



ARBOR TRACE

# The Arbor Trace Revue

July 2022 Edition- 1000 Arbor Lake Dr. Naples, FL 34110 (239) 598-2929



TOWER POINTE  
AT ARBOR TRACE



**Christa Orlikoff 9-303**

Christa Orlikoff is a WWII survivor with many remarkable stories to tell of those years in Mannheim, Germany as a young girl living with her grandmother. She was just two years old when her Mother passed away and of course doesn't remember that time of her life. She learned English while riding the streetcar to school and listening to the GIs speaking American. Her teacher was very much opposed to that accent. Her father was a wine farmer, a very wealthy businessman with many accounts throughout the continent, and she would travel with him becoming a very spoiled daughter.

Christa lived in England, Scotland, and Greece and later, while working as a bookkeeper in the fashion industry, she met her future husband, Bob, a handsome young Captain from Newark, NJ and a West Point graduate. While he was stationed in Germany, he wanted her to "check out" living in America, and that took her to Toronto where she applied for a Visa.

In time, she married the love of her life and finally came to the U.S. Bob's Army career took them to Colorado Springs where he retired, and then to Beaufort, NC. There they plied the Chesapeake Bay in their beautiful sailboat for 6 years. A move to Williamsburg, VA found her operating a B&B for 10 years. After 14 years spent living in Jacksonville in a carriage house she moved to Arbor Trace, close to one of her two sons; another lives in St. Augustine. Two granddaughters reside in Orlando.

How wonderful to have a lifetime of experiences and memories to share. You will want to know our new resident. Welcome, Christa.  
- Marty Carson



**Richard & Sally Kuralt T-703**

Dick is from Oceanside, Long Island and Sally is from a small town in SW Wisconsin. They met in the 1970's when they were both employed by a school district in New York's Mid-Hudson Valley. With a Master of

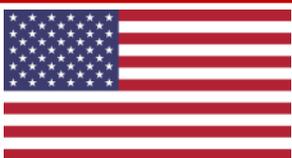
Arts degree and an administrative certificate from the State University of NY, Dick was serving as the district's middle school Principal. Sally is a graduate of the U. of Colorado. She has an MA from Vassar College and was beginning her PhD at Fordham U. in psychology and curriculum and instruction. She was practicing as a K-12 school psychologist in the district. They worked with a team of administrators and teachers to implement instructional strategies designed to improve achievement.

In subsequent years, Dick worked for the State U. of NY at New Paltz and Marist College supervising the work of student teachers and teaching instructional methods. Sally became an asst. superintendent for instruction in Westchester Co. and worked as a consultant to school administrators on improving the evaluation of instruction.

More than 25 years ago, during family visits to Naples with their four children, their love of tennis was heightened which led to the purchase of a condo at Naples Bath & Tennis Club. After retirement, the condo was replaced by a home in the same neighborhood. While in Naples, Sally has continued service efforts and participated in the League Club of Naples and Greater Naples Leadership. Dick has spent many hours in the Grace Place tutoring program.

Their move to Arbor Trace last November with their beloved rescue dog Honey has placed them closer to family in N. Ft. Myers which includes their two year old great grandson!

Dick and Sally appreciate our beautiful guest suites, enjoy meeting new friends in the elevators (don't we all!) and they love all the wildlife they see from their balcony ~ an otter with two babies, a wood stork, and mallard ducks. We welcome Dick and Sally!  
-Joan Millon



**Make Your Reservations  
for July 4th, Noontime  
Buffet. 239-438-4668.**

## Notes from the Director:



What an exciting time to be a part of the Arbor Trace community! We have lots of things happening throughout the campus.

Hotwire is well underway to upgrade our Television and Internet to a Fiber Optic infrastructure. Notices will be forthcoming as they begin to work closer with your units and we look forward to having Hotwire's services fully functional on or before October 1st 2022.

