



ARBOR TRACE



TOWER POINTE  
AT ARBOR TRACE

# The Arbor Trace Revue

1000 Arbor Lake Dr. Naples, FL 34110 (239) 598-2929



## Welcome Bob & Sharon Powell TP 905

Bob & Sharon were born and raised in Cincinnati. When Bob was a freshman in college, his friend set up a blind date for him with Sharon and the rest (after 65 years), they say, is history.

When Bob graduated from the University of Cincinnati (1957), they were married. Bob was drafted into the Army and they served 2 years at Fort Knox Kentucky. Their family grew fast and by 1963 they had four children. At this point Bob decided to go back to school to obtain a PhD in Pharmacology. So the family went off to Pittsburgh and in 1966 Bob received his PhD from the University of Pittsburgh. Bob taught at the University of Cincinnati for two years and then decided to pursue a career in the Drug industry. Meanwhile the family grew to five children. During his career Bob worked for several Pharmaceutical firms and retired in 1998 as Senior Vice President for U.S. Development, Smith Kline Beecham Pharmaceuticals.

Sharon cherished her role as homemaker and took care of their various homes in Cincinnati, Pittsburgh, Bristol (VA) and Philadelphia. All five children graduated from college and one obtained a PhD. The family continued to grow with the addition of 15 grandchildren. The children are spread out: two live in Cincinnati, one in Doylestown, PA, one in Arlington, VA, and one in Naples, FL (Arthrex).

Over the years the Powells were active in several Country Clubs: In Cincinnati, Philadelphia, Bristol, VA and Naples. Bob served on the board of directors at Kensington Country Club, where they belonged for 20 years prior to moving to Arbor Trace. They both played tennis, and golf, (Bob can no longer play due to illness). Both enjoy Bridge, Gin, and Euchre and look forward to participating in these activities at Arbor Trace.

We welcome Bob and Sharon and thank them for writing their own most interesting bio.  
-Bob Powell and Merle Bauser

## August 2018

### Great news!

#### BLUE ZONES PROJECT

★ Participating Organization ★

We are now officially recognized as a Blue Zones Community! A huge thank you to all the residents who

have participated in our Blue Zones programs and workshops over the last several months. It has truly been a joy to see lives changed through the programs we have enjoyed and as we all strive to make healthy choices to better our lives.

I want to invite all residents to join us for our Ribbon Cutting Ceremony on Wednesday, August 1st at 10am at the Clubhouse to celebrate this joyous occasion. I am looking forward to many more exciting days ahead.

-Sandy Steinbach

### A Community Becoming More Technologically Hip

If you haven't heard? We upgraded our community channel! Jennifer Whitten and I have been laboring diligently with a new company called Smart Communities (located on the east coast). Jennifer will be managing the IT pertaining to the system and I will be creating the program and all the additions or changes that you will be observing from your own home, on **Channel 195**. Please tune in and see the upgraded channel that offers a more technological way to share community information from us to you!

-Jody Long  
Clubhouse Receptionist

# 2 The Arbor Trace

## Director's Notes



This information about Arbor Glen was in the August 2017 Revue and I think it's important enough to introduce to the community every year. How do things work if I need to be admitted to Arbor Glen? Does Medicare pay for my stay? How do I go about getting admitted to Arbor Glen should I need their services? These are really good questions and something everyone should be aware of. First of all, Medicare does not pay anything toward your care in an assisted living facility. Medicare was never intended to provide long term care benefits for anyone's custodial care. Medicare will pay for one's care on a short term basis in a skilled nursing facility or a rehabilitation facility under certain conditions. This usually requires being admitted to a hospital for 72 hours or more and then being discharged to this type facility. There is a distinction between actually being admitted to the hospital vs. being there under observation, which is the determining factor as to whether or not Medicare will cover your stay in a skilled nursing or rehabilitation facility. Generally, Medicare will pay 100% of the cost for the first 20 days and a percentage of the cost for an additional 100 days subject to a copay amount that you must pay. After 120 days, Medicare usually will not pay for further care, which is where assisted living care and Arbor Glen comes into play. There are several scenarios under which a resident might be admitted to Arbor Glen.

First, the scenario as described above, where a resident has had a stay in the hospital, skilled nursing facility or rehabilitation facility and is ready to be discharged. In cases like these, arrangements are made between the hospital discharge planner, if coming directly from the hospital or by the skilled nursing or rehabilitation facility discharge planner and the Arbor Glen staff. In these types of situations, we exchange important health information and documentation between the two facilities, so we may know in advance what your general condition is, what medications you need and what, if any precautions the attending physician may deem relevant to your continuing care at our facility. In cases like these the placement in Arbor Glen may be permanent or in some cases be short term "Respite" care, meaning the placement is temporary (less than 30 days) and you pay a daily rate for care. The end goal here is to return home.

