



ARBOR TRACE



TOWER POINTE
AT ARBOR TRACE

The Arbor Trace Revue

1000 Arbor Lake Dr. Naples, FL 34110 (239) 598-2929

*Happy Anniversary
Arbor Trace &
Tower Pointe*

September 2016



ANNIVERSARY

(Arbor Trace 1991-2016)

A lakeside seedling long ago whose flowering was deigned to be, by loving hands and wise, both nurtured and sustained, has thrived for five and twenty years with felicity and grace and now has fully blossomed into cherished Arbor Trace. A haven for so many who in diminishing careers, envision valid respite from routine, restrictive spheres. A tended garden spot they seek where thoughtful care and peace and true civility abound and baneful burdens cease. Here such gracious, genial living illuminates the core of Arbor Trace's nature formed beside her lakeside shore. But praise enough is scarcely found though ancient psalms we comb for honeyed words of honor for this House we now call Home. So joyously we mark the day and beseech the Lord to shed His blessings on thee, Arbor Trace, for endless years ahead.

-Ann Rulon-Miller

You're Invited to the Anniversary Gala!

Come help us celebrate 25 years on Friday, September 23rd in the Colonnade Room. Our special Anniversary Management Party starts at 5:30 pm featuring the musical duo, Cahlua & Cream. Dust off your formal attire and dress to impress this evening as we celebrate in style! Please remember, reservations are required.

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Director's Notes

In the past month, I have heard from several residents who have received telephone calls from unscrupulous con artists who seem to prey on residents in senior living communities such as ours with some sort of scam. These scams usually come in the form of an unsolicited phone call. The scam that I hear about most frequently is the IRS calling to say they are issuing a warrant for your arrest for back taxes, unless you pay immediately. The word "IRS" almost always gets one's attention. Please do not fall prey to this scam, do not confirm your social security number, do not give them any banking or other personal information and absolutely do not send them any money. The IRS never contacts anyone by telephone. If you receive such a call, take note of the telephone number if you have caller ID and ask them for their name and badge number. At this point they will probably hang up on you. However, if they do give you this information you can call the IRS at 1-800-366-4484 to determine if this is a real IRS employee with a legitimate need to contact you.

Another popular scam is the Microsoft technician calling from the Windows Service Center to tell you that your computer has been hacked and that they have been authorized by Microsoft to assist you in fixing the problems on your computer. If you receive such a call, you should hang up immediately. Microsoft does not do that, nor do they have partners who do that, nor do they hire subcontractors or even have volunteers who do that. For heaven's sake, don't give them access to your computer or go to any websites they recommend to download ANYTHING!

Of course, there are many other scam artists out there with any number of creative stories designed to trick you into sending them money or convincing you that you should give them personal information such as your social security number, Medicaid number, credit card number or any other number they may ask for. For example, if your Grandson calls saying he is in trouble and can't call Mom or Dad for help and needs you to wire him money, make sure to ask him "which Grandson"? See if he can come up with the right name. I doubt it! There are a few new ones that came to my attention in just the past few days, one is the U.S. Government Grants office calling to tell you that you have just been awarded a grant. Really? Another, which is more sinister and intimidating is the unidentified authoritative male caller telling you that you have been indicted by the grand jury and that unless you contact him immediately, a warrant for your arrest will be issued. Or, the lady with the heavy Indian accent calling to save you money on your insurance, but first she needs some personal information for her files. Hang up the phone immediately! And last but not least, my all-time favorite is the Lottery scam. You receive the call or sometimes a letter telling you that you have just won a million dollars in the Irish Sweepstakes (or whatever lottery is popular at the time). All they need, is for you to send them your banking information, so the money can be transferred to your checking account or better yet, in order for them to mail or deliver the check, you need to pay the taxes on the winnings in advance. Folks, the chances of your winning a million in the lottery are slim at best, but I can guarantee you this, if you did not play the "Irish Sweepstakes", you did not win it!

In closing, if you ever you get a phone call from anyone, no matter who they say they are, asking for any personal information, hang up. Chances are you are about to be scammed. Don't let anyone threaten or pressure you into doing anything. If they get aggressive, take down their phone number and report them to the Collier County Sheriff's Fraud Hot-Line at 252-2255. Or, if you don't feel comfortable with calling the Fraud Hot-Line, call me instead. I would be happy to help you figure out if the call is legitimate or not.

Yours truly,
Dan Edenfield
Executive Director

Just a Reminder...

- The Clubhouse office is open Monday-Friday from 8:30am - 5:00pm.
- The Colonnade Room is open for dinner Monday-Saturday from 5:30-7:30pm, for lunch every Thursday from 12:00-1:00pm, and Sunday brunch from 12:00pm - 2:00pm.
- For dinner pick-up & delivery call 591-4851 between 2:30-4:30pm. Orders called in after 4:30pm will result in a delay of service.
- Lunch is offered for pick up Monday-Saturday. Menus are available at the front desk. Orders must be called in to the kitchen by 10:30am.

