



TOWER POINTE
AT ARBOR TRACE

The Arbor Trace Revue

1000 Arbor Lake Dr. Naples, FL 34110 (239) 598-2929



Welcome Shirley Woolaway TP1407

Originally from Pittsburgh, Shirley Woolaway moved October 4 from Marco Island where she and her late husband Tom lived part-time for 14 years and 8 as full-time residents. Shirley has been an active member of St. Marks Church as a member of the choir, the vestry, Daughters of the King and as a lay Eucharistic visitor. She led the Alzheimer Association's dementia support group there for eight years after caring for her mother with Alzheimer's disease and then her husband. She also wrote a column on dementia for the Coastal breeze News and was a member of the Marco Island Writers and the Marco Island Woman's Club.

Shirley worked for several newspapers and ad agencies after graduating from Penn State University, and operated her own PR and advertising boutique agency. After getting her Masters from Duquesne University in community counseling, she worked as a therapist for Christian Community Counseling in Pittsburgh, with several other groups and as a volunteer for Washington City Mission. She also served on the Beaver Area School Board and was active in other community organizations.

Married for 56 years to Tom, Shirley has three sons, Tom A, in Beaver, PA, Brad in Campbell, NY and Jeff who is deceased and five grandchildren. She enjoys many kinds of music including HD opera broadcasts, dance, reading, walking, swimming, biking and traveling.

My goodness, after I met this charming lady and read the above words she has written, I think she will be the main candidate for my job when I stop doing the bios. She has so many talents to give too this community and will surely enjoy the activities we offer.

We welcome her with open arms and wish her many happy days with us.

-Shirley Woolaway and Merle Bauser

December 2018



Welcome Newt Davis V-804

Newt was born in Windsor, Ontario, Canada, and raised in Detroit, Michigan. He served in the U.S. Army (1954-1956 during the Korean War) in the 7th army 56th medical battalion, a MASH unit. Later he graduated with a M.A. from Northwestern University College of Business. For thirty years he worked in health administration in several states including Texas, Ohio, Michigan, and Illinois. Prior to his retirement, he managed a computer center.

Newt is a widower with two daughters, a stepson, and four grandchildren. His hobbies include woodworking and horticulture. He grew native plants and is active in the Naples Botanical Garden and Native Plant Society. He is also active with NAMI (National Association of Mental Health). He enjoys his extended family, plays music, and loves to read.

Newt enjoys travel and has been on many trips. Spain and New Zealand were two of his favorites. Australia is now on his bucket list. His beautiful condo is decorated with many wall hangings and artifacts from his travels and each one has a story of its own. Newt Davis brings a far reaching wealth of experience to our community. Welcome Newt!!

-Mary DePrisco



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Director's Notes

The Holidays are near and a new year will be here before you know it. I'd like to talk about when residents get down to the last month of the year and then suddenly realize that they have more meals left on their account than they can possibly use. Let's look at last year's policy change regarding extra meals. In year's past, management has allowed residents that had excess meals to transfer those meals to another resident's account for their use. Some residents even "gifted" their excess meals to employees for their use. This practice resulted in a bookkeeping problem for our accounting department, in that so many changes were being made at the last minute that we in some cases actually gave away more meals than were billed for throughout the year. This practice was discontinued last year. So, we ask that if you want to gift meals to your friends, that you simply invite them to dine with you in the Colonnade Room and put their meals on your check. There were also issues in the past with some residents deciding at the last minute, that rather than lose their meals, they would order multiple meals for takeout and simply freeze them for later. Inevitably this practice causes chaos in the kitchen, when the Chef is preparing for 140 or so reservations on the books for the Colonnade Room that evening, only to find out at the last minute that 50 more additional dinner orders have been phoned in for takeout. This practice needed to be addressed. Therefore, effective last year the maximum number of takeout meals allowed per household, per evening will be six meals in total. We hope that everyone understands the rationale behind these policy changes, as we try to offer the highest quality food and service.



In mid-October the Arbor Pointe Management Board met and reviewed the 2019 operating budget. After careful consideration, it was decided that the Base Fee will need to increase from \$1,075 to 1,150 per month beginning January 1, 2019. The Capital Reserve fee will remain at \$50 per month and the per meal cost will also increase from \$17 to \$18 per meal.

I would like to take this opportunity to ask that when booking rooms for family members at the Tower and or booking parties to please do so during normal business hours Monday through Friday. This will eliminate any booking and communication issues.

I'm hoping everyone will join us for our annual "Employee Appreciation Awards Ceremony" on Friday, December 7th at 2:30 pm in the Gathering Place at Tower Pointe. This ceremony allows you to show your appreciation to our wonderful staff. Here's wishing everyone a Happy and Healthy Holiday Season!

