



ARBOR TRACE

# The Arbor Trace Revue

February 2024 Edition- 1000 Arbor Lake Dr. Naples, FL 34110 (239) 598-2929



TOWER POINTE  
AT ARBOR TRACE



## The Arbor Tracer

We are so excited our long awaited bus is here! The bus has the capacity for up to 16 passengers and two wheelchairs or 18 passengers without wheelchairs. We look forward to more group outings!



## Welcome Your New Neighbor

It's not everyday where we have the chance to choose our neighbors!

Arbor Trace will be hosting an informational cocktail hour on February 22nd at 4pm, at the Top of the Pointe followed by dinner in the Colonnade Room.

If you have someone who would be the perfect addition to the community and would be a great new neighbor please invite them to join us!

Space is limited! So extend this invitation only to your friends who are ready to live the good life at Arbor Trace

RSVP TO 239-598-3490



## Elections Office Tour

We have one more opportunity to investigate the Collier County Supervisor of Elections process on February 5<sup>th</sup>. We hope you will join us on a trip to the south side of Naples to learn more about voting. Whether you vote by mail, in person, are a new voter to Collier County or you are concerned about the safety of your ballot, this trip is for you. Sign up at the Clubhouse for transportation, leaving Arbor Trace at 9:00 a.m. After the tour, we will process the experience with lunch at Michelob's and then return to Arbor Trace. Please plan to wear comfortable shoes!



## Shredding Service

On Friday, February 2nd we will have the shredding truck out in front of the Tower and Clubhouse. You do not need to remove staples or paperclips to have things shredded. If you use the big binder clips they will need to be removed before they go in.

## Notes from the Director:

It's always scary to think of an emergency affecting you or someone you love, but the fact of the matter is that as we get older, the risk of having a life-altering emergency increases. For this reason, some people choose to sign a Do Not Resuscitate Order (DNRO) if they may face a life-or-death incident.

When emergency personnel is called to a home due to a health emergency, the main rule of thumb is that they will do whatever possible to keep the patient alive. Oftentimes, this means using invasive emergency techniques such as breathing tubes or heart shocks. When someone is in poor health, one of these types of incidents can leave the patient in a worse condition with an extremely poor quality of life, and potentially only living off tubes and machines. Therefore, some people choose to sign a Do Not Resuscitate Order, which alerts emergency personnel to the fact that this person does not want to be resuscitated if their breathing or heart stops.



In the State of Florida, only those with end-stage medical conditions can secure a DNRO. The DNRO form is form number 1896, and it can be found in many doctors' offices or on the Florida Department of Health website. It is a yellow form that must be completed by either the patient or a legal representative of the patient, and the patient's physician. It's important to note that the form must always be on the required yellow paper and is not valid on white or any other color paper. The DNRO should be kept in an easily accessible location in the home; a preferred location would be on your refrigerator with your file for life. Remember it holds instructions for emergency responders who come to the aid of a patient and tells first responders that the patient does not want to be resuscitated with artificial breathing tubes or undergo CPR or heart shocks. Please also make sure your File of Life stays updated.

We welcome all our new committee and board members, we appreciate your time and effort to keep the community running smoothly.

In closing, I would like to welcome our new Director of Real Estate Sales, Douglas Milano. He has an extensive background in Real Estate and is a third generation contractor. He will join Greg Govoni and Lily Mejia in the Arbor Trace Realty office. Please give him a warm welcome when you see him.

Best,  
Jennifer Whitten  
Executive Director

### In Remembrance:



Lou Knouse  
Gisela Taft  
Betty Coumbe  
Bill O'Connell  
Priscilla Keller

## February Calendar Notes

### Exercise Opportunities

- \*Tai Chi Tuesdays at 9:30 a.m. (balance focus) and 10:15 a.m. Clubhouse Activity Room
- \*Sandy's Exercise/Chair Yoga on Channel 99
- \*M/W/F at 10:30 a.m. Top of the Pointe Chair Yoga
- \*Tuesday/Thursday 9:30 a.m.& 10:15 a.m. Aquacise at the Swimming Pool
- \*Pickleball Tuesdays/Thursdays/Saturdays at 8:00 a.m.
- \*The Blue Zones Walking Group meets every Wednesday at 8:30 a.m. in front of the Clubhouse for an enjoyable walk
- \*The gym at Tower Pointe is open to all residents and their guests

Men are welcome to join the weekly 9:00 a.m. Monday morning coffee in the Gathering Place. Ladies, join us at 9:00 a.m. each Wednesday morning for a time of coffee, tea, and conversation in the Gathering Place. Come meet new friends!

