





# JULY 2020

	Mon	Tue	Wed	Thu	Fri	Sat
			1 9:30 Sit & Stretch Exercise 10:00 BINGO 1:00 Afternoon Movie 3:00-5:00 Family Zoom	2 9:30 Sit & Stretch Exercise 10:00 BINGO 1:00 Afternoon Movie 1:00 4th of July Parade 2:00 Hodges on Zoom	3 9:30 Sit & Stretch Exercise 10:00 BINGO 1:00 Afternoon Movie 2:00 Hodges Recap 3:00-5:00 Family Zoom 4:00 Music: Channel 195	4 <i>Happy 4th of July</i>  9:00 4th of July Celebration/Channel 195 1:00 Afternoon Movie
5 2:30 Ice Cream Break	6 9:30 Sit & Stretch Exercise 10:00 BINGO 1:00 Afternoon Movie 3:00-5:00 Family Zoom	7 9:30 Sit & Stretch Exercise 10:00 BINGO 10:00 Hodges on Zoom 1:00 Afternoon Movie 3:00-5:00 Family Zoom 4:00 Book Read with Betty Channel 195	8 9:30 Sit & Stretch Exercise 10:00 BINGO 1:00 Afternoon Movie 3:00-5:00 Family Zoom	9 9:30 Sit & Stretch Exercise 10:00 BINGO 1:00 Afternoon Movie 2:00 Hodges on Zoom 3:00-5:00 Family Zoom	10 9:30 Sit & Stretch Exercise 10:00 BINGO 1:00 Afternoon Movie 2:00 Hodges Recap 3:00-5:00 Family Zoom 4:00 Music with Lois Kehoe Trio Channel 195	11 1:00 Afternoon Movie
12 2:30 Ice Cream Break	13 9:30 Sit & Stretch Exercise 10:00 BINGO 1:00 Afternoon Movie 3:00-5:00 Family Zoom	14 9:30 Sit & Stretch Exercise 10:00 BINGO 10:00 Hodges on Zoom 1:00 Afternoon Movie 3:00-5:00 Family Zoom 4:00 Book Read with Betty Channel 195	15 9:30 Sit & Stretch Exercise 10:00 BINGO 1:00 Afternoon Movie 3:00-5:00 Family Zoom	16 9:30 Sit & Stretch Exercise 10:00 BINGO 1:00 Afternoon Movie 2:00 Hodges on Zoom 3:00-5:00 Family Zoom	17 9:30 Sit & Stretch Exercise 10:00 BINGO 1:00 Afternoon Movie 2:00 Hodges Recap 3:00-5:00 Family Zoom 4:00 Music with Ron & Jean Channel 195	18 1:00 Afternoon Movie
19 2:30 Ice Cream Break	20 9:30 Sit & Stretch Exercise 10:00 BINGO 1:00 Afternoon Movie 3:00-5:00 Family Zoom	21 9:30 Sit & Stretch Exercise 10:00 Hodges on Zoom 10:00 BINGO 1:00 Afternoon Movie 3:00-5:00 Family Zoom 4:00 Book Read with Betty Channel 195	22 9:30 Sit & Stretch Exercise 10:00 BINGO 1:00 Afternoon Movie 3:00-5:00 Family Zoom	23 9:30 Sit & Stretch Exercise 10:00 BINGO 1:00 Afternoon Movie 2:00 Hodges on Zoom 3:00-5:00 Family Zoom	24 9:30 Sit & Stretch Exercise 10:00 BINGO 1:00 Afternoon Movie 2:00 Hodges Recap 3:00-5:00 Family Zoom 4:00 Music Channel 195	25 1:00 Afternoon Movie
26 2:30 Ice Cream Break	27 9:30 Sit & Stretch Exercise 10:00 BINGO 1:00 Afternoon Movie 3:00-5:00 Family Zoom	28 9:30 Sit & Stretch Exercise 10:00 BINGO 10:00 Hodges on Zoom 1:00 Afternoon Movie 3:00-5:00 Family Zoom 4:00 Book Read with Betty Channel 195	29 9:30 Sit & Stretch Exercise 10:00 BINGO 1:00 Afternoon Movie 3:00-5:00 Family Zoom	30 9:30 Sit & Stretch Exercise 10:00 BINGO 1:00 Afternoon Movie 2:00 Hodges on Zoom 3:00-5:00 Family Zoom	31 9:30 Sit & Stretch Exercise 10:00 BINGO 1:00 Afternoon Movie 2:00 Hodges Recap 3:00-5:00 Family Zoom 4:00 Music Channel 195	<i>Please note: The July calendar is subject to change. Please check the Daily Activity Sheets for any changes.</i>