



ARBOR TRACE

The Arbor Trace Revue

July 2024 Edition- 1000 Arbor Lake Dr. Naples, FL 34110 (239) 598-2929



TOWER POINTE
AT ARBOR TRACE



4th of July Celebration

We celebrate our American Independence Day on Thursday, July 4th with a festive, picnic lunch buffet at noon. Put on your Red, White and Blue and wear it with pride as we join together for a wonderful celebration as we commemorate the Declaration of Independence, which was ratified by the Second Continental Congress on July 4, 1776. Please make reservations in the Colonnade. Please note there will be no dinner service today.



Olympics in Paris Management Party

Get your patriotic outfits out and get ready to cheer on the USA as we get ready to enjoy the Olympics, which are being held in Paris, France. Come enjoy a festive evening with us on Wednesday, July 17th at 5:30 p.m. in the Colonnade. Reservations are required, so please call 239-438-4668.



Arbor Trace Views

Whether you prefer the Lake Views or the Gulf Views Arbor Trace has something for everyone!

The knowledgeable staff at Arbor Trace Realty will help match you with your dream home!

Remind your friends of how wonderful the community is and to come take a tour.

For the latest listings please see the Arbor Trace website: www.arbortrace.com, call 239-598-3490 or stop by the on-site Real Estate Office.



Broadway Palm Dinner Theatre: Mary Poppins

Everyone's favorite nanny is back! Young Jane and Michael have sent many a nanny packing before Mary Poppins arrives. Using a combination of magic and common sense, she helps teach the family how to value each other again. Mary Poppins is an enchanting mixture of an irresistible story, breathtaking dance numbers and unforgettable songs such as *A Spoonful of Sugar*, *Chim Chim Cher-ee*, and *Supercalifragilisticexpialidocious*. Join us for an evening to the Broadway Dinner Theatre on Friday, July 12th for dinner and this classic show! Sign up at the Clubhouse. Tickets will be billed to your account and are \$75 per person.

Notes from the Director:

Are you familiar with the Florida “Do Not Resuscitate Order”? It’s always scary to think of an emergency affecting you or someone you love, but the fact of the matter is that as we get older, the risk of having a life-altering emergency increases.

For this reason, some people choose to sign a Do Not Resuscitate Order (DNRO) if they may face a life-or-death incident.

When emergency personnel are called to a home due to a health emergency, the main rule of thumb is that they will do whatever possible to keep the patient alive. Often-times, this means using invasive emergency techniques such as breathing tubes or heart shocks. When someone is in poor health, one of these types of incidents can leave the patient in a worse condition with an extremely poor quality of life, potentially only living off tubes and machines. Therefore, some people choose to sign a Do Not Resuscitate Order, which alerts emergency personnel to the fact that this person does not want to be resuscitated if their breathing or heart stops.

In the State of Florida, only those with end-stage medical conditions can secure a DNRO. The DNRO form is form number 1896, and it can be found in many doctors’ offices or on the Florida Department of Health website. It is a yellow form that must be completed by either the patient or a legal representative of the patient, and the patient’s physician. It’s important to note that the form must always be on the required yellow paper and is not valid on white or any other color paper. The DNRO should be kept in an easily accessible location in the home; a preferred location would be on your refrigerator with your file for life. Remember it holds instructions for emergency responders who come to the aid of a patient and tells first responders that the patient does not want to be resuscitated with artificial breathing tubes or undergo CPR or heart shocks.

I would like to take this opportunity to remind all residents about the emergency pendant system. Please wear your pendant. If you need a new chain or belt clip we have them available at the Clubhouse. We take the system very seriously. The system is monitored 24/7 by our nursing staff who respond to each and every alert. If they can not get a hold of you on the phone expect them to come over to find you. Please note that you can wear the pendant in the shower. Please do not wear it in the pool/hot tub or prolonged submersion underwater. The pendant will work within our 40 acres of property but will not work outside the front gates. Also, a very valuable service we offer to our residents at no charge is the “File of Life” which could literally help save your life in a crisis situation. This medical information helps the paramedics in knowing how to treat you on the scene and helps the hospital prepare for your arrival. Most residents when faced with a crisis situation are unable to give the paramedics accurate information about medical history or current medications. I urge you to add at least two emergency contacts to your file of life. Please update your file through the Clubhouse if necessary and post on your refrigerator.

