



BIRTHDAY HAPPENINGS:

1st-Maria Beebe
 1st-Jimany McLaughlin
 2nd-Heidi Stryker
 4th-Vivian Patterson
 4th-Lynn Stiles
 6th-Dahlia Penachio
 7th-Pat Thwaites
 8th-Joseph Harnett
 9th-Marilyn Goldberg
 11th-Jim Brock

15th-Rick Erickson
 16th-Peter Burwell
 16th-Helga Fochler
 16th-Kathryn Friday
 18th-Marilyn Contrada
 18th-Carl Steinhouse
 18th-Darlyene Yarian
 21st-Joanne Bellon
 21st-John Keys
 23rd-Bill Glaser

23rd-Susan Hansen
 25th-Walter Hensen
 26th-Sandra Anderson
 30th-Christa Orlikoff
 30th-Helen Wyllie



July 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 Transportation to Tower Pointe activities is available from the clubhouse.	Calendar Key (AR) Clubhouse Activity Room (MR) Clubhouse Multipurpose Room (CL) Clubhouse (GP) Gathering Place, Tower Pointe (TP) Top of the Pointe Club					
3 12:00-2:00 <u>Sunday Brunch</u> 1:00 Exercise with Sandy on 195 1:30 Bridge, Rummikub, & Assorted Games	4 4th of July 9:00 Men's Coffee (GP) 10:30 Chair Yoga (TP) 12:00-2:00 4th of July Lunch <u>Entertainment by Lois Kehoe Trio</u> 1:00 Exercise with Sandy on 195	5 9:30 & 10:15 Aquasize 1-3 Dr. Tietlebaum (Salon) 1:00 Care Support (AR) 1:00 Mah Jongg (CL) 2:30 Current Events Discussion (GP) 3:00 Wii Bowl (AR) 7:15 Bingo (AR)	6 8:30 Blue Zones Walking Group 10:30 Chair Yoga (TP) 1:00 Social Bridge (TP) 3:30 Meet and Greet with the Real Estate Team (TP)	7 8:30 Pickleball 9:30 & 10:15 Aquasize 12:00 Thursday Lunch (Colonnade) 1:00 Exercise with Sandy on 195 2:00 Hodges (GP) 2:00 Open Art (ART)	1 9:00 Grocery Shopping 10:30 Chair Yoga (TP) 10:30 Sailboat Regatta 4:00 Arbor Lake Chorus Patriotic Program (TP)	2 11:00 Tai Chi on 195 1:00 America the Beautiful on 195 with Nevada 1:30 Wii Bowl (AR)
10 12:00-2:00 <u>Sunday Brunch</u> 1:00 Exercise with Sandy on 195 1:30 Bridge, Rummikub, & Assorted Games	11 9:00 Men's Coffee (GP) 10:00 Grocery Shopping 10:30 Chair Yoga (TP) 1:00 Exercise with Sandy on 195 1:30 Shopping at WalMart 2:00 Arm Chair Travel (AR) 5:30 Community Birthday Party (Colonnade) 7:30 Movie (GP)	12 9:30 & 10:15 Aquasize 10:00 Hodges (GP) 1:00 Mah Jongg (CL) 3:00 Wii Bowl (AR) 7:15 Bingo (AR)	13 8:30 Blue Zones Walking Group 10:30 Chair Yoga (TP) 1:00 Social Bridge (TP)	14 8:30 Pickleball 9:30 & 10:15 Aquasize 12:00 Thursday Lunch (Colonnade) 12:30 ROMEO (Colonnade) 1:00 Exercise with Sandy on 195 2:00 Hodges (GP) 2:00 Open Art (ART) 5:30 Club Table (CL)	8 9:00 Grocery Shopping 10:30 Chair Yoga (TP) 10:30 Sailboat Regatta 4:45 Broadway Palm Dinner Theatre "Wizard of Oz"	9 11:00 Tai Chi on 195 1:00 Exercise with Sandy on 195 1:30 Wii Bowl (AR)
