



ARBOR TRACE



TOWER POINTE
AT ARBOR TRACE

The Arbor Trace Revue

1000 Arbor Lake Dr. Naples, FL 34110 (239) 598-2929



**Bill & Pat Momberger
T-1503**

Bill and Pat are from Perry Hall, MD (near Baltimore). He graduated from the Baltimore Polytechnic Institute and Johns Hopkins University. His career was primarily in printing/publishing and finance. He began work at Waverly Press/

Williams & Wilkens Co. followed by managing a biomedical society, finance at the Baltimore Opera Company, and retired from the Johns Hopkins University Press.

Pat went to St. Paul's and Harford Community College in MD. She worked at MVA, Maryland State Roads Commission, as an Attorney's Assistant, and after her sons were older as the convention manager for Bill. Later she was a pharmaceutical sales assistant and retired from the Hubble Space Telescope, as Outreach Coordinator, a most exciting position, meeting astronauts close up and viewing two space launches on site. They met in 1965 on a planned blind date. Bill's buddy invited his girlfriend Pat and another girl for Bill, BUT the other girl cancelled, so the three of them socialized and dined together. Bill kept looking at Pat and was smitten. After taking Pat home, Bill told his buddy "Tell me when you stop dating Pat because I'm going to marry her." April 1 was their 53rd anniversary.

He sings barbershop and was a friend of Ron Timmerman (Next SHOW 03/19-20/21). He enjoys reading, visiting civil war sites, antique autos, walking and is a private pilot. She likes mah jongg, quilting, sewing, reading and they both have enjoyed trips in the US, Europe and the Orient. Best of all, they have two sons, Glenn (wife Tasha) and Bill, Jr. and three lovely granddaughters, aged 15, 19, and 22.

They came as snow birds to Bonita in 2002, bought a condo in Spanish Wells in 2011, but became full time here in February, just before the pandemic. They have hardly met anyone. I pray that can soon be changed.

-Merle Bauser

AUGUST 2020



Gordon Svoboda V-503

Gordon was born in Ada, Michigan, east of Grand Rapids. He attended Grand Rapids Community College and while there his father became ill, and Gordon went home to care for his father and manage the family business in fuel distribution. Soon he met and married Sharon Hoekzema.

After some time he answered the calling for the ministry. This meant a move to Bangor, Maine for the Theological Seminary of the United Church of Christ. He stayed in Maine fulfilling his ministry until his retirement in 1988. Along the way, Gordon and Sharon had three sons, one of whom is now an ordained minister. Now the family has increased to eleven grandchildren and twenty great-grandchildren! As Gordon said, "his proudest achievements".

His family's main hobby was motor homing. Sharon was the navigator. Sometimes they would travel for five or six months visiting every state in the U.S., all contiguous provinces of Canada, and also ventured into Mexico. They belonged to the Marathon Motor Coach Club. A highlight was that members, Justice Clarence Thomas and his wife, hosted over 120 members to a cocktail/dinner party at the Supreme Court.

Sharon and Gordon moved to Arbor Trace in 2004, and Gordon had been offering to fill in for services at the local churches. Sharon has since passed away. Before the virus hit, Gordon was conducting Sunday services here at AT, streaming live from Naples United Church of Christ. Now he is heading up the Arbor Pointe Management Board, which oversees the employees in Arbor Glen and the staff of AT. If it weren't for volunteers like Gordon, we would not have such a wonderful place to live. Thanks, Gordon!

- Mary De Prisco



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Director's Notes:

I think it's important enough to introduce to the community every year. How do things work if I need to be admitted to Arbor Glen? Does Medicare pay for my stay? How do I go about getting admitted to Arbor Glen should I need their services? These are really good questions and something everyone should be aware of. First of all, Medicare does not pay anything toward your care in an assisted living facility. Medicare was never intended to provide long term care benefits for anyone's custodial care. Medicare will pay for one's care on a short term basis in a skilled nursing facility or a rehabilitation facility under certain conditions. This usually requires being admitted to a hospital for 72 hours or more and then being discharged to this type facility. There is a distinction between actually being admitted to the hospital vs. being there under observation, which is the determining factor as to whether or not Medicare will cover your stay in a skilled nursing or rehabilitation facility. Generally, Medicare will pay 100% of the cost for the first 20 days and a percentage of the cost for an additional 100 days subject to a copay amount that you must pay. After 120 days, Medicare usually will not pay for further care, which is where assisted living care and Arbor Glen comes into play. There are several scenarios under which a resident might be admitted to Arbor Glen.



