



ARBOR TRACE



TOWER POINTE
AT ARBOR TRACE

The Arbor Trace Revue

1000 Arbor Lake Dr. Naples, FL 34110 (239) 598-2929



**Welcome Alberta (Birdy)
Mitchem
TP 802**

Birdy, as she likes to be called, was born in Elmhohe, Germany, outside of Bremerhaven. In the 1950's, she came to the United States to join family near West Point, NY to work at the Platzl Brauhaus, Ladentown, NY. She paints a wonderful picture of this huge day vacation spot with acres of land and summer activities and tables with enormous platters of traditional German food. Busloads of people came for a fabulous day with their families. It was later sold and became a camp for children. Certainly a beautiful area for such a place.

She then worked in NYC for Benny & Smith for several years before moving to Baltimore where she married her husband, Francis J. Mitchem, a colonel in the U.S. Army. She raised their two sons in Baltimore and worked at Blue Cross/Blue Shield for 15 years. She and Frank enjoyed traveling to other countries and to various places in the United States. As part of their travels, they visited a friend in Bonita Springs and fell in love with the area. They built a house in the Carolands on Bonita Beach Rd. and moved down here full time after her retirement from Blue Cross/Blue Shield. Then, 20 glorious years in Bonita Springs.

A big house became too much, as most of us have found, and Birdy moved to the Tower where she looks forward to meeting new people and becoming involved in the activities.

We heartily welcome her and wish her good health and happiness with us.
-Merle Bauser

January 2018



Christmas Tree Lighting

A huge thank you to the Arbor Lake Singers for doing a spectacular job for the annual Clubhouse Tree lighting on December 6th. Joy spread across the packed Lobby as the singers sang our favorite holiday songs. We appreciate all the time the group spent into making a nice program for all to enjoy! A special thank you to Regina Zimmer for sharing her talents in decorating the Christmas tree!
-Sandy Steinbach



Director's Notes

Wow 2018!!!! It's going to be a Great year. I would first off like to wish everyone a very Happy and Healthy New Year!!!! I would also like to take this opportunity to let you all know that I am very excited to be your new Executive Director here at Arbor Trace and look forward to the many challenges that lie ahead; you can expect 100% from me!! Dan Edenfield will be here for at least a year before his retirement to see through a smooth transition from him to Nick Hoops and myself. Please remember that if there are any Condo related issues please contact Nick Hoops your Association Manager, we will both do our best to resolve any and all issues that arise. Please congratulate and welcome Chef Brett as our new Food Service Director/Executive Chef and Jennifer Whitten as our new IT/Accounting clerk.



On behalf of all the employees of Arbor Pointe Management, I would like to sincerely thank all of our residents who contributed to our employee appreciation fund this past year. Your generosity was greatly appreciated as it made many Arbor Trace employees Holiday Season a great one due to your generous gifts.

In the month of January, we will be holding the annual meetings for both condominium associations. On Wednesday, January 17th Arbor Trace will hold its Annual Meeting and elect two directors. Since there are three candidates for the two seats, ballots must be cast and tabulated at the annual meeting.

Tower Pointe will hold its annual meeting on Thursday, January 25th. Since we only had three candidates file to run for the three vacant board seats, there will be no need for a formal election. Therefore, Doug Dick, Bennet Berman and Frank Duane will each serve another two-year term.

As I have spent the last 15 months working in Arbor Glen as the Administrator, I have listened to many issues that come up, one issue that keeps coming up is the fact that when Jody at the front desk leaves for the day at 5:00 pm. the phone calls that come in to 598-2929 roll over to Arbor Glen. The nursing staff has conveyed to me that the phone calls are very heavy between 5-8 pm when they are passing medications and getting residents to and from dinner. So, please keep in mind that it would be best to call Jody in the morning after 8:30 am with any and all clubhouse issues, as the Nursing staff cannot help with dinner reservations etc.

Since this is the beginning of a new year, I would like to take this opportunity to, remind all residents about the very valuable service we offer to our residents at no charge. The "File of Life" it could literally help save your life in a crisis situation. This medical information helps the paramedics in knowing how to treat you on the scene and helps the hospital prepare for your arrival. Most residents when faced with a crisis situation are unable to give the paramedics accurate information about medical history or current medications. We recently were faced with a situation where a resident had to be sent out to the Hospital and the "File" was not updated and we were unable to contact the resident's family. We will be sending out what we currently have on file in the next few weeks. Please update and return to the office as soon as possible.

