



ARBOR TRACE

The Arbor Trace Revue

1000 Arbor Lake Dr. Naples, FL 34110 (239) 598-2929



TOWER POINTE
AT ARBOR TRACE



Jack Solan V-704

Welcome to Jack Solan, a new Villa resident. Jack moved here following friends in the Tower, the Casey's.

Like so many of us, Jack spent increasingly long visits to Naples over the years and eventually called Pelican Bay home.

A graduate of Boston College, his 34 year career with EY (Ernest

and Young) took him to Ohio, New Hampshire, Massachusetts, New York, and Hartford where he lived the majority of those years while commuting to the City.

Jack was a managing partner when he retired, then sat on the board of two overseas companies; Aberdeen Asset Management, a global investment company, and Lombard International, a Luxemburg based specialty insurance company. This afforded him to travel in luxury to Amsterdam, Great Britain, and Scotland where he played golf at 19 different courses! Of course, this presented opportunities to travel throughout Europe. Jack also spent three years in Heidelberg with the US Army.

Jack has a daughter in Ohio who works mainly with non-profit causes, and a son who is a designer in NYC. Jack, we are pleased you chose Arbor Trace for your new home. Everyone, do say "hello" to our friendly newcomer when you see him at the Colonnade!

- Marty Carson

Learn More about our Assisted Living

Small Tour on August 24th at 10:30 am with
Colleen, Director of Nursing.
Sign up with Fe 239-598-2929



August 2022 Edition

Jeanne Randazzo TP 906

Jeanne and her late husband Dean lived in Wayzata, MN for 40 years. Jeanne was a realtor and Dean worked for Dean Witter Co. The sport they enjoyed together was trap and skeet shooting! Jeanne and Dean shot competitively all over the United States. Dean was a national champion and Jeanne was a State champion.

They were also owners of waterfowl properties and formed natural waterfowl hunting clubs on their lands. As conservationists of the wetlands, they started and supported many Ducks Unlimited chapters in MN. Jeanne has several antique hand carved wood duck decoys.

When they retired and moved to Florida, they settled in the Vineyards just a mile from Jeanne's sister. They sold all of their guns, and bought golf clubs!

Jeanne has a son Skip and daughter-in-law Mary and grand pup Winnie who live in Rogers, MN where they still enjoy the winters. Her daughter Jeanne, daughter-in-law Kim and second grand pup Zazu live just down the road at the Dunes for the winters and spend the summers in Steamboat Springs, CO.

Jeanne's move to the Tower has been a happy one and she finds the residents here active, friendly and interesting. She finds the Chorus and the individual musically talented residents here outstanding.

Jeanne loves Mah Jongg, the book club, happy hours and all the activities Arbor Trace offers.

Jeanne said- "I am so happy to see the beautiful sunsets from my balcony in my sunset years!" And we welcome Jeanne here.

- Joan Millon

Notes from the Director:



I would like to take this chance to explain a little about Arbor Glen. First Medicare does not pay anything toward your care in an assisted living facility. Medicare was never intended to provide long term care benefits for anyone's custodial care. Medicare will pay for one's care on a short-term basis in a skilled nursing facility or a rehabilitation facility under certain conditions. This usually requires being admitted to a hospital for 72 hours or more and then being discharged to this type facility. There is a distinction between being admitted to the hospital vs. being there under observation, which is the determining factor as to whether or not Medicare will cover your stay in a skilled nursing or rehabilitation facility. Generally, Medicare will pay 100% of the cost for the first 20 days and a percentage of the cost for an additional 100 days subject to a copay amount that you must pay. After 120 days, Medicare usually will not pay for further care, which is where assisted living care and Arbor Glen comes into play. There are several scenarios under which a resident might be admitted to Arbor Glen.

First, the scenario as described above, where a resident has had a stay in the hospital, skilled nursing facility or rehabilitation facility and is ready to be discharged. In cases like these, arrangements are made between the hospital discharge planner, if coming directly from the hospital or by the skilled nursing or rehabilitation facility discharge planner and the Arbor Glen staff. In these types of situations, we exchange important health information and documentation between the two facilities, so we may know in advance what your general condition is, what medications you need and what, if any precautions the attending physician may deem relevant to your continuing care at our facility. In cases like these, placements in Arbor Glen may be permanent or in some cases be short term "Respite" care, meaning the placement is temporary (less than 30 days) and you pay a daily rate for care. The end goal here is to return home.