Best,

Jennifer Whitten
Executive Director



Notes from the Kitchen:

We will close the Dining Room for regular Thursday lunches this summer. Our Thursday Dining Room lunch will move to a once a month buffet for the summer. The Signature lunch for July will be on July 11th and feature a special cocktail to go with your lunch. Please reserve at 239-438-4668. Lunches will still be available Monday thru Saturday as Pick up.



In Remembrance:

Dr Greg Peterson
Becky Yocum (Long Time
TP Concierge)

July Calendar Notes

Exercise Opportunities

- *Tai Chi on Saturdays at 9:30 a.m. & 10:15 a.m.
- *Sandy's Exercise/Chair Yoga on Channel 99
- *M/W/F at 10:30 a.m. Top of the Pointe Chair Yoga
- *Tuesday/Thursday 9:30 a.m.& 10:15 a.m. Aquacise at the Swimming Pool
- *Pickleball Tuesdays/Thursdays/Saturdays at 7:30 a.m.
- *The Blue Zones Walking Group meets every Wednesday at 8:30 a.m. in front of the Clubhouse for an enjoyable walk
- *The Gym at Tower Pointe is open to all residents and their guests

Men are welcome to join the weekly 9:00 a.m. Monday morning coffee in the Gathering Place. Ladies, join us at 9:00 a.m. and each Wednesday morning for a time of coffee, tea, and conversation in the Gathering Place. Come meet new friends!

The Care Support Group meets twice a month at 1:00 p.m. in the Clubhouse Conference Room the first and third Tuesday. Any resident is welcome to join in.

If you are new or looking to meet new friends, sign up in the Dining Room to join The Club Table in the Colonnade on the 2nd and 4th Thursdays at 5:30 p.m.

Join us for a few special events this month! We kick the month off celebrating our nations' Independence on July 4th at 12:00 p.m. in the Colonnade. All residents are encouraged to come and enjoy a relaxed picnic lunch wearing their red, white and blue as the Lois Kehoe band entertains.

Chief meteorologist Allyson Rae will be giving a talk on weather on Wednesday, July 10th at 10:00 a.m. All residents are invited!

On Thursday, July 11th the Colonnade is hosting a special Summer Signature Lunch at noon. We will be having this special lunch buffet once a month during the summer in lieu of regular Thursday lunch. Reservations required by calling 239-438-4668.

Hop on the bus and enjoy dinner and a show on Friday, July 12th as we go see Mary Poppins. Please sign up with Fe at the Clubhouse to reserve your seat.

ROMEO (retired old men eating out) enjoys lunch in the Colonnade on Thursday, July 18th. Sign up with Fe at the Clubhouse!

All residents are invited to come to the "Olympics" Management Party on Wednesday, July 17th at 5:30 p.m. in the Colonnade.

Have you ever seen Arbor Glen, our Assisted Living? Sign up to tour with Colleen, our Director of Nursing, on Wednesday, July 31st at 10:30 a.m.

The summer session of Lifelong Learning continues this month. Check the insert for a detailed description for each class and instructor. There is something for everyone! With the summer heat, these classes are a great way to stay engaged and active this summer! Grab a friend and head to the Gathering Place for these great classes.

The Book Club meets in the Top of the Pointe, at 1:00 p.m. on Friday, July 19th, so come join the group to discuss "Brave the Wild River"!

Religious Services are available: Wednesday, July 3rd at 10:00 a.m. for Episcopalian's service. On Monday, July 22nd, we will start the morning with Catholic Mass at 10 a.m. in the Clubhouse Activity Room for anyone who would like to participate.

