



ARBOR TRACE

The Arbor Trace Revue

May 2024 Edition- 1000 Arbor Lake Dr. Naples, FL 34110 (239) 598-2929



TOWER POINTE
AT ARBOR TRACE



Arbor Pointe Foundation, Inc.

Special Thank you to:

Jan Grunewald

Del & Charlotte Gregory

The Schmidt Family

Bill Momberger

Marty Krebs

Dean and Darlyene Yarian

Jack Skees and Marcy O'Meara

Bob and Carole Boyden

Jean Sims

Bill & Nancy Kennelly

For your generosity to the Arbor Pointe Foundation

Gifts of Remembrance, Birthdays or for any occasion can be made to:

The Arbor Pointe Foundation, Inc.

A 501©(3) Charity benefiting the employees here at Arbor Trace in the event of hardships


Mother's Day
BRUNCH
Mother's Day

Mother's Day is May 12th. Please make your reservations at 239-438-4668 to celebrate all the Mother's in your life. Reservations will be cut off 48 hours, or on Friday May 9th so the kitchen can be prepared with the food suppliers. The Colonnade Room will have two seatings: 11:30 a.m. and 2 p.m.

Remember, dress code is Elegant Casual, long pants & jackets are required for gentlemen over the age of 16 and women should wear dresses, skirts, pantsuits or slacks with a blouse. Please avoid wearing leggings and workout clothes.



Arbor Trace

Presents: How to avoid
Probate



Join us for an enlightening and insightful seminar focused on guiding you through the intricacies of avoiding probate, a crucial aspect of estate planning. This event promises to offer invaluable knowledge and strategies to safeguard your assets and streamline the transfer of your estate. Don't miss out on this opportunity to gain a deeper understanding of probate avoidance. Come and discover more about securing your legacy with us. Special Guest Speaker Ned Hale of Hale Law and Title. Light refreshments will be served.

Join us Thursday May, 9th at 10:30 a.m. at
the Gathering Place.

Space is Limited. Please call 239-598-3490 or by
scanning:



Notes from the Director:

April marks the yearly change in Tower Trace and Arbor Pointe Management board member roles. Tower Trace and APM boards run for three year terms and the President of each flips from a Tower Pointe and Arbor Trace resident for each prospective board to give each association equal representation in the community. I would like to thank everyone for the time and effort they put in on our various boards. It definitely can be time consuming!

The Tower Trace Board representatives are: Ann Hocking (TP) President, David Goldstein (AT) Vice President, Tom Casey (TP) Treasurer, Julie Egenberg (TP) Secretary, Hugh Gower (AT) and Pat Mead (AT) Managers.

The Arbor Pointe Management Board representatives are Bob Bortz (AT) President, Bill Kennelly (TP) Vice President, Earle Gates (TP) Treasurer, Sarah Smith (AT) Secretary, Rhona Saunders (AT) and Bernie Baer (TP) Managers.

I'm happy to announce the kitchen has been working hard to create all new menus for the spring/summer. You will start seeing these new menus on May 6th.

Since it's the time of year residents will start taking vacations or going on trips, please remember the front desk ladies need a filled out itinerary form whether you go away for 3 days or 3 months. It is very important that we get the water turned off in your absence and inform maintenance about home watch services etc....and have a way of contacting you in case of an emergency.

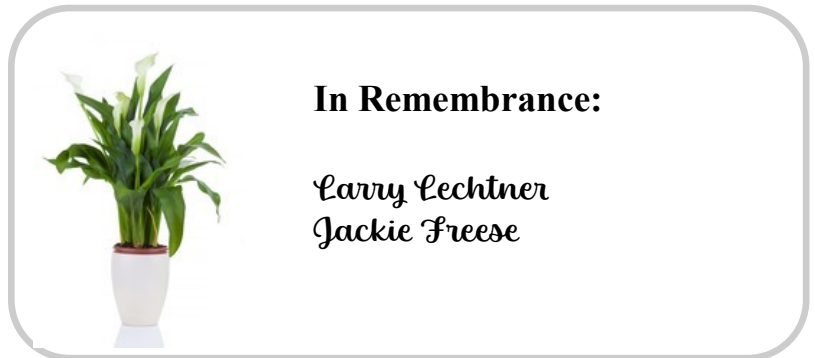
Reminder, per state mandates no glass or animals are allowed in the fenced in pool area. Thank you for your cooperation.