In closing, I would like to let the community know that Colleen Mulready of Arbor Glen was recently promoted to Assistant Director of Nursing. Together with Susan Eck the Director of Nursing we have an even stronger team. So, when you have the pleasure of seeing Colleen please congratulate her.

Yours Truly,

Kevin J Cooney
Executive Director

Love

In Loving Memory
Bud Smith
Roy Linsenmeyer

Love



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December Calendar Notes

Monday, December 3rd: For those celebrating Hanukkah, join us for a get together at dinner tonight at 5:30pm in the Colonnade. Please make reservations at the Clubhouse.

Wednesday, December 5th: The Arbor Lake Chorus is at it again, and ready to bring Christmas cheer as we light the Christmas tree in the Clubhouse Lobby, starting at 4:30pm. Come join in the fun!

Friday, December 7th: We are celebrating all of our wonderful employees this afternoon at 2:30pm in the Gathering Place. All are invited to come cheer on our employees at the appreciation ceremony. The bus departs for The Artis Classics Series at 6:20pm this evening.

Wednesday, December 12th: Suzanne and Jim will appear as carolers from Victorian era parlors and streets this afternoon at 4:30 in the Clubhouse Lobby. They will sing the time-honored melodies accompanied on guitars, flute, courtship dulcimer, sleigh bells, and banjo. Using traditional carols as examples they will recount the connection between customs from ancient winter solstice celebrations and the Christmas we know today. The December Management Party follows at 5:30pm in the Colonnade. Please make reservations.

Thursday, December 13th: This afternoon, ladies, come join in a Women's Bible Study at 4pm in the Clubhouse Conference Room.

Friday, December 14th: Join us for Lunch Bunch today at 11:30am, departing from the Clubhouse. The New Choral Group of SW Florida is bringing their Christmas program to us at the Top of the Pointe today at 4pm. All are invited and refreshments will be served. At 5pm the bus will depart for the Naples Botanical Garden for Night Lights in the Garden. Rediscover the natural beauty of plants from the tropics as thousands of lights illuminate the Garden, along with special holiday performers along the way and gourmet treats. The cost is \$20 per person. Please sign up at the Clubhouse.

Monday, December 17th: The Book Club meets today at 1pm in the Tower Pointe Library. This evening we celebrate all resident December birthdays at 5:30 in the Colonnade. Please RSVP if you have a birthday this month.

Wednesday, December 19th: The Arbor Trace Condo Association will hold its monthly meeting today at 3pm in the Clubhouse Activity Room. Join us this afternoon in the Clubhouse at 4:30pm for some wonderful piano holiday music provided by Kirk and Marilyn.

Thursday, December 20th: All Tower Pointe Condo Association members are encouraged to attend the monthly meeting at 10am in the Gathering Place. Signature Lunch begins at noon in the Colonnade. Please make reservations at the Clubhouse.

Friday, December 21st: ROMEO (Retired Old Men Eating Out) is heading out at 11:45am for a fantastic lunch at Bonita Bay in the Fireside Room. Please reserve your seat on the bus at the Clubhouse as soon as you receive this newsletter.

Saturday, December 22nd: Lois Kehoe will be entertaining in the Colonnade this evening with her sleigh bells and holiday cheer!

Tuesday, December 25th: Merry Christmas! Join us for Christmas Day Brunch at 11:30am or 2:00pm. Reservations open December 1st, so get your plans together and call the Clubhouse.

Monday, December 31st: Dance the night away this evening in the Colonnade with Jebry for New Year's Eve starting at 5:30pm. Put on your best party dress and come join the fun! Please sign up at the Clubhouse.



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R.O.M.E.O.

On Friday November 16th at 11:45 our bus left with 26 men to have lunch at Olde Cypress Country Club. We still had 2 on the wait list. Upon arrival, Jonathan the Food & Beverage Manager directed us to a private dining room overlooking the golf course. The conversation was about the recount & sports. Before receiving our food, I introduced 3 first timers, Kurt Smith, Jack Skees & Gunther Luhrs. After lunch & a great piece of Chocolate cake, Doug Dick & Bruce Stryker gave their " Living Obituaries". It is always a pleasure to hear about their past lives.



I then presented an attendance award. This award was to the 3 attendees who had been to the most lunches out of the 30 that we've had since April of 2016. The First place went to Doug Dick, 2nd to Dean Yarian & 3rd to Manny Cabezas. The raffle winners were Jack Skees Luncheon, Bottle of wine donated by Olde Cypress to David Macarthy. \$\$\$ winners were Jack Skees, Frank Coscia & Harry DeSmet.

Next months ROMEO will be on Dec 21st at Bonita Bay Country Club.

