



ARBOR TRACE



TOWER POINTE
AT ARBOR TRACE

The Arbor Trace Revue

1000 Arbor Lake Dr. Naples, FL 34110 (239) 598-2929



Welcome Eugene Von Arx 9-103

Gene von Arx came into this world at his grandmother's house in Pittsburgh, PA, in 1921. He attended the local schools, graduating with high honors in science and math. After working for two years to earn money for college, he graduated from Penn State University, again with highest honors in electrical engineering, and went to work at Hamilton Propeller in Hartford, CT. While there, he and his roommate

moved into a boardinghouse, which was occupied by thirty other tenants -- all young unmarried females!! It was Gene's good fortune, as it was there that he met his wife, Betty. They eventually had two children, a son, Jeff, who is a Jesuit priest, and a daughter, Eugenie, a grandchild, and a great grandchild.

After two years in CT, word of his talent got around and he was hired by Sperry Gyroscope on Long Island, NY. Gene was instrumental in designing and developing the sonar system which helped defeat the German U-boats in World War II. Later he developed the guidance system for the lunar orbiter to find a proper landing spot on the moon for the astronauts. He became the chief engineer for Sperry, managing 500 other engineers, and retired as a Vice President of the company.

Upon retirement, Gene and Betty moved to Naples, and eventually ended up in Bay Forest. He was President of the Penn State alumni group in Naples for six years. In Bay Forest, he started the bridge group, and the golf range there is named for him. Betty has since passed away, and Gene is quickly joining in on the many activities here at Arbor Trace.

-Mary DePrisco

JUNE 2017



Way To Go Jennie!

No matter the sport or the team, a State Championship doesn't come easily. So it was only natural that a group of women from Naples are celebrating after capturing Top Honors in the USTA Florida Sectional Championships held on April 13-21 at the USTA National Campus in Orlando.

The women's 8.0 tennis team will now head to the National Tennis Tournament in Arizona representing the State of Florida.

If you look closely at the photo you will notice the Arbor Trace Real Estate Broker, Jennie Bradford receiving these honors along with her teammates. Way to go Jennie! We are so proud of you! Good Luck in Arizona!

-Excerpt taken from the Naples Daily News



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Director's Notes

June 1st marks the official beginning of the 2017 Atlantic hurricane season. We have once again invited representatives from the Collier County Bureau of Emergency Management to give a presentation to our residents at our Annual Hurricane Preparedness Seminar to be held Wednesday, June 7th at 10:00 am in the Gathering Place at Tower Pointe.



Although forecasters are predicting fewer hurricanes this year compared to the last few years, they are still predicting twelve named storms, of which six are predicted to be hurricanes, with two of those predicted to be major hurricanes. I would like to remind everyone that back in 1992, we only had six named storms and one subtropical storm. However, one of those named storms happened to be Hurricane Andrew, which ravaged all of South Florida as a category 5 hurricane. This just goes to show, that no matter what the forecast, you must be prepared for the worst.

For those of you who are dependent upon an oxygen concentrator or other medical devices that require electricity, you should absolutely have a plan for what you will do in the event a hurricane is headed our way. Even with a minimal hurricane or tropical storm, electrical power may be disrupted, possibly for days. The emergency generators in our community only power the elevators and emergency lighting in the Arbor Trace mid-rises and Tower Pointe. The villas in Arbor Trace have no generators at all. Therefore, I would highly encourage residents that have any type of medical condition that would be adversely affected in the event we lose power, to attend the Hurricane Seminar on June 7th to find out what options are available to you, such as the Collier County Special Needs Shelter.

Any resident of Arbor Trace or Tower Pointe, that considers Arbor Glen as part of their back-up plan, should be aware that Arbor Glen can only provide care for up to 29 residents, which is the total number of rooms available in our facility. As I write his article, we currently have 23 rooms occupied and there is no way to know what our occupancy might be later this year. Something else to be considered is the fact that we close Arbor Glen to new admissions 72 hours before any projected landfall of a hurricane in our immediate vicinity. At that point we are busy making sure we have ample medications, food, water and staffing to safely meet the needs of those residents already in our care.