The Care Support Group meets twice a month at 1 p.m. in the Clubhouse Conference Room the first and third Tuesday. Any resident is welcome to join in, especially if you have recently lost someone or could use some emotional support for changes you are going through.

If you are new or looking to meet new friends, sign up in the Dining Room to join The Club Table in the Colonnade on the 2<sup>nd</sup> and 4<sup>th</sup> Thursdays at 5:30 p.m.

Join us for a trip to the Collier County Elections Office on Monday, February 5<sup>th</sup> at 9:15 a.m. Sign up at the Clubhouse to get an in-depth look at the elections process in person! Afterwards we will stop for lunch at Michelob's. Please wear comfortable shoes.

Join us for special music this month! Resident Rob Wilde is bringing his Ukele group "Hugs" to perform for us on Friday, February 2<sup>nd</sup> at 4:00 p.m. at the Top of the Pointe. Get ready to be blown away by the sweet sounds of the Ukelele! Suzanne & Jim will be back in the Clubhouse Lobby to perform on Friday, February 9<sup>th</sup>. The Paradise Coastmen Barbershop Chorus (featuring our very own Bill Momberger) will be here to perform at the Top of the Pointe at 4:00 p.m. on Friday, February 23<sup>rd</sup>.

Join the February Management Party on Valentine's Day Wednesday, February 14<sup>th</sup>. Please call the Dining Room to make reservations.

The winter semester of Lifelong Learning is in full swing! We encourage you to pick some classes to attend. All are open to our residents and their guests and are located on the ground floor of the Tower in the Gathering Place. Keep learning new things to expand your mind in the new year!

Men, the ROMEO lunch meets at 12:00 p.m. on Friday, February 16<sup>th</sup> so make sure to sign up at the Clubhouse for a fun men's lunch! The Book Club meets in the Gathering Place, at 1p.m. on Friday, February 16<sup>th</sup>, so come join the group!

The Resident Art Showcase will take place on Sunday, February 18<sup>th</sup> afternoon at the Top of the Pointe. If you have created art in your life then show it, and if you admire art, stop by and enjoy your neighbors' talents!

Monday, February 26<sup>th</sup>, we will start the morning with Catholic Mass at 10 a.m. in the Clubhouse Activity Room for anyone who would like to participate.

Thursday, February 29<sup>th</sup> we will be playing Bunco in the Clubhouse Activity Room at 1:00 p.m. so sign up with Fe to reserve your spot for this fun dice game. We will celebrate all residents with a February birthday at 5:30 p.m. in the Colonnade. RSVP to Fe at the Clubhouse, we hope to see you there to celebrate you! The resident birthday meal is complimentary!

The Arbor Trace Condo Association will meet on Wednesday, January 21st at 3:00 p.m. in the Clubhouse Activity Room for the monthly meeting and the Tower Pointe Condo Association will meet on Thursday, January 29<sup>th</sup> at 10 a.m. in the Tower Gathering Place for the monthly meeting.