We will celebrate all residents with a July birthday at 5:30 p.m. in the Colonnade on Thursday, July 25th. RSVP to Fe at the Clubhouse. We hope to see you there to celebrate you! The resident birthday meal is complimentary!

The Arbor Trace Condo Association will meet at 3:00 p.m. on Wednesday, July 17th in the Clubhouse Activity Room. The Tower Pointe Condo Association will meet Thursday, July 25th at 10:00 a.m. in the Gathering Place. All members are encouraged to participate.

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BIRTHDAY HAPPENINGS:

1st-Maria Beebe
1st-David Lotz
1st-Jimany McLaughlin
2nd-Heidi Stryker
4th-Lynn Stiles
4th-Vivian Patterson
6th-Dahlia Penachio

7th-Pat Thwaites
8th-Joseph Harnett
11th-Jim Brock
15th-Rick Erickson
16th-Helga Fochler
16th-Peter Burwell
17th-Donna Smith

18th-Jean Fletcher
18th-Marilyn Contrada
18th-Judy Mudarri
18th-Carl Steinhouse
18th-Darlene Yarian
21st-Joanne Bellon
21st-John Keys

23rd-Susan Hansen
23rd-Bill Glaser
23rd-Kate Wilde
25th-Walter Hensen
26th-Lorraine Gill
26th-Sandy Anderson
30th-Christa Orlikoff

Sun	Mon	Tue	Wed
<p>Calendar Key</p> <p>(AR) Clubhouse Activity Room (CL) Clubhouse (GP) Gathering Place, Tower Pointe (TP) Top of the Pointe Club</p>	<p>1</p> <p>9:00 Men's Coffee (GP) 10:00 Grocery Shopping 10:30 Chair Yoga (TP) 1:30 Walmart Shopping 2:00 Arm Chair Travel (AR) 7:30 Movie (GP)</p>	<p>2</p> <p>9:30 & 10:15 Aquasize 12:45 Mah Jongg (CL) 1:00 Care Support (AR) <u>1:00 Dr. Teitelbaum (Salon)</u> 7:15 Bingo (AR)</p>	<p>3</p> <p>8:30 Blue Zones Walking Group 9:00 Putting on the Green 9:00 Ladies Coffee (GP) 10:00 Episcopalian Service (AR) 10:30 Chair Yoga (TP) 1:30 Open Art (TP)</p>
<p>7</p> <p>10:00 Naples United Church of Christ Livestreaming (AR) <u>12:00-2:00 Sunday Brunch</u> 1:30 Bridge, Rummikub & Assorted Games (CL) 2:00 Mah Jongg (TP)</p>	<p>8</p> <p>9:00 Men's Coffee (GP) 10:00 Grocery Shopping 10:30 Chair Yoga (TP) 1:30 Homesense Shopping 2:00 Arm Chair Travel (AR) 7:30 Movie (GP)</p>	<p>9</p> <p>9:30 & 10:15 Aquasize 10:00 Life Long Learning (GP) 12:45 Mah Jongg (CL) 3:00 Wii Bowling (AR) 7:15 Bingo (AR)</p>	<p>10</p> <p>8:30 Blue Zones Walking Group 9:00 Putting on the Green 9:00 Ladies Coffee (GP) 10:00 Lifelong Learning featuring Allyson Rae NBC 2 (GP) 10:30 Chair Yoga (TP) 1:30 Open Art (TP)</p>
<p>14</p> <p>10:00 Naples United Church of Christ Livestreaming (AR) <u>12:00-2:00 Sunday Brunch</u> 1:30 Bridge, Rummikub & Assorted Games (CL) 2:00 Mah Jongg (TP) 4:30 Democratic Social Group (TP)</p>	<p>15</p> <p>9:00 Men's Coffee (GP) 10:00 Grocery Shopping 10:30 Chair Yoga (TP) 1:30 Walmart Shopping 2:00 Arm Chair Travel (AR) 7:30 Movie (GP)</p>	<p>16</p> <p>9:30 & 10:15 Aquasize 10:00 Life Long Learning (GP) 12:45 Mah Jongg (CL) 1:00 Care Support (AR) 3:00 Wii Bowling (AR) 7:15 Bingo (AR)</p>	<p>17</p> <p>8:30 Blue Zones Walking Group 9:00 Putting on the Green 9:00 Ladies Coffee (GP) 10:30 Chair Yoga (TP) 1:30 Open Art (TP) 3:00 ATC Board Meeting (AR) <u>5:30 Olympics Management Party</u></p>
<p>21</p> <p>10:00 Naples United Church of Christ Livestreaming (AR) <u>12:00-2:00 Sunday Brunch</u> 1:30 Bridge, Rummikub & Assorted Games (CL) 2:00 Mah Jongg (TP)</p>	<p>22</p> <p>9:00 Men's Coffee (GP) 10:00 Grocery Shopping 10:00 Catholic Mass (AR) 10:30 Chair Yoga (TP) 1:30 Dollar Tree Shopping 2:00 Arm Chair Travel (AR) 7:30 Movie (GP)</p>	<p>23</p> <p>9:30 & 10:15 Aquasize 10:00 Life Long Learning (GP) 12:45 Mah Jongg (CL) 3:00 Wii Bowling (AR) 7:15 Bingo (AR)</p>	<p>24</p> <p>8:30 Blue Zones Walking Group 9:00 Putting on the Green 9:00 Ladies Coffee (GP) 10:30 Chair Yoga (TP) 1:30 Open Art (TP)</p>
<p>28</p> <p>10:00 Naples United Church of Christ Livestreaming (AR) <u>12:00-2:00 Sunday Brunch</u> 1:30 Bridge, Rummikub & Assorted Games (CL) 2:00 Mah Jongg (TP)</p>	<p>29</p> <p>9:00 Men's Coffee (GP) 10:00 Grocery Shopping 10:30 Chair Yoga (TP) 1:30 Walmart Shopping 2:00 Arm Chair Travel (AR) 7:30 Movie (GP)</p>	<p>30</p> <p>9:30 & 10:15 Aquasize 10:00 Life Long Learning (GP) 12:45 Mah Jongg (CL) 3:00 Wii Bowling (AR) 7:15 Bingo (AR)</p>	<p>31</p> <p>8:30 Blue Zones Walking Group 9:00 Putting on the Green 9:00 Ladies Coffee (GP) 10:30 Chair Yoga (TP) <u>10:30 Arbor Glen Tour (CL)</u> 1:30 Open Art (TP)</p>

