



BIRTHDAY HAPPENINGS:

1st-Maria Beebe
2nd-Heidi Stryker
3rd-Cil Peterson
4th-Vivian Patterson
4th-Lynn Stiles
6th-Dahlia Penachio
7th-Pat Thwaites
8th-Joseph Harnett
11th-Jim Brock
15th-Rick Erickson

16th-Peter Burwell
16th-Helga Fochler
16th-Kathryn Friday
18th-Marilyn Contrada
18th-Carl Steinhouse
18th-Darlyene Yarian
20th-Hank Armstrong
21st-Joanne Bellon
23rd-Bill Glaser
23rd-Susan Hansen

25th-Walter Hensen
26th-Sandra Anderson
29th-Anne Watson
30th-Helen Wyllie



July 2021

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|---|---|--|--|--|
| <p>Transportation to Tower Pointe activities is available from the clubhouse.</p> | <p>Calendar Key (AR) Clubhouse Activity Room (MR) Clubhouse Multipurpose Room (CL) Clubhouse (GP) Gathering Place, Tower Pointe (TP) Top of the Pointe Club</p> | | | <p>1 8:30 Pickleball 9:30 & 10:15 Aquasize <u>12:00 Thursday Lunch (Colonnade)</u> 1:00 Exercise with Sandy (AR) 2:00 Open Art (ART)</p> | <p>2 9:00 Grocery Shopping 10:30 Chair Yoga (TP) 10:30 Sailboat Regatta 4:00 Arbor Lake Chorus Patriotic Program (TP)</p> | <p>3 11:00 Tai Chi on 195 1:00 America the Beautiful on 195 with Suzanne & Jim 1:30 Wii Bowl (AR)</p> |
| <p>4 4th of July <u>12:00-2:00 4th of July Lunch</u> Entertainment by Lois Kehoe Trio 1:30 Bridge, Rummikub, & Assorted Games</p> | <p>5 9:00 Men's Coffee (GP) 10:00 Grocery Shopping 10:30 Chair Yoga (TP) 1:00 Exercise with Sandy (AR) 1:30 Shopping at Walmart 2:00 Arm Chair Travel (AR) 7:30 Movie (GP)</p> | <p>6 9:30 & 10:15 Aquasize 10:00 Hodges (GP) <u>1-3 Dr. Tietlebaum (Salon)</u> 1:00 Care Support (AR) 2:30 Current Events Discussion (GP) 4:00 Book Read with Betty on 195 7:15 Bingo (AR)</p> | <p>7 8:30 Blue Zones Walking Group 9:00 Putting on the Green 10:00 Let's Talk (AR) 10:30 Chair Yoga (TP) 1:00 Mah Jongg (CL)</p> | <p>8 8:30 Pickleball 9:30 & 10:15 Aquasize <u>12:00 Thursday Lunch (Colonnade)</u> 1:00 Exercise with Sandy (AR) 2:00 Hodges (GP) 2:00 Open Art (ART)</p> | <p>9 9:00 Grocery Shopping 10:30 Chair Yoga (TP) 10:30 Sailboat Regatta <u>4:45 Broadway Palm Dinner</u> Theatre "Grease"</p> | <p>10 11:00 Tai Chi on 195 1:00 Exercise with Sandy on 195 1:30 Wii Bowl (AR)</p> |
| <p>11 <u>12:00-2:00</u> <u>Sunday Brunch</u> 1:00 Exercise with Sandy on 195 1:30 Bridge, Rummikub, & Assorted Games</p> | <p>12 9:00 Men's Coffee (GP) 10:00 Grocery Shopping 10:30 Chair Yoga (TP) 1:00 Exercise with Sandy (AR) 1:30 Shopping at Beall's 2:00 Arm Chair Travel (AR) <u>5:30 Community Birthday Party (Colonnade)</u> 7:30 Movie (GP)</p> | <p>13 9:30 & 10:15 Aquasize 10:00 Hodges (GP) 3:00 Wii Bowl (AR) 4:00 Book Read with Betty on 195 7:15 Bingo (AR)</p> | <p>14 8:30 Blue Zones Walking Group 9:00 Putting on the Green 10:00 Let's Talk (AR) 10:30 Chair Yoga (TP) 1:00 Mah Jongg (CL) <u>5:30 Olympics Themed Management Party (Colonnade)</u></p> | <p>15 8:30 Pickleball 9:30 & 10:15 Aquasize <u>12:00 Thursday Lunch (Colonnade)</u> 1:00 Exercise with Sandy (AR) 2:00 Hodges (GP) 2:00 Open Art (ART)</p> | <p>16 9:00 Grocery Shopping 10:30 Chair Yoga (TP) 10:30 Sailboat Regatta 1:00 Book Club (TP) 4:00 Mystery Music on 195</p> | <p>17 11:00 Tai Chi on 195 1:00 Exercise with Sandy on 195 1:30 Wii Bowl (AR)</p> |
