



**BIRTHDAY HAPPENINGS:**

5th-Blake Lynch  
 5th-Joan Yates  
 6th-Kathleen Wallace  
 7th-Sonya Moore  
 8th-Eleanor Binder  
 8th-Jerry Stone  
 8th-Roger White  
 9th-Frank Duane  
 10th-Jack Nason  
 10th-Judy Peterson

12th-Dorothy Gridley  
 12th-Bette Kellogg  
 14th-George Barrier  
 14th-Phil Sexton  
 15th-Mary Foote  
 16th-Jack Skees  
 18th-Merle Bauser  
 18th-Lou Knouse  
 19th-Shep Scheinberg  
 22nd-Iris Minner

23rd-Nordal McWethy  
 28th-Marge Gower  
 28th-Lillian Grattarola  
 30th-Betty Coumbe



# August 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b> 12:00-2:00 Sunday Brunch 1:30 Bridge, Rummikub & Assorted Games 4:00 Book Read with Bette on 195	<b>2</b> 9:00 Men's Coffee (GP) 10:00 Grocery Shopping 10:30 Chair Yoga (TP) 1:00 Exercise with Sandy (AR) 1:30 Shopping at Walmart 2:00 Arm Chair Travel (AR) 7:30 Movie (GP)	<b>3</b> 9:30 & 10:15 Aquasize 1:00 Care Support (AR) 1:00 Exercise with Sandy on 195 2:30 Current Events Discussion (GP) 3:00 Wii Bowling (AR) 4:00 Book Read with Bette on 195 7:15 Bingo (AR)	<b>4</b> 8:30 Blue Zones Walking Group 9:00 Putting on the Green 10:00 Let's Talk (AR) 10:30 Chair Yoga (TP) 1:00 Exercise with Sandy on 195	<b>5</b> 8:30 Pickleball 9:30 & 10:15 Aquasize 12:00 Thursday Lunch (Colonnade) 1:00 Exercise with Sandy (AR) 2:00 Open Art (ART)	<b>6</b> 9:00 Grocery Shopping 10:30 Chair Yoga (TP) 10:30 Sailboat Regatta 1:00 Exercise with Sandy on 195 4:00 Mystery Music on 195	<b>7</b> 11:00 Tai Chi on 195 1:00 Exercise with Sandy on 195
<b>8</b> 12:00-2:00 Sunday Brunch 1:30 Bridge, Rummikub & Assorted Games 4:00 Book Read with Bette on 195	<b>9</b> 9:00 Men's Coffee (GP) 10:00 Grocery Shopping 10:30 Chair Yoga (TP) 1:00 Exercise with Sandy (AR) 1:30 Shopping at Dollar Tree 2:00 Arm Chair Travel (AR) 7:30 Movie (GP)	<b>10</b> 9:30 & 10:15 Aquasize 10:00 Hodges Make Up Class (GP) 1:00 Exercise with Sandy on 195 3:00 Wii Bowling (AR) 4:00 Book Read with Bette on 195 7:15 Bingo (AR)	<b>11</b> 8:30 Blue Zones Walking Group 9:00 Putting on the Green 10:00 Let's Talk (AR) 10:30 Chair Yoga (TP) 1:00 Exercise with Sandy on 195	<b>12</b> 8:30 Pickleball 9:30 & 10:15 Aquasize 12:00 Thursday Lunch (Colonnade) 1:00 Exercise with Sandy (AR) 2:00 Fred Katz Music Lecture (GP) 2:00 Open Art (ART)	<b>13</b> 9:00 Grocery Shopping 10:30 Chair Yoga (TP) 10:30 Sailboat Regatta 10:30 Penny Pinchers 1:00 Exercise with Sandy on 195	<b>14</b> 11:00 Tai Chi on 195 1:00 Exercise with Sandy on 195
