



ARBOR TRACE



TOWER POINTE
AT ARBOR TRACE

The Arbor Trace Revue

1000 Arbor Lake Dr. Naples, FL 34110 (239) 598-2929



Welcome Donald and Gale Scott TP 503

Gale Scott, born in Helena, Mt 1947; moved to the state of Washington in 1951. Attended Western Washington State; graduated in 1969 with BA in Secondary Music Education and in 1971 with MA in Conducting/Performance. Next six years were spent conducting bands in college and high school. Later moved to

Honolulu and worked as para legal in major antitrust suit for three years. In 1981 arrived in Naples where she became licensed as financial advisor and worked for Don. At the same time, she was elected as conductor of The Naples Concert Band and developed their program over the next 25 years, which received many honors nationally, and she was instrumental in the building of the Cambier Park bandshell.

Don, raised in Hamden, Ct. graduated from Trinity College with a major in economics. From 1956-1960 and again 1963-1967 he flew and acted as flight examiner in C-124's in the USAF. Then he flew for Pan Am until furloughed. After a stint in the retail financial services industry with Eastman Dillon and a cancelled recall to Pan Am, Don entered the wholesale services side of the financial services industry which gave him a chance to fly his own twin all over the southeast. Now, with grown children, Don entered the retail side of the industry in Naples with Paine Webber in 1980. A year later his wife of 24 years died of cancer. Don then moved to E F Hutton and later became manager of McDonald Securities. Don had married Gale who became his partner. During his time in Naples Don was the first President of the YMCA endowment board, senior warden at Trinity-by-the-Cove, Commodore of the Naples Yacht Club and started Volunteer Collier, now part of United Way.

When they settle down, I'm sure they will do much to enhance our lives at Arbor Trace. We are so proud to have them here.

-Don & Gale Scott and Merle Bauser

MARCH 2019

Welcome Blake Lynch 9-301



Blake was born in Newport, RI, and grew up in Maplewood, NJ, site of his childhood and early education. Subsequently, he attended Rutgers University graduating with a History major; then on to U of PA for his Master's in Public Administration. He then went to Boulder, CO, where he was employed as assistant City

Manager and then to Vail, CO, where he was the Town Manager for four years. Later he went to Denver where he was employed by E. F. Hutton and Dain Bosworth in the municipal bond business, and found a new love in the Law. He attended Law School at night at the U. of Denver and practiced Law near Vail until 2010 when he retired. Then he volunteered for the Peace Corps and worked in Macedonia for two years. Wow -- quite an interesting and varied career.

He is the father of three children and grandfather of six.

His mother had moved into Arbor Trace in Building 2 in 1992, and Blake bought a condo in Tarpon Cove in 1999, which he rented out before moving there full time a few years ago. He has very tastefully decorated his condo in Building 9 and seems well settled.

Blake has volunteered with the Collier County Legal Aid Society, and he enjoys classical music and opera. He also plays the violin, and enjoys reading and bridge. All of Arbor Trace will surely benefit from this multi-talented and experienced new resident.

-Mary DePrisco

HAPPY ST. PATRICKS DAY



Director's Notes

I would like to remind everyone that the Tower Trace LLC Annual meeting will be held on Wednesday, March 27th at 10:00 am in the Gathering Place. This meeting would be especially informative to those residents who are new to the community. Most everyone is aware that the residents of Tower Pointe and Arbor Trace Condominium Association collectively own Tower Trace LLC, but not many understand how this relates to the operation and management of our community, see you all there.

I recently had a resident complaint brought to my attention about visitors with pets. Pet owners both residents and their guests must keep their dogs on a leash at all times. Visitors with pets must comply with the same condo rules as the unit owners. Specifically, the number of pets allowed, which is 2, including any pets already residing in the condo unit and the size restrictions, which may not exceed 20 inches in height, measured from the shoulder, or 30 pounds in weight.

