



BIRTHDAY HAPPENINGS:

1st-Marge Roseen
2nd-Heidi Stryker
3rd-Cil Peterson
6th-Dahlia Penachio
7th-Pat Thwaites
15th-Richard Mason
16th-Peter Burwell
16th-Helga Fochler
16th-Kathryn Friday

18th-Marilyn Contrada
18th-Carl Steinhouse
18th-Darlyene Yarian
20th-Hank Armstrong
20th-Mike Clukey
21st-Joanne Bellon
23rd-Bill Glaser
25th-Walter Hensen
26th-Elizabeth Bergenheim

28th-Phyllis Mason
29th-Anne Watson
30th-Helen Wyllie







TOWER POINTE
AT ARBOR TRACE



ARBOR TRACE

July 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Calendar Key (AR) Clubhouse Activity Room (MR) Clubhouse Multipurpose Room (CL) Clubhouse (GP) Gathering Place, Tower Pointe (TP) Top of the Pointe Club</p>	<p>1 9:00 Men's Coffee (GP) 9:00 Exercise (AR) 10:00 Grocery Shopping 12:30 Chorus Dress Rehearsal (CL) 1:00 Exercise with Sandy (AR) <u>1:30 Shopping at Steinmart</u> 7:30 Movie (GP)</p>	<p>2 9:00 Exercise (AR) 9:30 & 10:15 Aquasize 1:00 Care Support (CL) <u>1:00 Dr. Teitelbaum (Salon)</u> 2:30 Hurricane Seminar (GP) 7:15 Bingo (AR)</p>	<p>3 9:00 Exercise (AR) 9:00 Putting on the Green 9:30 Books, Bagels...(TPL) 10:30 Chair Yoga (TP) 1:00 Mah Jongg 4:30 Arbor Lake Chorus Performs (CL)</p>	<p> 4 4th of July <u>12:00-2:00 4th of July Picnic Buffet</u> With music by Nevada Smith</p>	<p>5 9:00 Grocery Shopping 9:00 Exercise (AR) 10:30 Chair Yoga (TP) <u>10:45 Penny Pinchers</u></p>	<p>6 9:00 Exercise (AR) 11:00 Tai Chi (AR) 1:00 Scrabble (TPL) 1:30 Wii Bowling (MR)</p>
<p>7 <u>12:00-2:00</u> <u>Sunday Brunch</u> 1:30 Bridge, Rummikub, & Assorted Games</p>	<p>8 9:00 Men's Coffee (GP) 9:00 Exercise (AR) 10:00 Grocery Shopping 1:00 Exercise with Sandy (AR) <u>1:30 Shopping at Walmart</u> 7:30 Movie (GP)</p>	<p>9 9:00 Exercise (AR) 9:30 & 10:15 Aquasize 10:00 Hodges (GP) 3:00 Wii Bowl (MR) 7:15 Bingo (AR)</p>	<p>10 9:00 Exercise (AR) 9:00 Putting on the Green 9:30 Books, Bagels...(TPL) 10:30 Chair Yoga (TP) 1:00 Mah Jongg</p>	<p>11 8:30 Pickleball 9:00 Exercise (AR) 10:15 Aquasize with Cheryl <u>12:00 Signature Lunch (Colonnade)</u> 1:00 Exercise with Cheryl (AR) 2:00 Hodges (GP)</p>	<p>12 9:00 Grocery Shopping 9:00 Exercise (AR) 10:30 Chair Yoga (TP) <u>12:30 Naples Historical Society Tour</u></p>	<p>13 9:00 Exercise (AR) 11:00 Tai Chi (AR) 1:00 Scrabble (TPL) 1:30 Wii Bowling (MR)</p>
