



ARBOR TRACE



TOWER POINTE
AT ARBOR TRACE

The Arbor Trace Revue

1000 Arbor Lake Dr. Naples, FL 34110 (239) 598-2929

Helen Wylie T-506

Helen was born and grew up in Ithaca, N.Y. She went to Keuka College and then met her husband, Gordon. Gordon was in commercial real estate and his work first took them to Sarasota, Fl. in 1952. They lived in Orlando for five years and then went north to Detroit. It was there she met Barbara Cammett and her husband. Barbara much later became the link to Arbor Trace.



Next, a return to Florida. This time to Miami where they spent 40 wonderful years. Their love of sailing made them active members of the Coral Reef Club. She sailed with the ladies sailors and her husband was on the board and did his turn as commodore. They sailed to the Bahamas many times. She was also a member of the Guild at the Museum of Science and a member of Fairchild Botanical Gardens. She did wood working (paneling and cabinets) and loved to garden and to sew. Oh, and yes, they raised a boy and a girl as well.

Summers are still spent north at Seneca Lake, now a huge wine district plus craft beer distilleries. The lake moderates the climate and she still enjoys her cottage there.

Her son lives in Ft. Lauderdale and her daughter in Audubon, Naples. When she decided to downsize, she first considered Audubon, but thought better of it so she and her daughter looked first at the villas here. An opening in the Tower occurred and she took it last March. For a lady who has been away all summer, you won't believe the activities she does. She is a bridge player with the Wednesday group, plays mah jong on Mondays. She knows more people than anyone. She has a pontoon boat docked in Bonita and she and her son love to go fishing.

She is a most charming addition to our family at Arbor Trace.

-Merle Bauser

December 2019

Howard Gelin 2-207

Howard was born in Springfield, Massachusetts, schooled there, and went to Worcester Tech to become an engineer. World War II was in progress and he volunteered to join the Army. In 1944, at age 18, he was assigned to an Infantry Battalion and was shipped off to Europe. He became a radio operator in the battle zone in Germany and was injured by the explosion of an anti-tank mine. He was in hospitals in France and Belgium in danger of losing his left leg. After three months, he came back to the U.S., complete with a Purple Heart and a souvenir piece of shrapnel, which is still in his leg!



Upon discharge from the Army, he took advantage of the G.I Bill and went to Amherst College, where he received a B.A. and then on to a M.B.A. at Columbia University (he no longer wanted to be an engineer). He became a CPA and worked for Deloitte. He met and married his wife, Ellen, and they settled on Long Island. They had four children, three girls and a boy. After several years, they decided to leave New York and moved to Hartford, CT, where he managed several businesses, moving up the ladder each time. Howard and Ellen traveled to Barbados each year for vacations. In 2013, Howard retired and they moved to Sarasota, where, after a sixty-four year marriage, Ellen passed away.

Howard is a welcome addition to Building 2, and is a great conversationalist! He enjoys bridge and his independence at Arbor Trace, but he says his tennis days are over. He is still getting settled in his lovely condo. Welcome Howard, this is home now!

- Mary DePrisco

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Director's Notes:

The Holidays are near and a new year will be here before you know it. I'd like to talk about when residents get down to the last month of the year and then suddenly realize they have more meals left on their account than they can possibly use. We ask that if you want to gift meals to your friends, simply invite them to dine with you in the Colonnade Room and put their meals on your check. The maximum number of takeout meals allowed per household, per evening will be six meals. We hope that everyone understands the rationale behind this policy as we try to offer the highest quality food and service.



In mid-November the Arbor Pointe Management Board met and reviewed the 2020 operating budget. After careful consideration, it was decided that the Base Fee will need to increase from \$1,150 to 1,200 per month beginning January 1, 2020. The Capital Reserve fee will remain at \$50 per month and the per meal cost will also remain at \$18 per meal. I would like to take this opportunity to ask that when booking Guest Suites at the Tower or booking parties, please do so during normal business hours Monday through Friday. This eliminates any potential booking and communications issues.

