

3rd-Kit Carson
3rd-Dan Kellogg
4th-Florence Pellegrini
4th-John Wooldridge
6th-Linda Scheinberg
7th-Jo Sperazza
7th-Jane Edison
8th-Joanne Alspaugh

28

12:00-2:00

Sunday Brunch Delivery

1:00 Exercise with Sandy on 195

4:00 Book Read with Bette on 195

14th-Ellen Ehrman 15th-Barbara Wilson 16th-Harvey Greenbaum 17th-Gordon Brown 18th-Janet Cervinka 18th-Mary Elizabeth Gill 18th-Sandy Grady 19th-Marcy O'Meara Skees 20th-Jackie David

7:30 Movie (GP)

Transportation to

**Tower Pointe** 

activities is available

from the clubhouse.

22nd-Eltress Dick 22nd-Jack Davisson 28th-Alice Fadden

4:00 Book Read with Bette on 195

## February 2021





Hodges University's Life Long Learnin

8th-Arvid Grimsley 13th-Harry DeSmet	20th-Jackie David 21st-Carole Armstrong					
	Mon	Tue	Wed	Thu	Fri	Sat
Calendar Key  (AR) Clubhouse Activity Room (ER) Clubhouse Exercise Room (CL) Clubhouse (GP) Gathering Place, Tower Pointe (TP) Top of the Pointe Club	9:00 Men's Coffee on Zoom 10:00 Grocery Shopping 10:30 Chair Yoga on 195 1:00 Exercise with Sandy on 195 1:30 Shopping at WalMart 2:00 Arm Chair Travel (AR) 7:30 Movie (GP)	8-3 Medical Transportation 10:00 Hodges on Zoom 9:30 & 10:15 Aquasize 1:00 Care Support (CL) 1:00 Exercise with Sandy on 195 4:00 Book Read with Bette on 195	3 8-3 Medical Transportation 8:30 Blue Zones Walking Group 9:00 Putting on the Green 10:30 Chair Yoga on 195 1:00 Exercise with Sandy on 195	4 8-3 Medical Transportation 8:30 Pickleball 9:30 & 10:15 Aquasize 1:00 Exercise with Sandy on 195 2:00 Hodges on Zoom 2:00 Open Art (ART)	5 9:00 Grocery Shopping 10:30 Chair Yoga on 195 1:00 Exercise with Sandy on 195 2:00 Hodges Recap on 195	6 11:00 Tai Chi on 195 1:00 Exercise with Sandy on 195
7 12:00-2:00 Sunday Brunch Delivery 1:00 Exercise with Sandy on 195 4:00 Book Read with Bette on 195	9:00 Men's Coffee on Zoom 10:00 Grocery Shopping 10:30 Chair Yoga on 195 1:00 Exercise with Sandy on 195 2:00 Arm Chair Travel (AR) 7:30 Movie (GP)	8-3 Medical Transportation 10:00 Hodges on Zoom 9:30 & 10:15 Aquasize 1:00 Exercise with Sandy on 195 4:00 Book Read with Bette on 195	8:30 Blue Zones Walking Group 9:00 Putting on the Green 10:30 Chair Yoga on 195 1:00 Exercise with Sandy on 195	8-3 Medical Transportation 8:30 Pickleball 9:30 & 10:15 Aquasize 1:00 Exercise with Sandy on 195 2:00 Hodges on Zoom 2:00 Open Art (ART)	9:00 Grocery Shopping 10:30 Chair Yoga on 195 1:00 Exercise with Sandy on 195 2:00 Hodges Recap on 195 3:00 Fred Moyer Entertains on 195 5:30-8 Jebry Entertains Valentine's Music (Colonnade)	13 11:00 Tai Chi on 195 1:00 Exercise with Sandy on 195