Another scenario we see quite often is when a resident's health declines to the point that caring for oneself becomes too difficult. Typically, we see this situation evolve over time. Residents will usually seek assistance from a home health agency on a short term basis in order to stay at home for as long as possible. However, there comes a point in time when this is no longer cost effective when daily assistance is needed with medications and other care by a licensed nurse is required. When things get to this point, plans are usually made with the help of family to make the permanent transition to assisted living. In situations like this, the move to Arbor Glen is done in an organized manner and you enter a monthly contract at a set rate, based upon the type of room you select and the level of care that you require. Prior to your moving in, we contact your primary care physician for documentation regarding medications, general health condition and what if any, underlying conditions may dictate your plan of care.

A final scenario involves a sudden change in one's health. Often this involves a terminal diagnosis and will result in your being placed under Hospice care. Most people don't realize that the facilities run by the local hospice organizations do not admit residents to their facilities unless death is imminent. Unfortunately, terminal illnesses are often long and protracted ordeals. Arbor Glen has a good working relationship with the two hospice organizations servicing Collier County and can coordinate your end-of-life care in Arbor Glen with whichever hospice organization you choose. I know that the health care options available in our community were an important factor in your decision to purchase here. I can assure you that Arbor Glen is well equipped to meet your needs and provide competent and compassionate care no matter what your situation may be.

Best,
Jennifer Whitten
Executive Director



In Remembrance:
Agnes Dorniak

August Calendar Notes

Exercise Opportunities-We will continue to show exercise on channel 195, in addition to in person classes.

- *Sandy's Exercise at 1pm on Channel 195
- *M/W/F at 10:30 am Top of the Pointe Chair Yoga
- *Tuesday/Thursday 9:30 am & 10:15 am Aquacise at the Swimming Pool
- *Pickleball Tuesdays/Thursdays/Saturdays at 7:30 am
- *The Blue Zones Walking Group meets every Wednesday at 8:30 am in front of the Clubhouse for an enjoyable walk
- *The gym at Tower Pointe is open to all residents

Check the calendar of events for the daily schedule of events.

On Friday afternoon, August 5th we will head over to the Bonita Springs Prado Movie Theatre to see the new movie "Where The Crawdads Sing."

Fred and Elsa Katz will return twice this month with enjoyable music lectures in the Gathering Place at 2 pm. Beat the heat and learn new details about some music that you will be sure to enjoy. Join them on Thursday, August 11th and 25th.

ROMEO will be enjoying lunch out on August 12th, so guys sign up at the Clubhouse if you are able to participate. We would love to see you there!

The August Management Party will take place on Wednesday, August 17th so come enjoy an open bar at 5:30 pm followed by a tasty dinner buffet and some great music to enjoy!

Thursday, August 18th at 3 pm Come enjoy an afternoon make over demonstration with Sam from the Real Estate office as she transforms one lucky resident. Refreshments will be served, so please sign up at the Clubhouse.

The Book Club meets Friday, August 19th in the Gathering Place, at 1 pm so come join us.

Monday, August 22nd, we will start the morning with Catholic Mass at 10 am in the Clubhouse Activity Room for anyone who would like to participate.

Anyone interested in gaining more knowledge about our assisted living, Arbor Glen, can sign up at the Clubhouse for an in-depth tour with Colleen, our Director of Nursing on August 24th at 10:30 am.

All residents with an August Birthday are invited to join us for dinner on Monday, August 29th. Please RSVP to the Clubhouse Front Desk. Plan to enjoy dinner, house wine, cake and ice cream with neighbors.

The Care Support Group will be meeting at 1 pm in the Clubhouse Activity Room August 2nd and the 16th.

Free Buses to Artis Naples on Fridays

This fall glorious music performed by international artists will be delighting crowds at Artis Naples. Don't miss out! Check their literature or online offerings and get your tickets soon while good seats are available. The Masterworks concerts start Friday Oct. 21 with Tchaikovsky's Piano Concerto No. 1 with pianist Conrad Tao. Concerts can be purchased individually or in a package of seven. The Friday Masterworks package dates are Oct. 21, Dec. 9, Jan. 13, Jan. 27, Mar. 10, Mar. 31 and May 5.

Buses from Arbor Trace are scheduled for the Masterworks concerts, the first leaving at 6:20 p.m. arriving in time for the preview and the second at 7:20 p.m. arriving before the actual performance. Buses stop at Artis Naples side door for easy access to the building and are waiting there at concert's end for return to the Clubhouse. It's a wonderfully easy and pleasant way to attend Artis Naples – no hassle and easier on the budget than driving.

A bus is also planned for POPs concertgoers on Fridays. These dates are Nov. 4, Dec. 16, Jan. 6, Feb. 3, Feb. 24, Apr. 7 and May 26. Talk to your friends. Get your tickets from Artis Naples and plan on letting the driving to our capable Arbor Trace drivers. Remember to sign up at the Clubhouse to reserve a seat and so drivers know where to pick you up.