# 4



## BIRTHDAY HAPPENINGS:

3rd-Sonia Kahl  
 3rd-William Wannamaker  
 4th-Florence Pellegrini  
 4th-John Wooldridge  
 6th-Lynn Phillips  
 6th-Linda Scheinberg  
 7th-Jo Sperazza  
 7th-Thomas Casey  
 9th-Jan Casey  
 11th-Suzanne Stickel

12th-Sandra Kuhn  
 13th-Harry DeSmet  
 13th-Nancy Nason  
 15th-Barbara Wilson  
 17th-Gordon Brown  
 18th-Sandy Grady  
 18th-John Peterson  
 19th-Marcy O'Meara Skees  
 20th-Jackie David  
 21st-Carole Armstrong

22nd-Jack Davisson

# Feb

| Sun  | Mon   | Tue  | Wed   |
|--|---|--|---|
| <p><b>Calendar Key</b></p> <p>(AR) Clubhouse Activity Room<br/>           (CL) Clubhouse<br/>           (GP) Gathering Place, Tower Pointe<br/>           (TP) Top of the Pointe Club</p>  |   |  |   |
| <p><b>4</b></p> <p>10:30 Naples United Church of Christ Livestreaming (AR)<br/>           12:00-2:00 Sunday Brunch<br/>           1:00 Exercise with Sandy on 99<br/>           1:30 Bridge, Rummikub &amp; Assorted Games (CL)<br/>           2:00 Mah Jongg (TP)</p>   | <p><b>5</b></p> <p>9:00 Men's Coffee<br/> <u>9:00 Elections Office Tour &amp; Lunch</u><br/>           10:30 Chair Yoga (TP)<br/>           1:00 Exercise with Sandy on 99<br/>           2:00 Shopping at Aldi<br/>           2:00 Arm Chair Travel (AR)<br/>           7:30 Movie (GP)</p>                                    | <p><b>6</b></p> <p>9:30/10:15 Aquacise<br/>           9:30/10:15 Tai Chi (AR)<br/>           10:00 Lifelong Learning (GP)<br/>           1:00 Exercise with Sandy on 99<br/>           1:00 Care Support (AR)<br/>           1:00 Mah Jongg (CL)<br/>           7:15 Bingo (AR)</p>                                  | <p><b>7</b></p> <p>9:00 Blue Zones Walking Group<br/>           9:00 Putting on the Green<br/>           9:00 Ladies Coffee (GP)<br/>           10:30 Chair Yoga (TP)<br/>           1:00 Exercise with Sandy on 99<br/>           2:00 Ladies Gym Tutorial</p>     |
| <p><b>11</b></p> <p>10:30 Naples United Church of Christ Livestreaming (AR)<br/>           12:00-2:00 Sunday Brunch<br/>           1:30 Bridge, Rummikub &amp; Assorted Games (CL)<br/>           2:00 Mah Jongg (TP)</p>  | <p><b>12</b></p> <p>9:00 Men's Coffee<br/>           10:00 Grocery Shopping<br/>           10:30 Chair Yoga (TP)<br/>           1:00 Exercise with Sandy on 99<br/>           1:30 Shopping at WalMart<br/>           2:00 Arm Chair Travel (AR)<br/>           7:30 Movie (GP)</p>   | <p><b>13 Fat Tuesday</b></p> <p>9:30/10:15 Aquacise<br/>           9:30/10:15 Tai Chi (AR)<br/>           10:00 Lifelong Learning (GP)<br/>           1:00 Mah Jongg (CL)<br/>           2:30 Great Decisions (GP)<br/>           3:00 Wii Bowling (AR)<br/>           7:15 Bingo (AR)</p>                           | <p><b>14 Valentine's Day</b></p> <p>9:00 Blue Zones Walking Group<br/>           9:00 Putting on the Green<br/>           9:00 Ladies Coffee (GP)<br/>           10:30 Chair Yoga (TP)<br/> <u>5:30 Valentine's Day Management Party</u></p>                        |
