



ARBOR TRACE

The Arbor Trace Revue

February 2023 Edition- 1000 Arbor Lake Dr. Naples, FL 34110 (239) 598-2929



TOWER POINTE
AT ARBOR TRACE

Arbor Pointe Foundation: not just for Scholarships!



Concerned Owners of the Arbor Trace community started a 501c(3) charitable fund back in 2015. This fund was started to help our employees excel to a better life. The Foundation has

proven very successful. We have sent staff to school to help with the financial burden of college. We have given scholarships to our dining room staff to get them through nursing school, engineering, business management, and personal training to name a few! We have also worked to help staff interested in technical schools or even to sharpen their English speaking skills. But did you know? We have had the rare opportunity to help staff with hardships also? Whether it be helping staff that lost homes after Hurricane Irma or Ian, cars or helping with unexpected medical expenses. One such staff member couldn't come to work because their house had a fire and there were no clothes to wear as they all smelled of smoke! We were able to work quickly to get the necessities to the staff and their children so they could continue to excel in both work and school and not fall further behind after such a catastrophe.

There are many ways to contribute to the Foundation: Monthly deductions, gifts for a special occasion or a % or dollar amount tied to the sale of your residence to name a few. There are absolutely no minimums to contribute and they are tax deductible because of the 501c (3) status.

**501(c)(3)
Nonprofit
Charitable
Organization**

Love is in the Air



We look forward to having you join us for our annual Valentine's Day Dinner Dance on Tuesday, February 14th starting at 5:30 pm in the Colonnade Dining Room. Please make reservations with the dining room host to ensure your seat for the evening (239-438-4668). The complimentary bar will open at 5:30pm, along with the dance floor followed by a special dinner buffet. So dust off your dancing shoes and make plans now to join in the fun as we look forward a lovely night!

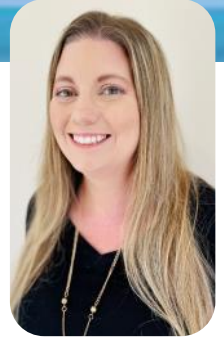
Valentine's Day Memories



St. Valentine is known as the patron saint of lovers, engaged and married couples. Geoffrey Chaucer, the English poet, may be the source of this linkage. In a poem written in 1375, Chaucer associated St. Valentine's feast day with the courtly tradition and it continues today. On February 14, sweethearts often give each other a Valentine and maybe candy or red roses. But there are other memories connected with the day. Mine include necking in the fraternity house at Penn State with my soon to be husband while listening to Jackie Gleason's *My Funny Valentine*. A different kind of story was related by Cress Maloney. Ray gave her an engagement ring around Valentine's Day in 1944. Two months later they married when she was 18 and Ray 21. He left soon after for the Air Force and flying a P-47 was shot down over Italy. Ray was a POW for six months. Cress didn't know whether he was living or dead as she'd received a missing in action telegram. The happy ending: Ray came home, they've been married for 78 years and as Cress said, "We're still talking to each other." Another Valentine memory came from Howard Gelin. He and his pregnant wife Ellen, were driving to dinner with her parents. On the way, Ellen's contractions started so they made a beeline for the hospital. Ellen and Howard's second daughter arrived several hours later, on Valentine's Day. Her name: Nancy Valentine.

- Shirley Woolaway

Notes from the Director:



It's always scary to think of an emergency affecting you or someone you love, but the fact of the matter is that as we get older, the risk of having a life-altering emergency increase. For this reason, some people choose to sign a Do Not Resuscitate Order (DNRO) if they may face a life-or-death incident.

When emergency personnel is called to a home due to a health emergency, the main rule of thumb is that they will do whatever possible to keep the patient alive. Oftentimes, this means using invasive emergency techniques such as breathing tubes or heart shocks.

When someone is in poor health, one of these types of incidents can leave the patient in a worse condition with an extremely poor quality of life, and potentially only living off tubes and machines. Therefore, some people choose to sign a Do Not Resuscitate Order, which alert emergency personnel to the fact that this person does not want to be resuscitated if their breathing or heart stops.

In the State of Florida, only those with end-stage medical conditions can secure a DNRO. The DNRO form is form number 1896, and it can be found in many doctors' offices or on the Florida Department of Health website. It is a yellow form that must be completed by either the patient or a legal representative of the patient, and the patient's physician. It's important to note that the form must always be on the required yellow paper and is not valid on white or any other color paper. The DNRO should be kept in an easily accessible location in the home; a preferred location would be on your refrigerator with your file for life. Remember it holds instructions for emergency responders who come to the aid of a patient and tells first responders that the patient does not want to be resuscitated with artificial breathing tubes or undergo CPR or heart shocks. Please also make sure your File of Life stays updated.