First, the scenario as described above, where a resident has had a stay in the hospital, skilled nursing facility or rehabilitation facility and is ready to be discharged. In cases like these, arrangements are made between the hospital discharge planner, if coming directly from the hospital or by the skilled nursing or rehabilitation facility discharge planner and the Arbor Glen staff. In these types of situations, we exchange important health information and documentation between the two facilities, so we may know in advance what your general condition is, what medications you need and what, if any precautions the attending physician may deem relevant to your continuing care at our facility. In cases like these the placement in Arbor Glen may be permanent or in some cases be short term "Respite" care, meaning the placement is temporary (less than 30 days) and you pay a daily rate for care. The end goal here is to return home.

Another scenario we see quite often is when a resident's health declines to the point that caring for oneself becomes too difficult. Typically, we see this situation evolve over a period of time. Residents will usually seek assistance from a home health agency on a short term basis in order to stay at home for as long as possible. However, there comes a point in time when this is no longer cost effective when daily assistance is needed with medications and other care by a licensed nurse is required. When things get to this point, plans are usually made with the help of family to make the permanent transition to assisted living. In situations like this, the move to Arbor Glen is done in an organized manner and you enter into a monthly contact at a set rate, based upon the type of room you select and the level of care that you require. Prior to your moving in, we contact your primary care physician for documentation regarding medications, general health condition and what if any, underlying conditions may dictate your plan of care.

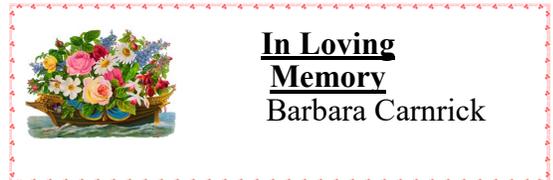
This final scenario involves a sudden change in one's health. Often this involves a terminal diagnosis and will result in your being placed under Hospice care. Most people don't realize that the facilities run by the local hospice organizations do not admit residents to their facilities unless death is imminent. Unfortunately, terminal illnesses are often long and protracted ordeals. Arbor Glen has a good working relationship with the two hospice organizations servicing Collier County and are able to coordinate your end of life care in Arbor Glen with whichever hospice organization you choose. I know that the health care options available in our community were an important factor in your decision to purchase here. I can assure you that Arbor Glen is well equipped to meet all of your needs and provide competent and compassionate care no matter what your situation may be.

In closing, Florida is the number one state for lightning strikes and lightning deaths. If you see dark clouds forming or hear thunder in the distance, please stay inside. This is not the time to be heading to the pool. It is dangerous to be in the water or on a golf cart during a storm. We don't want any injuries or something even worse, so please use good judgement and remember: "When thunder roars...stay indoors".

Please be safe, responsible, and patient!! We will get through this!!

Yours truly,

Kevin J Cooney
Executive Director





2020

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August Calendar Notes

Exercise Opportunities-Take care of your body: eat healthy meals, exercising and getting the proper amount of sleep

- *Everyday at 1pm Channel 195 Sandy’s Exercise
- *M/W/F at 10:30am Channel 195 Chair Yoga
- *Tuesday/Thursday 9:30am & 10:15am Aquasize at the Swimming Pool
- *Putting on the Greens Wednesdays at 9:00am at the Clubhouse
- *Pickleball Tuesdays/Thursdays/Saturdays at 8:30am
- *Tai Chi on Saturdays at 11:00am on Channel 195
- *Go out for a walk or bike ride

For entertainment, we will continue having music at 4pm on Fridays on Channel 195, as well as Bette Kellogg is reading a book on Tuesdays and Sundays at 4pm on Channel 195. We will continue to have the Hodges class “recap” class on Fridays at 2pm on Channel 195 until we get to enjoy all the classes we had on Zoom in June and July. Enjoy!

