



ARBOR TRACE



TOWER POINTE  
AT ARBOR TRACE

# The Arbor Trace Revue

1000 Arbor Lake Dr. Naples, FL 34110 (239) 598-2929



## Welcome Dotty & Joe Scott Jr. TP806

We all know that the United States is often called, "The Melting Pot" and Dotty and Joe Scott's story surely fits that mold.

Joe, raised in Connecticut in a Catholic home, rebelled after high school when his father wanted him to join the family construction business. So he ran away to Boulder, Colorado to attend the University of Colorado. There he met Dotty and they fell madly in love. Her family was Jewish and both sets of parents violently objected to the match. These headstrong kids then eloped!

They moved to El Paso, TX where his roommate at college had a job for him as a grocery spy and then he also packed groceries to support his wife plus three kids. Dotty says they lived on spaghetti with thinly sliced hot dogs in the sauce. These difficult times then made Joe realize he had to make more money and so they went to Connecticut where, after all, he went into the construction business. He eventually owned his own firm, they lived in New Canaan, had 5 children (3 boys and 2 girls) and have lived 60 happy years together. Dotty returned to college, the children married and they now have 2 Cambodian, 1 German, 2 "plain vanilla American" grandchildren plus a Dutch daughter in law...yes a Melting Pot.

They are duplicate bridge players and both have been very active in The Jewish Temple in Connecticut while Joe remained a "lapsed Catholic." Again, the Melting Pot.

They bought a home in Stonebridge in 2001 and came down part time at first. Last year they stayed all year but realized the stairs were too much and found The Tower. We warmly welcome them and hope they have many years of happiness here.

-Merle Bauser

## August 2017

### Welcome Gini and Van Govoni 9-204



Both Gini and Van come from Springfield, Massachusetts. Early on, during the Korean War, Van was drafted by the U.S. Army and served with the Military Police in a gunnery group having charge of the ammunition supplies for his whole battalion. After the war, Van entered Woodbury Art College in Los Angeles with dreams of becoming a set designer. However, fate intervened-his father became ill and passed away, and Van returned to run the family establishment, The Black Stallion.

He soon met Gini, an extremely talented and successful executive vice president of a large aluminum manufacturing company, and very active in the city of Springfield. Among her endeavors, she eventually was on the board of two banks, vice president of the Chamber of Commerce, chairman of the board of Mercy Hospital, and also, on three college boards. Talk about accomplishments! This busy couple did much charity work with Van designing and making many elaborate costumes for events and themed parties.

In 1996, the Govoni's moved to Naples. Van sold The Black Stallion and retired, with Gini commuting back and forth from Springfield before she finally retired in 2002. They lived in the Kensington Country Club before coming here to Arbor Trace.

Van, an accomplished artist, is active in painting oils, pastels, and pencil drawings, and enjoys gardening. Gini has become a computer guru, and is now into family genealogy. They are still getting settled in their beautiful condo here in building 9.

-Mary DePrisco

## 2 The Arbor Trace

### Director's Notes

From time to time, I have a residents ask me, how do things work if I need to be admitted to Arbor Glen and does Medicare pay for this? These are good questions and something everyone should be aware of when it comes time to consider Arbor Glen. Contrary to popular belief, Medicare does not pay anything toward your residential care in assisted living. However, they do pay in some cases, for physical and occupational therapy for those residing in assisted living. As far as how you go about being admitted to Arbor Glen, I will attempt to describe the most common scenarios.



The first scenario, is when a resident has had a stint in the hospital, skilled nursing facility or rehabilitation facility and is ready to be discharged. In cases like these, arrangements are made between the hospital discharge planner, if coming directly from the hospital, or by the skilled nursing and/or rehabilitation facility discharge planner and the Arbor Glen staff. In these types of situations, we exchange important health care information and documentation between the two facilities, so we may know in advance your what general condition is, what medications you need and what, if any, precautions the attending physician may deem relevant to your continuing care at our facility. In cases like these the placement in Arbor Glen may be permanent or in some cases be short term or what we characterize as “Respite” care, meaning the placement is temporary (less than 30 days) and you pay a daily rate for care. The end goal here is to return home.

Another scenario we see quite often is when a resident's health declines to the point that caring for oneself becomes too difficult. Typically, we see this situation evolve over a period of time. Residents will usually seek assistance from a home health agency on a short term basis in order to stay at home for as long as possible. However, there comes a point in time when this is no longer cost effective when daily assistance is needed with medications and other care by a licensed nurse is required. When things get to this point, plans are usually made with the help of family to make the permanent transition to assisted living. In situations like this, the move to Arbor Glen is planned in advance and done in an organized manner. You enter into a monthly contact at a set rate, based upon the type of room you select and the level of care that you require. Prior to your moving in, we contact your primary care physician for documentation regarding medications, general health condition and what if any, underlying conditions may dictate your plan of care.