- Shirley Woolaway



Our New Treasure

Extraordinary!! Amazing!! Beautiful!! What a wonderful change from a few weeks ago! I am referring to the extensive landscaping in front of the Clubhouse which magically appeared over a period of several days last week. The plan was envisioned by the ad hoc Landscaping Committee. It changed a stark, unappealing naked ground in front of the Clubhouse into a picture of beauty. What a lot of planning it took to figure first, which plants to use and their configuration, then the number needed for each allotted space, then the number of men each day to plant; the plants were delivered over a period of days, the amount of mulch and turf squares needed—it just boggles my mind to think of all the research and planning that went into our new gorgeous landscape project in front of the Clubhouse. It is much more extensive and varied than I ever imagined! It is amazing to realize the varied, hidden talents our residents possess!

Kudos to our ad hoc Landscaping Committee on your magnificent vision, which will become more beautiful as the plants grow and meld together!

- Nona Raines

Lift Assist

The fear of falling is real for all of us! We hopefully, wear our pendants, stay off ladders and overall, try to be careful.

The reality is that falls happen. If you are wearing your pendant and push it, Arbor Glen responds.

In addition, there is a service in Collier County called Lift Assist and that is exactly what they do! If the person is not injured and only needs assistance getting up, they will send part of the EMS team to give you that needed "lift".

The phone number for Lift Assist is 252-9300. When you call, someone will answer, "Collier County Sheriff's Office" and you will tell them you need Lift Assist. They will question whether anyone is injured and if not, will dispatch an EMS team to come and help you. There is no charge for this service as it is paid for with your tax dollars.

- Annie Knouse



What a wonderful celebration! Thank you to everyone who helped make it such a special day!

Photos by Elsa McAvoy, Sandy Steinbach and Cheryl Gregson





BOOK NEWS: Our thanks to Marcy O’Meara for leading the July book discussion of “The White Tiger”.

This Booker Prize winner was a bit out of the ordinary and generated a good discussion. If you missed it, this is your reminder that we will be meeting again on August 19, 1:00, in the Tower Gathering Place. August’s discussion will be “This Tender Land” by William Krueger. Check with Sandy Steinbach or Karen Sexton if you are looking for a copy; we just may be able to help you out.

REMINDER: We need your input: what books have you been reading that you would recommend for our 2022-2023 discussions? Send Sandy or Karen an e-mail or in the Tower Pointe library there is a basket with slips of paper providing another

opportunity to get your suggestions to us. We will be voting on our twelve top choices at the September 16th meeting.

DID YOU SEE? We’ve added a few brand new large-print books to the TP library shelves.—Karen Sexton

Club Table

Are you new to Arbor Trace and looking to make new friends? Would you like to come to dinner but do not have anyone to come with? Don’t let that stop you! We invite you and anyone who would like the opportunity to dine with others to sign up for the “Club Table” on the 2nd and 4th Thursday of the month. This “open table” will be a great place for anyone looking for new friends to join in and meet people. Simply call 438-4668 and let them know you would like to sit at the Club Table and there will be a place for you!



R.O.M.E.O. (Retired Old Men Eating Out)

We went to lunch on Friday June 17th at the “Pelican Isle Yacht Club”! We were limited to 20 because of the size of the room. We needed a member sponsor & that was provided to us by a friend of Julie Egenberg. We began with the Pledge of Allegiance followed by singing God Bless America. Grace was then given by Rick Erickson. Lunch was served & the talk around the tables was the war & the economy.

I then introduced a guest, Jack Keller & a first timer John Keys.

We had our usual raffle: The Arbor Trace lunch was won by Ron Agronin. The Yacht Club donated 2 mugs & they were won by Ray Maloney & John Egenberg. The \$\$\$ money winners were lucky Ray Maloney, Mike Clukey & Bill Foote. Jokes followed, some good some not so good. The Friday Aug 12th Romeo will be held at Coopers Hawk Restaurant.

- Bob Bortz



Ice Cream Social

Ice cream, you scream, we all scream for ice cream! Sunday, August 21st at 4 pm in the Gathering Place you will have your chance to enjoy some Royal Scoop ice cream with all of the fixings on top! Sign up by putting \$8 into an envelope (cash only) and place it in the Dudley folder in the Tower Pointe mail room. Raffle tickets will be given to everyone, with great prizes to win. Come cheer on your neighbors as we enjoy some wonderful musical acts!

Arbor Trace Revue—August 2022 Edition

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Please visit www.arbortrace.com