In closing, for the benefit of our newer residents, I would like to call your attention to our website, www.arbortrace.com; it is a wealth of information. (You can explore the site to see what it's like to live in this beautiful community). Under the Events/News tab, you can view the monthly calendar of events, past issues of the newsletter. If you click on the Residents tab, (Passcode: **ArborTrace**) you can check out the weekly menu for the Colonnade Room, and what you may have missed at the last condominium association meeting. In addition to the website, we also have our own in-house television channel 99 and on Facebook find us at: Arbor Trace Senior Living Naples Fl and Arbor Glen Assisted Living Naples FL.



Memorial Day

Memorial Day is Monday, May 27th. We will have a lunch buffet with your favorite cookout items. Lunch is served at Noon. There will be no dinner service that day. Please make reservations at 239-438-4668. The dress code for this event is casual; shorts are permitted. Please help us honor those that gave their all to keep America free.



In Remembrance:

Larry Lechtner
Jackie Freese

May Calendar Notes

Exercise Opportunities

- *Tai Chi Tuesdays is Tuesdays 9:30 a.m. & 10:15 a.m.
- *Sandy's Exercise/Chair Yoga on Channel 99
- *M/W/F at 10:30 a.m. Top of the Pointe Chair Yoga
- *Tuesday/Thursday 9:30 a.m. & 10:15 a.m. Aquacise at the Swimming Pool
- *Pickleball Tuesdays/Thursdays/Saturdays at 8:00 a.m.
- *The Blue Zones Walking Group meets every Wednesday at 8:30 a.m. in front of the Clubhouse for an enjoyable walk
- *The gym at Tower Pointe is open to all residents and their guests

Men are welcome to join the weekly 9:00 a.m. Monday morning coffee in the Gathering Place. Ladies, join us at 9:00 a.m. and each Wednesday morning for a time of coffee, tea, and conversation in the Gathering Place. Come meet new friends!

The Care Support Group meets twice a month at 1:00 p.m. in the Clubhouse Conference Room the first and third Tuesday. Any resident is welcome to join in.

If you are new or looking to meet new friends, sign up in the Dining Room to join The Club Table in the Colonnade on the 2nd and 4th Thursdays at 5:30 p.m.

Join us for a few special events this month! We kick the month off with the Arbor Pointe Foundation Spring Gala "Help Us Bloom" on Wednesday, May 1st starting at 4:30 p.m. Please make reservations in the Colonnade. A special guest speaker will be giving a seminar on "How to Avoid Probate" on Thursday, May 9th at 10:30 a.m. in the Gathering Place. All residents are welcome. Do you like to play poker? Sign up at the Clubhouse and join us Wednesday, May 15th at 7:00 p.m. in the Activity Room. ROMEO (retired old men eating out) enjoys lunch in the Colonnade on Thursday, May 16th. Sign up with Fe at the Clubhouse! All residents are invited to come to the Spring Fling on Friday, May 17th at 4:00 p.m. in the Gathering Place. Sign up by the 15th by putting \$12 exact change into an envelope in the Tower Pointe Mail Room in Bev Mills folder. You won't want to miss this! See the flier for more details. We are heading to downtown Naples on Friday, May 24th for a lunch cruise on the Naples Princess. Sign up at the Clubhouse if you would enjoy a ride on this beautiful luxury yacht.

The summer session of Lifelong Learning will start in June. Join in the Gathering Place to hear Fred Katz give 2 music lectures on May 9th and May 23rd at 2:00 p.m.

Celebrate Mother's Day Brunch on Sunday, May 12th at either the 11:30 a.m. seating or the 2:00 p.m. seating. Advanced reservations are required with the Dining Room.

The Book Club meets in the Gathering Place, at 1:00 p.m. on Friday, May 17th, so come join the group!

Monday, May 20th, we will start the morning with Catholic Mass at 10 a.m. in the Clubhouse Activity Room for anyone who would like to participate.

We will celebrate all residents with a May birthday at 5:30 p.m. in the Colonnade on Thursday, May 30th. RSVP to Fe at the Clubhouse, we hope to see you there to celebrate you! The resident birthday meal is complimentary!