With The Fourth of July upon us, I would like to remind everyone to please make sure you are making reservations for the Colonnade Room with Marcia, 239-438-4668. Also, they are still taking email orders for dining services at [arbortracekitchen@gmail.com](mailto:arbortracekitchen@gmail.com). As we gear up for the summer months, remember that Memorial Day, July 4th, and Labor Day are relaxed on the dress code where shorts are permitted. Memorial Day to Labor Day jackets are optional in the Colonnade Dining Room as well.

We expect more movement on the landscaping at the Clubhouse soon; please see Nona Raines separate article for more information on this project.

Hurricane Season is Here! If you haven't already please make sure you have a plan for the possibility of a Hurricane threat and that Fe or Angie has received your plan.

There are often a number of questions about Association Insurance and what the unit owner is responsible for. Insuring a condominium unit is very different from insuring a single-family home. Here is a brief overview of how property coverage works. The Association purchases property coverage on all building structures for the following perils: fire, windstorm, hailstorm, earthquake and sinkholes etc. In the event of a catastrophic loss, the Association's Insurance will pay to rebuild the structure of the building, including all residential units, back to the original floor plan. However, the Association's Insurance will only rebuild to the bare drywall, including rough plumbing and electric. What this means is that you are left with a unit with bare drywall, no wall coverings, no floor coverings, no cabinets, no lighting fixtures, showers or plumbing fixtures and no built-in appliances. This is why it is important to understand your insurance policy and what you are responsible for. Basically, there are two parts to your homeowner's policy, property coverage to complete the construction to have a unit put back to where it once was and liability coverage that protects you the insured from the risks of liabilities imposed by Lawsuits and similar claims. Please make sure you are aware of the differences and feel satisfied with your coverages.

In closing, I want to wish all of our travelers a happy, healthy summer! Please make sure you fill out Itinerary forms when you leave the community.

Best,  
*Jennifer Whitten*  
 Executive Director



### **In Remembrance:**

*Hank Armstrong*  
*Jo Hiers*  
*Rosalie Konikow*  
*Ed Parsons (former Tower resident)*

## July Calendar Notes

### **Exercise Opportunities-We will continue to show exercise on channel 195, in addition to in person classes.**

- \*Sandy's Exercise at 1pm on Channel 195
- \*M/W/F at 10:30am Top of the Pointe Chair Yoga
- \*Tuesday/Thursday 9:30am & 10:15am Aquacise at the Swimming Pool
- \*Putting on the Greens Wednesdays at 9:00am by the Tennis Court (on hold)
- \*Pickleball Tuesdays/Thursdays/Saturdays at 7:30am
- \*The Blue Zones Walking Group meets every Wednesday at 8:30am in front of the Clubhouse for an enjoyable walk
- \*The gym at Tower Pointe is open to all residents

Check the calendar of events for the daily schedule of events.

As we celebrate the 4<sup>th</sup> of July, come join in the fun and hear the Arbor Lake Chorus perform on Friday, July 1<sup>st</sup> at 4:00pm at the Top of the Pointe, wearing your Red, White and Blue!

We will continue the celebration on Monday, with a lunch buffet at noon in the Colonnade, with entertainment by the Lois Kehoe trio. Delight in a relaxed dress code for lunch today!

Sign up to see Podiatrist, Dr. Teitelbaum Tuesday, July 5<sup>th</sup> starting at 1:00pm in the Salon.

On Wednesday, July 6<sup>th</sup>, come meet Christina Olson, our Real Estate Broker, and her new team at the Top of the Pointe at 3:30pm. Refreshments will be served.

The Yellow Brick Road is calling! Join us to see the Wizard of Oz Friday, July 8<sup>th</sup>.

The bus takes off at 4:45pm for a fun evening of dinner and the show. Sign up at the Clubhouse.

All residents with a July Birthday are invited to join us for dinner on Monday, July 11<sup>th</sup>. Please RSVP to the Clubhouse Front Desk.

ROMEO will be enjoying lunch in our Dining Room on July 14<sup>th</sup>, so guys sign up at the Clubhouse if you are able to participate. We would love to see you there!