Important Numbers
Community TV Channel
195
Clubhouse Reception
598-2929
Tower Pointe Concierge
598-9229
Sales Office
598-3490

September Calendar Notes

Monday, September 5th: In honor of Labor Day there will be a casual lunch starting at 12:00pm in the Colonnade. Please make reservations at the Clubhouse. Please note there will be no regular dinner service and no movie this evening.

Tuesday, September 6th: In 1984, four country superstars joined forces for the next ten years. The group was made up of Willie Nelson, Waylon Jennings, Kris Kristoferson and Johnny Cash, and they called themselves the Highwaymen. Join Fred and Elsa Katz at 10:00am in the Gathering Place as they tell you the story of the group, play some of their biggest hits and wrap it around a great photo presentation of these fascinating Hall of Fame musicians. Dr. Teitlebaum will be in the Salon at 1:00pm for podiatry services. Please sign up at the Clubhouse if you plan to come.

Friday, September 9th: Join us for Mystery Lunch today by signing up at the Clubhouse. The bus will depart at 11:30am. Resident Jane Herren is turning 100! Come and enjoy a birthday celebration with this amazing lady in the Colonnade. She is providing drinks, and entertainment. Please make reservations at the Clubhouse.

Sunday, September 11th: In celebration of Grandparents Day, come enjoy Sunday Brunch with music featuring Perry Fotos, starting at noon. Please make reservations at the Clubhouse.

Tuesday, September 13th: We have a special trip planned this afternoon to Mikkelsen's Pastry Shop for a tour and cake decorating class. Our residents John & Dot Nichols' daughter and son in law own and operate this top notch bakery. Please sign up if you would like to go. Space is limited.

Monday, September 19th: Join us for a trip to Walmart at 1pm today if you would like to go on the bus. We are celebrating all residents with a September Birthday this evening at 5:30pm. Please make sure to RSVP to the Clubhouse and we will meet under the balloons in the Colonnade Dining Room.

Friday, September 16th: Sign up at the Clubhouse if you would like to go with us to the movies today. We will be seeing the new movie "Sully," featuring Tom Hanks. Look for more information regarding times coming soon.

Wednesday, September 21st: The Arbor Trace Condo Association will be meeting this afternoon at 3:00pm in the Activity Room in the Clubhouse. All members are encouraged to attend.

Friday, September 23rd: Come celebrate 25 years with us in the Colonnade as we gather together for our special Anniversary Management Party starting at 5:30pm featuring Cahlua & Cream. Dress to impress this evening as we celebrate in style! Please remember reservations are required.

Monday, September 26th: ROMEO is at it again! The Retired Old Men Eating Out group is heading to for lunch today at the M Waterfront Grille at Venetian Village at 11:45am. Please sign up at the Clubhouse guys if you would like to go.

Thursday, September 29th: The Tower Pointe Condo Association will be meeting this morning at 10:00am in the Gathering Place at the Tower. All members are encouraged to attend.

Friday, September 30th: Please sign up at the Clubhouse if you would like to go Pinch your Pennies with us this month at 10:45am. This afternoon, Marlene & Chet are returning for an excellent hour of music at the Top of the Pointe, so make sure to make your way there at 4:30pm.

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Touring WGCU

We had a great time at our tour of WGCU (pbs/npr) at FGCU. We enjoyed seeing the studios and production facilities, as well as learning about the history of the station.

-Sandy Steinbach



Ice Cream Social A Good time was had by all!

Eating self-concocted hot fudge sundaes and winning \$50 gift cards to local restaurants were the highlights of the Ice Cream Social, held in the Gathering Place at 4:00 p.m. Sunday, Aug 21, 2016. Restaurants featured were Pincher's Crab Shack, McCormick and Schmick's Seafood and Steak Restaurant at the Mercato, Fleming's Steak House, and wine tastings for four at the newly opened nearby trendy restaurant Cooper's Hawk.

The Arbor Lake Chorus presented a snappy, upbeat program with Barbara Smith, director, Pat Adams: piano, Doug Dick: trumpet, Sonya Moore: drum, and Fred Golden playing the harmonica. Planning the party was the Social Committee of Tower Pointe with Mardelle and Bennett Berman, Co-Chairmen, Beverly Mills, Barbara Wilson, and Nona Raines.

-Nona Raines





R.O.M.E.O

A hungry bunch trundled onto the bus, piloted by Trolley-master-for-the-day Roger for lunch with 24 ROMEOS at Tiburon Golf Club. Upon arrival there was a crush of trenchermen

anxious to exit with Dick Wilson in the lead. We were ushered into a private dining room by Elaine, our hostess.

Before our ravenous eyes, a groaning Buffet table of cold cuts fresh breads, fresh fruit, broccoli soup and cookies beckoning us. Self service was in order.

With the MLB season heating up after the all-star game, conversation turned into a summer version of the hot stove league. Fans of the Yankees, Redsox & the surprising Cubs added to the dialogue.