<p>14 <u>12:00-2:00</u> <u>Sunday Brunch</u> 1:30 Bridge, Rummikub, & Assorted Games</p>	<p>15 9:00 Men's Coffee (GP) 9:00 Exercise (AR) 10:00 Grocery Shopping 1:00 Exercise with Cheryl (AR) <u>1:30 Shopping at Marshall's</u> 7:30 Movie (GP)</p>	<p>16 9:00 Exercise (AR) No Aquasize 10:00 Hodges (GP) 1:00 Care Support (CL) 3:00 Wii Bowl (MR) 7:15 Bingo (AR)</p>	<p>17 9:00 Exercise (AR) 9:00 Putting on the Green 9:30 Books, Bagels...(TPL) 10:30 Chair Yoga (TP) 1:00 Mah Jongg 3:00 ATC Board Meeting (CL)</p>	<p>18 8:30 Pickleball 9:00 Exercise (AR) 10:15 Aquasize with Cheryl <u>12:00 Thursday Lunch</u> 1:00 Exercise with Cheryl (AR)</p>	<p>19 9:00 Grocery Shopping 9:00 Exercise (AR) 10:30 Chair Yoga (TP) <u>11:45 ROMEO</u></p>	<p>20 9:00 Exercise (AR) 11:00 Tai Chi (AR) 1:00 Scrabble (TPL) 1:30 Wii Bowling (MR)</p>
<p>21 <u>12:00-2:00</u> <u>Sunday Brunch</u> 1:30 Bridge, Rummikub, & Assorted Games</p>	<p>22 9:00 Men's Coffee (GP) 9:00 Exercise (AR) 10:00 Grocery Shopping 1:00 Exercise with Cheryl (AR) <u>1:30 Shopping at Dollar Tree</u> 7:30 Movie (GP)</p>	<p>23 9:00 Exercise (AR) No Aquasize 10:00 Hodges (GP) 3:00 Wii Bowl (MR) 7:15 Bingo (AR)</p>	<p>24 9:00 Exercise (AR) 9:00 Putting on the Green 9:30 Books, Bagels...(TPL) 10:30 Chair Yoga (TP) 1:00 Mah Jongg <u>5:30 Flamingle Management Cocktail Party (Colonnade)</u></p>	<p>25 8:30 Pickleball 9:00 Exercise (AR) 9:30 & 10:15 Aquasize 10:00 Tower Pointe Board Mtg (GP) <u>12:00 Thursday Lunch</u> 1:00 Exercise with Sandy (AR) 2:00 Hodges (GP)</p>	<p>26 9:00 Grocery Shopping 9:00 Exercise (AR) 10:30 Chair Yoga (TP) <u>1:15 New Holocaust Museum Tour</u></p>	<p>27 9:00 Exercise (AR) 11:00 Tai Chi (AR) 1:00 Scrabble (TPL) 1:30 Wii Bowling (MR)</p>
<p>28 <u>12:00-2:00</u> <u>Sunday Brunch</u> 1:30 Bridge, Rummikub, & Assorted Games</p>	<p>29 9:00 Men's Coffee (GP) 9:00 Exercise (AR) 10:00 Grocery Shopping 1:00 Exercise with Sandy (AR) <u>1:30 Shopping at Walmart</u> <u>5:30 Community Birthday Party</u> 7:30 Movie (GP)</p>	<p>30 9:00 Exercise (AR) 9:30 & 10:15 Aquasize 10:00 Hodges (GP) 3:00 Wii Bowl (MR) 7:15 Bingo (AR)</p>	<p>31 9:00 Exercise (AR) 9:00 Putting on the Green 9:30 Books, Bagels...(TPL) 10:30 Chair Yoga (TP) 1:00 Mah Jongg 1:00 Phone Information Sharing (GP)</p>	<p> Transportation to Tower Pointe activities is available from the clubhouse.</p>	<p></p>	<p></p>

Hodges University's Life Long Learning Program

Tuesday, July 9th 10am
"The Telling of Naples History"

Thursday, July 11th 2pm
"Are We Alone? Contact-What if!"

Tuesday, July 16th 10am
"Peaceful Uses of the Atom"

Tuesday, July 23rd 10am
"Helpful Technology Tips"

Tuesday, July 30th 10am
"Algae Blooms and Landscape Conservation Challenges in SW FL"

Arbor Trace Board Meeting
Wednesday, July 17th
3:00pm (Activity Room)

Tower Pointe Board Meeting
Thursday, July 25th
10:00 am (Gathering Place)

Monday Night at the Movies
Every Monday Night
Gathering Place of Tower Pointe
7:30 pm
7/1-The Catcher was a Spy (Thriller)
7/8-My Dream is Yours (Musical)
7/15-The Favourite (Comedy)
7/22-Random Harvest (Classic Drama)
7/29-LBJ (Bio/Political)