



ARBOR TRACE



TOWER POINTE  
AT ARBOR TRACE

# The Arbor Trace Revue

1000 Arbor Lake Dr. Naples, FL 34110 (239) 598-2929



**Pat & John  
Peterson TP 201**

Both grew up in the western suburbs of Chicago. Pat graduated from Oak Park High School and in 1950 received a BS degree in Psychology from Northwestern University.

She was employed by United Airlines as a flight attendant for the next nearly seven years when she married John, no women were allowed to marry in those days.

John graduated from Proviso High School in Maywood, IL and received a BS degree in Mechanical Engineering in 1950 from Illinois Institute of Technology. After working for two years at Armour Research Foundation Uncle Sam made him an offer to join the US Army that he couldn't refuse.. Completing active duty in 1954 he was employed by the Standard Oil Company, {Indiana} later known as Amoco Corp.

John and Pat were married in 1956 and in 1958 they purchased a home designed by Frank Lloyd Wright in Ogden Dunes, IN, which they doubled in size and over the ensuing years spent a considerable amount of time restoring. They have three children and seven grand children. Pat was active in community affairs--served as Chairman of the Club for Women, participated in the Save the Dunes Council and various other organizations. John was employed by the fuels and lubricants group of the Research Department for eleven years before transferring to the Chemicals marketing department. Over the years he held positions of Product Manager, General Manager of Industrial Chemicals Vice President of Fiber and Film Intermediates, Vice President of Fabrics, and Group Vice President of Plastic Products and Specialty Products. John retired in 1991.

After buying a home in Quail Creek, Naples. he and Pat spent time boating with the Royal Palm Yacht Club, traveling to Asia, Europe, and Scandinavia. They have been active in the Frank Lloyd Wright Building Conservancy and remain active in the Naples- Marco Island Antique Car Club. A fabulous life and may it continue here.- Merle Bauser and John Peterson

## August 2021



**Barbara Tidrick 9-203**

This very talented lady, Barbara Tidrick, nee Barbara Carville, grew up in Lowell, Massachusetts, and attended college in Boston, majoring in interior design. Before graduation she had applied to be a flight attendant for Delta Airlines, where she was hired immediately, and moved to Marco Island where she flew out of Fort Lauderdale and Miami to

Seattle and San Francisco, and eventually to Europe, mainly Frankfurt and London, which were her great loves. After thirty years, Barbara retired and stayed in Marco where her father, besides being a professional golfer, owned and operated the Jolly Roger restaurant.

In Marco, she met and married Bob Tidrick, a civil engineer, who designed large buildings and improvements to many existing buildings. After living in a condo on the beach in Marco, in 2004, they moved to a retirement community, The Villages, where Bob passed away after forty years of a very happy marriage.

When Barbara's sister, Sandy Anderson, who had recently moved to Arbor Trace, became seriously ill, she came here to help Sandy recuperate. Barbara liked what she saw here and decided to buy a condo in the same building, and is now in the process of moving in along with her tiny parrot, Peaches.

Barbara has played golf all her life, makes greeting cards, also jewelry (had her own shows at The Villages), and is one very caring and crafty lady. Right now, she is putting her interior design background to work, in just moving in and getting settled. Welcome, Barbara! -Mary DePrisco

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## Director's Notes:

How do things work if I need to be admitted to Arbor Glen? Does Medicare pay for my stay? How do I go about getting admitted to Arbor Glen should I need their services? These are really good questions and something everyone should be aware of. First of all, Medicare does not pay anything toward your care in an assisted living facility. Medicare was never intended to provide long term care benefits for anyone's custodial care. Medicare will pay for one's care on a short term basis in a skilled nursing facility or a rehabilitation facility under certain conditions. This usually requires being admitted to a hospital for 72 hours or more and then being discharged to this type facility. There is a distinction between actually being admitted to the hospital vs. being there under observation, which is the determining factor as to whether or not Medicare will cover your stay in a skilled nursing or rehabilitation facility. Generally, Medicare will pay 100% of the cost for the first 20 days and a percentage of the cost for an additional 100 days subject to a copay amount that you must pay. After 120 days, Medicare usually will not pay for further care, which is where assisted living care and Arbor Glen comes into play. There are several scenarios under which a resident might be admitted to Arbor Glen.