The Arbor Trace Condo Association will meet on Wednesday, May 15th at 3:00 p.m. in the Clubhouse Activity Room for the monthly meeting and the Tower Pointe Condo Association will meet on Thursday, May 23rd at 10:00 a.m. in the Tower Gathering Place for the monthly meeting.

Monday, May 27th at 12:00 p.m. we will enjoy Memorial Day Lunch in the Colonnade. Enjoy a relaxed dress code today and a festive lunch buffet. Let's wear our Red, White and Blue with pride as we honor the memory of those who lost their lives while defending our country. Reservations required by calling the Colonnade.

Transportation

In addition to transportation services for Activity outings, we provide transportation to medical appointments on Tuesdays, Wednesdays, and Thursdays between the hours of 8:00 am and 2:30 pm. Please contact the Clubhouse front desk at least 24 hours in advance to schedule transportation to your appointment (please have your Dr's name, address and phone number handy when you call in your appointment). Please note that appointments are limited to one per resident per day.

4



BIRTHDAY HAPPENINGS:

2nd-Bob Wallace
2nd-Pat Mead
3rd-Maureen Nedved
3rd-John Phillips
5th-Jack Keller
6th-Hugh Prior

7th-Irmi Wannamaker
10th-Sarah Smith
11th-Elaine Carp
15th-Beverly Davison
15th-Barbara Tidrick
16th-Fredi Verdesca

19th-Gerald Nonken
20th-Pat Cadwallader
20th-Frank Coscia
21st-Peggy Cushman
21st-Ann Hocking
25th-Felix Jarczyk

25th-Vincent Marrale
25th-David Sullivan
25th-Barbara Swidler
27th-Judy Daniel
27th-Gordon Svoboda

Sun

Mon

Tue

Wed

Calendar Key


(AR) Clubhouse Activity Room
(CL) Clubhouse
(GP) Gathering Place, Tower Pointe
(TP) Top of the Pointe Club

Sun	Mon	Tue	Wed
<p>5</p> <p>10:30 Naples United Church of Christ Livestreaming (AR) <u>12:00-2:00 Sunday Brunch</u> 1:30 Bridge, Rummikub & Assorted Games (CL) 2:00 Mah Jongg (TP)</p>	<p>6</p> <p>9:00 Men's Coffee (GP) 10:00 Grocery Shopping 10:30 Chair Yoga (TP) 1:30 Walmart Shopping 2:00 Arm Chair Travel (AR) 7:30 Movie (GP)</p>	<p>7</p> <p>9:30 & 10:15 Aquacise 9:30 & 10:15 Tai Chi (AR) 12:45 Mah Jongg (CL) <u>1-4:00 Dr. Teitelbaum (Salon)</u> 1:00 Care Support (AR) 3:00 Wii Bowling (AR) 7:15 Bingo (AR)</p>	<p>1</p> <p>8:30 Blue Zones Walking Group 9:00 Putting on the Green 9:00 Ladies Coffee (GP) 10:00 Episcopalian Service (AR) 10:30 Chair Yoga (TP) <u>4:30 Arbor Pointe Foundation</u></p>
<p>12 Mother's Day</p> <p>10:30 Naples United Church of Christ Livestreaming (AR) <u>Mother's Day Brunch</u> <u>11:30 1st Seating</u> <u>2:00 2nd Seating</u> 1:30 Bridge (CL) 2:00 Mah Jongg (TP)</p>	<p>13</p> <p>9:00 Men's Coffee (GP) 10:00 Grocery Shopping 10:30 Chair Yoga (TP) 1:30 Aldi Shopping 2:00 Arm Chair Travel (AR) 7:30 Movie (GP)</p>	<p>14</p> <p>9:30 & 10:15 Aquacise 9:30 & 10:15 Tai Chi (AR) 12:45 Mah Jongg (CL) 3:00 Wii Bowling (AR) 7:15 Bingo (AR)</p>	<p>15</p> <p>8:30 Blue Zones Walking Group 9:00 Putting on the Green 9:00 Ladies Coffee (GP) 10:30 Chair Yoga (TP) 3:00 ATC Board Meeting (AR) <u>7:00 Poker (AR)</u></p>
<p>19</p> <p>10:30 Naples United Church of Christ Livestreaming (AR) <u>12:00-2:00 Sunday Brunch</u> 1:30 Bridge, Rummikub & Assorted Games (CL) 2:00 Mah Jongg (TP)</p>	<p>20</p> <p>9:00 Men's Coffee (GP) 10:00 Grocery Shopping 10:00 Catholic Mass (AR) 10:30 Chair Yoga (TP) 1:30 Walmart Shopping 2:00 Arm Chair Travel (AR) 7:30 Movie (GP)</p>	<p>21</p> <p>9:30 & 10:15 Aquacise 9:30 & 10:15 Tai Chi (AR) 12:45 Mah Jongg (CL) 1:00 Care Support (AR) 3:00 Wii Bowling (AR) 7:15 Bingo (AR)</p>	<p>22</p> <p>8:30 Blue Zones Walking Group 9:00 Putting on the Green 9:00 Ladies Coffee (GP) 10:30 Chair Yoga (TP) <u>11:00 Let's Dance! (Colonnade)</u> 1:00 Exercise with Sandy on 99</p>
<p>26</p> <p>10:30 Naples United Church of Christ Livestreaming (AR) <u>12:00-2:00 Sunday Brunch</u> 1:30 Bridge, Rummikub & Assorted Games (CL) 2:00 Mah Jongg (TP)</p>	<p>27 Memorial Day</p> <p>9:00 Men's Coffee (GP) 10:30 Chair Yoga (GP) <u>12:00 Memorial Day Casual Lunch (Colonnade)</u> 7:30 No Movie</p>	<p>28</p> <p>9:30 & 10:15 Aquacise 9:30 & 10:15 Tai Chi (AR) 12:45 Mah Jongg (CL) 3:00 Wii Bowling (AR) 7:15 Bingo (AR)</p>	<p>29</p> <p>8:30 Blue Zones Walking Group 9:00 Putting on the Green 9:00 Ladies Coffee (GP) 10:30 Chair Yoga (TP) <u>10:30 Arbor Glen Tour (CL)</u> 1:00 Exercise with Sandy on 99</p>

