



ARBOR TRACE



TOWER POINTE
AT ARBOR TRACE

The Arbor Trace Revue

1000 Arbor Lake Dr. Naples, FL 34110 (239) 598-2929



Welcome Linda & Shepard Scheinberg TP 205

Linda and Shepard (Shep) Scheinberg have been full time residents of Naples since 2012. For the ten years prior, they were snowbirds, residing in Naples during Season and in the Hamptons on Long Island during the Summer.

Linda is a graduate of Northwestern University (BS) and Shep of Trinity College (BA) (Hartford, Connecticut) and Brooklyn Law School (JD).

Married in 1969, they have resided in the Hamptons. Shep practiced law in Riverhead, Suffolk County, New York for 50 years. Linda has devoted her life volunteering at their synagogue and for other non-profit organizations.

Shep and Linda have traveled the world, much of which with their treasured friends, Chris and Paul Kardon, who are residents of Tower Pointe.

They are members at Beth Tikvah Synagogue, where Linda is a Trustee. Shep is a Visiting Instructor of the Culinary Arts at Lorenzo Walker Technical College and also a Mentor in the Take Stock in Children Program of the Champions for Learning Educational Charity.

The Scheinbergs have a long time relationship with Naples as they had owned a condo at the Naples Bath & Tennis in the 1970's.

We wish a hearty welcome to the Scheinbergs who have elected to write their own bio this month. May they enjoy many happy years in our community.

-Merle Bauser

JULY 2017

AMERICA
Land of the FREE
Because of the BRAVE

Fall Discussion Group



Several people have expressed interest in the proposed fall discussion group. In the June issue several topics were suggested. To prepare it would be useful if those interested would select from the proposed topics (Healthcare, Climate Change, the Economy/ jobs, education and Robotics or Artificial Intelligence) or add other topics that are of interest. Those joining the group would be expected to "research" a topic or topics of interest and gather information or data relevant to topical issues. If interested, submit a topic or topics you are interested in learning more about and a time of day sometime after noon and a day of the week that would fit your schedule. It has been suggested that the group be limited to about 10 participants to insure that all could have an opportunity to participate in each session. Give Sandy your suggested topic(s) and your preference for a time of meeting this month. Meetings would probably start mid to late September.

-Chuck Theisen

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Director's Notes

With the July 4th holiday just around the corner, I would like to remind everyone to make their reservations for this patriotic event. The Larry Maas Trio will be performing for your listening pleasure. This year on the 4th, we will be grilling hamburgers and hot dogs outside on our charcoal grill (weather permitting) for those of you that miss that grilling experience. It should also be noted that since this is a picnic or cookout style affair, we have a relaxed dress code on this day and shorts are allowed to be worn, but please, no tee shirts. It should be noted that there are only three events held each year in the Colonnade Room where casual attire is permitted, they are Memorial Day, 4th of July and Labor Day. For all other events held in the Colonnade Room, our regular dress code applies which is as follows: Gentlemen must wear suits or sport coats with a dress shirt or sport shirt (no tee-shirts). By gentlemen, we mean any male 16 years or older. Ladies should wear dresses, skirts, pantsuits or slacks with a blouse (no tee shirts or halter tops). While it is not our policy to turn any guest away when they are not properly attired, I am sure the gentleman who attended our Father's Day Brunch felt a little silly being asked to wear a jacket with his shorts. It is up to you as the resident to inform your family and guests in advance of this dress code to avoid any embarrassment.



In other news, I would like to thank the Tower Pointe Activity Committee for their very generous donation of \$500 to the Arbor Pointe Foundation. I am gratified by the response from our residents to our recent pledge card drive held this past spring. This drive resulted in over \$25,000 being collected, thus allowing us to award six scholarships totaling \$15,000 to deserving Arbor Pointe Management employees. The Foundation has now raised over \$100,000 since its inception in 2015 and our ultimate goal is to establish an endowment fund of \$500,000, which would allow us to invest this principal and have the interest and dividends from our principal fund future scholarships. We have several programs in the works that make giving to the Foundation easy. One such program is called the "Legacy" program, whereby you pledge a percentage of the net proceeds from the sale of your condominium unit when you leave the community. Legacy members are memorialized on a plaque in the Clubhouse recognizing their significant contribution to the ongoing success and sustainability of our Foundation. This is a commitment you can make today that will be paid in essence by your heirs in the future. We have had several residents that have already made this pledge for the future. If you would like more information about this Legacy program, please feel free to contact me personally.