July 2024



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Thu	Fri	Sat
4 Independence Day 7:30 Pickleball <u>12:00 4th of July Lunch</u> (Colonnade)	5 9:00 Grocery Shopping 10:00 Bible Study (GP) 10:30 Chair Yoga (TP) 10:30 Sailboat Regatta	6 9:30 Balance Tai Chi (AR) 10:15 Tai Chi (AR) 1:00 Exercise with Sandy on 99 1:30 Wii Bowling (AR)
11 7:30 Pickleball 9:30 & 10:15 Aquasize <u>00 Summer Signature Lunch</u> (Colonnade) <u>30 Club Table (Colonnade)</u>	12 9:00 Grocery Shopping 10:00 Bible Study (GP) 10:30 Chair Yoga (TP) 10:30 Sailboat Regatta <u>4:45 Mary Poppins @ Broadway</u> <u>Palm Dinner Theatre</u>	13 9:30 Balance Tai Chi (AR) 10:15 Tai Chi (AR) 1:00 Exercise with Sandy on 99 1:30 Wii Bowling (AR)
18 7:30 Pickleball 9:30 & 10:15 Aquasize <u>2:30 ROMEO (Colonnade)</u> 00 Life Long Learning (GP)	19 9:00 Grocery Shopping 10:00 Bible Study (GP) 10:30 Chair Yoga (TP) 10:30 Sailboat Regatta <u>11:00 Lunch Bunch</u> 1:00 Book Club (TP)	20 9:30 Balance Tai Chi (AR) 10:15 Tai Chi (AR) 1:00 Exercise with Sandy on 99 1:30 Wii Bowling (AR)
25 7:30 Pickleball 9:30 & 10:15 Aquasize 0 Tower Pointe Board Mtg (GP) 00 Life Long Learning (GP) <u>5:30 July Birthday Dinner</u> (Colonnade) 30 Club Table (Colonnade)	26 9:00 Grocery Shopping 10:00 Bible Study (GP) 10:30 Chair Yoga (TP) 10:30 Sailboat Regatta <u>10:45 Penny Pinchers</u>	27 9:30 Balance Tai Chi (AR) 10:15 Tai Chi (AR) 1:00 Exercise with Sandy on 99 1:30 Wii Bowling (AR)
		 Transportation to Tower Pointe activities is available from the Clubhouse.