In closing I would like to stress the importance of making reservations for the Colonnade dining room in a timely fashion, 24 hrs. before would be best or the latest before 2:00 the day of. It would be a better experience for all if reservations were made, one to ensure that the dinning room tables are properly set up and that we have adequate staff and two, to insure the we prepare enough food for everyone. So Please make reservations.

Yours truly,
Kevin J Cooney
Executive Director



January Calendar Notes

Monday, January 1st: Happy New Year's Day! Brunch will be served in the Colonnade starting at 12pm. Please make reservations.

Tuesday, January 2nd: Fred Katz returns today with a great music lecture on "The Best of Rodgers and Hammerstein" in the Gathering Place at 10am. Dr. Tietlebaum will be in the salon starting at 1pm. Please sign up at the Clubhouse if you would like to see the Podiatrist.

Friday, January 5th: Lunch Bunch will head out today to Rib City at 11:30am. Please sign up at the Clubhouse if you would like to enjoy a lunch outing. The bus will depart this evening at 6:20pm for the Artis Classics series for those with tickets.

Saturday, January 6th: Crafter Kim Hadad is coming to help us create 3 beautiful cards that you can take home and send to your family or friends. Please sign up at the Clubhouse if you would like to participate, as space is limited. The cost is \$15 per person, with all supplies included.

Tuesday, January 9th: This morning we have the first class of the Winter Semester of Lifelong Learning, so come join in at 10am in the Gathering Place for "Managing our Culture in the Face of a Diminishing Environment." All residents and their guests are welcome.

Thursday, January 11th: Join us for Signature Lunch today at noon in the Colonnade, with music by Glenn Williams. Please make reservations at the Clubhouse.

Friday, January 12th: All are welcome to come to The Paradise Coastmen Barbershop Chorus performance at the Top of the Pointe at 4:30pm, featuring our very own Ron Timmerman. Refreshments will be served.

Wednesday, January 17th: The Arbor Trace Condo Association will be having their annual meeting today at 3pm in the Clubhouse Activity Room. All Arbor Trace Condo members are encouraged to attend. The January Management Party kicks off this evening at 5:30pm in the Colonnade. Come join in the fun with complimentary drinks from 5:30-6:30pm and music provided by Jebry. Please make reservations at the Clubhouse.

Friday, January 19th: ROMEO (Retired Old Men Eating Out) is heading out this morning at 11:45am. Please make sure you call the Clubhouse to reserve your seat on the bus. For those with tickets, at 7:15pm the bus will be heading to the Theatre Zone to see Me and My Girl.

Monday, January 22nd: The Book Club meets at 2pm in the Gathering Place at the Tower, come join in a fun discussion about this month's book, "The Tea Girl of Hummingbird Lane" by Lisa Snee.

Wednesday, January 24th: We have 2 evenings scheduled taking residents to see Chicago at the Broadway Palm Dinner Theatre. Today is the first and the bus will depart at 4:30pm.

Thursday, January 25th: The Tower Pointe Condo Association will be having their annual meeting this morning at 10am in the Gathering Place. All members are encouraged to attend.

Friday, January 26th: Ladies grab your pennies, and be ready to board the bus at 10:45am, as we explore thrift stores in the Naples area with lunch at Wendy's. Please sign up at the Clubhouse.

Saturday, January 27th: Enjoy a fun evening in the Colonnade as Lois Kehoe and friends entertain during dinner service this evening. Please make reservations at the Clubhouse.

Monday, January 29th: This evening we will be celebrating all residents with a January birthday. If this is you, we hope to see you for dinner at 5:30pm under the balloons in the Colonnade. Please RSVP to the Clubhouse.

Wednesday, January 31st: Tonight is the 2nd trip to the Broadway Palm Dinner Theatre to see Chicago. The bus departs at 4:30pm for those that have signed up.

Great Decisions 2018

I look forward to a new year of exchange of ideas and comments from all the participants here at Arbor Trace. The topics that the Foreign Policy Association has prepared for our discussions cover many of the key topics and countries of the world important to all of us.

Please sign up at the Clubhouse if you would like to participate in 2018. The beginning of each session we will start with a 15 minute video which provides expert views of each topic. Next we discuss the topic in detail as a group. The discussions are enriched by the personal stories that you have gathered through a long life and which you share with all of us.