-Bob Bortz

Fashion Show

A special thank you to our beautiful resident models for putting on a wonderful luncheon show on November 8th. Linda Glaser, Shirley Woolaway, Delores Tiede, Annie Knouse, and Anne Coscia did a great job displaying the gorgeous clothes from Chico's for all to enjoy! Thank you to everyone who came out and the kitchen/dining staff for a lovely lunch!



Veteran's Day

A special thank you to John Francis Dill for entertaining the troops Sunday, November 11th on Veterans Day. To all of those who have served our country, we salute you and thank you from the bottom of our hearts.



Arbor Glen celebrates Thanksgiving

Another fun Red Hat/ Thanksgiving event for the Arbor Glen residents! This month, the residents decorated their red hats with turkey



feathers and flowers and enjoyed a lovely lunch in the dining room. We all had loads of laughs, fun, and an absolute wonderful time. We are all so very thankful for all that we are given, and for each other!

-Cheryl Gregson



Magical Kingdom of Arbor Trace

Arbor Trace is a member community sometimes called Gateway to Heaven. Filled with vistas when you belong to history, friends, and song.

Tennyson wrote-
"splendor falls on castle walls
snowy summits old in story
long light shakes across the lakes
wild cataract leaps in glory".

Friendly programs and music enjoyed overhearing two members discussing need for more trees when the one said "a sparrow could carry more in its beak".

Belonging to Arbor Trace you belong to history, language, friends and song; It is an awesome privilege. -Ruth Pattrin

Helpful Holiday Tips

Holiday Blessings

Here are some suggestions to help you face the holidays if you are feeling lonely or anxious.

1. Make time to eat well and exercise
2. Just take it 'one day at a time'
3. Let your cherished memories come to mind and talk about them. Expressing your feelings can help you understand why you feel the way you do.
4. Do something for someone else. Helping others and showing kindness is a great mood lifter.
5. Recognize that the anticipation of the pain at holiday time is usually worse than the actual day.
6. Get rid of imagined guilt-you are doing the best you can at this time.
7. Take advantage of any religious affiliation you may have. If you have been inactive in matters of faith, this might be the time to become involved again.
8. Most of all, if you find yourself feeling blue just remember: The choice is yours: the glass is half full, and the sky is partly cloudy. Focus on gratitude for health, hope, and our courage to face each day with determination.
9. Attend our Support Group Meeting on December 4th and 18th at 1pm in the Clubhouse.

-All my love
Sandy Steinbach

Annual Stuff Sale



A special thank you to all the residents who donated their treasures for our Stuff Sale! Thanks to you we had a successful sale. We are

pleased to report we raised \$900, all of which is being donated to the Collier County Honor Flight Program. A huge thank you to all of my precious volunteers!!! There's no way I could have done it without you. A special thank you to Annie Knouse, Peter Burwell, Jenny Duffy, Bev Mills, Elda Schmidt, Patty Cadwallader, Ro Murphy, Dottie Bush, Ginny Govoni, Darlyene Yarian, Laverne Franklin, Joan Weinberger, Joanne Alspaugh and anyone else that helped in any way that I was not aware of. -Sandy Steinbach



Books, Bagels and "Batting the Breeze"



To: All Arbor Trace and Tower Pointe Residents

What: Fun times in the Tower Pointe Library as we chat, work on jigsaw puzzles and enjoy bagels and coffee. Great way to meet our neighbors!

When: Every Wednesday morning beginning at 9:30am

Puzzles: If anyone would like to donate jigsaw puzzles, just drop them off in Tower Pointe Library. When our puzzlers finish with them, we will pass them onto the folks who work puzzles in the Clubhouse. Thank you!

-TP Library Committee



Book Club news

*December

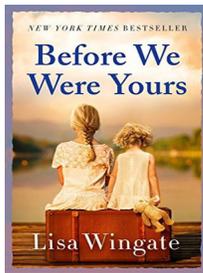
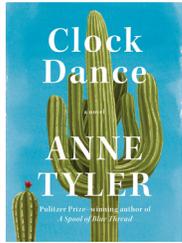
17, -1:00 Book discussion of *Clock Dance* by Anne Tyler

*January 21st-1:00 Book discussion of *Before We were Yours* by Lisa Wingate

All residents are invited to join in this activity.

We will meet the third Monday of each month at 1:00 in the Tower Library. A copy of the book to be discussed will be in our libraries and, if available, a large-print copy in Sandy's office. To facilitate discussion, books are to be read prior to the meetings. See you there!

-Sandy Steinbach



Friend Toad

Ruth Robb-Patrin

he was sitting there
stood beside him
edge of path
he did not move



I talked about sun
how good it feels
he looked not up or down

told about blue sky overhead
he did not move, blink or frown
just my refined words over him.

Halloween 2018 Photos by Elsa McAvoy



The Revue Team

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