First, the scenario as described above, where a resident has had a stay in the hospital, skilled nursing facility or rehabilitation facility and is ready to be discharged. In cases like these, arrangements are made between the hospital discharge planner, if coming directly from the hospital or by the skilled nursing or rehabilitation facility discharge planner and the Arbor Glen staff. In these types of situations, we exchange important health information and documentation between the two facilities, so we may know in advance what your general condition is, what medications you need and what, if any precautions the attending physician may deem relevant to your continuing care at our facility. In cases like these placement in Arbor Glen may be permanent or in some cases be short term "Respite" care, meaning the placement is temporary (less than 30 days) and you pay a daily rate for care. The end goal here is to return home.

Another scenario we see quite often is when a resident's health declines to the point that caring for oneself becomes too difficult. Typically, we see this situation evolve over a period of time. Residents will usually seek assistance from a home health agency on a short term basis in order to stay at home for as long as possible. However, there comes a point in time when this is no longer cost effective when daily assistance is needed with medications and other care by a licensed nurse is required. When things get to this point, plans are usually made with the help of family to make the permanent transition to assisted living. In situations like this, the move to Arbor Glen is done in an organized manner and you enter into a monthly contract at a set rate, based upon the type of room you select and the level of care that you require. Prior to your moving in, we contact your primary care physician for documentation regarding medications, general health condition and what if any, underlying conditions may dictate your plan of care.

A final scenario, involves a sudden change in one's health. Often this involves a terminal diagnosis and will result in your being placed under Hospice care. Most people don't realize that the facilities run by the local hospice organizations do not admit residents to their facilities unless death is imminent. Unfortunately, terminal illnesses are often long and protracted ordeals. Arbor Glen has a good working relationship with the two hospice organizations servicing Collier County and are able to coordinate your end of life care in Arbor Glen with whichever hospice organization you choose.

I know that the health care options available in our community were an important factor in your decision to purchase here. I can assure you that Arbor Glen is well equipped to meet all of your needs and provide competent and compassionate care no matter what your situation may be.

Yours truly,

Kevin J Cooney  
Executive Director



**In Loving**  
**Memory**  
**Ann Rulon-**  
**Miller**



2021



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## August Calendar Notes

### **Exercise Opportunities-We will continue to show exercise on channel 195 as we have been the past year, in addition to in person classes.**

- \*Sandy's Exercise will meet in person Mondays and Thursdays at 1pm.
- \*M/W/F at 10:30am Top of the Pointe Chair Yoga
- \*Tuesday/Thursday 9:30am & 10:15am Aquacise at the Swimming Pool
- \*Putting on the Greens Wednesdays at 9:00am by the Clubhouse
- \*Pickleball Tuesdays/Thursdays/Saturdays at 7:30am
- \*Tai Chi on Saturdays at 11:00am on Channel 195
- \*The Blue Zones Walking Group meets every Wednesday at 8:30am in front of the Clubhouse for an enjoyable walk
- \*The gym at Tower Pointe is open to all residents

Check the calendar of events for the daily schedule of events. Men's Coffee is enjoying meetings at the Gathering Place! Bette Kellogg continues reading this month on Tuesdays and Sundays at 4pm on Channel 195. The Hodges summer session has concluded, and the fall semester will start in October.

