



ARBOR TRACE



TOWER POINTE
AT ARBOR TRACE

The Arbor Trace Revue

1000 Arbor Lake Dr. Naples, FL 34110 (239) 598-2929

Arvid & Tove Grimsley T-1204



We welcome, in the middle of the pandemic, our most interesting new neighbors, Arvid and Tove Grimsley, who still maintain their connection to a special land called Norway.

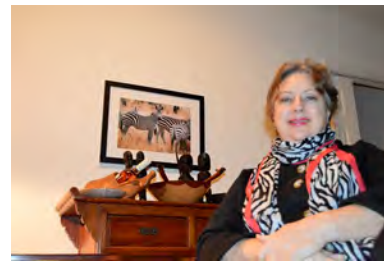
They were both born and grew up in a small town (SKIEN) south of Oslo.

Arvid went to college for two years in Oslo, studying engineering. They married in 1951 and came to the US with \$25 to start a new life. He went to the University of Wisconsin and obtained his BS in Engineering in 1953. He began work with RCA in the Development Group and developed among other equipment, a machine for producing transistors, new then, and received a citation and several patents. Next came the American Can Company, also in development. Among his several patents was a new type of collapsible tube, used today around the world for toothpaste. Arvid became the the licensing manager for ACC's patented products and traveled worldwide selling the rights to produce their products. Tove obtained a business degree and worked for a number of years in the accounting department of Pfizer Pharmaceutical company. Will Pfizer provide our vaccine I wondered.

Finally, Arvid joined a Norwegian friend who had just started a small company producing equipment for cleaning pipes, and tubes used in commercial boilers and air conditioners. They initially lived in New Jersey, moved to Greenwich, CT, retired in 1992 and moved to Naples, first to Isle Verde, then to Claridge in Pelican Bay and in November, here. They maintain an apartment in Oslo and, until recently, a summerhouse on the coast of Norway. They travel to Norway yearly, many times by taking a cruise ship to Europe. Arvid's interest is sailing and photography. Tove's is music (Opera) and she also plays the piano. They eagerly await the restart of our Arbor activities, as do we all.

- Merle Bauser

February 2021



Ruth Nichols V-405

Adventure, anyone? Meet Ruth Nichols! She was born in Devonshire, England, and came to Ithaca, NY in 1964 as a child with her parents and three siblings. Her parents, John and Dot

Nichols, now deceased, were former Arbor Trace residents. John, an aeronautical engineer, found work in the aerospace industry in Ithaca and Ruth graduated from Cornell University with a major in hotel administration. She worked in the hospitality industry in Boston for several years, including a stint at the Boston Garden, home of the Boston Celtics and Boston Bruins. Later, she worked for a stock brokerage firm, and then a major hospital (administration). Finally, in 1998, she had had enough of snow and the heavy traffic in Boston, and decided to come on her own to Florida, and settled in Bonita Springs.

She took a job at Vincenzo's, which is now Coconut Jack's. This would give her an opportunity to travel in the summertime, and travel she did. She toured Brazil, Peru, Costa Rica, and Africa. Ruth rediscovered her childhood interest in anthropology and conservation, particularly after visiting Tanzania. Ruth has studied extensively and has done much research on international wildlife crime. She follows the work of conservation organizations such as Born Free and the Jane Goodall Institute and travels to international conferences when possible.

Her lovely villa is full of wildlife photographs and her den houses neatly packed bookcases of her research. While there, her pet cat, Willie, came into the living room to say hello. Ruth has youth on her side, and is looking forward to seeing all that Arbor Trace has to offer, including the reinstatement of the Sunday buffets, which she enjoyed when her parents lived here.

- Mary DePrisco



The Arbor Trace Revue

Director's Notes:

Congratulations to the following residents who will now be serving on the Arbor Trace Condominium board of directors; as announced at the Annual Meeting on January 20, 2021. Jean Sims as President, Newt Davis as Vice President, and Jim Brock as Director of Building and Grounds; they are newly appointed members who will serve a two-year term. Carole Armstrong will continue her service as Treasurer, along with Blake Lynch assuming the role of Secretary. A special thank you to Bill Foote, Virginia Govoni, and Marion Mckee for their multiple years of service to the Arbor Trace Board.