Another scenario we see quite often is when a resident's health declines to the point that caring for oneself becomes too difficult. Typically, we see this situation evolve over a period of time. Residents will usually seek assistance from a home health agency on a short term basis in order to stay at home for as long as possible. However, there comes a point in time when this is no longer cost effective when daily assistance is needed with medications and other care by a licensed nurse is required. When things get to this point, plans are usually made with the help of family to make the permanent transition to assisted living. In situations like this, the move to Arbor Glen is done in an organized manner and you enter into a monthly contract at a set rate, based upon the type of room you select and the level of care that you require. Prior to your moving in, we contact your primary care physician for documentation regarding medications, general health condition and what if any, underlying conditions may dictate your plan of care.

This final scenario involves a sudden change in one's health. Often this involves a terminal diagnosis and will result in your being placed under Hospice care. Most people don't realize that the facilities run by the local hospice organizations do not admit residents to their facilities unless death is imminent. Unfortunately, terminal illnesses are often long and protracted ordeals. Arbor Glen has a good working relationship with the two hospice organizations servicing Collier County and are able to coordinate your end of life care in Arbor Glen with whichever hospice organization you choose.

In closing, I know that the health care options available in our community were an important factor in your decision to purchase here. I can assure you that Arbor Glen is well equipped to meet all of your needs and provide competent and compassionate care no matter what your situation may be.

Yours truly,  
**Kevin J Cooney**  
Executive Director

**In Loving Memory**  
**Roland Hawes**



## August Calendar Notes

**Wednesday, August 1st:** We are kicking the month off with a Ribbon Cutting Ceremony introducing Arbor Trace as a recognized Blue Zones Community! Come join us for the fun, and refreshments starting at 9:45am at the front of the Clubhouse.

**Friday, August 3rd:** Lunch Bunch departs at 11:30am. Please sign up at the Clubhouse if you would like to go!

**Monday, August 6th:** The Arbor Lake Singers are continuing practice today at 2:15pm at the Top of the Pointe for their performance at the annual Ice Cream Social in August.

**Friday, August 10th:** Beat the heat with us this afternoon as we head to the movie theatre to see the new Mamma Mia movie, a romantic comedy. Departure time will be early afternoon. The specific time will be announced closer to the outing.

**Saturday, August 11th:** For all Veterans with reservations, the bus will depart for the Spirit of 45' Breakfast at the Naples Hilton this morning. Please be ready to depart by 8:45am. If interested, please sign up at the Clubhouse by August 3rd.

**Tuesday, August 14th:** Fred and Elsa Katz presents Crooners and Canaries at 10am in the Gathering Place! They will feature the best of the big-band singers, both male and female. Hear Perry Como, Mel Torme, Frank Sinatra, Tony Bennett, Nat King Cole, Andy Williams, Peggy Lee, Doris Day, Rosemary Clooney, Ella Fitzgerald, Sarah Vaughan, Dinah Shore--all at their best, and singing songs that you haven't heard from Fred and Elsa up till now.

**Friday, August 17th:** ROMEO (Retired Old Men Eating Out) is heading out this morning at 11:45am. Please reserve your seat on the bus at the Clubhouse as soon as you receive this newsletter. This afternoon, come hear Tower Pointe resident Carl Steinhouse as he shares some of his clever short stories and a few jokes at the Top of the Pointe starting at 4:15pm. Refreshments will be served.

**Sunday, August 19th:** We all scream for Ice Cream! Come join in the fun at the Annual Ice Cream Social at the Gathering Place this afternoon at 4pm. To make a reservation, please put your money in an envelope and take it to the Tower Pointe mail room.

**Wednesday, August 22nd:** Get your poodle skirts out as we enjoy our August Management Party with a Flashback to the Fifties! Please make reservations at the Clubhouse and get ready for the fun to start at 5:30pm.

**Friday, August 24th:** Marlene & Pete (formerly Marlene & Chet) will be at the Top of the Pointe this afternoon at 4pm to perform Rodger's and Hammerstein's favorites for us. Come join in the fun! Refreshments will be served.

**Monday, August 27th:** We are celebrating August Birthdays this evening in the Colonnade at 5:30pm. All residents with an August birthday are encouraged to RSVP to Jody at the Clubhouse.

**Friday, August 31st:** Join us on the bus for Penny Pinchers today at 10:45am as we hit the re-sale stores looking for great deals. Please sign up at the Clubhouse if you would like to go!