Something else to consider, if you plan to stay in the community in the event of a hurricane, is the fact that we may need to evacuate Arbor Glen residents to another facility, if the threat is severe enough to warrant an evacuation. If this is the case, there will be no nursing personnel on hand to respond to your medical emergencies should one arise, as they must go with the Arbor Glen residents to whatever site we evacuate to. Even if we do not wind up evacuating Arbor Glen, you need to realize that in the event of even tropical storm force winds, we cannot dispatch nurses to your residence, if it puts them in harm's way. This also holds true for County Emergency Medical personnel, as they may not be able to respond to medical emergencies, if sustained winds make it unsafe for them to be on the road.

In closing, let me stress again how important it is that you take personal responsibility for your safety and welfare and have a plan. There will be lots of information available at our Hurricane Seminar. If after attending this Seminar, you still have questions or concerns about what you should be doing to prepare, please call me personally to discuss your individual situation.

Yours truly,
Dan Edenfield
Executive Director

Just a Reminder...

- The Clubhouse office is open Monday-Friday from 8:30am - 5:00pm.
- The Colonnade Room is open for dinner Monday-Saturday from 5:30-7:30pm, for lunch every Thursday from 12:00-1:00pm, and Sunday brunch from 12:00pm - 2:00pm.
- For dinner pick-up & delivery call 591-4851 between 2:30-4:30pm. Orders called in after 4:30pm will result in a delay of service.
- Lunch is offered for pick up Monday-Saturday. Menus are available at the front desk. Orders must be called in to the kitchen by 10:30am.

Important Numbers
Community TV Channel
 195
Clubhouse Reception
 598-2929
Tower Pointe Concierge
 598-9229
Sales Office
 598-3490



June Calendar Notes

Friday, June 2nd: For those who enjoy the beach, hop on the bus with us at 9am. We will get dropped off at Bonita Beach and have some time to swim, walk, or just enjoy the sound of the waves. Bring your own chair, drinks etc...

Wednesday, June 7th: Do you like to knit? Come and meet up with others who do as well at 9:30am in the Clubhouse Lobby. Collier County Emergency Management will be here at 10am in the Gathering Place with important information regarding hurricane season. All residents are encouraged to come as you are responsible for your personal hurricane plan, but if you depend on oxygen, or are new to the community, please make it a priority to attend.

Friday, June 9th: Lunch Bunch is taking off at 11am today. Please sign up at the Clubhouse if you would like to take a ride to Marco Island down to the famous Snook Inn, famous for their salad bar.

Tuesday, June 13th: Did you know you can get your prescriptions delivered to our community free of charge, 5 days a week? A pharmacist will be here from CVS to conduct a brown bag question and answer this morning at 10am in the Gathering Place. If you have any prescription questions, please make sure you bring them with you. This is a great time to ask any drug related questions, and also sign up for free delivery (a credit card is kept on file for your purchases).

Thursday, June 15th: Join us for Signature Lunch today at noon in the Colonnade. Please make reservations at the Clubhouse.

Friday, June 16th: ROMEO (Retired Old Men Eating Out) is heading out this morning at 11:45am. Please make sure you call the Clubhouse to reserve your seat on the bus.

Sunday, June 18th: Happy Father's Day! Please make reservations at the Clubhouse for brunch, which begins at 12pm.

Wednesday, June 21st: The June Management Party begins this evening at 5:30pm in the Colonnade Dining Room. Please make reservations at the Clubhouse, and we will see you there for an enjoyable evening of music, spirits, and dinner.