May 2024



5

Thu	Fri	Sat
<p>2</p> <p>7:30 Pickleball 9:30 & 10:15 Aquacise <u>12:00 Thursday Lunch (Colonnade)</u></p>	<p>3</p> <p>9:00 Grocery Shopping 10:00 Bible Study (GP) 10:30 Chair Yoga (TP) 10:30 Sailboat Regatta</p>	<p>4</p> <p>1:00 Exercise with Sandy on 99 1:30 Wii Bowling (AR)</p>
<p>9</p> <p>7:30 Pickleball 9:30 & 10:15 Aquacise 10:30 How to Avoid Probate, Lecture (GP) <u>12:00 Thursday Lunch (Colonnade)</u> 1:00 Fred Katz Lecture (GP) 1:30 Club Table (Colonnade)</p>	<p>10</p> <p>9:00 Grocery Shopping 10:00 Bible Study (GP) 10:30 Chair Yoga (TP) 10:30 Sailboat Regatta 1:00 Exercise with Sandy on 99 <u>7:15 Naples Artis Classics</u></p>	<p>11</p> <p>1:00 Exercise with Sandy on 99 1:30 Wii Bowling (AR)</p>
<p>16</p> <p>7:30 Pickleball 9:30 & 10:15 Aquacise <u>12:00 Thursday Lunch (Colonnade)</u> 12:30 ROMEO (Colonnade)</p>	<p>17</p> <p>9:00 Grocery Shopping 10:00 Bible Study (GP) 10:30 Chair Yoga (TP) 10:30 Sailboat Regatta 1:00 Book Club (GP) <u>4:00 Spring Fling (GP)</u></p>	<p>18</p> <p>1:00 Exercise with Sandy on 99 1:30 Wii Bowling (AR)</p>
<p>23</p> <p>7:30 Pickleball 9:30 & 10:15 Aquacise 10:00 Tower Pointe Board Mtg (GP) <u>12:00 Thursday Lunch (Colonnade)</u> 1:00 Fred Katz Lecture (GP) 1:30 Club Table (Colonnade)</p>	<p>24</p> <p>9:00 Grocery Shopping 10:00 Bible Study (GP) 10:30 Chair Yoga (TP) 10:30 Sailboat Regatta <u>11:15 Naples Princess Lunch Cruise</u></p>	<p>25</p> <p>1:00 Exercise with Sandy on 99 1:30 Wii Bowling (AR)</p>
<p>30</p> <p>7:30 Pickleball 9:30 & 10:15 Aquacise <u>12:00 Thursday Lunch (Colonnade)</u> <u>5:30 April Birthday Dinner (Colonnade)</u></p>	<p>31</p> <p>9:00 Grocery Shopping 10:00 Bible Study (GP) <u>10:45 Penny Pinchers</u> 10:30 Chair Yoga (TP) 10:30 Sailboat Regatta</p>	 <p>Transportation to Tower Pointe activities is available from the Clubhouse.</p>

Life Long Learning Program

We will see for you the Summer Session will in June!