This final scenario involves a sudden change in one's health requiring immediate placement. Often this involves a terminal diagnosis and ultimately being placed under Hospice care. Most people don't realize that the facilities run by the local hospice organizations do not admit residents to their facilities unless death is imminent. Unfortunately, terminal illnesses are often long and protracted ordeals. Arbor Glen enjoys a good working relationship with the two local hospice organizations servicing Collier County and are able to exchange the necessary health care information required to coordinate your end of life care in Arbor Glen with whichever hospice organization you choose.

In closing, I know that the health care options available in our community were an important factor in your decision to purchase here. I can assure you that Arbor Glen is well equipped to meet all of your needs and provide competent and compassionate care no matter what your situation may be.

Yours truly,  
**Dan Edenfield**  
Executive Director

**In Loving Memory**

Rina Cabezas



## August Calendar Notes

**Thursday, August 3rd:** Come learn about the Second Seminole War at 2pm in the Gathering Place. All residents and their guests are welcome.

**Friday, August 4th:** Lunch Bunch is heading out to Metro Diner in Bonita Springs at 11:30am. Please sign up at the Clubhouse if you plan to go.

**Thursday, August 10th:** The Indian Removal Act of 1830 required all Native American nations to move west of the Mississippi River. The Creek Nation was due to be removed, but the Jackson administration offered to provide a one-year delay if the Creeks would send a regiment of warriors to fight their Seminole cousins in Florida for a year. Come learn about the impact of these choices.

**Friday, August 11th:** Today at 10:45am, the bus is heading for the Seminole Casino in Immokalee. Test your luck at the machines or the black jack table, and enjoy lunch while we are there. Please sign up at the Clubhouse.

**Tuesday, August 15th:** Are you an Alfred Hitchcock fan? If so, make your way to the Gathering Place at 10am as Hodges University presents "Alfred Hitchcock: Master of Suspense." At 3pm Burzynski Elder Law will be giving a presentation on VA benefits in the Gathering Place. If you are a veteran and are interested in learning more, you are welcome.

**Wednesday, August 16th:** Think Luau this evening for our Management Party. Put on your Hawaiian luau attire at head to the Colonnade Dining Room at 5:30pm for a festive summer evening. Please make reservations at the Clubhouse in advance.

**Friday, August 18th:** ROMEO (Retired Old Men Eating Out) is heading out this morning at 11:45am. Please make sure you call the Clubhouse to reserve your seat on the bus.

**Monday, August 21st:** The bus heads out for a shopping party at Talbots in Coconut Point at 1:30pm. All residents will enjoy 25% off. Harriet Cooper's daughter works there and will be happy to help us find clothes. Please sign up at the Clubhouse if you would like to go.

**Thursday, August 24th:** Fairy tales depicting maidens in distress have been popular for centuries and remain so today. This lecture at 2pm in The Gathering Place will delve into the origin and evolution of these stories, as well as the role they have played in the socialization process of young girls.

**Friday, August 25:** Ladies grab your pennies, and be ready to board the bus at 10:45am as we explore thrift stores in the Bonita Springs area with lunch at Panera Bread. Please sign up at the Clubhouse.

**Sunday, August 27th:** The Annual Ice Cream Social is happening this afternoon at 4pm in The Gathering Place. Please make sure you have signed up by paying your money in a designated envelope to the Purdy/Mills in house mail folder at the Tower Pointe mail room.

**Monday, August 28th:** This evening we will be celebrating all residents with an August birthday. If this is you, we hope to see you for dinner at 5:30pm under the balloons in the Colonnade.

**Thursday, August 31st:** While riding in a Jeep out in the wetlands isn't ideal for everyone, today you have an opportunity to see it at 2pm in The Gathering Place with Orange Jeep Tours guide Mike Sullivan. Come see the natural beauty that is tucked away in the Florida Everglades far from where the eye can often see.



### Happy, Happy Birthday Betty!

Join us in wishing Betty Wallin a happy 100th birthday on August 4th! Betty has been at Arbor Trace since September 2002. She loves bridge, travel, and books. In her past career, she was a social worker and also did secretarial work. She has 2 children and 5 grandchildren. She is originally from Billings, Montana.



### A Fresh New Look

Tower Pointe residents were happy to see the

completion of the installation of the new carpet on the condo living floors. The project started in early June and was completed by the middle of July. The Tower Pointe Board of Directors hired Foxworthy Interiors to help in selecting the carpet. The Board worked closely with the House Committee in making the final design decision. Diamond Carpet, Inc. did the actual installation, starting on the north Tower on the 16th floor and working their way down and then progressing to the south Tower. Each day, one floor was installed while the carpet on the floor below was torn out.