14 Valentine's Day  12:00-2:00  Sunday Brunch Delivery  1:00 Exercise with Sandy on 195  4:00 Book Read with Bette on 195	9:00 Men's Coffee (GP) 10:00 Grocery Shopping 10:30 Chair Yoga on 195 1:00 Exercise with Sandy on 195 1:30 Shopping at WalMart 2:00 Arm Chair Travel (AR) 7:30 Movie (GP)	8-3 Medical Transportation 10:00 Hodges on Zoom 9:30 & 10:15 Aquasize 1:00 Care Support (CL) 1:00 Exercise with Sandy on 195 2:30 Great Decisions (GP) 4:00 Book Read with Bette on 195 5:30-8 Lois Kehoe Mardi Gras	8:30 Blue Zones Walking Group 9:00 Putting on the Green 10:30 Chair Yoga on 195 1:00 Exercise with Sandy on 195 3:00 ATC Board Meeting (GP)	8-3 Medical Transportation 8:30 Pickleball 9:30 & 10:15 Aquasize 1:00 Exercise with Sandy on 195 2:00 Hodges on Zoom 2:00 Open Art (ART)	9:00 Grocery Shopping 10:30 Chair Yoga on 195 1:00 Book Club (GP) 1:00 Exercise with Sandy on 195 2:00 Hodges Recap on 195	20 11:00 Tai Chi on 195 1:00 Exercise with Sandy on 195
21  12:00-2:00  Sunday Brunch Delivery  1:00 Exercise with Sandy on 195  4:00 Book Read with Bette on 195	9:00 Men's Coffee (GP) 10:00 Grocery Shopping 10:30 Chair Yoga on 195 1:00 Exercise with Sandy on 195 2:00 Arm Chair Travel (AR)	23  8-3 Medical Transportation 10:00 Hodges on Zoom 9:30 & 10:15 Aquasize 1:00 Exercise with Sandy on 195 2:30 Great Decisions (GP)	8-3 Medical Transportation 8:30 Blue Zones Walking Group 9:00 Putting on the Green 10-12 Community Shredding 10:30 Chair Yoga on 195	25 8-3 Medical Transportation 8:30 Pickleball 9:30 & 10:15 Aquasize 10:00 Tower Pointe Board Mtg (GP) 1:00 Exercise with Sandy on 195	9:00 Grocery Shopping 10:30 Chair Yoga on 195 1:00 Exercise with Sandy on 195 2:00 Hodges Recap on 195	27 11:00 Tai Chi on 195 1:00 Exercise with Sandy on 195
	7:20 Mayia (CD)	1:00 Book Bood with Botto on 105	1:00 Eversies with Sandy on 105	1.00 Exclosed With Carlay Off 100		Marines 2-14

1:00 Exercise with Sandy on 195

**FEBRUARY** 

2:00 Hodges on Zoom

2:00 Open Art (ART)

## Hodges University's Life Long Learning Program

Tuesday, February 2nd 10am "Boost Your Brain & Memory"

Thursday, February 4th 2pm "Personal Finance Part I"

Tuesday, February 9th 10am "Mindfully Compassionate"

Thursday, February 11th 2pm "Music of the Romantic Period"

Tuesday, February 16th 10am "Personal Finance Part II"

Thursday, February 18th 2pm "Living with Diverse Cultures in America"

Tuesday, February 23rd 10am "Night Lights"

Thursday, February 25th 2pm "Personal Finance Part III"

Arbor Trace Board Meeting Wednesday, February 17th 3:00pm (Gathering Place)

**Tower Pointe Board Meeting**Thursday, February 25th
10:00 am (Gathering Place)

**Monday Night at the Movies** 

It's Valentine's Day and I'm hoping to get lucky tonight. You know, have my man Every Monday Night
Gathering Place of Tower Pointe
7:30 pm
2/1-Once Upon a Time in
Hollywood (Drama)
2/8-On the Basis of Sex (Drama)
2/15-Whitney (Bio)
2/22-The Catcher was a Spy
(Thriller)