Life Long Learning Program

Tuesday, July 9th 10 am
“Zooming Along: A Guide to Staying Connected”

Wednesday, July 10th 10 am
“Weather with Allyson Rae”

Tuesday, July 16th 10 am
“Lymphatic & Circulation Affect our Well Being”

Thursday, July 18th 2 pm
“Let’s Talk Trash!”

Tuesday, July 23rd 10 am
“Spielberg the Master”

Thursday, July 25th 10 am
“Where Are You?”

Tuesday, July 30th 10 am
“Breathing for Health, Happiness and Harmony”

Monday Night at the Movies
Gathering Place of Tower Pointe
7:30 pm

7/1-Mother of the Bride
(Romantic Comedy)
7/8-Blended (Comedy)
7/15-Harriet (Drama)
7/22-My Big Fat Greek Wedding 2
(Comedy)
7/29-Downton Abbey (Drama)

Arbor Trace Board Meeting
 Wednesday, July 17th
 3:00 pm (Activity Room)

Tower Pointe Board Meeting
 Thursday, July 25th
 10:00 am (Gathering Place)

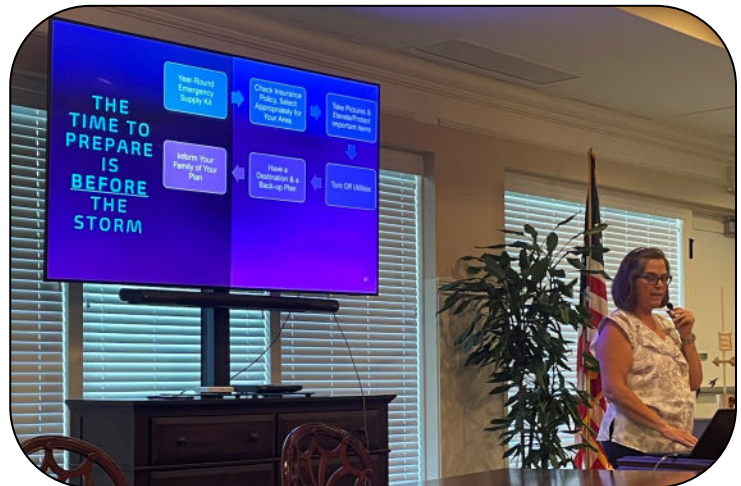


June Management Cocktail Party

Great to see everyone smiling and enjoying another great cocktail hour together.

Hurricane Preparedness

We were delighted to welcome Collier County Emergency Management to Arbor Trace on Tuesday, June 4th for our annual hurricane preparedness seminar. We were given a lot of helpful information to help us all prepare and understand the county's response to emergencies. Take the time now to make sure you have all supplies needed in the event of inclement weather.



MEMORIES:

Allendale, New Jersey – The Town Where I Grew Up

One of the many games we created so long ago (early 1950s) was *"Newspaper Reporter: Activities on West Maple Street!"*. While sitting on the porch steps of one of our homes, we would pretend we were in a newsroom with typewriters clacking and phones ringing. Mike, the senior reporter, would hold out his left hand, using it as clipboard, and scribble on it with the pointer finger of his right hand. The rest of us pretended to be reporters, thinking up topics we thought would be worthy of printing in our make-believe newspaper.

