



**BIRTHDAY HAPPENINGS:**

1st-Marge Roseen  
2nd-Heidi Stryker  
3rd-Cil Peterson  
6th-Dahlia Penachio  
7th-Pat Thwaites  
8th-Joseph Harnett  
11th-Maria Beebe  
11th-Jim Brock  
15th-Richard Mason  
16th-Peter Burwell

16th-Helga Fochler  
16th-Kathryn Friday  
18th-Marilyn Contrada  
18th-Carl Steinhouse  
18th-Darlyene Yarian  
19th-Nancy Rittenhouse  
20th-Hank Armstrong  
20th-Mary Ann Clukey  
21st-Joanne Bellon  
23rd-Bill Glaser

25th-Walter Hensen  
26th-Elizabeth Bergenheim  
29th-Anne Watson  
30th-Helen Wyllie



# July 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 Transportation to Tower Pointe activities is available from the clubhouse.	<b>Calendar Key</b> (AR) Clubhouse Activity Room (MR) Clubhouse Multipurpose Room (CL) Clubhouse (GP) Gathering Place, Tower Pointe (TP) Top of the Pointe Club		<b>1</b> <u>8-3 Medical Transportation</u> 9:00 Putting on the Green 10:30 Chair Yoga on Channel 195 1:00 Exercise with Sandy on Channel 195	<b>2</b> <u>8-3 Medical Transportation</u> 8:30 Pickleball 9:30 & 10:15 Aquasize 1:00 Exercise with Sandy on Channel 195 1:00 4th of July Golf Cart Parade 2:00 Hodges on Zoom	<b>3</b> 9:00 Grocery Shopping 10:30 Chair Yoga on 195 4:00 Music with Nevada Smith at 2:00 Hodges recap on 195 4pm Music with Nevada Channel 195	<b>4</b> <b>4th of July</b> <u>12:00-2:00 4th of July Lunch</u> 11:00 Tai Chi on 195
<b>5</b> <u>12:00-2:00</u> Sunday Brunch Delivery 1:30 Bridge, Rummikub, & Assorted Games	<b>6</b> 9:00 Men's Coffee on Zoom 10:00 Grocery Shopping 10:30 Chair Yoga on Channel 195 1:00 Exercise with Sandy on Channel 195 1:30 Shopping at Walmart	<b>7</b> <u>8-3 Medical Transportation</u> 9:30 & 10:15 Aquasize 10:00 Hodges (GP) <u>1-3 Dr. Tietlebaum (Salon)</u> 1:00 Exercise with Sandy on 195 4:00 Book Read with Betty on 195	<b>8</b> <u>8-3 Medical Transportation</u> 9:00 Putting on the Green 10:30 Chair Yoga on Channel 195 1:00 Exercise with Sandy on Channel 195	<b>9</b> <u>8-3 Medical Transportation</u> 8:30 Pickleball 9:30 & 10:15 Aquasize 1:00 Exercise with Sandy on Channel 195 2:00 Hodges on Zoom	<b>10</b> 9:00 Grocery Shopping 10:30 Chair Yoga on 195 2:00 Hodges recap on 195 4:00 Music with Lois Kehoe Trio Channel 195	<b>11</b> 11:00 Tai Chi on 195
<b>12</b> <u>12:00-2:00</u> Sunday Brunch Delivery 1:30 Bridge, Rummikub, & Assorted Games	<b>13</b> 9:00 Men's Coffee on Zoom 10:00 Grocery Shopping 10:30 Chair Yoga on Channel 195 1:00 Exercise with Sandy on Channel 195	<b>14</b> <u>8-3 Medical Transportation</u> 9:30 & 10:15 Aquasize 10:00 Hodges on Zoom 1:00 Exercise with Sandy on Channel 195 4:00 Book Read with Betty on 195	<b>15</b> <u>8-3 Medical Transportation</u> 9:00 Putting on the Green 10:30 Chair Yoga on Channel 195 1:00 Exercise with Sandy on Channel 195	<b>16</b> <u>8-3 Medical Transportation</u> 8:30 Pickleball 9:30 & 10:15 Aquasize 1:00 Exercise with Sandy on Channel 195 2:00 Hodges on Zoom	<b>17</b> 9:00 Grocery Shopping 10:30 Chair Yoga on 195 2:00 Hodges recap on 195 4:00 Music with Ron and Jean Channel 195	<b>18</b> 11:00 Tai Chi on 195