17 12:00-2:00 <u>Sunday Brunch</u> 1:00 Exercise with Sandy on 195 1:30 Bridge, Rummikub, & Assorted Games	18 9:00 Men's Coffee (GP) 10:00 Grocery Shopping 10:30 Chair Yoga (TP) 1:00 Exercise with Sandy on 195 1:30 Shopping at Beall's 2:00 Arm Chair Travel (AR) 7:30 Movie (GP)	19 9:30 & 10:15 Aquasize 10:00 Hodges (GP) 1:00 Care Support (AR) 1:00 Mah Jongg (CL) 2:30 Current Events Discussion (GP) 3:00 Wii Bowl (AR) 7:15 Bingo (AR)	20 8:30 Blue Zones Walking Group 10:30 Chair Yoga (TP) 1:00 Social Bridge (TP) 3:00 ATC Board Meeting (AR) 5:30 Management Party (Colonnade)	21 8:30 Pickleball 9:30 & 10:15 Aquasize 12:00 Thursday Lunch (Colonnade) 1:00 Exercise with Sandy on 195 2:00 Hodges (GP) 2:00 Open Art (ART)	22 9:00 Grocery Shopping 10:30 Chair Yoga (TP) 10:30 Sailboat Regatta	23 11:00 Tai Chi on 195 1:00 Exercise with Sandy on 195 1:30 Wii Bowl (AR)
24/31 12:00-2:00 <u>Sunday Brunch</u> 1:00 Exercise with Sandy on 195 1:30 Bridge, Rummikub, & Assorted Games	25 9:00 Men's Coffee (GP) 10:00 Grocery Shopping 10:00 Catholic Mass (AR) 10:30 Chair Yoga (TP) 1:00 Exercise with Sandy on 195 1:30 Shopping at Walmart 2:00 Arm Chair Travel (AR) 7:30 Movie (GP)	26 9:30 & 10:15 Aquasize 10:00 Hodges (GP) 1:00 Mah Jongg (CL) 3:00 Wii Bowl (AR) 7:15 Bingo (AR)	27 8:30 Blue Zones Walking Group 10:30 Chair Yoga (TP) 1:00 Social Bridge (TP)	28 8:30 Pickleball 9:30 & 10:15 Aquasize 10:00 Tower Pointe Board Mtg (GP) 12:00 Thursday Lunch (Colonnade) 1:00 Exercise with Sandy on 195 2:00 Hodges (GP) 2:00 Open Art (ART) 5:30 Club Table (CL)	29 9:00 Grocery Shopping 10:30 Chair Yoga (TP) 10:30 Sailboat Regatta 10:45 Penny Pinchers	30 11:00 Tai Chi on 195 1:00 Exercise with Sandy on 195 1:30 Wii Bowl (AR)

Hodges University's Life Long Learning Program

Thursday, July 7th 2pm
 "Angels in Pre-Raphaelite Painting"

Tuesday, July 12th 10am
 "The Venus Genetrix of Willendorf"

Thursday, July 14th 2pm
 "Positive Psychology Through Times of Change"

Tuesday, July 19th 10am
 "Witness to Goodness"

Thursday, July 21st 2pm
 "Art Perception & Beauty"

Tuesday, July 26th 10am
 "Hollywood Westerns"

Thursday, July 28th 2pm
 "Cuba-An Island Paradise Off the Beaten Track"

Arbor Trace Board Meeting
 Wednesday, July 20th
 3:00pm (Clubhouse Activity Room)

Tower Pointe Board Meeting
 Thursday, July 28th
 10:00am (Gathering Place)

Monday Night at the Movies
 Every Monday Night
 7/4-No Movie-Holiday
 7/11-Brooklyn (Romantic Drama)
 7/18-Jungle Cruise (Action)
 7/25-Dream Horse (Drama)