The Book Club meets Friday, July 15<sup>th</sup> in the Gathering Place, at 1pm so come join us.

The July Management Party will take place Wednesday, July 20<sup>th</sup> at 5:30pm in the Colonnade Dining Room, so make reservations to attend.

Monday, July 25<sup>th</sup>, we will start the morning with Catholic Mass at 10am in the Clubhouse Activity Room for anyone who would like to participate.

The Care Support Group will be meeting at 1pm in the Clubhouse Activity Room July 5<sup>th</sup> and 19<sup>th</sup>.

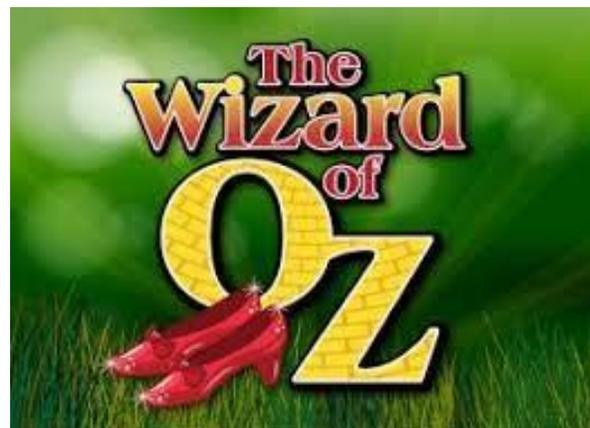
## 6 Key West Cocktail Party

Thankfully no flipflops were blown out! Outfits, Margaritas and a themed menu allowed for our attitudes to be shifted with the latitude. What a great night we had celebrating the warmer weather and the Key West lifestyle.



### Coffee in the Club

Come join us Monday thru Saturday in the Clubhouse for Coffee, cookies, bananas and conversation. Refreshments available 8-11:30 am.



### Broadway Palm Dinner Theatre

This family musical follows Dorothy, the Scarecrow, the Tin Man, the Cowardly Lion and Toto, too! Fly over the rainbow with Dorothy as she learns no matter where our journeys take us, there's no place like home. Enjoy some of your favorite songs and a nice dinner on Friday, July 8<sup>th</sup>. Sign up at the Clubhouse if you would like to go. The cost per person for dinner and the show is \$65 and will be billed to your account.

### Craft Class in Arbor Glen

Last month the ladies in Arbor Glen made some beautiful summer wreaths for their doors. We all had so much fun putting them together and thank our wonderful instructor Diana Chagnon for helping us with this great project!



### Meet your New Real Estate Broker



The Tower Trace board has had a busy couple of weeks, and has appointed Christina Olson as our new broker for the community. Christina comes to us with a wealth of knowledge of communities and is eager to meet all of you. She has great ideas for how we can ensure our friends know about this wonderful community. Please stop by and meet her and wish her a warm welcome. We will have a Wine and Cheese Happy Hour to meet and greet with the entire Real Estate Team on: **July 6<sup>th</sup> at 3:30p.m. at the Top of the Pointe.** Everyone is welcome!

## When, Oh When, will the new Clubhouse Landscaping be Complete?

The answer to this question, asked by many residents, remains to be seen. Bill Fischer explains that since the Clubhouse is a shared facility, in order to address the Clubhouse landscaping problem, an ad hoc Landscape Committee was formed with Sandy Bortz and Jim Brock from Arbor Trace; Jerry Stone and Karen Sexton from Tower Pointe; and Mayer Schwartz and Doug Dick, (chairman), from Tower Trace. The committee has been diligently working for over a year to come up with a plan which will address the drainage issues as well as the Clubhouse landscaping. Water had been seeping into the Clubhouse due to the buildup of mulch over many years. Various plants were researched and considered for their aesthetic beauty and appropriate features. A plan was gradually developed and bids were solicited from three commercial landscapers. The successful bid was awarded to ProScape as their bid was substantially lower than the other bids, and they threw in a one-year guaranteed replacement on the plants. ProScape is the maintenance company which mows our lawns, trims our bushes and sidewalks, blows them clean, and takes care of our flower beds.