<b>19</b> <u>12:00-2:00</u> Sunday Brunch Delivery 1:30 Bridge, Rummikub, & Assorted Games	<b>20</b> 9:00 Men's Coffee on Zoom 10:00 Grocery Shopping 10:30 Chair Yoga on Channel 195 1:00 Exercise with Sandy on Channel 195 1:30 Shopping at Walmart	<b>21</b> <u>8-3 Medical Transportation</u> 9:30 & 10:15 Aquasize 10:00 Hodges on Zoom 1:00 Care Support (CL) 1:00 Exercise with Sandy on Channel 195 4:00 Book Read with Betty on	<b>22</b> <u>8-3 Medical Transportation</u> 9:00 Putting on the Green 10:30 Chair Yoga on Channel 195 1:00 Exercise with Sandy on Channel 195	<b>23</b> <u>8-3 Medical Transportation</u> 8:30 Pickleball 9:30 & 10:15 Aquasize 1:00 Exercise with Sandy on Channel 195 2:00 Hodges on Zoom	<b>24</b> 9:00 Grocery Shopping 10:30 Chair Yoga on 195 2:00 Hodges recap on 195 4:00 Music at 4pm Channel 195	<b>25</b> 11:00 Tai Chi on 195
<b>26</b> <u>12:00-2:00</u> Sunday Brunch Delivery 1:30 Bridge, Rummikub, & Assorted Games	<b>27</b> 9:00 Men's Coffee on Zoom 10:00 Grocery Shopping 10:30 Chair Yoga on Channel 195 1:00 Exercise with Sandy on Channel 195	<b>28</b> <u>8-3 Medical Transportation</u> 9:30 & 10:15 Aquasize 10:00 Hodges on Zoom 4:00 Book Read with Betty on 195	<b>29</b> <u>8-3 Medical Transportation</u> 9:00 Putting on the Green 10:30 Chair Yoga on Channel 195 1:00 Exercise with Sandy on Channel 195	<b>30</b> <u>8-3 Medical Transportation</u> 8:30 Pickleball 9:30 & 10:15 Aquasize 1:00 Exercise with Sandy on Channel 195 2:00 Hodges on Zoom	<b>31</b> 9:00 Grocery Shopping 10:30 Chair Yoga on 195 2:00 Hodges recap on 195 4:00 Music at 4pm Channel 195	

**Hodges University's Life Long Learning Program**

Thursday, July 2nd 2pm  
"Movie Business"

Tuesday, July 7th 10am  
"Screwball Comedies"

Thursday, July 9th 2pm  
"Now that China has stopped taking our recyclables, what's next?"

Tuesday, July 14th 10am  
"Visiting Denmark" with Bruce Beardsley"

Thursday, July 16th 2pm  
"Vincent van Gogh's Starry Night: A Holistic Universe of Awe and Majesty"

Tuesday, July 21st 10am  
"Rediscovering Rachmaninoff"

Thursday, July 23rd 2pm  
"Breathing to Claim Your Calm"

Tuesday, July 28th 10am  
"Music in the Age of a Pandemic"

Thursday, July 30th 2pm  
"Arthritis of the Foot and Ankle"

**Arbor Trace Board Meeting**  
No Meeting

**Tower Pointe Board Meeting**  
No Meeting

**Monday Night at the Movies**  
Every Monday Night  
  
Cancelled Until Further Notice