Yours truly,
Dan Edenfield
Executive Director



Just a Reminder...

- The Clubhouse office is open Monday-Friday from 8:30am - 5:00pm.
- The Colonnade Room is open for dinner Monday-Saturday from 5:30-7:30pm, for lunch every Thursday from 12:00-1:00pm, and Sunday brunch from 12:00pm - 2:00pm.
- For dinner pick-up & delivery call 591-4851 between 2:30-4:30pm. Orders called in after 4:30pm will result in a delay of service.
- Lunch is offered for pick up Monday-Saturday. Menus are available at the front desk. Orders must be called in to the kitchen by 10:30am.

Important Numbers
Community TV Channel
195
Clubhouse Reception
598-2929
Tower Pointe Concierge
598-9229
Sales Office
598-3490

July Calendar Notes

Tuesday, July 4th: Come celebrate Independence Day at the Colonnade with our traditional casual picnic lunch starting at noon. The Larry Maas Trio will be entertaining during lunch. Please make reservations at the Clubhouse. The dress code is relaxed for today, so feel free to wear shorts, but please no jeans. (Please inform your guests!)

Friday, July 7th: Sick of the rain? We are heading to the Naples Coastland Mall today. Enjoy shopping, walking, or a bite to eat. Please sign up at the Clubhouse if you plan to go.

Tuesday, July 11th: Today at 10am in the Gathering Place is the first day of our summer semester of Lifelong Learning Classes through Hodges University. Explore the city and the wilderness with nature photographer Larry Richardson, and see Cuba in a new and beautiful way. At 1pm, podiatrist Dr. Tietlebaum will be in the Salon in the Clubhouse. Please sign up at the Clubhouse.

Wednesday, July 12th: For those that signed up, we will be departing for the Broadway Palm Dinner Theatre in Ft. Myers at 4:45pm to see Mary Poppins.

Thursday, July 13th: Join us for Signature Lunch today at noon in the Colonnade. Please make reservations at the Clubhouse. At 2pm, Dr. Ted Childress will be teach us about the First Seminole War. Diplomacy, military policy, domestic policy, and Indian affairs were greatly affected by the actions from this war.

Friday, July 14th: Take me shopping! Sign up at the Clubhouse if you would like to enjoy a day of shopping and a quick lunch with "Penny Pinchers."

Wednesday, July 19th: The Arbor Trace Condo Association will be meeting today at 3pm in the Activity Room at the Clubhouse. Marlene & Chet are back from the east coast for a great hour of music starting at 4:30pm at the Top of the Pointe. Wine and Cheese will be served. All are welcome!

Thursday, July 20th: Janina Birtolo is back with her one woman show "Amelia Earhart." She will examine the life and last flight of the famous aviatrix Amelia Earhart at 10am in the Gathering Place at Tower Pointe.

Friday, July 21st: Join on the bus as we head down to Revs Institute, which is the rare Collier Collection of automobiles. For \$25 per person, get up close to some of the most profound and rare automotive innovations of our time. Please sign up at the Clubhouse. The bus will depart for Publix at 2pm today. The July Management Party begins this evening at 5:30pm in the Colonnade Dining Room. Please make reservations at the Clubhouse, and we will see you there for an enjoyable evening of music, spirits, and dinner.

Monday, July 24th: The bus heads out for Trader Joe's at 1:00pm. Please sign up at the Clubhouse if you would like to go. This evening we will be celebrating all residents with a July birthday. If this is you, we hope to see you for dinner at 5:30pm under the balloons in the Colonnade.

Thursday, July 27th: The Tower Pointe Condo Association will be meeting at 10am in the Gathering Place. All Tower Pointe members are encouraged to attend. Attend class at 2pm in the Gathering Place

Friday, July 28th: ROMEO (Retired Old Men Eating Out) is heading out this morning at 11:45am. Please make sure you call the Clubhouse to reserve your seat on the bus.

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KUDOS!