Every time we gave him a new topic, i.e., some poor soul fell off his bike and broke his arm, Mike would pretend to scribble the text on his hand and we'd all either laugh or show remorse, depending on the circumstances. "I got this one – this is great!" he would shout, while jumping up and down and scribbling (he must have had great coordination!)

As I read what I've written, I can't help but think how easily we entertained ourselves. We didn't have computers; and (*gasp!*) we didn't even have television! So we had to make up our own games, the results unique only to us, and never played again. I'm glad I have these memories of growing up in the late 1940's and early 1950's, when life was so simple and the only thing we worried about was the end of the day, when we'd be whistled home, tired and sweaty, after a long evening of enjoying our made up games.

Marge O'Kane

Welcome New Residents



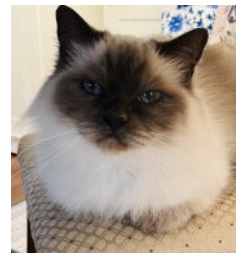
When Donna Smith and husband Harmon decided it was time to leave their home in The Strand, they knew where their next residence would be. Some time ago they accompanied Sandra Anderson (9-305) to Arbor Trace for a look around, and now they too found what they were looking for here.

Harmon was working at Oak Ridge, TN when they met. After they married, Donna said she helped put him through dental school at the University of Tennessee in Memphis. She was a Reading Specialist for fourth graders then and enjoyed working with that age group. Harmon practiced dentistry for 40 years in Franklin, MA where he was born. They also had a summer home in Maine, but like many others, came to Naples to enjoy all it has to offer. Their daughter and son live in states out West (NM and CA) but spend time together on vacation trips.

For 17 years, Harmon played the saxophone in the Naples Concert Band, but is now a member of the New Horizon Band. Donna plays tennis regularly and plans to continue to do so. The friendliness of the residents and helpfulness of the staff have already endeared Arbor Trace to this lovely couple. We have now added yet another “Smith” to our resident directory. Welcome.—Marty Carson

Meet Special Schama

When living in Ohio, Jeanne Abels and her late husband Robert, decided to look for a young Birman cat when their Birman, was getting old and starting to fail. No Birman’s could be found anywhere near them. So, Jeanne and a girlfriend drove eight hours to Winnipeg, Canada to find their new kitten, Schama. The older cat, so intelligent she would fetch a ball and sit on command, bonded with the little kitten. That kitten is now ten years old and arrived at Arbor Trace two years ago with Jeanne who said everything is special about Schama including her blue eyes. However, she can be “a little brat at times getting up on the kitchen counter when I’m not home.”



Schama’s specialness has an ancient and holy history. A legend from Burma, now Myanmar, tells of a white temple cat whose master, a priest was killed in a raid. The cat stood on the body of her master, and gazed at a temple goddess with blue eyes perhaps to ease her sadness. The cat’s paws remained white because of the holiness of her master and her eyes turned blue like the goddess’s, characteristics of all later Birman cats.

According to various online sources, the Birman is a friendly, playful, affectionate cat with long, silky hair and a white face with darker point markings and always the white paws and blue eyes. Their hair doesn’t tangle easily and doesn’t shed much because Birman’s have less undercoat than most cats. Because of this they cause fewer allergies.

Schama’s favorite place to be is her carriage. Jeanne pushes her for walks outside in the complex and Schama sleeps in the carriage often especially during the day when Jeanne is away. At night Schama sometimes plays with her favorite toys, a mouse, a ball, and a stuffed cupcake that looks very real.

Schama’s history includes x rays and an operation when she ate string from her master’s shirt box. Perhaps because of it, Schama eats two types of special foods from Hill’s, one for urinary care and another for food sensitivity. Her treats are from Royal Canon which she gets when good and every night before bed.