Monday Night at the Movies
Gathering Place of Tower Pointe
7:30 pm

5/6-The Miracle Club (Drama)
5/13-Walk, Ride, Rodeo (Drama)
5/23-The Irish Wish (Comedy)
5/27-Memorial Day-No Movie

Arbor Trace Board Meeting
Wednesday, May 15th
3:00pm (Activity Room)

Tower Pointe Board Meeting
Thursday, May 23rd
10:00 am (Gathering Place)



Dear Arbor Trace Community,

Our team was astonished by the outpouring of your support for the donation drive. Literally, when we opened the van doors, packages tumbled in all directions!!

THANK YOU SO MUCH!

I want to acknowledge Sandy Steinbach for organizing the event and all the “Sheriff’s” cheerful entourage for their help in loading.

St. Matthew’s House was born out of a shared purpose of helping those in need & support from the community is vital for our existence. In 37years, our continuum of care has evolved not only to help people in crisis but empower their self-sufficiency and return as productive members of society.



Charity for Change

A big thank you to Peg O’Kane from Charity for Change, who came and spoke at our Spring Ladies Luncheon! She shared with us the wonderful work her organization is doing to teach elementary kids positive character traits!



Wine Tasting

We enjoyed an informative Wine Tasting event at the end of March with Jerry, the Wine Whisperer. Jerry made wine fun to understand...and enjoy.



Meet Playful Riley

Riley barked before I rang the bell and gave me an exuberant welcome. He was ready to play after being groomed and walked.

His name is Riley because owner Judy Daniel said, “I knew I would spoil him and he would have the life of Riley “

He is a Petite Goldendoodle purchased from a Naples breeder at eight weeks. Goldendoodles were originally a cross between a Golden Retriever and a Poodle. They are now bred with other Goldendoodles so are not listed with the American Kennel Club though the site calls them no less adorable or desirable.

Now a year and a half old, Riley is “playful, very friendly, loves other dogs, loves being petted.” From the lanai, Riley watches other people and dogs below. When outside or at the dog park he will zoom to catch up with a favorite dog, the “zoomies,” as Judy labels his runs. In the condo Riley has a favorite den chair and a potty pad for when he can’t be walked outside. Though a very lovable pet, he can be naughty chewing on rugs, scattering Judy’s laundry around the condo.

Riley eats Purina’s dry food with a little moist food added. His treats, Milk Bone dog biscuits. A good sleeper, Riley retires each night around 9 p.m. to his bed in the den. He awakens every morning around 6 a.m. when Judy gets up. His coat now with a red tone might have changed his name, she said, to Clifford like the big red dog of children’s books.

By Shirley Woolaway



April Performances:



A few photos of wonderful music performances we enjoyed this month! Arbor Lake Chorus, The Birdwatchers, Lois Kehoe Trio, and The New Chorale of SW Florida.



Arbor Glen Activities

Did you know that you are welcome to participate in any activities in the community? Arbor Glen has a full calendar of activities, whether you want to join in for Bingo, take in an afternoon concert, or join the cocktail hour. Check out the Calendar outside the elevator or on the website. We love to have friends join us!



Spring Fling

Make plans now to join us for the Spring Fling on Friday, May 17th. Dig out your best spring hat ladies, and we will be having an outrageous golf attire contest! The fun starts at 4:00 p.m. and your spot is reserved by putting \$12 exact change in an envelope and depositing it in Bev Mills folder in the Tower Pointe mail room. There will be tasty treats from Mojito's to Cuban sliders, along with the opportunity to learn more and see our Butterfly Garden. See you there!