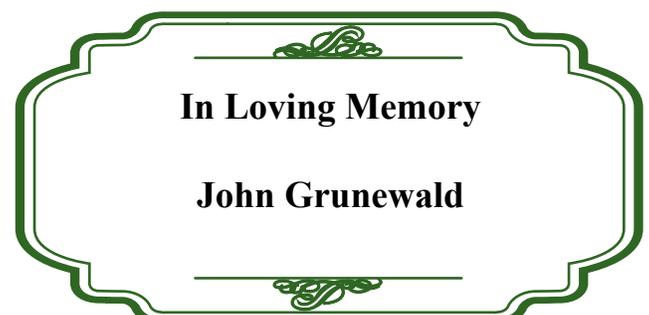
Please remind your family and guests about the fact that jackets must be worn in the Colonnade dining room for dinner service, prior to their arrival. Please don't rely on the 8 navy blue sports jackets in our coat closet for guests to wear. One recent Sunday brunch, we ran out of jackets so please remind family and friends to bring a jacket with them to avoid this situation from happening.

I recently attended an Assisted Living Safety Seminar hosted by the Collier County Sheriff's Office and received some very valuable information that I would like to share with you. There was so much information that I cannot do it with this newsletter alone so I will use this opportunity today and in future newsletters as well. Financial Exploitation was the main focus, it's being called "the crime of the century" with studies suggesting that older Americans have lost Billions of dollars to financial exploitation. There is a broad spectrum of perpetrators, including persons they know and trust, as well as strangers. Cognitive impairment diminishes the ability of some older adults to make financial decisions and to detect frauds and scams. Awareness is the first step. Planning ahead for financial wellbeing and the possibility of diminished financial capacity is critical. Reporting and early intervention are vital to preventing loss and recovering loss when possible.

In upcoming newsletters, I will provide more information and tips to help prevent common frauds, scams and other types of elder financial exploitation in our community.

Yours truly,

Kevin J Cooney
Executive Director



* HAPPY ST. PATRICKS DAY *



March Calendar Notes

Friday, March 1st: Calling all cheesecake lovers! We are heading to the Cheesecake Factory at 11:30am today. Marty Krebs' Dixieland Band will be performing on the eve of Mardi Gras, so leave your hearing aids at home and come join in the fun with these talented musicians.

Tuesday, March 5th: Podiatrist Dr. Teitlebaum, will be in the Salon in the Clubhouse at 1pm for those that would like to receive services. Please sign up at the Clubhouse. This evening we celebrate Fat Tuesday with our Mardi Gras Management Party, so make a reservation at the Clubhouse and put on a mask and wear some purple, green, or gold and be ready for a fun evening with dinner and dancing.

Friday, March 8th: The bus is departing for Ft. Myers to see a Twins baseball game at the Hammond Stadium. Come join us for a fun afternoon outing at the baseball field! The cost is only \$25 per person. Please sign up at the Clubhouse if you would like to go. The bus heads to The Artis for the Classics Series tonight. Ride at either 6:20pm or 7:20pm.

Saturday, March 9th: Daylight Savings is tomorrow, so "Spring Forward" one hour when you go to bed tonight.

Friday, March 15th: ROMEO (Retired Old Men Eating Out) is heading out at 11:45am for a fantastic lunch at Café Figero. Please reserve your seat on the bus at the Clubhouse as soon as you receive this newsletter. We are celebrating the St. Patrick's Day weekend today starting at 4:45pm in the Clubhouse Lobby with John Francis Dill entertaining. The management party begins at 5:30pm in the Colonnade Dining Room. Please make reservations at the Clubhouse and make sure you wear something green!

Monday, March 18th: The Book Club meets today at 1pm in the Tower Pointe Library to discuss The Bridge Ladies. Everyone is welcome.

Wednesday, March 20th: All Arbor Trace Condo Association members are encouraged to attend the meeting at 3pm in the Clubhouse Activity Room. If you have signed up to see "Guys and Dolls" today, catch the bus at the Clubhouse at 4:30pm.