The renovations to the Guest Suites in the Tower are completed. We hope everyone got a chance to view the renovated suites with their updated fresh look. All of us on the House Committee extend our great appreciation to our Maintenance Staff as well as Donna in Housekeeping. We called on them often and they worked patiently and diligently to make the whole process run smoothly and finish on schedule. We couldn't have done it without them. Thank you, thank you! (To reserve the guest suites, please contact Becky at the Concierge desk at the Tower at 598-9229)

- Bea Giannetti, Co-Chair &
Beverly Davisson, Co-Chair



These pictures show all the changes that have been made to our two guest suites: Fresh paint; new carpet, furniture, lighting and art work provide a fresh, new updated look for our families and friends who stay here throughout the year.

The flood waters receded just in time for us to enjoy lunch at Snook Inn on Marco Island.



Hydrate, Hydrate, Hydrate!

Arbor Glen residents say they can “hear it in their sleep!” “Drink your water!” Day in and day out, AG residents are encouraged, over and over again, to hydrate. And, what does it mean to hydrate? Hydration refers to the body water balance. Considering the fact that the body is 60% water (the brain and heart are 73% and the lungs 83%), it is surely important to be aware of how much water is being consumed! Moreover, the human body cannot store fluid, so it must be replaced every day. Dehydration (lack of fluid in the body) occurs when a person isn't drinking enough water and doesn't have a sufficient amount of it in the body. And, when one is H₂O out-of-balance, dehydrated, many unpleasant issues may occur: headaches, fatigue, weight loss, increased heart rate, low blood pressure, dizziness, feeling of blacking out when sitting up or standing, constipation, weakness, trembling, confusion and, sometimes, even death. So, to remain in tip-top shape, one needs to consume water regularly. Unfortunately, however, as one ages the ability to feel thirst lessens. And, many seniors do not realize when they need to drink more. So, predictably, they do not drink their water...or have an aversion toward drinking it. And, sadly, not drinking enough can end up in a not-so-much-fun stay in the hospital to renew the body's water balance. So, Arbor Glen staff, in no way, feels uncomfortable about encouraging residents to “drink your water!” They are glad that residents “hear it in their sleep” for they know that enough daily water in-take is of utmost importance for a sense of good health and well-being. And, now...you know that, too!

-Janet Thomas-Kobes



CELEBRATE



July 2017

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Resident Spotlight Helen Martin 9-107



If there's a Welcome Wagon lady at Arbor Trace, Helen Martin certainly qualifies!! She makes a point of calling newcomers who are ladies and single, and inviting them to eat with her in the dining room to get acquainted, to ease their entrance into making friends and enjoying the social life in our friendly community. Helen also calls residents on their birthdays and greets them with a vocal rendering of "Happy Birthday".

Helen was born in Brooklyn, the second child of two girls and 4 boys. Her parents were immigrants from Norway, and Norwegian was spoken in the home, enabling Helen years later to fly to Norway alone and meet her relatives, who only spoke Norwegian. Her airplane trip lasted 23 hours, and even included traveling by sea plane! She states she is the only one of her siblings to meet their grandmother! Helen worked for a steam company; was divorced after 24 years of marriage; and came to Naples, because her oldest sister had a home here. Helen has a son who formerly was the fire chief of Ovieda and later in East Naples. Her two daughters live in northern Florida, and she has six grandchildren and 10 great grandchildren.

Helen settled in the Moorings, and attended the Moorings Presbyterian Church where she is still active today. She used to drive the church van loaded with ladies attending meetings and conferences "all over Florida."

Helen has knitted hundreds of hats for children in Guatemala, and is always appreciative of donated yarn of any color. She once sewed 500 pairs of pants for Ethiopian children for which the church ladies purchased tee-shirts to make complete outfits. Helen was the night supervisor at the Naples Community Hospital when the hospital and Naples were young, and remembers taking all day to drive to Fort Myers on 2-lane Rt. 41, to get a coveted bag of Five O'Clock coffee, because the tiny Publix in Naples didn't carry very many items at that time.

Helen remembers attending a party here at Arbor Trace many years ago, and she thought, "Why on earth would anyone want to live way up here in the boonies???" However, she moved in fourteen years ago and has been a whirlwind of activity ever since.