# 6 The Arbor Trace



## Transportation Reminders

A friendly reminder about the transportation services we provide here in the community. If you are a resident of Tower Pointe, we provide transportation services between the hours of 8am-8pm. The Tower Pointe concierge staff is happy to transport you to and from the Clubhouse and swimming pool anytime during those hours. They are also available during that time to transport you to and from your carport/garage if you are handicapped and need assistance.

For the Mid-rise and Villa residents, daytime transportation service is available to and from the Clubhouse, Tower Pointe, and swimming pool between 8:30-5pm. Please call the Clubhouse to arrange for this service.

Arbor Trace also provides transportation to medical appointments on Tuesdays, Wednesdays and Thursdays between the hours of 8am and 3pm. Please contact the Clubhouse at least 48 hours in advance to schedule your appointments. We also offer a complimentary shuttle service to The Colonnade Room for residents who would like to enjoy evening dinner or Sunday Brunch.

-Sandy Steinbach



## Sailboats on Arbor Lake

On Friday, June 22nd, long time Arbor Trace residents Ray & Bill surprised their fellow residents with a demonstration of their radio-controlled

sailboats in Arbor Lake. Typically the Lake is busy with birds looking for lunch and turtles enjoying a swim, however on this day, the residents were delighted to watch two beautiful sailboats glide smoothly across the water. Both captains managed their radio-controlled helms of their respective boats flawlessly. The mini regatta was organized with community staff who were on hand to assist when needed. Both Ray & Bill are seasoned "little sailboat" racers, having done so for many years. Ray sails with a group in Bonita Bay, and Bill in other ponds in Naples, as well as in New Hampshire. When asked about the event, Bill and Ray replied "We just wanted to give the residents something different to enjoy."

-Jennifer & Nick Hoops



## R.O.M.E.O



Even with many out of town for the summer, plus a number of our men with some kind of illness, we still had 22 sign up for our lunch trip

to Pelician Isle Yacht Club. We arrived around 12:15pm & were seated in the dining room next to the Windows overlooking the pool & boats. While the beverages were being served & items ordered being collected, all the talk around the tables was about Trump & Russia. Following lunch, which was wonderful, I introduced two first timers, Steve Sullivan & Hank Armstrong. We then heard the "Living Obituary" of Gordon Svoboda, which proves you can have two major careers in your lifetime. We then had our "Famous" raffle" & used Selmer Iversons hat to hold the tickets. The winner of the lunch at the Colonnade room was Gordon Svoboda donated by Jennie Bradford. Bruce Stryker won a monogrammed Pelican Isle Yacht Club ice tea glass. The \$\$\$ winners were Dan Kellog, Selmer Iverson & a guest Bob Sessler. The August 17th Friday luncheon will be at Quail West Country Club, sign up early!

-Bob Bortz

## Ice Cream Social

Royally Scoop your way to a pleasant Sunday afternoon!

Date: Sunday August 19, 2018

Place: The Gathering Place at Tower Pointe

Time: 4:00 pm

Cost: \$5.00 per person. Put your name on an envelope (CASH ONLY) and place in Egenberg's folder in the mail room by August 16th. No checks please!

The Arbor Lake Chorus will be performing!

Door Prizes will be awarded!

### Spirit Day



Spirit of '45 Day is observed on the second Sunday of August, aligning with August 14, 1945, when spontaneous celebrations broke out across America at the news that the most destructive war in history was over. The purpose of Spirit of '45 Day is

to renew the sense of community, national unity, shared sacrifice and "can do" attitude that were the hallmarks of the generation that endured the difficult times of the Great Depression, fought to defend democracy in the largest mobilization of manpower since the building of the pyramids, and led an unprecedented effort to assure a better future for their children and their children's children, for both former ally and foe alike.

In Naples, we look forward to enjoying the annual Greatest Generation Breakfast at the Naples Hilton on August 11th.

Please sign up at the Clubhouse by August 3rd if you would like to go and enjoy the morning at this program  
-Sandy Steinbach



### Arbor Glen Celebrates the 4th of July

Arbor Glen residents just love decorating their hats! On July 5th we celebrated by wearing our red, white and blue outfits and our very festive hats, down to the dining room for a wonderful lunch. A great time was had by all!  
-Cheryl Gregson

### Resident Model



Long time and beautiful resident Helen Martin was asked to model for the upcoming edition of the Senior Blue Book Magazine. Her photo will be featured on the cover of the book alongside Judy, a nurse from Preferred Care (the Medicare certified home health company that we partner with). Way to go Helen!