| <p><b>18</b></p> <p>10:30 Naples United Church of Christ Livestreaming (AR)<br/>           12:00-2:00 Sunday Brunch<br/> <b>1:00 Resident Artist Showcase (TP)</b><br/>           1:30 Bridge, Rummikub &amp; Assorted Games (CL)<br/>           2:00 Mah Jongg (GP)</p> | <p><b>19 Presidents Day</b></p> <p>9:00 Men's Coffee<br/>           10:00 Grocery Shopping<br/>           10:30 Chair Yoga (TP)<br/>           1:00 Exercise with Sandy on 99<br/>           1:30 Shopping at Trader Joe's<br/>           2:00 Arm Chair Travel (AR)<br/>           7:30 Movie (GP)</p>                         | <p><b>20</b></p> <p>9:30/10:15 Aquacise<br/>           9:30/10:15 Tai Chi (AR)<br/>           10:00 Lifelong Learning (GP)<br/>           1:00 Mah Jongg (CL)<br/>           1:00 Care Support (AR)<br/>           2:30 Great Decisions (GP)<br/>           3:00 Wii Bowling (AR)<br/>           7:15 Bingo (AR)</p> | <p><b>21</b></p> <p>9:00 Blue Zones Walking Group<br/>           9:00 Putting on the Green<br/>           9:00 Ladies Coffee (GP)<br/>           10:30 Chair Yoga (TP)<br/>           1:00 Exercise with Sandy on 99<br/>           3:00 ATC Board Meeting (AR)</p> |
| <p><b>25</b></p> <p>10:30 Naples United Church of Christ Livestreaming (AR)<br/>           12:00-2:00 Sunday Brunch<br/>           1:30 Bridge, Rummikub &amp; Assorted Games (CL)<br/>           2:00 Mah Jongg (TP)</p>  | <p><b>26</b></p> <p>9:00 Men's Coffee<br/>           10:00 Grocery Shopping<br/>           10:00 Catholic Mass (AR)<br/>           10:30 Chair Yoga (TP)<br/>           12:30 Chorus Practice Starts (TP)<br/>           1:30 Shopping at Wal-Mart<br/>           2:00 Arm Chair Travel (AR)<br/>           7:30 Movie (GP)</p> | <p><b>27</b></p> <p>9:30/10:15 Aquacise<br/>           9:30/10:15 Tai Chi (AR)<br/>           10:00 Lifelong Learning (GP)<br/>           1:00 Mah Jongg (CL)<br/>           2:30 Great Decisions (GP)<br/>           3:00 Wii Bowl (AR)<br/>           7:15 Bingo (AR)</p>  | <p><b>28</b></p> <p>9:00 Blue Zones Walking Group<br/>           9:00 Putting on the Green<br/>           9:00 Ladies Coffee (GP)<br/>           10:30 Chair Yoga (TP)<br/> <u>10:30 Arbor Glen Tour</u><br/>           1:00 Exercise with Sandy on 99</p>          |