The topics for 2018 are:

The Waning of Pax Americana
 Russia
 China: economic power and geopolitics
 Media and foreign policy
 Turkey: a partner in crisis
 U.S. Defense Budget
 South Africa
 Global Health

-Dr. Chuck Theisen



R.O.M.E.O.

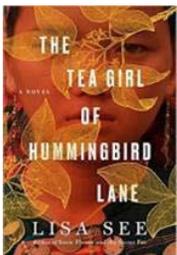
Friday December 15th, 26 men left Arbor Trace at 11:45. We were on our way to Bonita Bay Country Club

for lunch. When we arrived we were escorted to a private dining room called Fireside. We were greeted by Santa Bortz who gave each of the men a miniature bottle of liquor. After settling in we were served our pre ordered lunch. Following lunch, we heard a wonderful "living obituary" by Dan Kellogg. Next came our raffle. Earle Cook won the Colonnade lunch donated by Arbor Trace real estate company. He drew his own ticket, lucky guy! Then Santa Bortz drew a ticket for a bottle of Champagne donated by Bonita Bay which was won by Fred Gridley. Other winners were John Egenberg ,rum, Bennett Berman ,tequila, Manny Cabezas a small flask, Dick Purdy, vodka, First timer, Van Govoni also won some liquor .The money winners were Len Bunge & Ed Parsons. A great time was had by all!

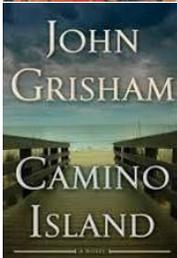
The next ROMEO will be January 19th at Figero's, a Mediterranean restaurant. We will have Bill Robinson as a speaker who will talk about the steps the National Fraternity system is taking to address the situation taking place at our universities.

-Bob Bortz

Book Club News

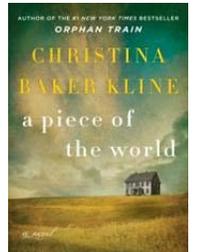
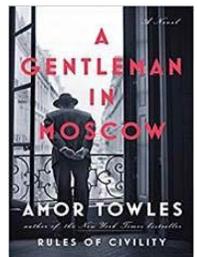


The Book Club had a wonderful meeting in December to discuss "The Necklace." A special thank you to Sharla Brown for presenting on the author and getting the discussion started. Our January meeting will take place on Monday, January 22nd and we will be discussing "The Tea Girl of Hummingbird Lane" by Lisa See. We look forward to you joining in the conversation, so pick up a copy now at the local library, our libraries, or download it on your reading devices. If you have any questions, please see Sandy at the Clubhouse.



Also, looking ahead, the group has selected the books for February, March, April, May and next November, to help with your reading and planning ahead. The book for February 2018 is "Camino Island" by John Grisham. The book for March 2018 is "Killers of the Flower Moon" by David Grann. The book for April 2018 is "A Gentleman in Moscow" by Amor Towles. The book for May 2018 is "A Piece of the World" by Christina Baker Kline. The book for November 2018 is "The Woman in Cabin 10" by Ruth Ware.

-Sandy Steinbach



Hodges Winter Semester Commences!



Learning something new can protect you from a decline in cognitive ability, so we hope you are able to make time to attend some classes this winter! The new semester of Lifelong Learning begins January 9th with “Maintaining our Culture in the Face of a Diminishing Environment” with nature photographer and wildlife biologist Larry Richardson. Later in the month on January 11th, 25th and 30th we will scratch the surface of the interesting country, Vietnam. Their vast history, the whys and whereof of the Vietnam war, and finally some developments in Vietnam since the war, including the refugee outflow and the United States-Vietnamese relations today. Another interesting class will take place on January 16th, with The Ukrainian National Women’s League of America Naples Branch presenting “Women of Maiden,” a moving documentary of how ordinary Ukrainian women banded together in support of their male counterparts during the 2013-2014 Revolution of Dignity. This film recently made its world premiere at the 17th annual Woodstock Film Festival in Woodstock, New York. Each resident will receive a full course guide for the winter classes. No sign up or fee is required to attend a class here at Arbor Trace, all you need to do is arrive in the Gathering Place at the Tower a few minutes before each class begins. If you have any questions, please see Sandy at the Clubhouse.

-Sandy Steinbach



Happy New Year from Arbor Glen!