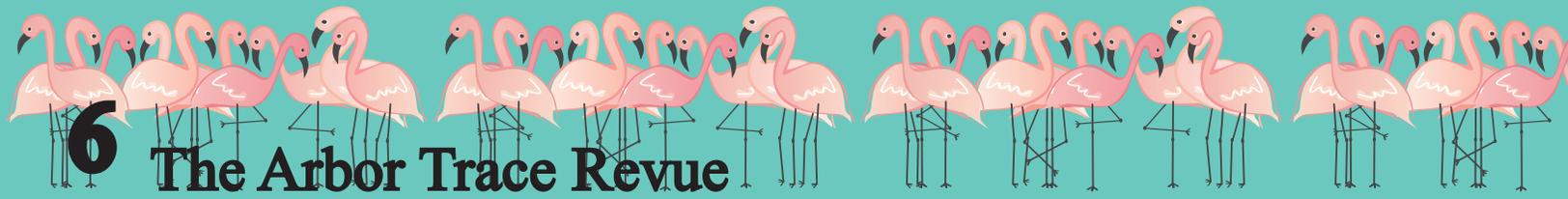
Friday, June 23rd: For those who enjoy the beach, hop on the bus with us at 9am. We will get dropped off at Bonita Beach and have some time to swim, walk, or just enjoy the sound of the waves. Bring your own chair, drinks etc...

Monday, June 26th: The bus heads out for Walmart at 1:00pm. Please sign up at the Clubhouse if you would like to go. This evening we will be celebrating all residents with a June birthday. If this is you, we hope to see you for dinner at 5:30pm under the balloons in the Colonnade.

Tuesday, June 27th: Join Fred and Elsa Katz at 10am in the Gathering Place as they sample the best of the Boston Pops under the direction of Arthur Fiedler and John Williams. Fred and Elsa's multi-media program will take you from Bach and Brahms to Duke Ellington and the Beatles, with Strauss and Gershwin in-between, and much more.

Wednesday, June 28th: Have you ever seen our assisted living in the Clubhouse? Sign up for a spot to tour Arbor Glen this morning at 10am. Come and educate yourself, about this important component of our community.

Friday, June 30th: Take me shopping! Sign up at the Clubhouse if you would like to enjoy a day of shopping and a quick lunch with "Penny Pinchers."



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Aging Out A Good Life



We all know getting older does not mean what our parents felt because we only have to stop at the Arbor Trace to see friends and neighbors painting, doing yoga or enjoying pickle ball or writing life long memories a poem a day or even dancing the night away while dining on gourmet dinners.

Arbor Trace is a phase of our lives where our desires and dreams get a second chance with encouragement to live the way that suits each and everyone best. At Arbor Trace you will find seniors living with passion and confidence. Under the leadership of Manager Dan Edenfield urging one and all to stay active and engaged, staying independent. In other words aging a good life with him and his outstanding staff together enriching each and every one's golden years.

-Ruth E Pattrin

Jack Hemwall

Memories of his friends

Jack Hemwall was one of the rare people who was liked, admired and respected by everyone. And that is because he was a highly decent, caring person. Our community at large will feel his loss. He was such a pleasure to work with and be with.

He made a major contribution to the establishment of Arbor Trace upon the acquisition of the community from the developer. He spent a year and a half as chairman of a group from both Arbor Trace and Tower Point condominiums (the Long Range Planning Committee), which had the key responsibility for setting up the community entities, procedures, rules and committees as the residents took control of the community. He and his committee met at least weekly over that period of time discussing how the two communities could work better together, how inequalities between the two associations could be eliminated, and how the residents could be protected from legal liability from the operations of all services, especially the operations of Arbor Glen. After the turnover was completed, he assumed a leading role in the operations for several years.

Jack was our leader and friend. He kept the committee focused on all aspects. He accepted all topics for discussion and listened to every comment. He made sure we were careful to select the best providers of legal and financial advice. And all of this was done with discretion that avoided controversies that arise when rumors fly. Above all, he made sure that discussions of issues were always done in friendship. Over time, this "caring culture attitude" helped to make Arbor Trace the very special place it is today!

The result of his efforts is that our community is unique among senior communities that also provide assisted living. And that uniqueness has also resulted in a community that residents love and respect.

-John and Ginny Dill for the Long Range Planning Committee



R.O.M.E.O.