After the delicious lunch, ROMEOS settled down to listen to the latest addition: Sharing your life. Four members volunteered to comment about life before Arbor Trace & what brought you to Florida and Arbor Trace. Bob Bortz, Dick Wilson, Dean Yarian & Roland Hawes, a young fellow born in 1923, gave us unexpected pleasure in relating their professional and personal lives.

Future ROMEOS will be collared to share similar stories The lottery was then drawn with the winners being, Dean Yarian 3rd, Bill Rice 2nd & Dick Purdy 1st.

Our next ROMEO lunch will be on Sept.26th. at M. Waterfront grille in Venetian Village.

-Bob Bortz



Arbor Tracers

I am a newcomer to the world of Arbor Trace. Where the over 60's or retirees have decided that their "good Life" is not over. In fact this group of people called Arbor Tracers are making certain the word and time of being retired is the enhanced and exciting part of their lives.

It was Mark Twain who said "play is work a body is not obliged to do." Each day Arbor Tracers are out walking for miles. Other swimming, playing tennis or pickle some four times a week. Let Sandy Steinbach announce dinner dance and the floor is covered with Arbor Tracers dancing their life fantastic. I declare there is interesting way of enhancing our senior years beyond physical exercise to refresh one's self. Yes, retirement sneaked up on me not once but twice. I have never felt the emptiness that many friends tell me of. I do miss my job deadlines, international trips and also the unexpected last minute problems to solve that seemed impossible. I soon became in the wonder of Life Long Learning. Arbor Tracers appreciate education and support programs offered by Hodges and other local colleges. I have been involved in teaching Creative writing and poetry. Arbor Tracers are proving that the words "feeble, elderly and aged" should be taken out of Webster's dictionary. Modern medicine has developed aids so that even painful arthritis cannot keep us down. Arbor tracers make a full time job out of living the good life. Up and down Arbor Lake Drive we meet independent and fun neighbors.

Some of us have taken up new careers, while others are off fulfilling long dreams of finding where my heritage began. Some Arbor Tracers are W2 veterans who are arranging to take their grand kids on location to the very places they served, showing them the scars of war and to feel what a gift it is be an American. Arbor Tracers know history, they lived it! Weekly I am off to a writer workshop to work with those who wish to record their life's story. They are keepers of the truth for they were there. I personally am jotting off memories of growing up on a horse farm in the bluffs of southeast Minnesota. Telling my kids and grandkids of the wisdom of my grandparents and parents as I grew up on the very horse farm that they homesteaded, of my siblings, of our love and clan loyalty which gave real family values. Another close and dear fellow writer is writing of growing up in the Ukraine. Another writing of growing up in Ireland. Most Arbor Tracers are readers and appreciate the world inside a book's cover. With not one, but two exact libraries here for us to come by and check out a favorite book. To me reading is a personal indulgence giving me anything my mind can hold and I just keep turning the pages.

Arbor Tracers are on the move discovering secret nature spots along the Gulf and the Everglades with notebook and Camera in hand. Often joining friend and author Marion Hersrud on location to some touch of Old Florida to add to our writings.

We are living life to the fullest no matter the age the birthday book says. Life Long Learning at Arbor Trace giving us the tools, desire and fun filled with new interests and happiness. We are the thinkers and doers offering new interests and friends along the way. Now I must take the time to look at my list!

-Ruth Pattrin



In Loving Memory

Sally Springer



Book Club News

We're Back! The September gathering of the book club will feature a review by Lee Gates of "Eligible" by C. Sittenfeld. We'll be comparing our recent reading of "Pride and Prejudice" with this modern tale of class, courtship, and family set in Cincinnati. Get a copy from Lee.

-Pat Burneson

Coming Soon in October...

Wednesday, October 5th - Oktoberfest Management Party

Thursday, October 20th - Signature Lunch

Friday, October 21st - Romeo Lunch Outing

Monday, October 31st - Annual Costume Contest Management Party

Arbor Trace Our Community of Friendship

We've traveled far, a lifetime long,
To find our home today.

And what we learned, traveling wide,
Has helped in every way.

For now we know what friends are for,
What thoughtfulness entails.

We also know that kindness is
The glow that never fails.

So as the evening's twilight steals,
Reflect upon each day.

Treasure where we've come to rest
And cherish every day.

Hand in hand we'll face the storms
Together smiling true.

For here we know our friends are near
With care to help us through.

Arbor Trace, a gathering of friends who stand together
to face the storms.

-John Francis Dill

Where is Central Park?

You probably think it's in NYC. Oh no. It's between Villas 600 and 700 on the path around the pond.

Many residents have participated in this delightful little area. Basically it's been Marilyn Contrada and Don Boultee who continuously nurtured this little bit of paradise! Thank you!

-Mary Coulson

Morning by Ruth E Pattrin

last night the moon moved
softly left to right
back of Arbor Lake

cardinal was singing
forms of branches
fuller in the dawn

green leaves opening
over Arbor Lake
sun shines

looking into the lake
day grows clear
filled with morning.



The Revue Team

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