Another year has passed us by and we are ready for a fresh new one! 2017 has certainly brought us many challenges, and we are ready to start off the New Year with a clean slate. We at Arbor Glen, would like to wish everyone a very happy, healthy New Year. Cheers to all!

-Cheryl Gregson

When the Key Goes in the Door

A Poem by Pam Schuetz of Davenport, FL
For all the Widows at Arbor Trace

Eating breakfast in their homes while watching the morning news on TV,
Attending coffee at the Clubhouse with other residents of Arbor Trace,
Taking their walk up past the lake for daily exercise and inspiration,
But when the key goes in the door...

Heading out to lunch with their children or friends,
Boarding “George’s Bus” that will take them to Trader Joe’s,
Greeting Becky on their way to the mail room,
But when the key goes in the door...

Signing up to go on a boat tour,
Signing up to receive knitting lessons,
Signing up to participate in the Arbor Lake Chorus,
But when the key goes in the door...

Entering The Colonnade Room and selecting seats at the table Cris has reserved,
Waiting for the rest of their “lady friends” to arrive to engage in lively conversations,
Drinking a glass of wine with dinner and laughing hysterically, the “best medicine,”
But when the key goes in the door...

When the key goes in the door, the widows of Arbor Trace have to face loneliness.
The only thing that greets them as they enter their homes are their cherished family photos.
They were married to the loves of their lives for 60 or 70 years, but death has parted them.
Relying on memories to provide comfort, they reminisce about their wonderful marriages.
The widows have done admirable jobs, adjusting to their new lifestyle at Arbor Trace.
But they know, that only through faith and prayer, have they had the courage to carry on alone.

-Submitted and adapted by Pat Adams

Lest We Forget...

Are you, a “wide-eyed reindeer.” Or “a bah humbug” this Christmas season? Whichever path you take let’s not forget the beauty that we pass by on our way to The Colonnade Room to be fed and entertained. That is the lovely atrium created and maintained by Sandy and Bob Bortz.

Those of you have been here since the creation of Tower Pointe will remember a “hodge podge” of mismatched plantings and inappropriate statuary along with some pretty healthy weeds.

It was our good luck that the Bortz’s moved here with a depth of knowledge about horticulture, butterflies, and garden planning, and after considerable labor created an ever-changing live scene for us to enjoy. So much interest was kindled through their expertise that the Naples Daily News featured it in their paper. Much of her plant material she found in inappropriate places on the property.

The maintenance of such a garden is extensive and you seldom see Sandy except “bottoms up” as she weeds, prunes and replaces inappropriate plants. The summer months were especially hard on her, but she kept on in spite of the very hot weather. It is not only a “labor of love,” but a never-ending task. Bob supports her in many ways by helping with heavy tasks and supervising the job. He displays a lot of pride in his wife’s creation.

I write this because we live in an age-related community where our best intentions are often thwarted by passing years. As much as they love it, Sandy and Bob will not be able to continue this kind of hard work on their own and I expect that some kind of help is forthcoming. I hope you all will continue to support them and most of all commend them for the enjoyment they have given us.

-Jenny Duffy

Passport

Have the winter doldrums drained your will or made your spirits fall? Do you crave some new experience in just any form at all? Here’s a never-failing stimulant: a rousing, classic CRUISE - the list of ports is endless - travel anywhere you choose! You won’t need inoculations or new luggage crammed with gear; hands won’t be stamped indelibly at each remote frontier; but in distant and exotic realms you will whet your appetite, all due to a simple little treasure whose price, what’s more, is right! Now what IS this simple treasure that you should never overlook and that fits quite snugly in your palm? This treasure is a BOOK! It’s a “passport” to another world beyond imagination through the purity and grandeur of an eloquent narration. Guaranteed is your passage here with every printed page to a wealth of Fact or Fiction, of a Dark or Golden Age. When the choices are selective your horizon soon expands as you gain a fresh perspective of your own and foreign lands. So feel the extraordinary pull of our language at its best, for valid “passports” offer shares in Literature’s bequest!

-Ann Rulon-Miller



A New Year At Arbor Trace

By Ruth E Pattrin

a year aside for our good life
thankful for health care for member's needs

thankful for new members
thankful for our faith and caring enough to say so

thank you for poetic words
telling of yesterday's memories

thank you for friends
sharing good food, concerts and sorts

thank you for grand kids even great grand kids
thanks for being a Arbor Tracer.



Tomorrow, is the
first blank
page of a 365
page book. Write
a good one.

- Brad Paisley

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