The bus ride to our lunch was very short. The Plantation club at the Dunes was just around the corner. This community was built by the current builders of Kalea. We were seated at tables of 6 and the conversation was loud, fortunately we had the entire space to ourselves. The talk was Basketball, Baseball & Trump, enough said. Our "Living Obituaries" were given by Ray Maloney & Manny Cabezas, very different backgrounds & interesting. We had our usually anticipated drawings with Len Bunge winning the lunch in Colonnade room, Bob Bortz a bottle of wine donated by Plantation Club, money winners were 3rd Rodger Lundblad, 2nd Bob Chambers & first Bennett Berman.

I'll report on our lunch at Pelican Marsh Golf Club next month.

-Bob Bortz



Fall Discussion Group

It seems today that we are being bombarded with various opinions about a wide array of topics. It has been proposed that in the fall a discussion group be formed here at Arbor to examine some of these topics. Topics would be selected by the our residents during a summer mailing looking for suggestions. Some possible topics: Healthcare, Climate Change, the Economy, pre-K through high school education in Collier, the impact on social and economics due to the application of Artificial Intelligence and Robotics in industry, medicine, education and other areas. Today there are many different perspectives on these topics and others and the discussions would try to examine the competing positions on these topics.

Participants would be encouraged to examine the topics on the internet or using other sources to gather data to support one position or the other. For some topics we might look to the wide experience and knowledge of some of our own residents. For other topics we might try to enlist invited guests.

-Chuck Theisen



2017 Kentucky Derby



The muddy, exciting 2017 Kentucky Derby was won by Always Dreaming, a horse with a Naples connection, who had never won a previous race! The newspaper reported that a minor owner of the winning horse lives here in Naples! The annual KY Derby Party was held at 5:00 on Saturday, May 6 in the Gathering Place. The hat contest for ladies drew over 20 participants, each with a stunning creation. The first place winner, who won a bouquet of a dozen red roses, was Mary Coulson, (pictured right) with her stylish rosey red creation and matching ensemble. Leslie Tanner won second place with a profusely decorated hat. Three brave men participated in the male hat contest, and the proud winner was Peter Burwell. Hat contest judges were Carl Steinhouse, (a retired federal prosecutor, so he had plenty of experience judging!), Selmer Iverson, and Lou DePrisco.



As always, a delicious buffet was prepared by our outstanding kitchen staff and servers were on hand to serve drinks. Betting was hot, arranged by Bob Bortz & Andy Morrow, and a number of people who chose the winning horse won \$10 each.

The party was planned by the Tower Pointe Activity Committee, ably chaired by Bennett and Mardelle Berman. Bennett served as the master of ceremonies to keep the party lively. Doug Dick lent his tonsorial talent, startling people to attention to announce the beginning of the race on his magnificent trumpet. Even if you don't happen to be a fan of horse racing, the party was a time of excitement, good friends and yummy eats!! -Nona Raines

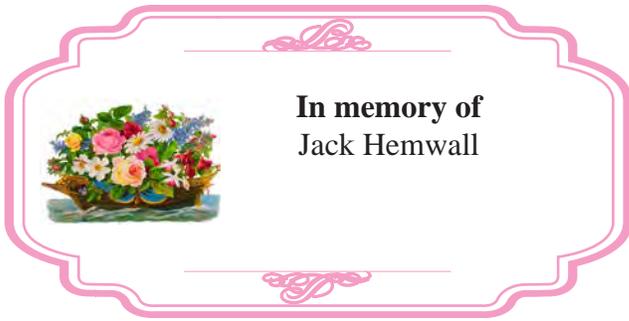


Social Interaction: A Way of Staying Healthy in Arbor Glen

Research indicates that an active social life is of utmost importance in helping older adults gain and maintain a sharp mind, experience a sense of happiness and health, and develop a sense of belonging and purpose. Yet, as people age, the opportunities for socialization often decrease, especially if the person experiences a physical or cognitive disability...and/or must rely on others to come to them for interaction. However, the loss of social contact, as one ages, can be met with some wonderfully structured pursuits. And, for Arbor Glen residents, these endeavors are found each month on the AG calendar where they find a myriad of events which offer shared time

