



**BIRTHDAY HAPPENINGS:**

1st-Ron Timmerman  
3rd-Kit Carson  
4th-Dan Kellogg  
4th-Florence Pellegrini  
6th-Joanne Alspaugh  
6th-Linda Scheinberg  
7th-Jo Sperazza  
7th-Jane Edison  
13th-Harry DeSmet

13th-Marcy O'Meara Skees  
14th-Velma Cook  
15th-Barbara Wilson  
16th-Harvey Greenbaum  
16th-Bob Showalter  
17th-Gordon Brown  
18th-Mary Elizabeth Gill  
18th-Sandy Grady  
20th-Jackie David

21st-Carol Armstrong  
22nd-Eltress Dick  
22nd-Jack Davison  
28th-Alice Fadden



# February 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>Calendar Key</b></p> <p>(AR) Clubhouse Activity Room (ER) Clubhouse Exercise Room (CL) Clubhouse (GP) Gathering Place, Tower Pointe (TP) Top of the Pointe Club</p>	<p>Transportation to Tower Pointe activities is available from the clubhouse.</p>	<p><i>Happy Valentine's Day</i></p>			<p><b>1</b></p> <p>9:00 Exercise (AR) 10:00 Grocery Shopping 10:30 Chair Yoga (TP) <u>11:30 Lunch Bunch</u></p>	<p><b>2</b></p> <p>9:00 Exercise (AR) 11:00 Tai Chi (AR) 1:30 Wii Bowling (CL)</p>
<p><b>3</b></p> <p><u>12:00-2:00</u> <u>Sunday Brunch</u> 1:30 Bridge, Rummikub, &amp; Assorted Games 5:30 Super Bowl Party (GP)</p>	<p><b>4</b></p> <p>9:00 Men's Coffee (GP) 9:00 Exercise (AR) 10:00 Grocery Shopping 1:00 Exercise with Sandy (AR) <u>1:00 Shopping at Trader Joel's</u> 2:15 Chorus Practice (TP) 7:30 Movie (GP)</p>	<p><b>5</b></p> <p>9:00 Exercise (AR) 10:00 Hodges (GP) 9:30 &amp; 10:15 Aquasize 1:00 Care Support (CL) 3:00 Wii Bowl (CL)</p>	<p><b>6</b></p> <p>9:00 Exercise (AR) 9:00 Putting on the Green 9:30 Books, Bagels...(TP) 10:30 Chair Yoga (TP) 1:00 Exercise Room Demo (TP) 4:30 Suzanne &amp; Jim Entertain (CL)</p>	<p><b>7</b></p> <p>8:30 Pickleball 9:00 Exercise (AR) 9:30 &amp; 10:15 Aquasize <u>12:00 Signature Lunch (Colonnade)</u> 1:00 Exercise with Sandy (AR) 2:00 Hodges (GP)</p>	<p><b>8</b></p> <p>9:00 Grocery Shopping 9:00 Exercise (AR) 10:30 Chair Yoga (TP) <u>12:00 Everglades Airboat Tour</u> <u>6:20 Artis Classics (TP)</u></p>	<p><b>9</b></p> <p>9:00 Exercise (AR) 11:00 Tai Chi (AR) 1:30 Wii Bowling (CL)</p>
<p><b>10</b></p> <p><u>12:00-2:00</u> <u>Sunday Brunch</u> 1:30 Bridge, Rummikub, &amp; Assorted Games</p>	<p><b>11</b></p> <p>9:00 Men's Coffee "Africa" (GP) 9:00 Exercise (AR) 10:00 Grocery Shopping 1:00 Exercise with Sandy (AR) <u>1:00 Shopping at WalMart</u> 2:15 Chorus Practice (TP) 7:30 Movie (GP)</p>	<p><b>12</b></p> <p>9:00 Exercise (AR) 10:00 Hodges (GP) 9:30 &amp; 10:15 Aquasize 2:30 Great Decisions (GP) 3:00 Wii Bowl (CL) 7:15 Bingo (AR)</p>	<p><b>13</b></p> <p>9:00 Exercise (AR) 9:00 Putting on the Green 9:30 Books, Bagels...(TP) 10:30 Chair Yoga (TP) 2:00 Fred Moyer Performs (TP) 4:00 Ladies Bible Study (CL)</p>	<p><b>14 Valentine's Day</b></p> <p>8:30 Pickleball 9:00 Exercise (AR) 9:30 &amp; 10:15 Aquasize 1:00 Exercise with Sandy (AR) 4:30 Arbor Lake Chorus Sings (CL) <u>5:30 Valentine Management Party</u></p>	<p><b>15</b></p> <p>9:00 Grocery Shopping 9:00 Exercise (AR) 10:30 Chair Yoga (TP) <u>11:45 ROMEO</u> <u>7:20 Artis Pops</u></p>	<p><b>16</b></p> <p>9:00 Exercise (AR) 11:00 Tai Chi (AR) 1:30 Wii Bowling (CL)</p>