First, the existing plants had to be removed, then the land had to be graded by heavy machinery downward away from the building. Irrigation issues had to be addressed in order for the new plants to be adequately watered. Then the long wait for the plantings to begin, and in the meantime, the building look “naked”, “horrid”, “unappealing” for what seem to be a long period of time. Compounding the aesthetic problem, several flower beds around the community were taken up in anticipation of replanting, so the ground in front of the Clubhouse and usual flower planting beds are empty. After the planting is complete, the putting green on the west front side of the building, which was removed in the grading process, will be restored and resurfaced.

We are grateful to the ad hoc Landscaping Committee for their long hours of researching and planning and looking into the various issues which presented themselves during the endless planning and bidding process. We all look forward to the completed project which will emerge in the near future to greatly enhance our community beauty. - Nona Raines

## Hurricane Preparedness – Kevin Cooney, Nick Hoops, Priscilla Clement, Helen Martin, Jennifer Whitten

In recent interviews with Kevin Cooney, retiring Executive Director of Arbor Trace, Nick Hoops, Condo Manager, and two long-time residents, Priscilla Clement and Helen Martin, all gave similar advice to independent living residents. When a hurricane threatens, evacuate if you are able. If not, prepare to stay and do without the services provided by staff, relying on your stock of water and non-perishable food. Be sure to get in a supply of medications. Priscilla stayed here during Irma and had friends from the villas in her guest room on the third floor of Building Two where the residents got together daily and helped each other out. She added,

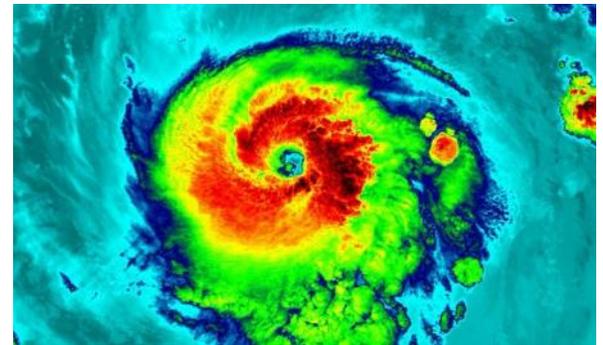
“Evacuate if you can but if not, do the best you can and stay calm.” Helen evacuated but emphasized preparing ahead. “Have a plan and if staying have enough batteries for lights, water and canned food that can be eaten cold.”

When Hurricane Irma impacted Florida in September, 2017, Kevin was in charge of Arbor Glen. He emphasized that the duty of Arbor Trace staff in any crisis including hurricanes is to the residents of the assisted living, as they cannot care for themselves. He said during a mandatory evacuation situation, no one from Arbor Glen would be available for emergency medical assistance with independent residents, nor would help come from calls to 911. Kevin added, if Arbor Glen residents would need to be evacuated, all staff would leave to help its residents. Admission to Arbor Glen will close 72 hours before the expected arrival of a hurricane. According to Kevin, Arbor Glen has made several improvements since Irma; new hurricane-rated windows providing security to residents and staff of the facility, and a new generator that will insure air conditioning, a requirement of Florida legislation. During Irma, Kevin said they had no A/C and had to rely on fans tied to the old generator which also supplied oxygen to three residents. The kitchen’s freezer and refrigerator can also be operational because of the new generator. Two large storage tanks now supply diesel oil to run the generator. Also, added behind Arbor Glen is a new back up lift elevator in case the main Clubhouse elevator should malfunction.

Nick elaborated on the community improvements. They include coating on the flat roof of the Tower, painting and waterproofing on the building and garages, repairing of window sills, exterior doors, the ceiling of the Gathering Room, taking down destroyed awnings, adding new metal awnings over recycling areas, and adding 24 overflow drains to avoid flooding of lower units.

