



**BIRTHDAY HAPPENINGS:**

1st-Marge Roseen  
2nd-Heidi Stryker  
3rd-Cil Peterson  
6th-Dahlia Penachio  
7th-Pat Thwaites  
15th-Richard Mason  
16th-Peter Burwell  
16th-Helga Fochler  
16th-Kathryn Friday

18th-Marilyn Contrada  
18th-Carl Steinhouse  
18th-Darlyene Yarian  
20th-Hank Armstrong  
20th-Mike Clukey  
21st-Joanne Bellon  
23rd-Bill Glaser  
25th-Walter Hensen  
26th-Elizabeth Bergenheim

28th-Phyllis Mason  
29th-Anne Watson  
30th-Helen Wyllie







TOWER POINTE  
AT ARBOR TRACE



ARBOR TRACE

# July 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>Calendar Key</b> (AR) Clubhouse Activity Room (MR) Clubhouse Multipurpose Room (CL) Clubhouse (GP) Gathering Place, Tower Pointe (TP) Top of the Pointe Club</p>	<p><b>1</b> 9:00 Men's Coffee (GP) 9:00 Exercise (AR) 10:00 Grocery Shopping 12:30 Chorus Dress Rehearsal (CL) 1:00 Exercise with Sandy (AR) <u>1:30 Shopping at Steinmart</u> 7:30 Movie (GP)</p>	<p><b>2</b> 9:00 Exercise (AR) 9:30 &amp; 10:15 Aquasize 1:00 Care Support (CL) <u>1:00 Dr. Teitelbaum (Salon)</u> 2:30 Hurricane Seminar (GP) 7:15 Bingo (AR)</p>	<p><b>3</b> 9:00 Exercise (AR) 9:00 Putting on the Green 9:30 Books, Bagels...(TPL) 10:30 Chair Yoga (TP) 1:00 Mah Jongg 4:30 Arbor Lake Chorus Performs (CL)</p>	<p> <b>4</b> 4th of July <u>12:00-2:00 4th of July Picnic Buffet</u> With music by Nevada Smith</p>	<p><b>5</b> 9:00 Grocery Shopping 9:00 Exercise (AR) 10:30 Chair Yoga (TP) <u>10:45 Penny Pinchers</u></p>	<p><b>6</b> 9:00 Exercise (AR) 11:00 Tai Chi (AR) 1:00 Scrabble (TPL) 1:30 Wii Bowling (MR)</p>
<p><b>7</b> <u>12:00-2:00</u> <u>Sunday Brunch</u> 1:30 Bridge, Rummikub, &amp; Assorted Games</p>	<p><b>8</b> 9:00 Men's Coffee (GP) 9:00 Exercise (AR) 10:00 Grocery Shopping 1:00 Exercise with Sandy (AR) <u>1:30 Shopping at Walmart</u> 7:30 Movie (GP)</p>	<p><b>9</b> 9:00 Exercise (AR) 9:30 &amp; 10:15 Aquasize 10:00 Hodges (GP) 3:00 Wii Bowl (MR) 7:15 Bingo (AR)</p>	<p><b>10</b> 9:00 Exercise (AR) 9:00 Putting on the Green 9:30 Books, Bagels...(TPL) 10:30 Chair Yoga (TP) 1:00 Mah Jongg</p>	<p><b>11</b> 8:30 Pickleball 9:00 Exercise (AR) 10:15 Aquasize with Cheryl <u>12:00 Signature Lunch (Colonnade)</u> 1:00 Exercise with Cheryl (AR) 2:00 Hodges (GP)</p>	<p><b>12</b> 9:00 Grocery Shopping 9:00 Exercise (AR) 10:30 Chair Yoga (TP) <u>12:30 Naples Historical Society Tour</u></p>	<p><b>13</b> 9:00 Exercise (AR) 11:00 Tai Chi (AR) 1:00 Scrabble (TPL) 1:30 Wii Bowling (MR)</p>
<p><b>14</b> <u>12:00-2:00</u> <u>Sunday Brunch</u> 1:30 Bridge, Rummikub, &amp; Assorted Games</p>	<p><b>15</b> 9:00 Men's Coffee (GP) 9:00 Exercise (AR) 10:00 Grocery Shopping 1:00 Exercise with Cheryl (AR) <u>1:30 Shopping at Marshall's</u> 7:30 Movie (GP)</p>	<p><b>16</b> 9:00 Exercise (AR) No Aquasize 10:00 Hodges (GP) 1:00 Care Support (CL) 3:00 Wii Bowl (MR) 7:15 Bingo (AR)</p>	<p><b>17</b> 9:00 Exercise (AR) 9:00 Putting on the Green 9:30 Books, Bagels...(TPL) 10:30 Chair Yoga (TP) 1:00 Mah Jongg 3:00 ATC Board Meeting (CL)</p>	<p><b>18</b> 8:30 Pickleball 9:00 Exercise (AR) 10:15 Aquasize with Cheryl <u>12:00 Thursday Lunch</u> 1:00 Exercise with Cheryl (AR)</p>	<p><b>19</b> 9:00 Grocery Shopping 9:00 Exercise (AR) 10:30 Chair Yoga (TP) <u>11:45 ROMEO</u></p>	<p><b>20</b> 9:00 Exercise (AR) 11:00 Tai Chi (AR) 1:00 Scrabble (TPL) 1:30 Wii Bowling (MR)</p>