Thursday, March 21st: Signature Lunch begins at noon in the Colonnade. Please make reservations at the Clubhouse, and we will see you there!

Friday, March 22nd: Sign up at the Clubhouse if you would enjoy a trip with us to the Baker Museum Hayes Hall this morning. Our tour will feature the exhibition Isabelle de Borchgrave: Fashioning Art from Paper, and will cost \$10 per person. At 4:00, the New Choral Group of sw Fl performs their spring program. This evening, the bus heads back to The Artis Naples for the Pops Series. Please sign up at the Clubhouse for transportation and be ready to depart promptly at 7:20pm.

Saturday, March 23rd: The bus is making a trip to cheer on our very own Ron Timmerman and the Paradise Coastmen Barbershop chorus as they present their Spring Concert, A Night on Broadway. The bus leaves at 1pm and the cost is \$20 per person.

Monday, March 25th: This evening we celebrate all resident March birthdays at 5:30pm in the Colonnade. Please RSVP if you have a birthday this month.

Wednesday, March 27th: The Tower Trace Board will hold their annual meeting today at 10am in the Gathering Place. All residents are encouraged to attend to hear and understand an important piece of how our community functions. If you have signed up to see "Guys and Dolls" today, catch the bus at the Clubhouse at 4:30pm.

Thursday, March 28th: All Tower Pointe Condo Association members are encouraged to attend the meeting at 10am in the Gathering Place.



HAPPY ST. PATRICKS DAY



Blue Zones

We are living longer, healthier lives by applying the Power 9 from Blue

Zones: the 9 principles inspired by the people who have lived the longest. This month, we are focusing on Down Shifting. Everyone experiences stress, and although there are many causes, the methods of managing it are generally the same. As you apply them, your personal well-being and relationships with others are likely to improve. Try to focus on one or two different strategies from Physical Strategies, Mental Strategies, and Social Strategies. In the Physical Strategies, try exercising, getting adequate and a high quality of sleep, maintain a healthy diet, and take breaks. For mental strategies, try meditating, cultivating spirituality, writing, and thinking positively. In the social realm, spend time talking to a friend, spend time with a pet, learn to say no, or meet with a professional.

-Sandy Steinbach

R.O.M.E.O.



The flu bug got to our group, so only 22 sturdy men left on Friday Feb. 15th for lunch at The Club at Barefoot Beach. We arrived & were escorted to the private dining room on the second floor overlooking the beach & the Gulf of Mexico. We took our seats & 3 wait servers served us our Arnold Palmers, ice tea, Diet Coke & anything we wanted to drink. The lunches were then served & the talk around the tables were Trump, Trump & more Trump & his WALL. We had a " wonderful living obituary " given by Kurt Smith (if you need a Bible call him). The raffle started with David Hocking drawing his own ticket to win the luncheon donated by our new real estate broker Dan Edenfield. Dean Yarian then won a monogrammed cup donated by the Club. The \$\$\$ (money) winners were lucky Dean Yarian, John Egenberg, & first timer Shep Scheinberg.

While George went for the bus, we heard a few jokes (some good, some bad).

The next ROMEO will be on Friday March 15th at Cafe' Figero. Sign up early, but if you cancel on the Thursday/Friday before the lunch, you will be billed unless we have a wait list.

-Bob Bortz

Love at Arbor Trace

What a wonderful Valentine's Day celebration we enjoyed on February 14th! A special thanks to The Arbor Lake Chorus for serenading us with wonderful love songs. The performance, directed by Barbara Smith, also featured a trumpet solo by resident Dr. Doug Dick and Dr. Mayer Schwartz did a starting solo to "That's Amore!", and Marion Mckee was featured as the Hawaiian Wedding Song hula dancer. After the show, the residents headed into the Colonnade Dining Room to enjoy a lovely dinner buffet with complimentary cocktails, wine, and festive music by Nevada Smith. When it came time for our annual contest to see who has been married the longest, Ray and Cressida Maloney remained standing at 75 years! What a wonderful accomplishment and a beautiful life they share, how lucky we all are to know them!