In closing, we welcome all our new committee and board members, we appreciate your time and effort to keep the community running smoothly. Anytime you would like more information on ways to volunteer, please reach out to myself or Mark Loewe if you are interested in volunteering.

Best,
Jennifer Whitten
Executive Director



Real Estate News:

Check out our current listings: Tower 207, 407, 1205 and 1208 and bldg. 2-304. Also available on the website is the updated Arbor Glen and Community Brochures. Questions call the Sales Office 239-598-3490.



Did you know...

Your monthly bills can be emailed to you? Your monthly Condominium, Management and Meal worksheets can be emailed to you. This reduces the amount of paper that ends up in the garbage or shredder. Our Director of Finance and Accounting, Perry Behrens can also sign you up for automatic payment; the payments are automatically deducted on the fifth of the month. This reduces the need to send a check, saving stamps, envelopes and check costs. If you would like to sign up for paperless billing or automatic payment please call the clubhouse at 239-598-2929 or email: Pbehrens@arbortracenaples.com.

February Calendar Notes

Exercise Opportunities

- *Sandy's Exercise/Chair Yoga on Channel 99
- *M/W/F at 10:30 am Top of the Pointe Chair Yoga
- *Tuesday/Thursday 9:30 am & 10:15 am Aquacise at the Swimming Pool
- *Pickleball Tuesdays/Thursdays/Saturdays at 8:00 am
- *The Blue Zones Walking Group meets every Wednesday at 9:00 am in front of the Clubhouse for an enjoyable walk
- *The gym at Tower Pointe is open to all residents and their guests



Men are welcome to join the weekly 9:00 am Monday morning for coffee in the Gathering Place. Ladies, join us at 9:00 am and each Wednesday morning for a time of coffee, tea, and conversation in the Gathering Place. Come meet new friends!

Hotwire classes will continue every Friday at 3pm in the Clubhouse Activity Room. Sign up at the Clubhouse to receive individual help on learning the in's and out's of your new system.

The Care Support Group, facilitated by Ann Fisher, will be meeting at 1 pm in the Clubhouse Activity Room February 7th and the 21st.

If you are new or looking to meet new friends, sign up in the Dining Room to join The Club Table in the Colonnade the 2nd and 4th Thursdays at 5:30 pm.

There are several trips to the Naples Artis this month! The car will depart at 7:20 pm for the next Pops performances on Friday, February 3rd and Friday, February 24th. Please sign up at the Clubhouse if you need a ride to the shows!

On every Friday in February, come join the weekly Bible Study in the Gathering Place at 10 am called "Unshakable Hope". Come check it out!

The Winter Semester of Lifelong Learning with Hodges University continues this month in the Gathering Place. Check your insert for class descriptions.



There will be 2 Management Parties this month! Join us for our Valentine's Celebration on February 14th! Mardi Gras is February 21st, so grab your mask and make sure to join in the fun with great music to enjoy! Please make reservations with the Dining Room Hostess.



Gentlemen, join us for the ROMEO outing for a fun guys lunch outing. Sign up at the Clubhouse front desk. The Book Club meets Friday, February 17th in the Gathering Place, at 1pm so come join us.

The Colonnade will host a special Ladies Lunch with a cause, featuring a special guest, the Alliance for Period Supplies of SW Florida on Thursday, February 23rd at noon. Sign up with the Clubhouse front desk.

Monday, February 27th, we will start the morning with Catholic Mass at 10 am in the Clubhouse Activity Room for anyone who would like to participate. We will be celebrating all February birthdays this evening in the Colonnade. Please RSVP to the Clubhouse front desk.

All Arbor Trace Condo Association members are invited to join the monthly meeting on Wednesday, February 15th at 3 pm in the Clubhouse Activity Room. All Tower Pointe Condo Association members are invited to join the monthly meeting on Thursday, February 23rd at 10 am in the Gathering Place.

Important Numbers:

Clubhouse—239-598-2929

Condo Manager— 239-438-4685

Arbor Glen 239-513-7970

Dining Room Reservations— 239-438-4668

Food Service Orders— 239-591-4851

or by emailing arbortracekitchen@gmail.com



Dennis and his little dog Cody moved into the Tower November 1, and Dennis is in the midst of a renovation to a very beautiful contemporary look. He was born in the small town of Berlin, Wisconsin and graduated from the University of Wisconsin, Oshkosh with a degree in business management. He joined Kmart Corp. right after graduation and was with them for 32 years both nationally and internationally. When he joined Kmart it was just being introduced as the first large one-stop shop discount store in America! And we can remember those days long ago when Kmart was a regular stop for many of us. It rose to be the largest retail store in the world and ended up after over a 100 year run to sadly file bankruptcy. Today there are only five Kmart's left open.

