick was popular and was a very enjoyable second job for Frank. He also started a horse training farm for show jumpers on the West Coast of Ireland. Anne had belonged to a hunt club as a youngster.

Anne and Frank traveled extensively all over Europe, China, Africa, Russia, and spent winters in Florida. Eventually, they returned to the U. S. two and a half years ago.

Frank enjoys golf and tennis, and looks forward to pickleball. Anne is an inveterate reader, has joined the AT chorus, and has done painting in the past. Their villa is beautifully furnished with many artifacts from their travels. They are anxious to get in the swing of things here in Arbor Trace.

-Mary DePrisco

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Director's Notes

In an effort to improve the quality of service in the dining room we will be implementing a staggered reservation system. Instead of everyone coming all at once at 5:30 and stressing both the front and back end of dining services, it will be better to spread out the times when you come to dine. This small change will make a big improvement in the service that you will receive. Starting May 1st, we will try out this new system. When you call to make your reservation, you will be asked what time would like to dine: 5:30, 6:00 or 6:30. Please keep in mind that if you live in the villas, bldg. 2 or 9 and need transportation to the dining room to please request 5:30 or 6:30 because the driver is occupied with delivering meals between 5:30 and 6:00. Management parties, buffets and Sunday brunch will not apply to the new staggered reservation system, as it is designed for sit down dinners only.



The hot weather is coming and it's that time of year to have your Air Conditioning serviced. Tower Pointe residents, we have a contract with Crowther Air Conditioning, who performs an annual inspection on all Tower Pointe a/c units. This inspection service is included in your quarterly condo fees. If their inspection turns up any problems with your a/c unit, they will provide you with a written report as to what work might need to be performed. You may use them for the repair or use another a/c contractor of your choosing. Crowther is scheduled to perform this service in late June. If you have a maintenance agreement with another a/c contractor and would like to opt out of this annual maintenance inspection, please let the Tower Pointe Concierge know. Arbor Trace residents, I am sure that many of you already have existing service agreements with a/c contractors of your choosing. If you do not already have a relationship with an a/c contractor and you are in need of service, please call the clubhouse receptionist for a referral. We have relationships with several reputable a/c contractors that we are comfortable recommending.

I want to extend our sincere appreciation to Shirley Harvey, who has been the Director of Nursing for Arbor Glen for over 11 years. She will be retiring June 1st and although we are sad to see her go, we know she is going to enjoy her retirement to the fullest! Shirley has been the driving force for the great success of Arbor Glen. Through her talents we have been deficiency free following years of inspection by (AHCA) the Agency for Health Care Administration. Her compassionate personality will be greatly missed. I know she has many friends here, including myself, that are grateful to have worked with her. Please wish her well when you see her or pay her a personal visit to say thanks for all she has done in Arbor Glen and wish her a Happy Retirement.

For the benefit of our newer residents, I would like to call to your attention that our website, www.arbortrace.com; it is a wealth of information. You can explore the site to see what it's like to live in this beautiful community. Under the Events/News tab, you can view the monthly calendar of events and past issues of the newsletter. If you click on the Residents tab, you can check out the weekly menu for the Colonnade Room, as well as catch up on what you may have missed at the last condominium association meeting. In addition to the website, we also have our own in-house television channel 195, where you can view the weekly menus and special events at a glance.

In closing, please remember to return your Dress Code Survey to the Club receptionist by May 11th.

Yours truly,
Kevin J Cooney
Executive Director

Love
In Loving Memory

Dick Schmidt
Love

May Calendar Notes

Tuesday, May 1st: Dr. Teitlebaum will be back in the Beauty Salon today at the Clubhouse starting at 1pm. Please sign up at the Clubhouse if you would like to use this podiatry service.

Friday, May 4th: Sign up at the Clubhouse if you would like to enjoy Bonita Beach for a few hours. The bus will leave the Clubhouse at 9:00am. Grab your beach gear as we will be dropped off at Bonita Beach. Join us for dinner this evening as we enjoy a theme dinner “Cinco de Mayo,” with music provided by Gene Federico. Please sign up at the Clubhouse if you plan to enjoy dinner. This evening the bus heads to The Artis for the last time this season for “Beethoven’s Eroica.” The bus leaves the Clubhouse at 6:20pm. Please call to reserve your seat on the bus!

Saturday, May 5th: The run for the roses is on this evening with the Kentucky Derby! Have you signed up yet? If not, please put your \$8 in an envelope with your name into the Egenberg folder at the Tower Pointe Mail Room. Put on your hat and be present to enjoy your Mint Julep starting at 5:00pm.