-Sandy Steinbach



☘ HAPPY ST. PATRICKS DAY ☘



Fred Moyer Performs

What a delight to have professional pianist Fred Moyer perform for us on February 13th! His enthusiasm for music really comes through in his skillful playing, as well as how he speaks about composers and their lives. A bonus treat is his innovative projection on the computer so everyone can see his hands as he plays.

-Sandy Steinbach

Misty the Mini Horse Visits Arbor Glen!

Last month the residents in Arbor Glen had a very special visitor. Misty, a miniature therapy horse, came to visit. She spent time with the residents and received lots of love and attention from all! She was a pure delight and brought so much enjoyment to everyone. Hopefully she will come and visit again soon!

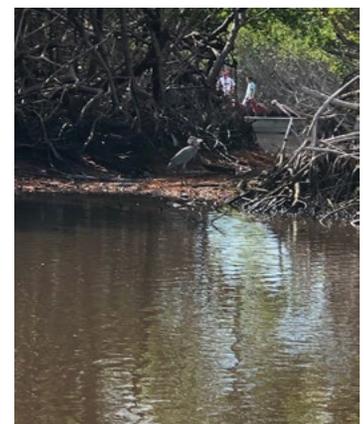
-Cheryl Gregson



Trip to Everglades City

We had a lovely ride down to Everglades City and a fantastic ride on the Original Everglades City Air boat Tours on Friday, February 8th. I couldn't understand why the residents were nervous when the boat captain said I could drive????

-Sandy Steinbach





Book Club news

***March 18th-1:00** Book discussion of *The Bridge Ladies* by Betsy Lerner.

This is a great book about a fifty year old bridge game that provides an unexpected way to cross the generational divide between a mother and a daughter. All residents are invited to join in this activity.



We will meet the **third Monday of each month at 1:00 in the Tower Library**. A copy of the book to be discussed will be in our libraries and, if available, a large-print copy in Sandy's office. To facilitate discussion, books are to be read prior to the meetings. See you there!



Walking Group

Arbor Traces Nature Joy

A morning walk brings joy of nature to the Arbor Trace members- nearly always seeing and feeling grasshoppers scattering at the sound of our footsteps. Arbor Trace has some unusual sights to enjoy as often I have been fortunate and maybe a bit stymied.



Members and staff reporting sighting baby panther, and also bear cub telling us it is their living quarter. Bringing awareness and understanding to local nature friends in a neat compelling way!

-Ruth Robb-Pattrin

A picture of the dedicated walking group, pictured here on one of our cold days at the end of January! Way to go walkers, keep up the good work. If you would like to join them, they take off every Wednesday morning at 8:30am from the Clubhouse Lobby. It's a beautiful time of the year to enjoy walking outdoors, and it's always more fun with friends!



Calling all Baseball Fans!

We will be heading to the Hammond Stadium Friday, March 8th to see the Minnesota Twins play the Tampa Bay Rays. Tickets are \$25 per person, and we will leave Arbor Trace at 11:30am. Come enjoy a fun afternoon with us!



Happy 104th Birthday!

Arbor Glen resident, Alice, turned 104 in February! Here she is with her daughter and granddaughter. Three lovely generations. Cheers to you Alice and may God bless many more!

Never Be a Man

Never be a man my son, for when you are, your joys are done.
I guess the end begins with this, You make a date with some shy miss, and take her dancing some fine place
But all night, it's you who face. The taxi drivers open hand, Gardenias on the old man's stand.
The numbers on the waiters checks, the taunting lure of low cut necks.
And if you should forget your place, and chance to look upon the face of some fair maid with eye exciting
It's only trouble your inviting.
And when the evening hours draw night, and all about invites a sigh.
The only thing in store for men, is "good night Joe" I must go in.

-Gene Von Arx

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