<p><b>21</b> <u>12:00-2:00</u> <u>Sunday Brunch</u> 1:30 Bridge, Rummikub, &amp; Assorted Games</p>	<p><b>22</b> 9:00 Men's Coffee (GP) 9:00 Exercise (AR) 10:00 Grocery Shopping 1:00 Exercise with Cheryl (AR) <u>1:30 Shopping at Dollar Tree</u> 7:30 Movie (GP)</p>	<p><b>23</b> 9:00 Exercise (AR) No Aquasize 10:00 Hodges (GP) 3:00 Wii Bowl (MR) 7:15 Bingo (AR)</p>	<p><b>24</b> 9:00 Exercise (AR) 9:00 Putting on the Green 9:30 Books, Bagels...(TPL) 10:30 Chair Yoga (TP) 1:00 Mah Jongg <u>5:30 Flamingle Management Cocktail Party (Colonnade)</u></p>	<p><b>25</b> 8:30 Pickleball 9:00 Exercise (AR) 9:30 &amp; 10:15 Aquasize 10:00 Tower Pointe Board Mtg (GP) <u>12:00 Thursday Lunch</u> 1:00 Exercise with Sandy (AR) 2:00 Hodges (GP)</p>	<p><b>26</b> 9:00 Grocery Shopping 9:00 Exercise (AR) 10:30 Chair Yoga (TP) <u>1:15 New Holocaust Museum Tour</u></p>	<p><b>27</b> 9:00 Exercise (AR) 11:00 Tai Chi (AR) 1:00 Scrabble (TPL) 1:30 Wii Bowling (MR)</p>
<p><b>28</b> <u>12:00-2:00</u> <u>Sunday Brunch</u> 1:30 Bridge, Rummikub, &amp; Assorted Games</p>	<p><b>29</b> 9:00 Men's Coffee (GP) 9:00 Exercise (AR) 10:00 Grocery Shopping 1:00 Exercise with Sandy (AR) <u>1:30 Shopping at Walmart</u> <u>5:30 Community Birthday Party</u> 7:30 Movie (GP)</p>	<p><b>30</b> 9:00 Exercise (AR) 9:30 &amp; 10:15 Aquasize 10:00 Hodges (GP) 3:00 Wii Bowl (MR) 7:15 Bingo (AR)</p>	<p><b>31</b> 9:00 Exercise (AR) 9:00 Putting on the Green 9:30 Books, Bagels...(TPL) 10:30 Chair Yoga (TP) 1:00 Mah Jongg 1:00 Phone Information Sharing (GP)</p>	<p> Transportation to Tower Pointe activities is available from the clubhouse.</p>	<p> <u>4TH OF JULY</u></p>	<p></p>

**Hodges University's Life Long Learning Program**

**Tuesday, July 9th 10am**  
"The Telling of Naples History"

**Thursday, July 11th 2pm**  
"Are We Alone? Contact-What if!"

**Tuesday, July 16th 10am**  
"Peaceful Uses of the Atom"

**Tuesday, July 23rd 10am**  
"Helpful Technology Tips"

**Tuesday, July 30th 10am**  
"Algae Blooms and Landscape Conservation Challenges in SW FL"

**Arbor Trace Board Meeting**  
Wednesday, July 17th  
3:00pm (Activity Room)

**Tower Pointe Board Meeting**  
Thursday, July 25th  
10:00 am (Gathering Place)

**Monday Night at the Movies**  
**Every Monday Night**  
**Gathering Place of Tower Pointe**  
**7:30 pm**  
7/1-The Catcher was a Spy (Thriller)  
7/8-My Dream is Yours (Musical)  
7/15-The Favourite (Comedy)  
7/22-Random Harvest (Classic Drama)  
7/29-LBJ (Bio/Political)