The Senior Blue Book is distributed at MANY locations across Southwest Florida including Walgreens, CVS, and here in the community. Be sure to stop by the Clubhouse in the fall to pick up a copy.  
-Jennifer Hoops

### Summertime 'Skeeter Solution



The Naples Daily News recently ran an article from the Collier County Mosquito Control District offering Collier County residents the opportunity to help combat the ever-present mosquito problem in their own communities. Gambusia holbrooki, or the Eastern Mosquito fish as they are more commonly called, is a Southwest Florida native freshwater fish that can eat up to 100 mosquito larvae a day! These resilient little fish are being bred in a 300 gallon tank at the Mosquito Control facilities and are being given away to Collier County residents throughout the week.

I went to the facility, filled out a short questionnaire, and was given 16 fish which were re-homed in the overflow canal behind Tower Pointe. The shallow depth and little water flow makes the back canal a hot-spot for mosquito growth, and in turn, the perfect location

for our new fish to eat their little hearts out! I hope to pick up additional fish in the coming weeks to add to the canal and to Arbor Lake, and I would encourage you to do the same.

Fish are distributed at the Collier County Mosquito Control District, you can contact them by calling 239-436-1000 for more details. If you do happen to pick up fish, Maintenance will be happy to put the fish into our water systems for you. With the mosquito problem as big as it is, every little advantage helps, especially if it is an environmentally sound solution!

- Nick Hoops, Condo Association Manager



## Book Club news

Our inaugural year of this group provided opportunities for us to read a variety of books and participate in lively discussions each month. Books are chosen in the fall based on recommendations from all participants and a vote of the group. The schedule for 2018/2019:

**\*No later than October 1, 2018** Turn in recommended book titles (1 or 2), with one- or two-line description to Sandy Steinbach.

**October 15, 2018 - 1:00** Planning meeting in the Gathering Place to go over the list of recommendations and vote on seven.

**\*November 19, 2018 - 1:00** Book discussion of *The Woman in Cabin 10* by Ruth Ware.

All residents are invited to join in this activity. We will meet the **third Monday of each month at 1:00 in the Gathering Place**. A copy of the book to be discussed will be in our libraries and, if available, a large-print copy in Sandy's office. To facilitate discussion, books are to be read prior to the meetings. -Karen Sexton

## Morning at Arbor Trace

Ruth E Pattrin

morning air  
look to Arbor Lake  
then to trees, sky and all

trees in Cedarburg same  
sky blue too  
in Brule too

walked shady paths  
where trees wait to speak  
turned my head to hear

Ruthie is home  
come visit  
see many friends



## This and That

We have a fabulous Housekeeping department that many of you take advantage of for weekly or bi-weekly cleanings. I want to remind everyone that we also do one time only cleanings. Those can include a total house clean, lanai cleaning, inside window cleaning and so much more. The cost is \$30 per hour with a 30 minute minimum. If you are interested please call 598-2929 and ask for Donna to see how we can help you.

-Donna Skroski  
Housekeeping Director



## CAROUSEL

Mid-summer and the Carnival had just arrived in town and our Common suddenly was bustling with acrobat and clown. Booths were built for hucksters and flooring laid for rides like the Tilt-a-Whirl and Dodgems and so many more besides. But the place that always thrilled me most was the dazzling carousel; its silver-mirrored top bespangled with shimmering bagatelle. On the wooden deck crouched animals, both fearsome and benign, as well as handsome horses in a regimental line. To ride I chose a glossy steed (and I named him Galahad) - his nostrils flared I noticed, and his flanks were satin-clad; in graceful waves a golden mane lay close along his neck; his lacquered saddle newly bright, hooves bolted to the deck. Around and around on our merry-go-round we flew in a fantasy that seemed conjured up for the two of us, just Galahad and me! Too soon the tinny music ceased and my horse's gait was slowed - it all but broke my heart to end this equine episode. I knew that before I rode again it could be another year, so sadly I dismounted then joined my parents waiting near. I stood there saying not a word but forlorn and teary-eyed, then my adored, indulgent Daddy said *"Would you like another ride?"*

- Ann Rulon-Miller



## New Pool Table

Tower Pointe has a beautiful new full-size pool table located in The Gathering Place. The table was graciously donated by new Tower Pointe owner, Zee Murray. Feel free to stop by and play a round or two.

## The Revue Team

**Editor...** Kevin Cooney

**Publisher...** Jennifer Hoops

**Calendar of Events...** Sandy Steinbach

**Contributors to this edition...** Merle Bauser, Bob Powell, Ruth Pattrin, Ann Rulon-Miller, Bob Bortz, Nick Hoops, Donna Skroski, Cheryl Gregson, & Jody Long