Fred and Elsa Katz are returning for two wonderful music lectures Thursday, August 12<sup>th</sup> (Louis & Ella: Their Love is Here to Stay) and Thursday, August 20<sup>th</sup> (A Trip to the Rock N' Roll Hall of Fame) at 2pm in the Gathering Place. You will not want to miss these! Nevada will be here for the August Management party on Wednesday evening, August 18<sup>th</sup>. Beat the heat and make a dinner reservation to enjoy music while you dine. The Book Club meets on Friday, August 20<sup>th</sup> in the Tower Pointe Library, so come join this fun group of residents. We will be discussing *A Land Remembered* by Patrick Smith. All residents with an August Birthday are invited to join in the monthly birthday party on Monday, August 23<sup>rd</sup> at 5:30pm. Please RSVP to Jody at the Clubhouse. ROMEO is heading out to the Barefoot Beach Club this month, so please sign up at the Clubhouse with Jody if you would like a seat on the bus-space is limited. Going forward, we will be hosting ROMEO one month in our Colonnade and the next month out in the community. Monday night movie nights will continue in the Gathering Place at 7:30pm. Check the calendar of events for movie listings.

We are also excited to continue Tuesday night Bingo, so join us in the Activity Room at 7:15pm after dinner for a fun hour!

For outings, we will continue our medical transportation Tuesdays-Thursday from 8am-3pm. Please call Jody at the Clubhouse to reserve your ride.

The Care Support Group will be meeting August 3<sup>rd</sup> and 17<sup>th</sup> at 1pm in the Clubhouse Activity Room. Anyone caring for a loved one, grieving a loss, going through a change, or anyone who feels they could use some support are welcome!

We have groups that are meeting, please see the calendar of events for days/times. Please note for any activities meeting in person in our community, a face mask is optional if you have been vaccinated.

The Arbor Trace Condo Association and Tower Pointe Condo Associations will not be meeting this month. They will both resume in September.

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## Multiple Landscaping Improvements Around Our Community

As I take my daily walks around the lake, I have noticed many improvements in the landscaping in our community. It began some time ago with the addition of the new, larger, higher lake fountain which has returned in full glory after a hiatus due to the low lake level during the past dry season. I noticed especially the extensive replacement of the bougainvillea in front of the lake. I am looking forward to the new wine bougainvillea growing larger and more expansive, and an explosion of glorious color viewed from the Colonnade and west end of the lake.

Don Boultee's villa 700, is my choice for the most outstanding new villa landscaping. Don states he noticed his plants dying in front of his villa, and they needed to be replaced. He presented the problem to management: a plan was developed, approved, and the plants planted. The results are outstanding. Take a look as you walk by! Other villas and areas have new plantings where warranted by the demise of old plantings. The Arbor Trace Building and Grounds Committee is responsible for these changes. It consists of Jim Brock, chairman, Newt Davis, Bob Wallace and Marty Carson. The committee did a walk-through of the community to survey what landscaping was aging out and needed to be replaced.

Newt Davis, V-804, states he and his late wife were instrumental in raising the funds to purchase the acreage on which the Naples Botanical Gardens now stands. He is quite knowledgeable about tropical plants, and has his own individual botanical garden on the lakeside of his villa where he has orchids, palms and a profusion of other tropical plants. In front of his villa, he has a white trellis with a climbing vine surrounded by other butterfly-attracting plants. He has a wonderful, showy variety of copper leaf shrubs growing to the right of his door, and has shared a cutting from it which has been planted in front of Bill and Mary Foote's villa 706, where they also have extensive new plantings. Mary is looking forward to her copper leaf growing and becoming a show-stopper as well. As you are walking past Building 9, I always enjoy the seasonal plantings, flowers and holiday displays in front of the building, faithfully planned, executed, and nurtured by Van Govoni.

The Royal Poinciana trees have recently completed their annual majestic display of reddish orange flowers. The trees were originally planted by the mother of Regina Zimmer, former Building 9 resident. Regina's parents were missionaries to China for many years before retiring to Arbor Trace. Each May, these spectacular trees erupt in a breathtaking display of reddish orange flowers throughout the community, but none is more outstanding than the two Poinciana trees at the Building 9 end of the pool. They are joined below by the periodic flowering of the lacy, purple Queen's Wreath bushes which are exquisitely beautiful. And, of course, no tour of the community would be complete without a stop at Sandy's garden in the atrium of the Club House. Sandy spends long, arduous, hot hours tending to her beloved garden, and would appreciate help tending it from other like-minded residents. I am appreciative of the many long needed landscape replacements authorized by the Landscaping Committee, and I enjoy seeing the many landscaping improvements intermingled with our native tropical décor as I walk around the neighborhood!