Schama wakes Jeanne, not a morning person, every day about 6:30 a.m. till let out of the bedroom and then lets her mistress sleep till 8 a.m. For that consideration and her lovable, special personality Schama lives up to her name meaning beautiful in Hebrew.

By Shirley Woolaway



We enjoyed a great day out in Ft. Myers Beach with a great boat ride followed by a delicious lunch at Parrot Key Caribbean Grill. The dolphins were very active, jumping behind the boat and putting on quite a show. We learned all about their behaviors and enjoyed the thrill of watching these wild animals in action in their natural habitat.

THE BOOK CORNER:

A reminder to all our residents: The Clubhouse Library and the Tower Library have a large variety of books, including novels, mysteries, biographies, histories, etc. The Tower even has a section devoted to the classics and another for our very own authors.

* **Clubhouse Library:** The committee which oversees the library and keeps it in top-notch order needs your help. It doesn't take a lot of time and the work is not taxing but during the summer there are only two committee members here. Please call Peggy Cushman if you are able to volunteer.

* **Tower Pointe Library:** Looking for a place to relax? Gather with friends to play games? Add a few pieces to the ongoing jigsaw puzzle? Please stop by...and while there look through the shelves to find your next read. Thanks to residents' donations, the choice of books is always expanding.

* **Book Discussion:** You are invited to join us for the July discussion of "Brave the Wild River" by Melissa Sevigny. This is the 1938 tale of two botanists (who happened to be women) who determined they would be the first to survey the Colorado River for the plant species found there. Their 43-day journey was full of adventure and their cataloging of plants invaluable. See you on Friday, July 19, 1:00, in the Tower, 17th floor.

* **Suggestions to improve our libraries or questions?** Contact Sandy Steinbach, Peggy Cushman (Clubhouse Library) or Karen Sexton (TP Library).

CAM CORNER – A New Position and Team Member

I am delighted to introduce our new Property Services Administrative Assistant, Peggy Hindman. Peggy joined our team on June 10, 2024, and brings a wealth of experience and dedication.

Originally from the Pittsburgh area, Peggy has made Naples her home since 2006. She attended the University of Pittsburgh and spent most of her career in banking before transitioning to property management in 2016. Her background as an administrative assistant and assistant property manager makes her a valuable addition to our community.

Peggy is not only a professional but also a warm-hearted individual. As a widow with two children and two grandchildren, she understands the importance of community and connection. When she's not assisting us at Arbor Trace, Peggy enjoys spending time with friends, swimming, working out at the gym, and tending to her garden.

Please join me in welcoming Peggy Hindman to our team. Her commitment to excellence and friendly demeanor will undoubtedly enhance our community experience.

Sincerely, - Mark Loewe, Community Association Manager



Café of Life

Food needs go UP in the summer with children out of school, and a lot of the local charity volunteers go north for the summer. We will be hosting a food drive July 1-10 at Arbor Trace to help! The donation boxes will be in the Clubhouse and Tower lobbies. The top requested items are: canned and dry goods, bottled water, baby supplies, toilet paper, bath soap and shampoo, and household cleaning supplies.

If you cannot get to the Clubhouse or Tower, one of us can pick up your donations. Please call the Clubhouse for assistance. Thank you all very much for your generosity! A special thanks goes out to Joan Millon and Jack Keller for transporting the donations to the center for us!



Tell me something good:

A porch was recently dedicated in memory of one of our recent residents Kathy Friday in Naples. What a wonderful tribute for such a community minded lady who served on the Board of Trustees for the Shelter for Abused Women. Providing a second chance for many women and children transitioning from a difficult situation, they give critical resources to help women in our Naples area.



Arbor Trace Revue—July 2024 Edition

Editor...Jennifer Whitten & Sandy Steinbach

Publisher...Jennifer Whitten

Calendar of Events...Sandy Steinbach

Contributors to this edition... Karen Sexton, Shirley Woolaway, Mark Loewe, Marge O'Kane, Marty Carson

Please visit www.arbortrace.com