<p><b>17</b></p> <p><u>12:00-2:00</u> <u>Sunday Brunch</u> 1:30 Bridge, Rummikub, &amp; Assorted Games</p>	<p><b>18</b></p> <p>9:00 Men's Coffee (GP) 9:00 Exercise (AR) 10:00 Grocery Shopping 1:00 Exercise with Sandy (AR) 1:00 Book Club (GP) 7:30 Movie (GP)</p>	<p><b>19</b></p> <p>9:00 Exercise (AR) 10:00 Hodges (GP) 9:30 &amp; 10:15 Aquasize 1:00 Care Support (CL) 2:30 Great Decisions (GP) 3:00 Wii Bowl (CL)</p>	<p><b>20</b></p> <p>9:00 Exercise (AR) 9:00 Putting on the Green 9:30 Books, Bagels...(TP) <u>10:00 Arbor Glen Tour (CL)</u> <b>10-12 Community Shredding</b> 10:30 Chair Yoga (TP) 1:00 Mah Jongg 3:00 ATC Board Meeting (AR)</p>	<p><b>21</b></p> <p>8:30 Pickleball 9:00 Exercise (AR) 9:30 &amp; 10:15 Aquasize 1:00 Exercise with Sandy (AR) 2:00 Hodges (GP)</p>	<p><b>22</b></p> <p>9:00 Grocery Shopping 9:00 Exercise (AR) 10:30 Chair Yoga (TP) <u>10:45 Penny Pinchers</u> 4:30 Paradise Coastmen Barbershop Performance (TP)</p>	<p><b>23</b></p> <p>9:00 Exercise (AR) 11:00 Tai Chi (AR) 1:30 Wii Bowling (CL)</p>
<p><b>24</b></p> <p><u>12:00-2:00</u> <u>Sunday Brunch</u> 1:30 Bridge, Rummikub, &amp; Assorted Games</p>	<p><b>25</b></p> <p>9:00 Men's Coffee (GP) 9:00 Exercise (AR) 10:00 Grocery Shopping 1:00 Exercise with Sandy (AR) <u>1:00 Shopping at WalMart</u> <u>5:30 Community Birthday Party</u> 7:30 Movie (GP)</p>	<p><b>26</b></p> <p>9:00 Exercise (AR) 10:00 Hodges (GP) 9:30 &amp; 10:15 Aquasize 2:30 Great Decisions (GP) 3:00 Wii Bowl (CL) 7:15 Bingo (AR)</p>	<p><b>27</b></p> <p>9:00 Exercise (AR) 9:00 Putting on the Green 9:30 Books, Bagels...(TP) 10:30 Chair Yoga (TP) 1:00 Mah Jongg</p>	<p><b>28</b></p> <p>8:30 Pickleball 9:00 Exercise (AR) 9:30 &amp; 10:15 Aquasize 10:00 Tower Pointe Board Mtg (GP) 1:00 Exercise with Sandy (AR) 2:00 Hodges (GP)</p>		

**Hodges University's Life Long Learning Program**

Tuesday, February 5th  
10:00am  
"The Times of our Lives-Our Memoir Part 2"

Thursday, February 7th  
2:00pm  
"Healthy Aging & Simple at Home Exercises"

Tuesday, February 12th  
10:00am  
"The Wild Longing of the Human Heart"

Tuesday, February 19th  
10:00am  
"An Update for Collier Voters"

Thursday, February 21st  
2:00pm  
"Positive Psychology"

Tuesday, February 26th  
10:00am  
"Making Your Money Last in Retirement"

Thursday, February 28th  
2:00pm  
"A Chair and Your Health"

**Arbor Trace Board Meeting**  
Wednesday, February 13th  
3:00pm (Activity Room)

**Tower Pointe Board Meeting**  
Thursday, February 28th  
10:00 am (Gathering Place)

**Monday Night at the Movies**  
Every Monday Night  
Gathering Place of Tower Pointe  
7:30 pm  
2/4-The Book Thief (War Drama)  
2/11-Last Love (Drama)  
2/18-The Greatest Showman (Musical)  
2/25-Black or White (Drama)