A few residents have recently asked about the Florida "Do Not Resuscitate Order". It's always scary to think of an emergency situation affecting you or someone you love, but the fact of the matter is that as we get older, the risk of having a life-altering emergency increases. For this reason, some people choose to sign a Do Not Resuscitate Order (DNRO) in the event that they may face a life or death incident. When emergency personnel is called to a home due to a health emergency, the main rule of thumb is that they will do whatever possible to keep the patient alive. Oftentimes, this means using invasive emergency techniques such as breathing tubes or heart shocks. When someone is in poor health, one of these types of incidents can leave the patient in a worse condition with an extremely poor quality of life, and potentially only living off of tubes and machines. Therefore, some people choose to sign a Do Not Resuscitate Order, which alert emergency personnel to the fact that this person does not want to be resuscitated if their breathing or heart stops. In the state of Florida, only those with end-stage medical conditions can secure a DNRO. The DNRO form is form number 1896, and it can be found in many doctors' offices or on the Florida Department of Health website. It is a canary yellow form that must be completed by either the patient or a legal representative of the patient, and the patient's physician. Its important to note that the form must always be on the required yellow paper and is not valid on white or any other color paper. The DNRO should be kept in an easily accessible location in the home; a preferred location would be on your refrigerator with your file of life. Remember it holds instructions for emergency responders who come to the aid of a patient. It tells first responders that the patient does not want to be resuscitated with artificial breathing tubes or undergo CPR or heart shocks.

In closing I'm hoping everyone will join us for our annual "Employee Appreciation Awards Ceremony" on Friday, December 6th at 2:30 pm in the Colonnade dining room. This ceremony allows you to show your appreciation to our wonderful staff. Here's wishing everyone a Happy and Healthy Holiday Season!

Yours Truly,

Kevin J Cooney
Executive Director



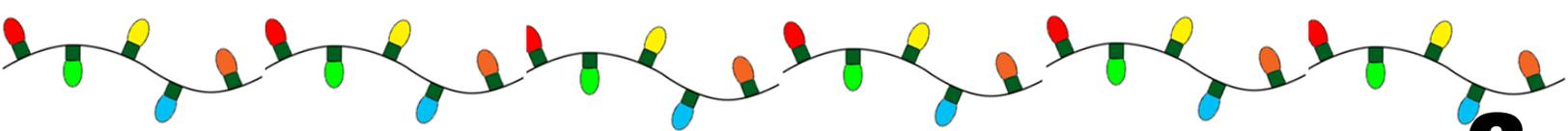
In Loving
Memory
Norene Neaylon
Alice Dunney
Helen Pontecorvo

C.A.M's Corner:



We all love our pets and being a responsible pet owner is an integral part of being a pet owner and a good neighbor. Please be responsible and respectful to the community as a whole and clean up after your pets anywhere on the property. The dog run, located at the south end of the Tower Pointe property behind the maintenance shop is a great place to bring your dog to meet other puppy friends, and does have a pet waste station available. In an effort to keep all of Arbor Trace and Tower Pointe both visually appealing and pet friendly, please be certain to clean up after your pets at all times, in all areas.

Secondly, to keep on the unappealing topic of waste, there are things that absolutely should not be flushed down the commodes in your homes. It is important to know that when articles are flushed down your commode, they do not just "magically disappear". Our two pump facilities on site that remove the sewer waste from the community are constantly broken, clogged, or jammed due to articles of clothing, hand towels, and non-disposable wipes being flushed and sent into the communities waste pump stations. These materials do not just disappear, and cause major breakdowns in our pumps, which could obviously lead to an environmental disaster that no one would want to experience. Preventing breakdowns to this system, a system that we all want to work properly and not have to experience problems with, is another issue we can all take part in. Please refrain from flushing these types of clothing, towels, leak protection underwear, or non-flushable wipes down the commode.



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December Calendar Notes

Tuesday, December 3rd: Join Fred and Elsa Katz as they present a program of recorded music, commentary and visual PowerPoint. This month the selections include many of your holiday favorites, plus some great surprises. Among the many highlights is sacred music sung by each of the "Three Tenors"--Luciano Pavarotti, Placido Domingo and Jose Carreras. Ann Fisher will host the Care Support Group in the Clubhouse Conference Room at 1pm. Please join us if you could use some support.

Wednesday, December 4th: The Arbor Lake Chorus will be lighting the Christmas Tree at 4:30pm in the Clubhouse Lobby. We hope you will join us as we kick off the Holiday Season.

Friday, December 6th: Join us in celebration this afternoon at 2:30pm in the Colonnade for our Annual Employee Appreciation Party. Refreshments will be served. The bus takes off for the Artis Naples for the next show of the season in the Classics Series this evening at 6:20pm and 7:20pm. If you have tickets, please sign up at the Clubhouse for transportation.

Monday, December 9th: We will be wishing all our residents with a December Birthday a special birthday and blessings for a great new year at 5:30pm in the Colonnade. Hope to see you there!

Tuesday, December 10th: Ladies Bible Study will be meeting today at 2pm in the Clubhouse Conference Room. All ladies are welcome to join in!