with other residents. Whether it is morning exercise, daily BINGO, Friday art classes, or strolls around Arbor Lake, the number of times that residents are offered "something to do" with others is regular. Many residents in Arbor Glen do have family members or other caregivers who periodically interact with them, and this is comforting for them to know that their immediate needs are met. However, Arbor Glen staff knows sufficient social interaction should include a consistent engagement with others who know and understand, inherently, the joys and challenges of growing older...AG residents need to intermingle with their peers. And, so it goes in Arbor Glen, residents use their monthly calendar to choose activities in which to participate, meet their friends at these events, talk and laugh and interact, and without thinking too much about it...achieve a sense of health and well-being. The Arbor Glen monthly calendar is available to those who live in Tower Pointe or Arbor Trace as well. You can find them at the Clubhouse Front Desk, in Arbor Glen on the 2nd Floor, or on our website ArborTrace.com. And, all are invited to participate in any of the many daily Arbor Glen social gatherings. It's good for your health!

-Janet Thomas-Kobes



In memory of
Jack Hemwall

Arbors String of Pearls

by Ruth E Pattrin

patience
honest, gentle relationships

faith
courage and confidence

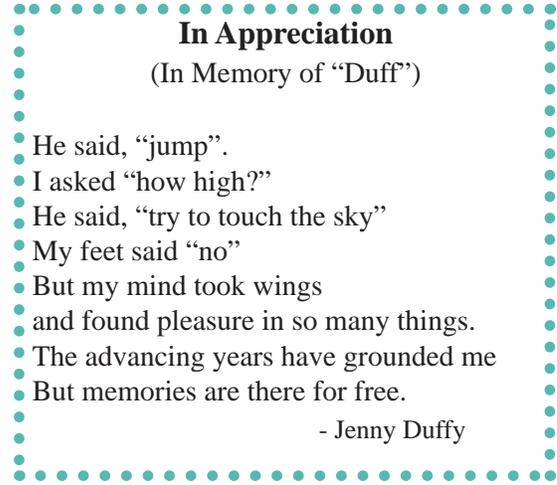
support
surrounded in Arbor's abundance

intension
with confidence and assurance

humor
staying engaged

gratitude
benefit of giving back

grace
freely given and in our favor



In Appreciation

(In Memory of "Duff")

• He said, "jump".
• I asked "how high?"
• He said, "try to touch the sky"
• My feet said "no"
• But my mind took wings
• and found pleasure in so many things.
• The advancing years have grounded me
• But memories are there for free.

- Jenny Duffy

Procrastination*

"Never", they say, "postpone till the morrow
What you're able to do today" -
Words of advice it behooves me to borrow
And thus cure my sad disarray!
Why is it I'm prone to set tasks aside,
(In short, to procrastinate)
When I very well know that my personal pride
Will result in a mortified state?
After months I have yet to scrub marks from that chair,
(Crayola's Cerulean Blue!)
And there are library books stacked up on the stair
(Seventeen weeks overdue!)
It seems my intentions at best simply scatter,
Soon up and away they've flown -
Strict patterns of logical thought hardly matter,
Intentions have minds of their own!
Do you see this torn shirt that I really should mend?
I just can't seem to summon the will -
And that neatly-wrapped package that I promised to send?
In the hall it's languishing still!
I've six letters to write and a rug to replace,
All my windows are coated with grime...
I must tackle this list to avoid disgrace -
But not now, next week there'll be time!

- Ann Rulon-Miller

*With thanks to Mary Coulson for suggesting this topic.



Seen' Things

I am alone
My lamp leans over my shoulder
And tries to pick the words
From an open book
Which I hold on my lap
The words begin their trip
From the page to my brain
But some where along the line
My senses play tricks
For the only thing that I can see
Is the vision of you smiling at me.
-Eugene Von Arx

Book Club News



The Book Club is taking a hiatus this summer. Keep reading and stay tuned for more info!

The Revue Team

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Publisher... Jennifer Hoops

Calendar of Events... Sandy Steinbach

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