Dennis spent the first part of his career working in the field as store manager and district manager. Then he moved on to Kmart HQ in Detroit to specialize in demographic and geographic merchandising. He also spent five years in the International Div. opening stores in Europe, Singapore, Guam, Mexico City, Puerto Rico, St. Thomas and St. Croix. He moved 19 times in his 32-year career and jokes that he never married as he was married to his career.

He retired in 2013 to a beach house on Bonita Beach that he had purchased in 1989. He discovered this idyllic spot because his Aunt and Uncle, Dr.'s Charlotte and Howard Evans, built a home on the Gulf also on Hickory Blvd. 5 years before he did.

Arbor Trace was very familiar to Dennis because Charlotte and Howard owned T-1104 for many years until they passed away in 2017 and 2015. [They were two of my best friends when I lived here in #601.] Their condo was passed down to their children, and when Hurricane Ian destroyed Dennis's home, he bought it from them. Serendipity! He had always loved the floor plan featuring 2 balconies and knew Arbor Trace was a very special place to live with all its amenities.

When Dennis gets settled in and deals with a couple of health issues, he hopes to become an active member of our community. He and Cody look forward to making new friends and they wish everyone a wonderful 2023! - Joan Millon



Ladies Luncheon

We are looking forward to the ladies of the community coming together for a special luncheon on Thursday, February 23rd at noon in the Colonnade Dining Room.

Please sign up at the Clubhouse to

Come join us for the Super Bowl Bash on Sunday, February 12th at 5:30pm in the Gathering Place. The cost is \$12.00 per person which includes Beer, Wine, and Stadium Fare. If you would like join in the fun, put your cash in a Super Bowl envelope in the Tower Mail Room and place in the "Dudley" folder. This event is open to all Tower Pointe and Arbor Trace residents (no guests please). Bring some single dollar bills for a chance to win prizes.

enjoy lunch together as we welcome the President of the Alliance for Period Supplies of SW Florida to join us. Leading up to the luncheon we will be hosting a drive to collect funds and products for those with Period insecurities in our surrounding community. For many local girls and women, the lack of access to period supplies keeps them from engaging in day-to-day life. This is a basic necessity that most of us have always taken for granted. Your donation will support the local community and make sure women and girls here in Collier and Lee counties can go to work and school. Thank you in advance for your support! For the luncheon we will have everyone draw table numbers upon arrival, to help encourage us to meet new friends!

Jewelry Show Come treat yourself! Several ladies from our community will be showcasing their art in making jewelry on Friday, February 10th from 9:30am-1pm in the Clubhouse Lobby. Come grab something new to wear for Valentine's Day, and a portion of the sale will go to the Alzheimer's Support Network of Collier County. Many of us have been able to benefit from their support services to those battling Alzheimer's and Dementia's. We want to continue to support their important mission.



BIBLE STUDY

Join our Bible Study as we continue in the Gathering Place at the Tower each Friday morning. We will be using Max Lucado's book "Unshakable Hope" as our guide. The book will be provided just bring your favorite Bible for reference. We will have Bibles available for those in need. We will begin at 10:00 am for an hour study. Do you want to be unshakable in a shaky world? You can build your life on the enduring promises of God. See you there! Maureen Nedved



New Year's Eve Bash

What a wonderful way to ring in the New Year! Kudos to the kitchen for the delicious buffet.

A great afternoon of Jazz music with Jebry, featuring our very own Marty Krebs!



Broadway Palm—Joseph and the Amazing Technicolor Dreamcoat.
What a fun night!



New Addition in Arbor Glen

This year, Santa brought the residents in Arbor Glen a new aquarium. It's a beautiful addition and we are all enjoying it very much. Stop up and see it sometime!



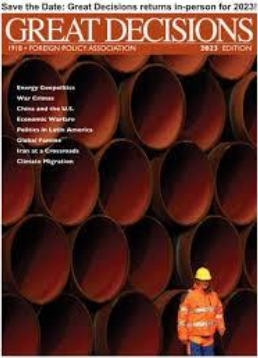
PAW's Visit

We enjoyed a visit from Paws Around Town from Humane Society Naples on Friday, January 13th. What a joy to see the smiles on everyone's faces as they got to say hi to Sandra the dog and pet the kittens. A huge thank you to everyone for their donations! If you know of anyone looking for a new pet, please direct them to this wonderful organization, as they seek to locate life-long homes and responsible pet ownership.