Tuesday, May 8th: Join Fred and Elsa Katz with another of their popular programs of recorded music, commentary and PowerPoint pictures. This month they will feature great music and performances from the classic musical films of Metro-Goldwyn-Mayer. Included are memorable songs by Judy Garland, Gene Kelly, Frank Sinatra, Lena Horne, Fred Astaire and many more. All are welcome at the Gathering Place in the Tower at 10am.

Thursday, May 10th: Join us for Signature Lunch today at noon in the Colonnade, with music by Nevada Smith. Please make reservations at the Clubhouse.

Friday, May 11th: Lunch Bunch departs at 11:30am. Please sign up at the Clubhouse.

Sunday, May 13th: Celebrate Mother’s Day at the Colonnade Dining Room at either 11:30am or 2:00pm. Please make reservations at the Clubhouse.

Wednesday, May 16th: Arbor Trace Condo Association will be having their monthly meeting today at 3pm in the Clubhouse Activity Room. All residents are invited to the May Management Party starting at 5:30pm in the Colonnade. Music will be provided by Jebry. Please make reservations at the Clubhouse.

Friday, May 18th: ROMEO (Retired Old Men Eating Out) is heading out this morning at 11:45am. We are going to Stonebridge today. Please reserve your seat on the bus at the Clubhouse.

Monday, May 21st: The Book Club meets at 1pm in the Gathering Place at the Tower, come join in a discussion about this month’s book, “A Piece of the World” by Christina Baker Kline. Come celebrate your May Birthday with us in the Colonnade starting at 5:30pm this evening. Please RSVP to the Clubhouse and plan to meet under the balloons!

Thursday, May 24th: The Tower Pointe Condo Association will be having their monthly meeting this morning at 10am in the Gathering Place for all members.

Friday, May 25th: Join us on the bus for Penny Pinchers today at 10:45am as we hit the re-sale stores looking for great deals. Please sign up at the Clubhouse if you would like to go!

Monday, May 28th: Join in as we gather on Memorial Day for a lovely lunch buffet in the Colonnade starting at 12:00pm. Please RSVP to the Clubhouse and plan to enjoy a relaxed dress code today: shorts and t-shirts are allowed!

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Behind the Music

Being part of a community band or choir has many unexpected benefits. Flexing those vocal chords or dusting off that acoustic guitar may help you build new friendships and boost your health and well-being. Consider joining a community band or local choir, and reaping the rewards that being a member of a musical team can bring.

Singing in a choir or playing an instrument in a band or orchestra is about more than just making beautiful music. Participating in music groups has all kinds of physical, cognitive and psychological benefits as well. Being part of a choir or band builds community and can even relieve symptoms for those suffering from depression. Participating in a group and creating something together has been found to improve well-being. And music groups have been shown to help quell symptoms of anxiety and improve overall mood - a bonus at any age. Singing with others has also been shown to regulate heartbeat, lower blood pressure, improve lung stamina as well as strengthen the immune system.

Such benefits have made their way to the big screen, in the touching documentary Young@heart, which follows a choir of seniors living in New England. The members - whose average age is 80 - share how their lives have been transformed since joining the group, a first for many.

So whether you want to learn an instrument or join a choir, decades of research has shown that music brings richness to our lives in more ways than one.

-Excerpt taken from United Healthcare Insurance
"Renew" publication

Come join the Arbor Lake Chorus! And you can see, it's good for your health!
- Submitted by Pat Adams

Happy Birthday Ruthie!



Ruthie Patrin, resident of Arbor Trace recently attended a Social Dinner at Clubside at the Strand, only to be greeted by her many friends there, celebrated her 90th Birthday (April 13th) with presents, flowers, cards, a wonderful meal, hugs and good wishes. She was a resident in Clubside for a number of years.

-Bill Foote



Congratulations Bob Chambers!

As many of you know, upon moving into Arbor Trace, each new resident must meet with a board member to review and discuss the community condo docs. Bob has been the Tower Pointe representative responsible for holding these interviews for many years now. On March 27th, we celebrated his 100th interview by presenting him with cupcakes and balloons! What an accomplishment!! Way to go Bob, we look forward to 100 more!

-Jennifer Hoops



TARPON COVE
YACHT & RACQUET CLUB

R.O.M.E.O

Of the 26 men who signed up for our Friday April 20th event 24 left on the bus at noon while 2 others were driven in the car by Sandy Steinbach. Upon arrival at Tarpon Cove Yacht & Racquet Club, we were greeted by the general manager who directed us to a private room located on the second floor overlooking the pool & the boat slips, very beautiful. We had 4 waiters who served us our beverages & preordered lunches.