- Nona Raines



## Management Cocktail Party & Peter's 70th Birthday



# Happy Independence Day

Photos by Elsa McAvoy



**Our Lovely Dining Room Staff** (Pictures by Barbara Smith)  
From left to right: (First row) Gail, Manes, Ivan, Fe, Mathieu, Juanita, Prevalnor, Monica, Nerlande  
(Second Row) Bissaine, Edmundo, Gina, David, Lucia, Roxanne, Morgan, Kevin, Logan





**Books, Books, Books!** As we wrap up our summer book discussions with Patrick Smith's "A Land Remembered"-- August 20, 1:00 in the TP library—we are beginning to plan for the coming fall and winter discussions. Have you read any good books recently? We're compiling a list of recommendations throughout the month of August and at our September meeting will vote on the 2021-2022 discussion selections. Contact Sandy Steinbach or Karen Sexton. All residents are invited to join us for these monthly fun, lively discussions!



### Smart Phone Class

We had our first smart phone class on June 30 th at 1 pm. We had 12 residents attend with many questions. The session lasted about an hour with many of the questions answered. Thanks to Marcy Skees, Beverly Davisson, Mayer Schwartz, Gini Govoni, Joey Hawes & yours truly! We look forward to helping others on Wednesday July 20th at 1pm in the Clubhouse Activity Room. - Bob Bortz

### R.O.M.E.O.

We had another lunch at the Arbor Trace Colonnade Room on Thursday July 22nd. We had 35 men attend. The next ROMEO luncheon will be on August 27th at 11:45 & will be at The Club on Barefoot Beach. - Bob Bortz



Thank you for the many cards, calls and visits as we face the loss of Dave McCarthy. Another example of the strength of our Arbor Trace family. ~Jane Edison



### In the Garden



I would like to introduce all of our residents to my wonderful assistant, Kristine Bergenheim.

Like ourselves she volunteers out of a love for Arbor Trace. Her Parents were previous Tower pointe residents for many years and two years ago she moved to Naples Park to be closer and able to visit her mother who's health was declining. I met Kristine in the garden when she was visiting her mother in Arbor Glen, where she asked if I could use

some help as she would like to learn about south Florida gardening. Since I welcome any help I naturally said "yes!" Kristine is a natural enthusiastic artistic gardener and an amazing and devoted addition to our endeavor. She comes each Saturday morning for several hours to help tackle whatever needs to be done to keep the garden healthy and pristine. We are so pleased to have her on our team. Please stop by and say "hello". -Sandy Bortz



### Floppy Eared Bunnies Visit Arbor Glen



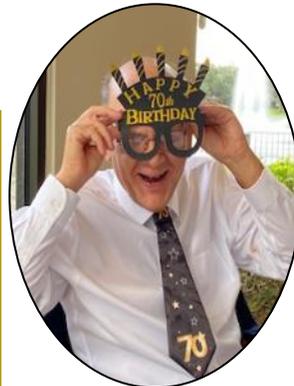
Arbor Glen was delighted to have a visit with some beautiful bunnies. Resident Martin Pearl's daughter and granddaughter were kind enough to bring their bunnies in for a visit with us. They are beautiful, friendly, and so well behaved, and we were so fortunate to have them! - Cheryl Gregson



### Thank You

Thank you to all my neighbors, staff and my family for the wonderful 70th birthday celebration. It means the world to me that so many people took time to mark this milestone with me.

- Peter Burwell



### Reminder: Direct Phone Numbers

- Dining Room Reservations (and transportation to dining room) : 438-4668
- Nick Hoops: For Condo or grounds Issues: 438-4685
- Donna Skroski: Housekeeping or Laundry Issues: 438-4681
- Dale Carnes: Maintenance issues: 438-4686 (Regular Work orders still go through Becky and Jody)
- Shannon Fitzgerald: Transportation to and from Clubhouse: 438-4656
- Transportation for Medical Appointments: 598-2929

### The Revue Team

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