



**BIRTHDAY HAPPENINGS:**

1st-Marilyn Heigl  
1st-Shirley Schwindt  
3rd-Bob Goldberg  
4th-Bob Boyden  
4th-Jack Dudley  
5th-Marla Fischer  
6th-Peter McLaughlin  
6th-Jeanne Randazzo  
8th-Carol Boyden  
9th-Bill Foote

9th-Sue Synnott  
10th-Bennett Berman  
10th-Jo Hawes  
10th-Kathleen Morrow  
12th-Ruth Curran  
13th-Richard Kuralt  
19th-Annette Goldenberg  
23rd-Harry Baxter  
23rd-Charlotte Gregory  
24th-Virginia Govoni

26th-Bill Rediske  
26th-Judith Baer

Transportation to  
Tower Pointe  
activities is available  
from the Clubhouse.



# March 2023



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<b>1</b> 8:30 Blue Zones Walking Group 9:00 Putting on the Green (TP) 9:00 Ladies Coffee (GP) 10:30 Chair Yoga (TP) 1:00 Exercise with Sandy on 99 1:30 Open Art (GP)	<b>2</b> 8:30 Pickleball 9:30 & 10:15 Aquacise <u>12:00 Thursday Lunch (Colonnade)</u> 1:00 Exercise with Sandy on 99 2:00 Hodges (GP)	<b>3</b> 9:00 Grocery Shopping 9:00 Pickleball Social (Courts) 10:00 Bible Study (GP) 10:30 Chair Yoga (TP) 1:00 Exercise with Sandy on 99 4:00 Arbor Lake Chorus Performs (TP)	<b>4</b> 1:00 Exercise with Sandy on 99 1:30 Wii Bowling (AR)
<b>5</b> 10:00 Bocce 10:30 Naples United Church of Christ Livestreaming (AR) <u>12:00-2:00 Sunday Brunch</u> 1:30 Bridge, Rummikub & Assorted Games (CL) 2:00 Mahjong (TP)	<b>6</b> 9:00 Men's Coffee (GP) 10:00 Grocery Shopping 10:30 Chair Yoga (TP) 1:30 Trader Joe's Shopping 2:00 Arm Chair Travel (AR) 7:30 Movie (GP)	<b>7</b> 9:30 & 10:15 Aquacise 10:00 Hodges (GP) 1:00 Mahjong (CL) 1:00 Care Support (AR) <u>1:00 Dr. Teitelbaum (Salon)</u> 2:30 Great Decisions (GP) 3:00 Wii Bowling 7:15 Bingo (AR)	<b>8</b> 8:30 Blue Zones Walking Group 9:00 Putting on the Green (TP) 9:00 Ladies Coffee (GP) 10:30 Chair Yoga (TP) 1:00 Exercise with Sandy on 99 1:30 Open Art (GP)	<b>9</b> 8:30 Pickleball 9:30 & 10:15 Aquacise <u>12:00 Signature Lunch (Colonnade)</u> 1:00 Exercise with Sandy on 99 2:00 Hodges (GP) <u>5:30 Club Table (Colonnade)</u>	<b>10</b> 9:00 Grocery Shopping 10:00 Bible Study (GP) 10:30 Chair Yoga (TP) <u>10:45 Penny Pinchers</u> 1:00 Exercise with Sandy on 99 <u>6:15/7:15 Artis Classics</u>	<b>11</b> 1:00 Exercise with Sandy on 99 1:30 Wii Bowling (AR)
<b>12 Daylight Savings</b> 10:00 Bocce 10:30 Naples United Church of Christ Livestreaming (AR) <u>12:00-2:00 Sunday Brunch</u> 1:30 Bridge, Rummikub & Assorted Games (CL) 2:00 Mahjong (TP)	<b>13</b> 9:00 Men's Coffee (GP) 10:00 Grocery Shopping 10:30 Chair Yoga (TP) 1:30 Walmart Shopping 2:00 Arm Chair Travel (AR) 7:30 Movie (GP)	<b>14</b> 9:30 & 10:15 Aquacise 10:00 Hodges (GP) 1:00 Care Support (CL) 1:00 Exercise with Sandy on 99 1:00 Mahjong (CL) 2:30 Great Decisions (GP) 3:00 Wii Bowling (AR) 7:15 Bingo (AR)	<b>15</b> 8:30 Blue Zones Walking Group 9:00 Putting on the Green (TP) 9:00 Ladies Coffee (GP) 10:30 Chair Yoga (TP) 1:00 Exercise with Sandy on 99 1:30 Open Art (GP) 3:00 ATC Board Meeting (AR)	<b>16</b> 8:30 Pickleball 9:30 & 10:15 Aquacise <u>12:00 Thursday Lunch (Colonnade)</u> <u>12:30 ROMEO (Colonnade)</u> 1:00 Exercise with Sandy on 99 2:00 Hodges (GP)	<b>17 St. Patrick's Day</b> 9:00 Grocery Shopping 10:00 Bible Study (GP) 10:30 Chair Yoga (TP) 1:00 Book Club (GP) 1:00 Exercise with Sandy on 99 <u>5:30 St. Patrick's Day Management Party (Colonnade)</u>	<b>18</b> 1:00 Exercise with Sandy on 99 1:30 Wii Bowling (AR)
<b>19</b> 10:00 Bocce 10:30 Naples United Church of Christ Livestreaming (AR) <u>12:00-2:00 Sunday Brunch</u> 1:30 Bridge, Rummikub & Assorted Games (CL) 2:00 Mahjong (TP)	<b>20 First Day of Spring</b> 9:00 Men's Coffee (GP) 10:00 Grocery Shopping 10:30 Chair Yoga (TP) 1:30 Aldi's Shopping 2:00 Arm Chair Travel (AR) 7:30 Movie (GP)	<b>21</b> 9:30 & 10:15 Aquacise 10:00 Hodges (GP) 1:00 Mahjong (CL) 1:00 Care Support (AR) 2:30 Great Decisions (GP) 3:00 Wii Bowling (AR) 3:30 Current Events Discussion (GP) 7:15 Bingo (AR)	<b>22</b> 8:30 Blue Zones Walking Group 9:00 Putting on the Green (TP) 9:00 Ladies Coffee (GP) 1:00 Tower Trace Annual Meeting for all residents (GP) 10:30 Chair Yoga (TP) 1:00 Exercise with Sandy on 99 1:30 Open Art (GP)	<b>23</b> 8:30 Pickleball 9:30 & 10:15 Aquacise 10:00 Tower Pointe Board Mtg (GP) <u>12:00 Thursday Lunch (Colonnade)</u> 2:00 Hodges (AR) <u>5:30 Club Table (Colonnade)</u>	<b>24</b> 9:00 Grocery Shopping 10:00 Bible Study (GP) 10:30 Chair Yoga (TP) 1:00 Exercise with Sandy on 99 1:00 Spanish Castles & Cathedrals Presentation (GP) <u>4:30 Jersey Boys @ Broadway Palm</u>	<b>25</b> 1:00 Exercise with Sandy on 99 1:30 Wii Bowling (AR)
<b>26</b> 10:00 Bocce 10:30 Naples United Church of Christ Livestreaming (AR) <u>12:00-2:00 Sunday Brunch</u> 1:30 Bridge, Rummikub & Assorted Games (CL) 2:00 Mahjong (TP)	<b>27</b> 9:00 Men's Coffee (GP) 10:00 Grocery Shopping 10:00 Catholic Mass (AR) 1:30 Walmart Shopping 2:00 Arm Chair Travel (AR) <u>5:30 March Birthday Dinner (Colonnade)</u> 7:30 Movie (GP)	<b>28</b> 9:30 & 10:15 Aquacise 10:00 Hodges (GP) 1:00 Exercise with Sandy on 99 1:00 Mahjong (CL) 2:30 Great Decisions (GP) 3:00 Wii Bowling (AR) 7:15 Bingo (AR)	<b>29</b> 8:30 Blue Zones Walking Group 9:00 Putting on the Green (TP) 9:00 Ladies Coffee (GP) 10:30 Arbor Glen Tour (CL) 10:30 Chair Yoga (TP) 1:00 Exercise with Sandy on 99 1:30 Open Art (GP)	<b>30</b> 8:30 Pickleball 9:30 & 10:15 Aquacise 10:30 Celebrate Natural Landscapes (GP) <u>12:00 Thursday Lunch (Colonnade)</u> 1:00 Exercise with Sandy on 99 2:00 Hodges (GP)	<b>31</b> 9:00 Grocery Shopping 10:00 Bible Study (GP) 10:30 Chair Yoga (TP) 1:00 Exercise with Sandy on 99 4:00 New Chorale of SW. Florida (TP) <u>6:15/7:15 Artis Classics</u>	