Thursday, December 12th: Join us for a Holiday Signature Lunch today at noon in the Colonnade. Please make reservations at the Clubhouse. At 2pm, Lauren O'Connell, Program Specialist for Collier County Library will be in the Gathering Place to update us on the many services the Library provides to everyone. Be sure to join us.

Wednesday, December 18th: Start your morning out right with a walk! Meet at the Clubhouse at 8:30am, and join our Blue Zones Walking Group! The Arbor Trace Condo Association will gather at 3pm in the Clubhouse Activity Room for their monthly meeting. All members are encouraged to attend. Enjoy the December Management Party in the Colonnade starting at 5:30pm today. Please make reservations at the Clubhouse if you plan to attend.

Thursday, December 19th: All Tower Pointe Condo Association members are invited to attend the monthly meeting in the Gathering Place at 10:00am.

Friday, December 20th: ROMEO (Retired Old Men Eating Out) is heading out at 11:45am for a fantastic lunch at Bonita Bay. Please reserve your seat on the bus at the Clubhouse as soon as you receive this newsletter. Book Club meets at 1pm today in the Gathering Place to discuss *Grandma Gatewood's Walk*, by Ben Montgomery.

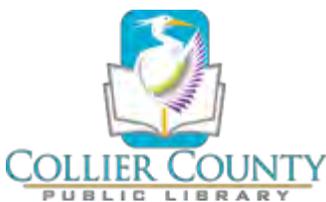
Saturday, December 21st: Lois Kehoe will be in the Colonnade Dining Room this evening providing Holiday music for all the enjoy from 6-8pm.

Wednesday, December 25th: Merry Christmas! Enjoy your choice of two seatings in the Colonnade Room to enjoy your Christmas meal. Please call the Clubhouse to reserve your spot at either 11:30am or 2:00pm.

Friday, December 27th: Join us for a fun day of shopping ladies as we head out to resale stores in the Bonita Springs area today at 10:45am. Please sign up at the Clubhouse if you would like to go. You never know what treasures await!

Tuesday, December 31st: Dress to impress as we get ready to ring in the new year this evening at the annual New Year's Eve Management Party, starting at 5:30pm. Please make reservations on your Holiday Reservation Form at the Clubhouse Front Desk. Cheers to 2020!!!

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Stop by the Gathering Place Thursday, December 12th at 2pm to hear from Lauren O'Conner, Program Specialist for the Collier County Library. She will be here to walk us through all the services the library has to offer. We will go through their programs, genealogy resources, technology offerings, services for seniors such as Mail-A-Book, individual research and tech support options, etc... The Library is a wonderful place, so come on out to make sure you are able to utilize it to its fullest.

Boat Ride

We enjoyed an hour and a half tour on Estero Bay Friday, October 25th. Captain Justin, a Florida Master Naturalist along with being a certified Coast Guard Master Captain, enlightened us on the many interesting facts about wildlife and the history of the Estero Bay.

- Sandy Steinbach



Veteran's Pinning Ceremony

Avow was kind enough to present all of our wonderful Veteran residents with a beautiful lapel pin and certificate to show our appreciation for their time served in the Armed Forces for Veterans Day. Thank you to all Veterans!

- Sandy Steinbach

Pickleball : and cool mornings; what could be better!!

Things to know: *Some "regulars" play early Tuesday, Thursday and Saturday mornings; anyone welcome to join in. *Courts always available; paddles and balls stored in the Clubhouse desk area. *Want to learn what the game is about? Come watch.

*Want more info or a practice session? Call Karen Sexton.

Heroes Luncheon

Ray Maloney and Earle Cook were honored at a 75th Anniversary Helping Heroes Luncheon, where Lt. Colonel Allen West Spoke on Wednesday, November 12th at Quail West Golf and Country Club. Pictured here, is Ray Maloney, Purple Heart recipient and former POW. Thank you gentlemen and all of our veterans for your service.



- Sandy Steinbach



Mark Synnott, Sue Synnott's son is a *New York Times* bestselling author, a pioneering big wall climber and one of the most fruitful adventurers of his generation. He graciously spent time sharing some of his amazing experiences with us. His search for unclimbed and unexplored rock walls has taken him on more than 30 expeditions to places like Alaska, Baffin Island, Greenland, Iceland, Newfoundland, Patagonia, Guyana, Venezuela, Pakistan, Nepal, India, China, Tibet, Uzbekistan, Russia, Cameroon, Borneo, Oman and Pitcairn Island. Closer to home, Mark has climbed Yosemite's El Capitan 24 times, including several one-day ascents.