Tower Pointe will hold its annual meeting on Thursday, January 28, 2021 to elect its new members. I will post the results in the March newsletter because the deadline for this article is January 21st.

In addition to the Condominium Boards changing their Directors, Tower Trace LLC welcomed a new member for 2021: Dr. Doug Dick. Dr. Mayer Schwartz was nominated to be the new President to replace Earle Gates, Bill Fischer was nominated to serve as Vice President. Jerry Meyers was nominated to be the new Secretary. Sue Basinger, Doug Dick and Earle Gates will serve the board as Managers. Ginny Dill will not be a board member but will remain Treasurer Ex-Officio: "Thank you Ginny".

Sandy, Jody and Becky have been working very hard signing up the community for the COVID vaccine clinic that will be taking place in the Colonnade dining room on February 5th. Tensions have been high through this process so please give them a break as this has not been an easy task. We will all get our vaccines in a safe and orderly fashion. This is an exciting time for us all to have this opportunity to receive this first of two vaccines.

As you all know there has been an outbreak in building 9 with 5 confirmed COVID cases as I write this today, 1/21/2021. Let's all do our part to protect ourselves and our neighbors from this terrible Virus. PLEASE wear your mask, social distance, and do not gather in groups. I know we are all living in tough times and it's almost a year already that we have been dealing with this virus, but remember we all have to do the right thing so we can all get through this. We will get through this but it will take some time.

Yours truly,

Kevin J Cooney
Executive Director



**In Loving
Memory**

**Henrietta Reynolds
Mary Coulson
Elizabeth Bergenheim
Dorothy "Dottie" Buckett**



2021



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February Calendar Notes

Exercise Opportunities-Take care of your body: eat healthy meals, exercising and getting the proper amount of sleep

*Every day at 1pm Channel 195 Sandy's Exercise

*M/W/F at 10:30am Channel 195 Chair Yoga

*Tuesday/Thursday 9:30am & 10:15am Aquasize at the Swimming Pool

*Putting on the Greens Wednesdays at 9:00am by the Pickleball Courts.

*Pickleball Tuesdays/Thursdays/Saturdays at 8:30am

*Tai Chi on Saturdays at 11:00am on Channel 195

*The Blue Zones Walking Group meets every Wednesday at 8:30am in front of the Clubhouse for an enjoyable walk.

Check the calendar of events for the daily schedule of events. Bette Kellogg continues to read *Marley and Me* on Tuesdays and Sundays at 4pm on Channel 195. Hodges Winter Lifelong Learning Classes are on Zoom on Tuesdays at 10am and Thursdays at 2pm. See the insert for Zoom information. Hodges "recap" classes will continue to air on the Fridays at 2pm on Channel 195 for anyone who missed the ZOOM classes. Pianist Fred Moyer will grace us with a Valentine performance "From the Heart" on Channel 195 at 4pm on Friday, February 12th. If the dining room is open, Jebry will be here to entertain Friday evening in celebration of Valentine's Day. Monday night movie nights will continue in the Gathering Place at 7:30pm. First come, first serve, the maximum number of participants is 15 (no guests at this time). Check the calendar of events for movie listings.

For outings, we will continue our medical transportation Tuesdays-Thursday from 8am -3pm. Please call the Clubhouse to sign up. Our trips to Publix will continue Mondays at 10am and Fridays at 9am. We will also go to Walmart the first and third Mondays at 1:30pm in February.

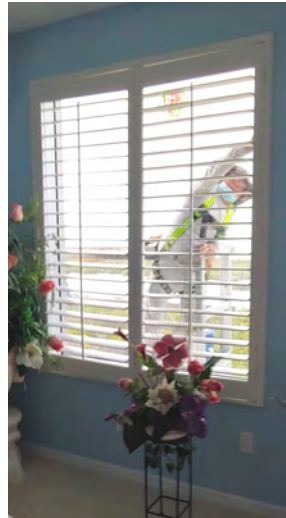
The beauty salon is open to offer services for our residents Wednesday-Friday.