# February 2024

| Thu   | Fri   | Sat   |
|---|---|---|
| <p><b>1</b></p> <p>8:00 Pickleball<br/>&amp; 10:15 Aquacise<br/><u>Thursday Lunch (Colonnade)</u><br/>Exercise with Sandy on 99<br/>Lifelong Learning (GP)</p>  | <p><b>2</b></p> <p>9:00 Grocery Shopping<br/>10:00 Bible Study (GP)<br/><b>10-12 Community Shredding</b><br/>10:30 Chair Yoga (TP)<br/>10:30 Sailboat Regatta<br/>4:00 Ukelele Group Performs (TP)</p>      | <p><b>3</b></p> <p>1:00 Exercise with Sandy on 99<br/>1:30 Wii Bowl (AR)</p>  |
| <p><b>8</b></p> <p>8:00 Pickleball<br/>&amp; 10:15 Aquacise<br/><u>Thursday Lunch (Colonnade)</u><br/>Exercise with Sandy on 99<br/>Lifelong Learning (GP)<br/><u>Club Table (Colonnade)</u></p>                    | <p><b>9</b></p> <p>9:00 Grocery Shopping<br/>10:00 Bible Study (GP)<br/>10:30 Chair Yoga (TP)<br/>10:30 Sailboat Regatta<br/>4:00 Suzanne &amp; Jim Perform (CL)</p>  | <p><b>10</b></p> <p>1:00 Exercise with Sandy on 99<br/>1:30 Wii Bowl (AR)</p> |
| <p><b>15</b></p> <p>8:00 Pickleball<br/>&amp; 10:15 Aquacise<br/><u>Thursday Lunch (Colonnade)</u><br/>Exercise with Sandy on 99<br/>Lifelong Learning (GP)</p>   | <p><b>16</b></p> <p>9:00 Grocery Shopping<br/>10:00 Bible Study (GP)<br/>10:30 Chair Yoga (TP)<br/>10:30 Sailboat Regatta<br/><u>12:00 ROMEO</u><br/>1:00 Book Club (TP)<br/><u>6:15 Artis Classics</u></p> | <p><b>17</b></p> <p>1:00 Exercise with Sandy on 99<br/>1:30 Wii Bowl (AR)</p> |
| <p><b>22</b></p> <p>8:00 Pickleball<br/>&amp; 10:15 Aquacise<br/><u>Thursday Lunch (Colonnade)</u><br/>Exercise with Sandy on 99<br/>Lifelong Learning (GP)<br/><u>Club Table (Colonnade)</u></p>                   | <p><b>23</b></p> <p>9:00 Grocery Shopping<br/>10:00 Bible Study (GP)<br/>10:30 Chair Yoga (TP)<br/>10:30 Sailboat Regatta<br/><u>10:45 Penny Pinchers</u><br/>4:00 Paradise Coastmen Perform (TP)</p>       | <p><b>24</b></p> <p>1:00 Exercise with Sandy on 99<br/>1:30 Wii Bowl (AR)</p> |
| <p><b>29</b></p> <p>8:00 Pickleball<br/>&amp; 10:15 Aquacise<br/>Tower Pointe Board Mtg (GP)<br/><u>Thursday Lunch (Colonnade)</u><br/>10:00 Bunco (AR)<br/>Lifelong Learning (GP)<br/>February Birthday Dinner</p> |  <p>Transportation to Tower Pointe activities is available from the clubhouse.</p>                                       |   |

**Life Long Learning Program**

- Thursday, February 1st 2pm  
*“Presidential Libraries”*
- Tuesday, February 6th 10am  
*“Love & Romance”*
- Thursday, February 8th 2pm  
*“Communicate Your Passion”*
- Tuesday, February 13th 10am  
*“The Wine Whisperer, Sparkling Wines & Roses”*
- Thursday, February 15th 2pm  
*“Androids Assemble!”*
- Tuesday, February 20th 10am  
*“Music from Our Youth”*
- Thursday, February 22nd 2pm  
*“The Story of Movie Westerns”*
- Tuesday, February 27th 10am  
*“Book Clubs in America”*
- Thursday, February 29th 2pm  
*“Could We Have Another Civil War?”*

**Arbor Trace Board Meeting**  
Wednesday, February 21st  
3:00pm (Activity Room)

**Tower Pointe Board Meeting**  
Thursday, February 29th  
10:00 am (Gathering Place)

**Monday Night at the Movies**  
Every Monday Night  
Gathering Place of Tower Pointe  
7:30 pm

- 2/5-Victoria & Abdul (Drama)
- 2/12-My Best Friend’s Wedding (Romantic Comedy)
- 2/19-Rescued by Ruby (Drama)
- 2/26-Lift (Action/Adventure)



**Coming Soon!**

**Tour & Lunch at St. Matthew's House**

Save the date for Friday, March 1<sup>st</sup> for a trip to St. Matthew's House. We will tour this important local organization and learn more about their mission of helping the thousands of people in SW Florida that struggle with hunger, homelessness, and addiction.



**Great Decisions**

Our discussion group, will start in February and will meet 8 weeks starting February 13<sup>th</sup>, on Tuesdays at 2:30 p.m. Make plans now to join us for discussions on current world affairs. Topics will be Mideast Realignment, Climate Technology & Competition, Science Across Borders, U.S.-China Trade Rivalry, NATO's Future, Understanding Indonesia, High Seas Treaty, and Pandemic Preparedness. Please sign up at the Clubhouse and a book will be sent to you.