BOOKS—AND MORE BOOKS: Both libraries, the Clubhouse and the Tower, are chock-full of a huge variety of books. With the holidays behind us, maybe this is a good time to snag one--or more-- books off the shelves and enjoy some reading? And then there's the monthly book discussion which is always fun. Our next meeting is Friday, February 17, at 1:00 pm in the Gathering Place when we'll talk about "The Maidens" by Alex Michaelides. Looking ahead, we'll discuss "The Last Kings of Shanghai" by Jonathon Kaufman in March. If you have questions or if you'd like some assistance finding these books, call Sandy Steinbach or Karen

Great Decisions



Great Decisions, our discussion group, will start in February and will meet for 8 weeks starting February 14th, on Tuesdays at 2:30 pm. Make plans now to join us for discussions on current world affairs. Topics will be Energy Geopolitics, War Crimes, China and the U.S., Economic Warfare, Politics in Latin America, Global Famine, Iran at a Crossroads, and Climate Migration. Please sign up at the Clubhouse and a book will be sent to you.

CAM Corner

In 2022, the Arbor Trace community, initiated 3 steps toward long- term improvements:

- Fiber (internet and TV service)
- Three-year landscape contract
- New fire panels for buildings 2 & 9

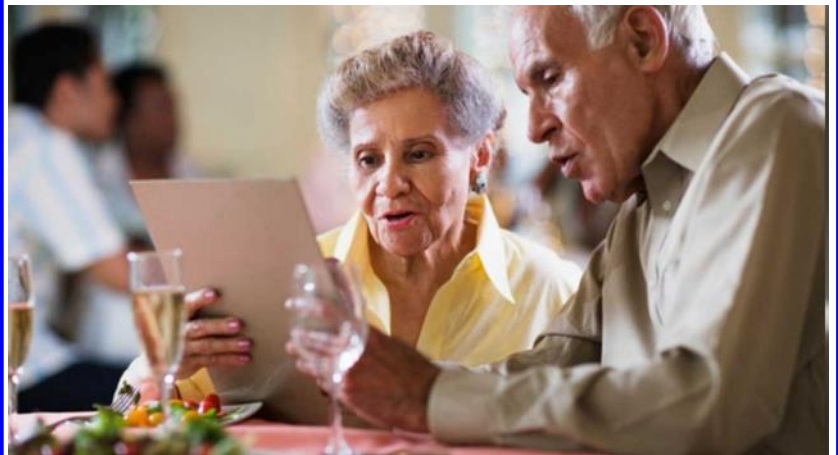
After interviewing several Internet and TV providers, a joint committee of residents chose Hotwire for the future needs of Arbor Trace. Of course, anything new has a learning curve and technical cliches. Likewise, service,

interruptions, and technical problems are common with conversion from cable to fiber. I understand it is very frustrating when your service is interrupted. Please be patient and look at the big picture – *enhanced services, higher internet speeds, improved technology, and lower cost than cable*. Our Executive Director and I are committed to work with the Hotwire Account Manager to resolve the service, technical and training issues. Thank you in advance for your continued support during this transition period. On a more positive note, our new landscape contractor, Expert Lawn Care, has hit the ground running. As part of our contract, the irrigation system is checked monthly. In January, they completed their initial evaluation of the irrigation system and flagged all the problems and completed many repairs. In addition to the extensive irrigation repairs, all the turf has been fertilized which was greatly needed. I look forward to seeing the Arbor Trace landscape become a vibrant sanctuary once again.

Changes to the Florida Fire Prevention Code has required the fire system in Building 2 & 9 to be updated. Part of the new law is that annunciators must be installed in every bedroom of a condominium unit with 3 stories or more. The first phase of the installation has been completed. Very soon, the new fire panel will be installed. The final phase will be repairing the drywall in the units. Thank you for cooperating with the maintenance staff during the installation and upcoming drywall repairs. Looking at the big picture, the momentary inconvenience will ensure our buildings are safer!

Finally, there will be two insurance seminars (Thursday, February 2nd and Friday, February 3rd) to help residents understand the Loss Assessment Coverage within their personal insurance policies designed to reimburse owners for special assessments issued by the Association.

Sincerely,
Mark Loewe, Community Association Manager



Club Table

Are you new to Arbor Trace looking to make new friends? Would you like to come to dinner but do not have anyone to come with? Don't let that stop you! We invite you and anyone who would like the opportunity to dine with others to sign up for the "Club Table" on the 2nd and 4th Thursdays of the month. This "open table" will be a great place for anyone looking for new friends to join in and meet people. Simply call 438-4668 and let them know you would like to sit at the Club Table and there will be a place for you!

Arbor Trace Revue—February 2023 Edition

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Calendar of Events...Sandy Steinbach

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Please visit www.arbortrace.com