



**BIRTHDAY HAPPENINGS:**

1st-Marilyn Heigl  
 1st-Shirley Schwindt  
 4th-Bob Boyden  
 4th-Jack Dudley  
 5th-Marla Fischer  
 5th-Ann Rulon-Miller  
 8th-Carol Boyden  
 9th-Bill Foote  
 9th-Paul Dohl  
 9th-Sue Synnott

10th-Bennett Berman  
 10th-Jo Hawes  
 10th-Kathleen Morrow  
 10th-Dick Wilson  
 12th-Ruth Curran  
 13th-Priscilla Clement  
 17th-Rosalie Konikow  
 19th-Annette Goldenberg  
 23rd-Anne Coscia  
 23rd-Charlotte Gregory

24th-Virginia Govoni  
 26th-Margaret Boulton  
 26th-Bill Rediske  
 29th-Laverne Franklin  
 29th-Gene vonArx (100!)

Transportation to  
 Tower Pointe  
 activities is available  
 from the clubhouse.



# March 2021



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b> 9:00 Men's Coffee on Zoom 10:00 Grocery Shopping 10:30 Chair Yoga on 195 1:00 Exercise with Sandy on 195 <u>1:30 Walmart Shopping</u> <u>2:00 Arm Chair Travel (AR)</u> 7:30 Movie (GP)	<b>2</b> <u>8-3 Medical Transportation</u> 10:00 Hodges on Zoom 9:30 & 10:15 Aquasize 1:00 Care Support (CL) <u>1:00 Dr. Teitlebaum (Salon)</u> 1:00 Exercise with Sandy on 195 <u>2:30 Great Decisions (GP)</u> 4:00 Book Read with Bette on 195	<b>3</b> <u>8-3 Medical Transportation</u> 8:30 Blue Zones Walking Group 9:00 Putting on the Green (TP) <u>10:00 Let's Talk (AR)</u> 10:30 Chair Yoga on channel 195 1:00 Exercise with Sandy on 195 2:00 Social Stitches (AR)	<b>4</b> <u>8-3 Medical Transportation</u> 8:30 Pickleball 9:30 & 10:15 Aquasize 1:00 Exercise with Sandy on 195 2:00 Hodges on Zoom 2:00 Open Art (ART)	<b>5</b> 9:00 Grocery Shopping 10:30 Chair Yoga on channel 195 1:00 Exercise with Sandy on 195 2:00 Hodges Recap on 195 4:00 Mystery Music on 195	<b>6</b> 11:00 Tai Chi (AR) 1:00 Exercise with Sandy on 195
<b>7</b> <u>12:00-2:00</u> <u>Sunday Brunch Delivery</u> 1:00 Exercise with Sandy on 195 4:00 Book Read with Bette on 195	<b>8</b> 9:00 Men's Coffee on Zoom 10:00 Grocery Shopping 10:30 Chair Yoga on 195 1:00 Exercise with Sandy on 195 <u>2:00 Arm Chair Travel (AR)</u> 7:30 Movie (GP)	<b>9</b> <u>8-3 Medical Transportation</u> 10:00 Hodges on Zoom 9:30 & 10:15 Aquasize 1:00 Exercise with Sandy on 195 <u>2:30 Great Decisions (GP)</u> 4:00 Book Read with Bette on 195	<b>10</b> <u>8-3 Medical Transportation</u> 8:30 Blue Zones Walking Group 9:00 Putting on the Green (TP) <u>10:00 Let's Talk (AR)</u> 10:30 Chair Yoga on channel 195 1:00 Exercise with Sandy on 195 2:00 Social Stitches (AR)	<b>11</b> <u>8-3 Medical Transportation</u> 8:30 Pickleball 9:30 & 10:15 Aquasize 1:00 Exercise with Sandy on 195 2:00 Hodges on Zoom 2:00 Open Art (ART)	<b>12</b> 9:00 Grocery Shopping 10:30 Chair Yoga on channel 195 1:00 Exercise with Sandy on 195 2:00 Hodges Recap on 195 4:00 Fred Moyer presents: Moonlight Sonata on 195	<b>13</b> 11:00 Tai Chi (AR) 1:00 Exercise with Sandy on 195
<b>14 Daylight Savings</b> <u>12:00-2:00</u> <u>Sunday Brunch Delivery</u> 1:00 Exercise with Sandy on 195 4:00 Book Read with Bette on 195	<b>15</b> 9:00 Men's Coffee on Zoom 10:00 Grocery Shopping 10:30 Chair Yoga on 195 1:00 Exercise with Sandy on 195 <u>1:30 Walmart Shopping</u> <u>2:00 Arm Chair Travel (AR)</u> 7:30 Movie (GP)	<b>16</b> <u>8-3 Medical Transportation</u> 9:30 & 10:15 Aquasize 10:00 Hodges on Zoom 1:00 Care Support (CL) 1:00 Exercise with Sandy on 195 <u>2:30 Great Decisions (GP)</u> 4:00 Book Read with Bette on 195	<b>17 St. Patrick's Day</b> 8:30 Blue Zones Walking Group 9:00 Putting on the Green (TP) <u>10:00 Let's Talk (GP)</u> 10:30 Chair Yoga on channel 195 2:00 Social Stitches (CL) 3:00 ATC Board Meeting (AR) <u>5:30 St. Patrick's Day Dinner with Lois Kehoe Trio (Colonnade)</u>	<b>18</b> <u>8-3 Medical Transportation</u> 8:30 Pickleball 9:30 & 10:15 Aquasize 1:00 Exercise with Sandy on 195 2:00 Hodges on Zoom 2:00 Open Art (ART)	<b>19</b> 9:00 Grocery Shopping 10:30 Chair Yoga on channel 195 <u>1:00 Book Club (GP)</u> 1:00 Exercise with Sandy on 195 2:00 Hodges Recap on 195 4:00 Mystery Music on 195	<b>20</b> 11:00 Tai Chi (AR) 1:00 Exercise with Sandy on 195
<b>21</b> <u>12:00-2:00</u> <u>Sunday Brunch Delivery</u> 1:00 Exercise with Sandy on 195 4:00 Book Read with Bette on 195	<b>22</b> 9:00 Men's Coffee on Zoom 10:00 Grocery Shopping 10:30 Chair Yoga on 195 1:00 Exercise with Sandy on 195 <u>2:00 Arm Chair Travel (AR)</u> 7:30 Movie (GP)	<b>23</b> <u>8-3 Medical Transportation</u> 10:00 Hodges on Zoom 9:30 & 10:15 Aquasize 1:00 Exercise with Sandy on 195 <u>2:30 Great Decisions (GP)</u> 4:00 Book Read with Bette on 195	<b>24</b> <u>8-3 Medical Transportation</u> 8:30 Blue Zones Walking Group 9:00 Putting on the Green (TP) <u>10:00 Let's Talk (AR)</u> 10:30 Chair Yoga on channel 195 1:00 Exercise with Sandy on 195 2:00 Social Stitches (AR)	<b>25</b> <u>8-3 Medical Transportation</u> 8:30 Pickleball 9:30 & 10:15 Aquasize 10:00 Tower Pointe Board Mtg (GP) 1:00 Exercise with Sandy on 195 2:00 Hodges on Zoom 2:00 Open Art (ART)	<b>26</b> 9:00 Grocery Shopping 10:30 Chair Yoga on channel 195 1:00 Exercise with Sandy on 195 2:00 Hodges Recap on 195 4:00 Mystery Music on 195	<b>27 Passover</b> 11:00 Tai Chi (AR) 1:00 Exercise with Sandy on 195
<b>28 Palm Sunday</b> <u>12:00-2:00</u> <u>Sunday Brunch Delivery</u> 1:00 Exercise with Sandy on 195 4:00 Book Read with Bette on 195	<b>29</b> 9:00 Men's Coffee on Zoom 10:00 Grocery Shopping 10:30 Chair Yoga on 195 1:00 Exercise with Sandy on 195 <u>1:30 Walmart Shopping</u> <u>2:00 Arm Chair Travel (AR)</u> 7:30 Movie (GP)	<b>30</b> <u>8-3 Medical Transportation</u> 9:00 Exercise (AR) 10:00 Hodges on Zoom 9:30 & 10:15 Aquasize 1:00 Exercise with Sandy on 195 <u>2:30 Great Decisions (GP)</u> 4:00 Book Read with Bette on 195	<b>31</b> 8:30 Blue Zones Walking Group 9:00 Putting on the Green (TP) <u>10:00 Let's Talk (AR)</u> 10:30 Chair Yoga on channel 195 1:00 Exercise with Sandy on 195 2:00 Social Stitches (AR)			<p><b>Calendar Key</b></p> <p>(AR) Clubhouse Activity Room                  (ART) Clubhouse Art Room                  (CL) Clubhouse                  (GP) Gathering Place, Tower Pointe                  (TP) Top of the Pointe Club</p>