**Spring Chorus**



Do you love to sing? Come join the resident choir for the spring chorus. Practices are held on Mondays at 12:30 p.m. at the Top of the Pointe, starting Feb 26th. We would love to see you there! Enjoy friendship, fun, and good exercise using those singing muscles! Thank you to director Barbara Smith for all your efforts.

**New Years Eve**

What a wonderful New Years Party! Thank you to the Kitchen staff for the scrumptious buffet. So nice to see everyone dancing 2023 away!



*Welcome New Resident:* **Sarah Smith** 2-301



What a compliment to Arbor Trace to welcome yet another family connection, this time **Sarah Smith**, the younger sister of Annie Knouse. She grew up in Chillicothe, Ohio, and attended The Ohio State University. Fashion merchandising was her ticket to NYC, then spent 3 years at Halle Bros in Cleveland.

Married to a GI just returned from Viet Nam, they lived in the Columbus area for 25 years. Using her marketing skills, she operated two shops named *Grin and Share It* that offered unusual greeting cards and gifts. What a satisfying and interesting way to spend one's working years.

Upon moving to Naples in 1998, she was a sales representative for Recycled Paper Products in SW Florida. In her spare time, Sarah enjoys needlepoint, knitting, reading, and mahjong.

Following her husband's recent passing, the decision to move from Spanish Wells that had been home for 23 years to Arbor Trace was explored. We are so happy to have Sarah as a new neighbor and a volunteer member of our new Marketing Committee. You will love getting to know this outgoing lady and Mr. Bill, her friendly feline.

- Marty Carson



**Help wanted!**

Do you enjoy meeting new people and writing? We are looking for a new Tower Pointe volunteer to do our Tower Pointe New Resident Spotlight each month for the newsletter. If you are interested please see Sandy at the Clubhouse. This vital service helps new residents feel welcome in our community and connects various people together through common interests and experiences, as well as putting names with faces.

**Meet Pretty Peaches**

Barbara Tidrick doesn't have to wait for summer to enjoy peaches. She has her very special Peaches living in the condo with her. A small yellow and orange Son conure parrot, Peaches has been with Barbara practically since birth. Found at an Orlando bird shop, the owner let Barbara take Peaches before weaning because of her prior experience with birds. She's had three others, the first when she was 12. Barbara hand fed Peaches and they bonded. Now Peaches is protective of Barbara with her loud calls letting a new visitor know it's her territory. "She'd rather be with me than anything else", according to Barbara who said "I'm her Mommy." "They cuddle together at night while watching TV and she eats what I eat, enjoying my Danish in the morning." Peaches also likes apples and grapes, cereal, peanut butter, pizza, chopped nuts and parrot seed.

Barbara said Peaches is very smart with the mentality of a two or three year old child. She knows and speaks words like "up, what, bye bye," and she loves to sing and dance to music, bouncing up and down to the rhythm. "She will also poop on command when she hears "go potty"." Barbara changes the newspaper in the cage every day and cleans the cage every few weeks. Barbara said birds need a lot of rest and Peaches gets it going to bed late and getting up late on Barbara's sleep schedule. She covers Peaches cage when she retires and uncovers the cage around noon. Peaches has a life expectancy between twenty and thirty years so we wish Barbara and Peaches a long relationship, but before getting a parrot as a pet check out the cautions online.

By Shirley Woolaway



**Arbor Pointe Foundation, Inc.**

**Special Thank you to:**

**Carole Armstrong  
Marty Carson  
Eva Klinger  
Charles Kerwood III  
Linda Miles  
Bobbie & Dave Ray  
Sarah Smith  
Nancy Downey  
Marilyn Heigl**

For your generosity to the Arbor Pointe Foundation in memory of Jean Alexiou & Lou Knouse

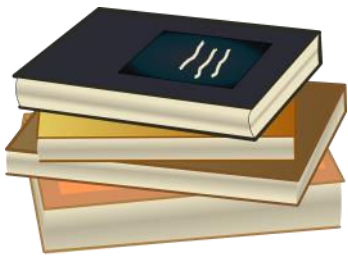
Gifts of Remembrance, Birthdays or for any occasion can be made to:  
The Arbor Pointe Foundation, Inc.