**Calendar Key**  
(AR) Clubhouse Activity Room  
(ART) Clubhouse Art Room  
(CL) Clubhouse  
(GP) Gathering Place, Tower Pointe  
(TP) Top of the Pointe Club

**Hodges University's Life Long Learning Program**

Thursday, March 2nd 2pm  
"The National WWII Museum"

Tuesday, March 7th 10am  
"American Dream in Crisis"

Thursday, March 9th 2pm  
"Going Pro with Photos, Part 2"

Tuesday, March 14th 10am  
"Russian Assassinations since 16th Century"

Thursday, March 16th 2pm  
"East 81st-Short Stories"

Tuesday, March 21st 10am  
"The World of Jane Austen"

Thursday, March 23rd 2pm  
"Voting and Elections in Florida, Part 1"

Tuesday, March 28th 10am  
"Hollywood and the Coen Bros"

Thursday, March 30th 2pm  
"We're Going Home"

**Arbor Trace Board Meeting**  
Wednesday, March 15th  
3:00pm (Activity Room)

**Tower Pointe Board Meeting**  
Thursday, March 23rd  
10:00 am (Gathering Place)

**Monday Night at the Movies**  
Gathering Place of Tower Pointe 7:30 pm

3/6-Jerry & Marge Go Large (Comedy)  
3/13-Top Gun Maverick (Action)  
3/20-The Money Pit (Comedy)  
3/27-Father Goose (Classic Comedy)