The talk around the tables was about baseball, NBA basketball & of course President Donald Trump. After dessert we had our usual "living obituary" which was given by Bob Bortz (No Comment). The raffle winners were Dan Kellogg, a free lunch on a Thursday in May donated by Arbor Trace Realty. The \$25 money winners were Bruce Stryker & first timer Gordon Svoboda. While we waited for the bus we heard many humorous jokes.

This month's Romeo will be on Friday May 18th at Stonebridge Country Club.

Please sign up at the Clubhouse as soon as possible!

-Bob Bortz



Ladies Lunch at Tiffany's



Arbor Glen is enjoying this weather



The weather has been just beautiful and Arbor Glen has been taking full advantage of it! Every Thursday after a very nice lunch in the main dining room, some of the lunch bunch members like go outside for some fresh air and sunshine in our gorgeous garden! We share stories, laughs and have some great conversations. And if we're lucky we may get to see a butterfly or two! Stop by and visit with us sometime! We love to get to see new friends.
-Cheryl Gregson



Book Club news

A special thank you to Jan Grunewald for presenting on the author Amor Towles and getting the discussion started in April for "A Gentlemen in Moscow." Our May meeting will take place on Monday, May 21st at 1pm and we will be discussing "A Piece of the World" by Christina Baker Kline (Author of #1 NY Times Bestseller Orphan Train). We look forward to you joining in the conversation, so pick up a copy now at the local library, our libraries, or download it on your reading devices. There is a Large Print version available for loan at the Clubhouse. If you have any questions, please see Sandy at the Clubhouse.

Also, looking ahead, the group will enjoy a reprieve over the summer and will meet again in November. The book for November 2018 is "The Woman in Cabin 10" by Ruth Ware.

Memory of Dick Schmidt

Ruth E Pattrin

Because Dick lived
there is more good in the world
for him that was the reason
for the gift of his life

perhaps one of his beautiful grandsons
spoke simply and eloquently for all of us
learning of his Grandpa's problems
he said simply "he is so nice" and he truly was.



Big City Girl

The birds and the bees
Don't really please me.
I come from a land
Of concrete and stone,
Of buses and taxis that honk,
Of museums and opera
And shopping and plays.
Of places to eat hunks of
Wonderful steak.
A life, alas, I no longer
Partake.
No, its not New York,
Paris or Rome.
Its only Chicago,
That's what I called home.
So very long ago.

-Merle Bauser

Best Wishes!



As Shirley retires from her position of Director of Nursing for Arbor Glen in June, we wanted to publicly thank her for the spectacular job she has done over the past 11 years. The dedication she has shown to our facility, residents, their family members and our staff has been outstanding. Shirley's exceptional organizational and clinical skills have kept Arbor Glen deficiency free with the State of Florida over the years; a feat seldom achieved! Our best wishes Shirley as you retire!

Colonnade

No, it isn't just an ornamental hall, the Colonnade,
nor just a room in which we choose to dine,
nor even an impromptu stage for that colorful parade
of fashions that we watch while sipping wine;
and no, not even is it just a classical domain
whose walls of windows, stretching to the sky,
send the gleaming shafts of warming sun through every polished pane
that gladden and illumine the clouded eye.
It's more by far than that - at night it's an atmosphere defined
by bright bouquets, by linens starkly white
and by heavy, shining silverware that's seemingly designed
to draw luster from the glow of candlelight.
It's here of beloved families we always chat the most,
of children, 'grands' and 'greats' so far away;
and here of our culinary artisans we love to boast
as we marvel at the Sunday Brunch buffet!
And when our birthdays roll too soon around it's in this room
that gay balloons and festive banners make
our flagging spirits rise by casting out that natural gloom
at adding one more candle to our cake!
We talk of politics, of eagles and of weighty world affairs,
of Theatre and The Art Museum shows -
still, we're not above reviewing all our recent roof repairs
or those unexpected water-heater woes!
And in this room on New Year's Eve, decked out in tux and gown,
of the year now past we quietly take stock -
then suddenly we're cheering as the red balloon drops down,
to our grateful joy, at exactly eight o'clock!
No, it isn't just a room where we can dine, our Colonnade,
where tempting menus tease the brain - instead
it's where the very essence of our being is displayed
and our hungry hearts and souls are amply fed.

*With thanks to Mary Ann Fick for suggesting this topic

-Ann Rulon Miller

The Revue Team

Editor... Kevin Cooney

Publisher... Jennifer Hoops

Calendar of Events... Sandy Steinbach

Contributors to this edition... Merle Bauser, Ruth Pattrin, Mary DePrisco, Ann Rulon-Miller, Bob Bortz, Pat Adams, Bill Foote, & Cheryl Gregson