**Hodges University's Life Long Learning Program**

Tuesday, March 2nd 10am  
 "Movies That Grab Our Psyche"

Thursday, March 4th 2pm  
 "Memories of 2020: Part one Writing Your Memories"

Tuesday, March 9th 10am  
 "Discovering the Universe: Cosmology Lecture 2"

Thursday, March 11th 2pm  
 "Ode to Cyrus, the Musical Culture of the Koreshan Unity"

Tuesday, March 16th 10am  
 "The Super Power of a Helping Hand"

Thursday, March 18th 2pm  
 "Memories of 2020: Part two Memories of Covid"

Tuesday, March 23rd 10am  
 "How to Talk to Your Doctor"

Thursday, March 25th 2pm  
 "Humankind Evolving: From Where? To Where?"

**Arbor Trace Board Meeting**  
 Wednesday, March 17th  
 3:00pm (Activity Room)

**Tower Pointe Board Meeting**  
 Thursday, March 25th  
 10:00 am (Gathering Place)

**Monday Night at the Movies**  
 Gathering Place of Tower Pointe 7:30 pm

3/1-Colette (Drama)  
 3/8-Operation Finale (Thriller)  
 3/15-Gentlemen Prefer Blondes (Comedy)  
 3/22-Knives Out (Mystery)  
 3/29-Downton Abbey (Drama)