| <p>18 <u>12:00-2:00</u> <u>Sunday Brunch</u> 1:00 Exercise with Sandy on 195 1:30 Bridge, Rummikub, & Assorted Games</p> | <p>19 9:00 Men's Coffee (GP) 10:00 Grocery Shopping 10:30 Chair Yoga (TP) 1:00 Exercise with Sandy on 195 1:30 Shopping at Walmart 2:00 Arm Chair Travel (AR) 7:30 Movie (GP)</p> | <p>20 9:30 & 10:15 Aquasize 10:00 Hodges (GP) 1:00 Care Support (AR) 2:30 Current Events Discussion (GP) 3:00 Wii Bowl (AR) 4:00 Book Read with Betty on 195 7:15 Bingo (AR)</p> | <p>21 8:30 Blue Zones Walking Group 9:00 Putting on the Green 10:00 Let's Talk (GP) 10:30 Chair Yoga (TP) 1:00 Mah Jongg (CL) 3:00 ATC Board Meeting (AR)</p> | <p>22 8:30 Pickleball 9:30 & 10:15 Aquasize <u>12:00 Thursday Lunch (Colonnade)</u> <u>12:30 ROMEO (Colonnade)</u> 1:00 Exercise with Sandy on 195 2:00 Hodges (GP) 2:00 Open Art (ART)</p> | <p>23 9:00 Grocery Shopping 10:30 Chair Yoga (TP) 10:30 Sailboat Regatta 4:00 Mystery Music on 195</p> | <p>24 11:00 Tai Chi on 195 1:00 Exercise with Sandy on 195 1:30 Wii Bowl (AR)</p> |
| <p>25 <u>12:00-2:00</u> <u>Sunday Brunch</u> 1:00 Exercise with Sandy on 195 1:30 Bridge, Rummikub, & Assorted Games <u>4:00 Ice Cream Social (GP)</u></p> | <p>26 9:00 Men's Coffee (GP) 10:00 Grocery Shopping 10:30 Chair Yoga (TP) 1:00 Exercise with Sandy on 195 1:30 Shopping at Dollar Tree 2:00 Arm Chair Travel (AR) 7:30 Movie (GP)</p> | <p>27 9:30 & 10:15 Aquasize 10:00 Hodges (GP) 3:00 Wii Bowl (AR) 4:00 Book Read with Betty on 195 7:15 Bingo (AR)</p> | <p>28 8:30 Blue Zones Walking Group 9:00 Putting on the Green 10:00 Let's Talk (AR) 10:30 Chair Yoga (TP) 1:00 Smartphone Support (AR) 1:00 Mah Jongg (CL)</p> | <p>29 8:30 Pickleball 9:30 & 10:15 Aquasize 10:00 Tower Pointe Board Mtg (GP) <u>12:00 Thursday Lunch (Colonnade)</u> 1:00 Exercise with Sandy on 195 <u>2:00-4:00 Hodges Wine Tasting (GP)</u> 2:00 Open Art (ART)</p> | <p>30 9:00 Grocery Shopping 10:30 Chair Yoga (TP) 10:30 Sailboat Regatta 4:00 Mystery Music on 195</p> | <p>31 11:00 Tai Chi on 195 1:00 Exercise with Sandy on 195 1:30 Wii Bowl (AR)</p> |

Hodges University's Life Long Learning Program

Tuesday, July 6th 10am
"Better Balance, Part 3"

Thursday, July 8th 2pm
"Better Balance, Part 4"

Tuesday, July 13th 10am
"Navigating the Post Pandemic World"

Thursday, July 15th 2pm
"Schumann-A Musical Love Story"

Tuesday, July 20th 10am
"Fire in the Garden"

Thursday, July 22nd 2pm
"Operation Freedom-The Berlin Airlift"

Tuesday, July 27th 10am
"Hollywood Action Movies"

Thursday, July 29th 2-4pm
"How to Appreciate Wine Like a Pro, Wine Tasting Event"

Sign up at the Clubhouse to reserve your spot for the Wine Tasting Event!

Arbor Trace Board Meeting
Wednesday, July 21st
3:00pm (Clubhouse Activity Room)

Tower Pointe Board Meeting
Thursday, July 29th
10:00am (Gathering Place)

Monday Night at the Movies
Every Monday Night

7/5-Linda Ronstadt: The Sound of My Voice (Bio)
7/12-The Good Liar (Drama)
7/19-Midway (Action)
7/26-Hustle (Comedy)