A 501©(3) Charity benefiting the employees here at Arbor Trace in the event of hardships and scholarships

**Fred Moyer Performance**

What a spectacular performance by Fred Moyer on Wednesday, January 17<sup>th</sup>!





**THE BOOK CORNER:** Are you a book lover? Like puzzles? Looking for newspapers? Head to the libraries in the Clubhouse or the Tower. These libraries are real assets which we are lucky to have; we hope you check them out.

\* **Book Discussion:** Join us in the **Tower Gathering Place on February 16, 1:00** to discuss “Have You Seen Luis Velez” by C. R. Hyde. This is a top-rated heartwarming tale of two strangers who find that kindness is a powerful antidote to fear.

\* The Tower library has donated newspapers for you to borrow and enjoy: “Naples Daily News”, “New York Times”, “The Wall Street Journal” and “Florida Weekly”.

\* Check out the Tower grey book bins in the back of the library; these are extras that will be donated.

Feel free to browse through and take home whatever interests you.

\* The Tower House Committee “Lost and Found” basket is located in our library. Always a good place to look for that lost sweater, cane, keys, etc.

- Karen Sexton

## CAM Corner: Looking for purpose with a sprinkle of sunshine? Volunteer at Arbor Trace!

Do you have a heart for community and a desire to share your skills? Arbor Trace, a vibrant senior living community, is seeking passionate volunteers like you! We offer a variety of opportunities to lend a hand and make a meaningful difference in the lives of our residents.



**Green thumbs rejoice!** Our landscaping committee needs your help keeping our grounds beautiful. Whether you're a seasoned gardener or a budding enthusiast, your contribution will bring color and cheer to our residents' daily walks.

**Love to share a laugh and spread joy?** Join our social committee! Plan movie nights, organize fun social events, or host themed tea parties. Your creativity and enthusiasm will light up the faces of our residents, forging lasting memories and fostering a sense of connection.

**Looking for a sharp mind to put to good use?** Our compliance committee needs your keen eye for detail. Help ensure a safe and comfortable environment for residents by reviewing the association rules, and reporting concerns. This role is perfect for those who enjoy problem-solving and lend a hand with a practical approach.

No matter your skillset or interests, there's a place for you at Arbor Trace. Volunteering here isn't just about giving back; it's about building genuine connections, sharing your talents, and creating a brighter future for our residents. Contact a Board Member or the Manager to learn more about our volunteer opportunities. Remember, a little time can make a big impact. Let's spread smiles and sunshine together!

- Mark Loewe



### Atrium Garden

Kudos to Sandy Bortz, Kristine Bergenheim (pictured) and Gonzalo from Expert Landscaping. These three work tirelessly all year to keep the atrium looking pristine. Thank you for your dedication to our community!

- Jennifer Whitten

### R.O.M.E.O. Retired Old Men Eating Out

On January 18th we had 21 men for our luncheon. We started with the Pledge of Allegiance followed by singing God Bless America. I then said grace. While we were being served our beverages Bill Momberger & John Keller entertained us with some great jokes. Lunch was served & the discussion around the table was the upcoming election & the war. After lunch we had our famous raffle. Lou DePrisco won a magnum of Champagne donated by the Kitchen. Bill Kennelly won a dinner for two at Arbor Trace which was donated by the Real Estate department. The \$\$\$ winners were Jack Nason, Jim Brock & Bill Momberger.

The next Romeo will be on Friday February 16th at Pelican Isle Yacht Club & we'll get there on our new bus!

### Arbor Trace Revue—February 2024 Edition

**Editor...**Jennifer Whitten & Sandy Steinbach

**Publisher...**Jennifer Whitten

**Calendar of Events...**Sandy Steinbach

**Contributors to this edition...** Karen Sexton, Shirley Woolaway, Marty Carson, Mark Loewe

**Please visit [www.arbortrace.com](http://www.arbortrace.com)**