During Irma, excess waste water and sewage were a problem. Now there is a portable generator to pump fluid to the lift stations. The lake’s weir box was installed before Irma and allowed excess water to flow out of it before the storm and can retain it during dry periods. Despite the lowering of the lake’s level there was some flooding during Irma of Building Two’s garages. Other property damage included the dining room ceiling, the loss of A/C units on the Tower roof and an elevator shaft there that filled with water. Nick emphasized that despite all the upgrades, they are subject to failure in a storm. “Assume the worst, and evacuate.” Current Executive Director Jennifer Whitten states; “Find a nice place to hunker down out of the hurricane for a few days as being without power/water can be brutal.”

- Shirley Woolaway





**BOOKS AND BOOK DISCUSSION:** The June book discussion on “Next Year in Havana” by Chanel Cleeton provided several avenues of discussion. While a novel, the references to life among the Cubans—those that relocated to Florida and those that stayed—seemed very real. How did those that stayed feel about those that went north for a better life? And, how were the families sixty years later? In July we are reading “The White Tiger”, a Booker Prize Novel Winner, by Aravind Adiga. In it we’ll be introduced to a “darkly comic Bangalore driver” and follow him through the poverty and corruption of modern India’s caste society. Please join us Friday, July 15th, 1:00pm, in the Gathering Place.

**Books:** Have you read any you’ve enjoyed and would recommend? We’re going to be compiling a comprehensive list of books throughout the summer and in September will vote on the twelve selections for the following year’s discussions. Suggestions can go to Sandy or Karen Sexton—and thank you.

**New books and puzzles:** They keep arriving—wonderful support from all of you and we do appreciate your generosity. -Karen Sexton

**Please note:**

If you are not feeling well, Please cancel your appointments with Housekeeping and Maintenance or other staff. Thank you for your consideration!



**Club Table**

Are you new to Arbor Trace looking to make new friends? Would you like to come to dinner but do not have anyone to come with? Don’t let that stop you! We invite you and anyone who would like the opportunity to dine with others to sign up for the “Club Table” on the 2<sup>nd</sup> and 4<sup>th</sup> Thursday of the month. This “open table” will be a great place for anyone looking for new friends to join in and meet people. Simply call 438-4668 and let them know you would like to sit at the Club Table and there will be a place for you!



**R.O.M.E.O. (Retired Old Men Eating Out)**

On Thursday May 19th we had 28 men for lunch in our Colonnade Room. We met at 12:30pm & started by saying the Pledge of Allegiance to our flag. We followed that with the singing of God Bless America. I then said grace & we all sat to have our preordered lunches served. Much conversation about the war in Ukrainian & our economy. After finishing our dessert, I introduced some first timers, Ron Stickle from bldg. 2, Peter McLaughlin from the Tower and my son Robert Jr. (Reb) who was in from Milwaukee. We then had our raffle drawing: a lunch in the dining room donated by the Real Estate Department was won by Ray Maloney, he also won the next item, a bottle of wine donated by the kitchen. My son Reb won a magnum of Brut Champagne also donated by the kitchen (lucky me). The \$\$\$ winners were Jim Brock, Gunther Luhrs & John Egenberg. We then opened it up for jokes & had some good ones Our next Romeo was on Friday June 17th at the Pelican Isle Yacht Club.  
—Bob Bortz



**Arbor Pointe Foundation**

The Arbor Pointe Foundation, commonly referred to as simply the Foundation, was started back in 2015 as a way to help our wonderful staff to improve their quality of life through education expenses and hardship situations. Over the past 7 years the Foundation has awarded over 25 scholarships and helped in numerous hardships. If you would like to learn more about the tax benefits of donating to this 501c or to learn more about how we are helping others please reach out to Jennifer Whitten.

**Arbor Trace Revue—July 2022 Edition**

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**Please visit [www.arbortrace.com](http://www.arbortrace.com)**