Naples Princess Cruise

Come join us for a lovely lunch afternoon cruise on the Naples Princess on Friday, May 24th. Take in the beautiful sights of Naples Bay and Port Royal as we make our way to the Gulf of Mexico and back. You can enjoy the sights from the comfort of air conditioning or you can venture to the top deck! Make Reservations by calling the Clubhouse. We will leave Arbor Trace at 11:15 a.m. and the cost is \$72 per person.



THE BOOK CORNER:

* **News from the Clubhouse Library:** Have you visited the library recently? It looks wonderful after the recent painting. Much work by staff and your Library Committee went into this transformation. Every book was removed and re-shelved—a long process but the result is that it's an even more enticing place to visit.

* **News from the Tower Pointe Library:** Our long-time committee member and co-chair, Delores Tiede, has opted to take a deserved rest from her duties. She has given many hours to our library over the last ten-plus years and we so appreciate her and thank her! But there is also good news: Charlotte Gregory has agreed to co-chair the committee and Jeanne Randazzo is joining our ranks...how fortunate for us!

Please note that both libraries are open to residents across the entire community. This means we have a larger choice of books and you have two lovely spots to visit and enjoy.

* **Book Discussion: Tower Gathering Place 1:00 on May 17.** We will be discussing the recent award winner and best seller, "Horse" by Geraldine Brooks. The novel is based on the phenomenal race horse, Lexington, famous in the 1850's--but also moves the readers through two different eras as the novel unwraps and encompasses several story lines. Haven't joined us yet? This could be a good time to jump in and experience how much fun we have. Need help finding the book? Contact Sandy S. or Karen S.

* **Newspapers:** Both libraries try to keep a supply for you to read. But, we need donations. For those who already faithfully share, our thanks!

* **Suggestions** to improve our libraries? Contact Sandy Steinbach, Peggy Cushman (Clubhouse Library) or Karen Sexton (TP Library).

Humane Society Naples

They are in need of all things kitties! Kitten season is in full swing, so if you can help out with donations of wet cat food (Fancy Feast is their favorite), any kind of cat bedding and cat toys. Thank you for your continued support!



R.O.M.E.O.

The bus took off at 12 noon on Friday, April 19th with 16 of us heading for The Black Forest Restaurant. The owner, Klaus, met us at the door & showed us to our pre-set tables. We started with the Pledge of Allegiance followed by singing God Bless America, led by Bill Momberger. Frank Coscia gave grace 2 ways, Catholic & West Point Academy. Mike Clukey asked for a moment of silence in memory of Lou Knouse & Lou DePrisco. While we ate lunch the discussion was Inflation, Trump & the Israel war. The winners of our raffle were Rick Erickson, dinner for two at A.T. donated by our RE Dept. Black Forest donated 2 \$25 gift certificates won by John Keller & Jack Davisson. The \$\$\$ winners were Rick Jackson, Mike Brady & Frank Coscia. All the winners had to give a very brief Biography. Bill Momberger ended the lunch with an array of great jokes!

Next month's luncheon will be May 16th at Arbor Trace.
— Bob Bortz

CAM CORNER - Importance of Home Watch Service for Extended Absences

For the safety and security of our community, the Board has voted to require a Home Watch service for any resident who will be away from their condominium for more than 30 days.

Benefits of Home Watch:

Peace of mind: Knowing your unit is checked on regularly provides peace of mind while you're away.

Early detection of problems: A Home Watch service can identify potential issues like water leaks, unwanted pests, or air conditioning malfunctions before they cause significant damage.

Deterrence of crime: Regular visits to your unit can deter potential criminals.

The condominium association is pleased to offer an **in-house Home Watch service** performed by Arbor Trace staff. This service is offered on a weekly basis for a reasonable fee.

Residents are welcome to utilize a trusted friend, family member, or an external Home Watch service provider. However, if you choose not to use the in-house option, we require a **written report** to be emailed to the Association Manager. This report should document details of the Home Watch visit, including the date and any observations made.

By implementing this mandatory Home Watch policy, the Board aims to promote a safer and more secure living environment for all residents. We encourage everyone to take advantage of this service while they are away from their units.

For further information or to inquire about the in-house Home Watch service, please contact the Front Desk or Tower Concierge.

Thank you for your cooperation.

Mark Loewe, Community Association Manager

Arbor Trace Revue—May 2024 Edition

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Please visit www.arbortrace.com