The Care Support Group will be meeting February 2nd and 16th at 1pm in the Clubhouse Activity Room.

We have several small groups that are meeting, please see the calendar of events for days/times. Sign up is required as space is limited, to allow for social distancing. Please note for any activities meeting in person in our community, a face mask is mandatory.



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Tower Pointe Receives an Updated Face Lift!

As I watched in amazement and fascination, the dangling ropes which had adorned my lanai windows for several days suddenly jangled, and a scaffold slowly appeared, with three sets of work boots and ankles! I quickly realized the three workers were beginning the long anticipated painting of the Tower. A few minutes later, the scaffolding descended once again, the aerial artists came into view, and then slowly lowered downward to the next section of the building. This scenario repeated several times for two weeks. According to Nick Hoops, Association Manager, the first step in painting is to pressure wash the building; next, to caulk; then to apply a primer coat; a sealant coat; and finally, the finish coat. Cleaning of the Tower windows followed before the scaffold was removed to the next portion of the building to repeat the process.

The residents of Tower Pointe voted in June 2020 on the question of whether to repaint the building with its present color scheme, (which had not been changed since the initial painting in 2001), or to change to a new, lighter, updated color scheme. The vote resulted in a new Tower color scheme which will coordinate with the remainder of the updated look of the community when the Clubhouse, mid-rises and villas were painted in 2018. The rest of Arbor Trace has only two colors involved, whereas the Tower color scheme will have three.

Al Porter Commercial Painting was awarded the contract for a base of \$226,088, and the west Gulf side of the building was painted first, then the sides, and lastly, the front entrance side will be painted. The project is projected to be completed in three months, or toward the end of March. The financing of the paint project will come from the Reserve Budget, and re-painting the Tower is budgeted for every seven years.

Not only the outside, but the inside of the Tower is being studied for renovation. The House Committee, chaired by Ann Hocking and Bea Giannetti, have been working diligently the past year to develop a professional plan to update the lobby and the Gathering Place. Changes being studied include lighting, walls, floors, furniture, art paintings, and retrofitting the space behind the concierge desk to make it into a more welcoming, convenient and professional work space. Tower Pointe is indeed getting a face lift!

- Nona Raines



Family Visits Resume in Arbor Glen

It certainly has been a trying year for us all. During these difficult times, Arbor Glen residents have been restricted from seeing their loved ones from time to time. We are happy to say that visits with the residents' immediate families have resumed. We are so very lucky to have such a beautiful garden to hold these visits. Thank you Sandy and Bob Bortz for maintaining such a gorgeous garden for us!

- Cheryl Gregson



Covid-19 Vaccine

For those getting the COVID-19 Vaccine on Friday, February 5th here are a few tips to help make the clinic run smooth. Please arrive at the front entrance of the Clubhouse at your designated time, wearing your face mask.

The clinic is going in order of address, so each resident will receive a specific appointment time from the office, to encourage social distancing. Please wear comfortable, loose clothes where the pharmacist can easily access your arm for the injection. Be prepared to stay 15 minutes after you receive your vaccine for observation.

Lastly, please be patient. We will do our best to move everyone through in a safe, and orderly manner.



Great Decisions—Hodges Lifelong Learning

We are looking forward to hosting our group this year of exchanging ideas. The Foreign Policy Association has released the topics for the 2021 class, which reflect the current topics of the world that are important to all of us. Please sign up at the Clubhouse if you would like to receive the book to participate in this class. Beginning Tuesday, February 16th at 2:30pm in the Gathering Place, our group will meet. We request you sign up one week at a time, for the 8 week class, to ensure we do not go over the room capacity of 15. All participants must comply with wearing a face mask and maintaining 6 feet of distance from others. The beginning of each session begins with a 30 minute video that provides expert views on each topic. Next we discuss the topic in detail as a group. Everyone brings their personal stories that you have gathered through your lives, which enriches our understanding of the topic.