Helen suffered a stroke 5 or 6 years ago, but with her intense devotion to rehabilitation instructions, she is only left with the loss of peripheral vision in her right eye. She is extremely active in Arbor Trace, swimming 14 laps daily, participating in almost all activities on the calendar in order to keep her physically and mentally active after her stroke. Helen states, "I love living here!", and we would agree that we love having her here as our Arbor Trace self-appointed Welcome Wagon lady! - Nona Raines

R.O.M.E.O



The bus with 25 hungry men left the clubhouse on May 29th for lunch. We were heading to Pelican Marsh Golf Club, my club for 10 years & it's located right next to Mercado. We were seated in the corner of the main dining room overlooking the beautiful golf course. During our lunch we talked about Trump, Trump & more Trump. When we finished lunch we heard the "Living Obituaries" of Dick Purdy, Orthodontist & Carl Steinhouse, Attorney, Book Writer. Both gave great Obits. We then had our drawings, lunch at Colonnade won by Ray Maloney, a bottle of Prosecco wine donated by Pelican Marsh won by Bennet Berman (lucky him). The money winners were Fred Gridley, Bennet Berman & our bus driver George Capone.

I'll report on our June lunch at Cooper-Hawk next month.

-Bob Bortz

Summer Session About to Begin



Have the dog days of summer got you down? Come out for any of our many wonderful classes and learn something new! We will kick the summer semester off on Tuesday, July

11th at 10am in the Gathering Place with a class on Cuba. Nature Photographer Larry Richardson will explore the city and the wilderness so that we can see Cuba in a new and beautiful way. The semester will feature classes most Tuesday mornings at 10am and Thursday afternoons at 2pm in the Gathering Place at Tower Pointe through the end of August. Keep an eye on your newsletter calendar for class names and descriptions. All residents and their guests are welcome! Challenge yourself and stay engaged with our Lifelong learning classes. We hope to see you there!
-Sandy Steinbach



Book Club news

The book club is taking a hiatus this summer. Keep reading and stay tuned for more info!

Summer Begins

By Ruth E Pattrin

summer again
how many more
will I have
not a worthy question

imaging one thing
then hope
and gratitude
another

unto themselves
white orchids
have opened
its their time

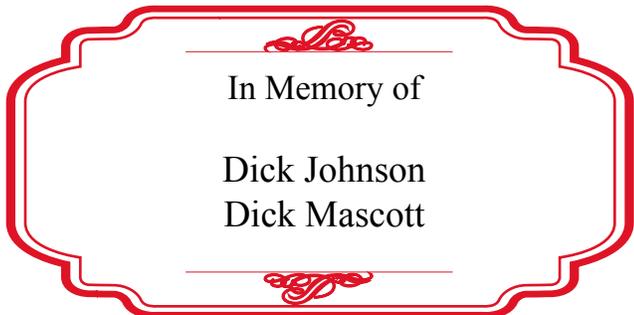
listen
to the cardinal
singing and raving
his song

comes to be
I am no longer young
still the world
keeping time

a question
for hope
and tender advise
even more

find my sweater
go searching
some unnamed bloom
in Arbor's flowered corner.

summer is here-



In Memory of

Dick Johnson

Dick Mascott

Knitting Group Update

The Knitting group is taking a break from meeting this summer. We will resume our monthly get together in the fall. Keep working on your projects!



This & That

Recently, my staff was called upon to clean a residents lanai sliders. She had watermarks her and her husband just couldn't get off without streaking the glass. She asked that we use our magic solution to get the glass crystal clear. So that is just what we did. However, we have no magic solution. Just a trick of the trade. You see most glass cleaners have a bit of wax in them to repel some water. If you don't buff the glass after, you will most likely see some streaking. We use half water, half vinegar and a drop of dish soap. The vinegar cuts the mineral deposits and the soap cuts any grease. We also use a squeegee that makes it easier and cleans better.

And now you know the ingredients to our "magic solution"! -Donna Skroski

MOST OF US NEED A LITTLE HELP FROM TIME TO TIME

The "Care" Group offers this help on Tuesdays at 1pm in the Clubhouse Board Room. Come visit us! Resident Mary Coulson is the facilitator. -Mary Coulson

The Revue Team

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Calendar of Events... Sandy Steinbach

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