<b>15</b> 12:00-2:00 Sunday Brunch 1:30 Bridge, Rummikub & Assorted Games 4:00 Book Read with Bette on 195	<b>16</b> 9:00 Men's Coffee (GP) 10:00 Grocery Shopping 10:30 Chair Yoga (TP) 1:00 Exercise with Sandy (AR) 1:30 Shopping at Walmart 2:00 Arm Chair Travel (AR) 7:30 Movie (GP)	<b>17</b> 9:30 & 10:15 Aquasize 1:00 Care Support (AR) 1:00 Exercise with Sandy on 195 2:30 Current Events Discussion (GP) 3:00 Wii Bowling (AR) 4:00 Book Read with Bette on 195 7:15 Bingo (AR)	<b>18</b> 8:30 Blue Zones Walking Group 9:00 Putting on the Green 10:00 Let's Talk (AR) 10:30 Chair Yoga (TP) 1:00 Exercise with Sandy on 195 5:30 August Management Party (Colonnade)	<b>19</b> 8:30 Pickleball 9:30 & 10:15 Aquasize 12:00 Thursday Lunch (Colonnade) 1:00 Exercise with Sandy (AR) 2:00 Open Art (ART)	<b>20</b> 9:00 Grocery Shopping 10:30 Chair Yoga (TP) 10:30 Sailboat Regatta 1:00 Exercise with Sandy on 195 1:00 Book Club (Tower Library) 4:00 Mystery Music on 195	<b>21</b> 11:00 Tai Chi on 195 1:00 Exercise with Sandy on 195
<b>22</b> 12:00-2:00 Sunday Brunch 1:30 Bridge, Rummikub & Assorted Games 4:00 Book Read with Bette on 195	<b>23</b> 9:00 Men's Coffee (GP) 10:00 Grocery Shopping 10:30 Chair Yoga (TP) 1:00 Exercise with Sandy (AR) 1:30 Shopping at Beall's Outlet 2:00 Arm Chair Travel (AR) 5:30 August Birthday Party (Colonnade) 7:30 Movie (GP)	<b>24</b> 9:30 & 10:15 Aquasize 1:00 Exercise with Sandy on 195 3:00 Wii Bowling (AR) 4:00 Book Read with Bette on 195 7:15 Bingo (AR)	<b>25</b> 8:30 Blue Zones Walking Group 9:00 Putting on the Green 10:00 Let's Talk (AR) 10:30 Chair Yoga (TP) 1:00 Exercise with Sandy on 195 1:00 Smartphone Support (AR)	<b>26</b> 8:30 Pickleball 9:30 & 10:15 Aquasize 12:00 Thursday Lunch (Colonnade) 1:00 Exercise with Sandy (AR) 2:00 Fred Katz Music Lecture (GP) 2:00 Open Art (ART)	<b>27</b> 9:00 Grocery Shopping 10:30 Chair Yoga (TP) 10:30 Sailboat Regatta 12:00 ROMEO 1:00 Exercise with Sandy on 195	<b>28</b> 11:00 Tai Chi on 195 1:00 Exercise with Sandy on 195
<b>29</b> 12:00-2:00 Sunday Brunch 1:30 Bridge, Rummikub & Assorted Games 4:00 Book Read with Bette on 195	<b>30</b> 9:00 Men's Coffee (GP) 10:00 Grocery Shopping 10:30 Chair Yoga (TP) 1:00 Exercise with Sandy (AR) 1:30 Shopping at Walmart 2:00 Arm Chair Travel (AR) 7:30 Movie (GP)	<b>31</b> 9:30 & 10:15 Aquasize 1:00 Exercise with Sandy on 195 3:00 Wii Bowling (AR) 4:00 Book Read with Bette on 195 7:15 Bingo (AR)	 Transportation to Tower Pointe activities is available			

**Hodges University's Life Long Learning Program**

The Fall Semester will begin in October

Arbor Trace Board Meeting  
No Meeting this Month

Tower Pointe Board Meeting  
No Meeting this Month

**Monday Night at the Movies**  
**Every Monday Night**  
**Gathering Place of Tower Pointe**  
**7:30 pm**

8/2-The Zookeeper's Wife (Drama)  
 8/9-Harold & Lillian: A Hollywood Love Story (Bio)  
 8/16-Pillow Talk (Comedy)  
 8/23-The Call of the Wild (Action)  
 8/30-Goodbye Columbus (Romance)

**Calendar Key**

(AR) Clubhouse Activity Room  
 (ART) Clubhouse Art Room  
 (CL) Clubhouse  
 (GP) Gathering Place, Tower Pointe  
 (TP) Top of the Pointe Club