For outings, we will continue our medical transportation Tuesdays-Thursday from 8am-3pm. Please call the Clubhouse to sign up. Our trips to Publix will continue Mondays at 10am and Fridays at 9am. We will also go to Walmart the first, third, and fifth Mondays at 1:30pm in August.

The beauty salon is offering services for our independent residents. Please call the Clubhouse to speak to the Salon.

The Care Support Group will be meeting August 4th and 18th at 1pm by the swimming pool, so please wear your mask and come join us.



Aquasize is back!

A colorful morning at the pool for Aquasize on Tuesdays and Thursdays! Thanks Elsa McAvoy for snapping a fun picture of the class.

- Sandy Steinbach

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Fourth of July Parade

We had such a wonderful time on our first Fourth of July Golf Cart Parade! It was good to get in the spirit and see everyone, (socially distanced of course).





Arbor Glen enjoys the 4th of July Parade!

On July 2nd, the residents in Arbor Glen headed to the lanais and windows anxiously awaiting the golf cart parade. Dressed in their finest red white and blue attire, beads, hats, and flags. As the parade came around, we all cheered and waved. And those delicious ice cream sandwiches made everything perfect! A great time was had by all!

- Cheryl Gregson



C.A.M.'S CORNER

As residents of Arbor Trace and Tower Pointe, great emphasis is placed on the safety and security of not only your health and well-being but also on your house and home. Along with your individual units, we take great pride in caring for the buildings and common areas your own unit is a part of. We do our best to prevent breakdowns and deficiencies both inside and outside of your unit, but as the owner of your independently-owned and independent-living residence; there are particular issues you must consider and be prepared for in the event of major breakdown or emergency.



Along with fire, the greatest threat to your unit (as well as your neighbors') comes from water damage. Water damage is the most common issue relating to insurance claims for condominium residences. Because of the risk to you and your neighbors around and below you, it is imperative to be knowledgeable and familiar with the water shutoff valves associated with your specific unit. All of your water supplied entities in your home (kitchen, laundry, bathrooms) all have their own individual water shutoff valves. Unfortunately, sometimes the source of a water leak cannot be identified or shut off at the specific location, and a complete shutoff is necessary. Knowing where your main water shutoff is located to turn off the water as quickly as possible- or identify the location to someone who is capable- ensures the most protection to minimize water damage. Maintenance is on-call 24 hours a day, but not on-site 24 hours a day. When a water emergency is occurring, you will not want to have to wait until maintenance arrives to get the flooding to stop... and neither will your neighbors below you.... Or the neighbors below them either!

The location of your main water valve is different depending on your individual floor plan. If you are unfamiliar with the location of your water shutoffs, or have questions regarding what to do in the event of a water leak (step one: shut off the water!!!) please contact me, Dale, or one of the maintenance employees to point them out to you and review how they work. If you are physically unable to turn off the water yourself (which is a particularly challenging task in the midrise units due to their location), we are happy to discuss what specific measures relative to you and your unit are in place and can be utilized in an emergency. A water emergency in your unit will not only affect your unit (even in a Villa); protecting yourself and your neighbors are paramount in living in a community setting like ours.

Nick Hoops, L.C.A.M.

MOAI Walking Group

A beautiful morning when the Blue Zone's walking group was taking off from the clubhouse.

- Sandy Steinbach



Birthday Card

Again I face the daunting task
To find a verse-who can I ask?
The cards all stood in fine array
With flowers and verse they could
not say
What I would like my dear to hear

They rhymed, they sang, they told a
tale
But all their verse is bound to fail
To catch the heart of what is ours
To dwell with us among the stars
She touched my heart and made me
glad

That we have spent our lives
together
Where love and honor lasts forever
That men in other times may say
I want to spend my days that way
- Gene Von Arx



Food Drive Success

We want to thank each person who donated food for the Food Drive we had in July. Café of Life was so extremely appreciative for all of our efforts. Please know that you greatly improved other's lives by easing the burden of feeding a family through your donations.

- Sandy Steinbach

Televised Music Hour

Our own Marty Krebs joined the Lois Kehoe Trio on Friday, July 10th.



The Revue Team

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Calendar of Events...Sandy Steinbach

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