The topics for 2021 are:

- *Global Supply Chains
- *Persian Gulf Security
- *Brexit and the EU
- *The Arctic
- *China in Africa
- *The Two Koreas
- *Role of the WHO
- *End of Globalization?

Mardi Gras means "Fat Tuesday" in French, and is the celebratory carnival that leads up to the beginning of Lent. The name "Fat Tuesday" refers to the practice of consuming all of the food forbidden while fasting during Lent, which begins on Ash Wednesday. Meat is traditionally abstained from during Lent which is where the word "carnival" is originally derived from, meaning "the removal of meat."



Shredding

On February 24th we are hosting a shredding service so you can dispose of your unwanted papers! Please enjoy this service by your Condo Association to avoid Identity Theft!

Between 10am-11am, the truck will be located at Tower Pointe Front Door for Tower Residents. Between 11am-Noon, the truck will be located at the Arbor Trace Clubhouse for Arbor Trace Residents.






Love is in the Air



What wonderful displays of affection over at building 9 to celebrate the season.

Even in these difficult times there is still joy to be found if we just look for it!

Vaccine Clinic

It was an exciting day as we witnessed the first round of COVID19 Vaccinations for our assisted living on January 15th. Jack Dudley was the first Arbor Glen resident to receive his vaccination, and Colleen Mulready was the first Arbor Glen Staff member to get vaccinated. We are looking forward to the Independent Community taking this step on February 5th. A huge thank you goes out to Jamie Scherer, our Director of Nursing who worked diligently to bring this clinic to our community. Well Done!

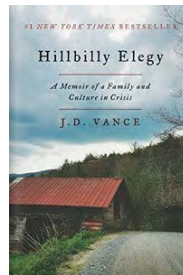
Arbor Trace Lake

The aeration system, or “Bubblers” that were installed in the Arbor Trace lake in early 2020 have proved to be a tremendous success! Previous improvements were made in the past several years through the approval of the SW FL Water Management District to modify the weir structure that allows us to control the flow of water out of the lake and keep as much water in the lake as possible. Additionally, a number of special treatments and analyses were performed to accurately treat the lake to a healthy condition and maintain that overall quality. All of these projects over a five year span have been working towards the goal of a healthier aquatic ecosystem in the community.

Along with improving the aesthetic and environmental value of the lake, the next goal is to use these improvements to gain financial value. We are in the final permitting process to install a “recharge well” to pump water from underground into the lake as water is pumped out of the opposite end of the lake to use for landscape irrigation. Keeping the quality of our lake and surrounding ecosystem is paramount, so our well usage will be limited, but any amount of water we can use from the lake and well system will result in financial savings on our yearly water expense. Of the many challenges we faced in 2020, the “bubblers” and the potential savings gained from a well system in the lake is something to celebrate! Happy New Year everyone, and Be Well! (excuse the pun!)

Book Club

Next Book Discussion: *Hillbilly Ellegy* by J.D. Vance facilitated by Shirley Woolaway February 19th at 1pm Gathering Place Sign up at the Clubhouse to reserve your spot! - Karen Sexton



In The Garden

With our lockdown caused by the virus have you looked for a way to get your exercise?

You might enjoy a stroll through the atrium garden and bocci court. The Christmas palms there are full of orchids that are getting ready to bloom. Bob has been placing and nurturing them for several years and at this time he counts about thirty stems in the course of flowering. Isn't Mother Nature beautiful?

- Bob & Sandy Bortz

zoom

The Monday morning Men's Coffee Group will continue to meet in January on Zoom.

All men are invited to come join us! It is very easy, as long as you have access to the internet. You can use your smart phone, a computer, tablet etc...

Go to zoom.com and enter the

Meeting ID 230 079 0624

Password: 135955

Dear Arbor Trace Residents,

Thank you so much for supporting Humane Society Naples by participating in our Humane Giving Tree donation drive in December. Thanks to your participation our homeless animals had new toys, treats, warm soft blankets, and many other items to brighten their holiday as they await their forever homes. Your generosity and contributions are much appreciated by both the humans and animals at Humane Society Naples.

Sincerely,

Lisa Antunes
Paws Around Town Coordinator
Humane Society Naples



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