Mark took us on his expeditions through photos and many fascinating stories: he was one of the first climbers to explore the remote east coast of Baffin Island, in Arctic Canada. He has pioneered four big wall first ascents on the island, including a grade VII on the 4700-foot north face of Polar Sun Spire. This epic route, called *The Great and Secret Show*, required the team to spend 36 nights in portal edges. In Baffin's Auyuittuq National Park, Mark completed the first ski descent of the South Face of Mt. Odin, via a 5,000-foot couloir. In Pakistan's Karakoram mountains, Mark established two grade VII big wall first ascents—*The Ship of Fools* on Shipton Spire and *Parallel Worlds* on Great Trango Tower. Most recently, in the spring of 2019, Mark summited Mount Everest via the Northeast Ridge. Now Mark is looking to create new stories where adventure collides with science.

A skilled journalist, Mark is a regular contributor to *National Geographic* magazine, and is the author of the national bestseller, *The Impossible Climb: Alex Honnold, El Capitan and the Climbing Life* and *Baffin Island: Climbing, Trekking, and Skiing*. Mark inspired us to find the spirit of adventure, wherever life takes us.

-Sandy Steinbach

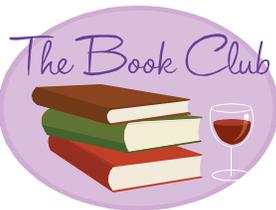


Halloween Bash

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All the Light We Cannot See by Anthony Doerr was the Book Discussion Group's pick for November. Jean Alexiou facilitated the discussion, highlighting some pertinent information about the author before opening the floor for discussion and lively conversation about the book. The final word? We highly recommend your reading it.

**Next Book Discussion: Friday, Dec. 20, 1:00 in the TP Gathering Place
Grandma Gatewood's Walk by Ben Montgomery.**

And...more ideas: have you read *The Wife* by Meg Wolitzer or *Transatlantic* by Colum McCann? Both are suggested by our residents.
- Karen Sexton

Arbor Glen welcomes the VandeReaders



The VandeReaders are a small group of men and women from Vanderbilt Presbyterian Church in Naples who do "readers theater". They perform plays, skits, songs, poems and more. Arbor Glen was fortunate enough to have them perform a fun holiday program last month. It was so

delightful, and we were all so excited to have them!

-Cheryl Gregson

R.O.M.E.O.

The rain was nasty as 26 men plus 2 cars with 3 men in each set out for our lunch at the German restaurant Black Forest located in the Greentree Shopping Center. Klaus, the owner, greeted us as we filed in to fill the place (it only holds 40). While we were receiving our beverages

I reported the winner of the World Series pool (Art Nielsen) then Kit Carson asked for a show of hands of those who thought we should have a dress code change vote, 13 in favor out of 32(enough said). We then had the "living obituary" of Harvey Greenbaum who spent 38 years as a juvenile narcotic detective in the Bronx & then in the Beauty Parlor business with his wife Eva (very successful). After lunch we had our raffle. The lunch at the Colonnade, which is donated by the real estate department, was won by Frank Coscia. Black Forest donated a \$25 gift certificate which was won by Lou Knouse. The \$\$\$ winners were Bennett Berman (who won 2 in a row) & by yours truly Bob Bortz.

Next month will be on Friday Dec. 20 at The Bonita Bay Club.

- Bob Bortz



Check out our Community Channel to view menus, activities and all the latest announcements going on. Simply go to channel 195 on your Television and enjoy!
-Jody Long



Last year many Arbor Trace folks generously donated almost 100 toys to Salvation Army's TOYS FOR TOTS. Your kindness brought smiles to many families and we hope so much that you will help again this Holiday Season. We are honored to have boxes in the Tower and Clubhouse Lobbies for new, unwrapped gifts.

Lots of little people look forward to a doll, a stuffed animal or truck, but there is also a need for presents for the older children up to the age of 12 years. Boys would enjoy gifts such as board games, soccer balls, wrist watches, skate boards, science kits, Lego kits and models to put together. Girls hope for things like jewelry, small purses, nail polish, science and craft kits, art supplies, and games.

Any questions can be directed to Tower Pointe resident Julie Egenberg.

Thank you for your generosity!



Calling all Bingo players!

Come join us at 7:15pm every Tuesday in the Clubhouse Activity Room. We play 8 games @ 50 cents per game. We have rolls of quarters if needed for change, so don't let that stop you from coming if you don't have change!

Bring a neighbor, friend, or houseguest!

We hope to see you there!

-Nancy Downey

The Revue Team

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