Positive comments on the new carpet ranged from "It's gorgeous!", "It's classy!", to "It's elegant!" Those who liked it wondered why it wasn't being installed on the ground floor as well; the answer is that the carpeting on the ground floor is only seven years old, too new to replace at this time.

-Dick Wilson and Nona Raines

### The Magic Garden

Several years ago, Dan Edenfield had to remove some large trees from the land between Villas 608 and 700 : they had rot and infection in their roots. This left an open space, covered with weeds and debris. Cultivation was not an option because there was insufficient sprinkler capacity to extend over this large area.

Along came intrepid gardener Marilyn Contrada (V-602), who moved a few plants from the lovely plantings she had grown around her home. With very little help from the weather, these cacti flourished so Marilyn was encouraged to put more plants and cuttings into this barren area. She put me to work, removing debris.

I volunteered with my hose pipe, and produced my retired shovel to help with the new plantings. Encouraged (directed ?) by Margaret, my wife, and with the generous approval of Marilyn, we purchased flowering or leafy plants to place in the area. The bright yellow flowers and multi-colored leaves inspired other neighbors to contribute some plants - but not their labor!

This Spring we can count over 70 individual plantings, bringing bright and attractive life back into this area, which we nicknamed "The Magic Garden". The drought has taken its toll and our hand watering was probably insufficient, but as I write this piece today, a tough little cactus is showing three yellow rose-like flowers; butterflies are out; and a turtle laid her eggs last week in the soft sand.

It is great to note how many walkers stop for a while on the bench seat by the pathway to rest and to admire this attractive garden area. Even better is when they voice compliments and thanks to Marilyn Contrada for her creativity, her generosity and her hard work. From all of us who enjoy this quiet spot of pleasure, thank you, Marilyn. Keep it going!

-Don Boultsbee

### R.O.M.E.O.

The bus trip on Friday June 16 th was very short, we went to COOPERS-HAWK WINERY & RESTAURANT. We were seated in a private room & served by 3 very efficient waitresses. At each seat was a sample glass of their special monthly wine. Many of us ordered more. While we waited for our meal, the talk was Trump & the up coming All Star Game in Miami. The " Living Obituaries" were given by Dick Dingler & Earle Cook. We then had our prize drawings. Manny Cabezas won the lunch at the Colonnade room donated by Jennie Bradford. Ed Parson won a wine tasting event for 4 which is worth \$48, donated by Coopers-Hawk. The \$\$\$ winners were Dave Macarthy, Ray Maloney & Don Eslick. The next lunch outing is on August 18th.

-Bob Bortz





### Arbor Glen Gets a New Look

Some of the finishing touches still are in process and/or being adjusted, but Arbor Glen, after some long weeks of reconstruction, carries a lovely new look. The older, greenish flooring is replaced with a bluish-design carpet. The walls now wear a fresh coat of paint in a color that enhances the place. The nurses' station is totally restructured to provide more room and lessen any sense of clutter. And, where there was a desk and some files in the hallway for the Life Enrichment Coordinator, there is now an office with walls and a door. The carpenters, painters, and electricians labored quietly and unassumingly...working around the residents and staff while creating the new look. In fact, when all was said and done, many residents commented that "you hardly knew they (the workers) were there at all!" The new space is an appreciated one, bringing a sense of freshness, clarity and space. With all of its new accoutrements, many are beginning to experience how newly decorated Arbor Glen can influence health. A better and renewed living space simply brings a sense of well-being and an improved mood to both residents and staff. Oh, if you haven't seen the changes yet, please know that you are welcome to come and see them at any time. After all, Arbor Glen is open 24/7! -Janet Thomas-Kobes

**KEEP THE SPIRIT OF '45 ALIVE!** **Honoring Veterans**

The Greatest Generation & Beyond Breakfast will be held at the Naples Hilton on August 12, 2017 at a new time from 9:30 am – 12 pm. Before the program begins, guests can enjoy the Oakes Victory Garden display, From Sea to Shinning Sea mural, Patriot Photo Booth, various "characters" to spark memories of a sentimental journey and Vote in Honor of a Veteran booth. Join us for the Greatest Generation Breakfast at the Hilton Naples, 5111 Tamiami Trail North. We have taken a bus in the past to this annual event. If we have 8 or more residents sign up to go, we will provide transportation. Please sign up at the Clubhouse by August 9th. Veterans and Spouse (Guardian) are Free – Non Veterans \$35.

-Sandy Steinbach



### Resident Spotlight Elizabeth Bergenheim TP 704

If you've ever wondered what becomes of the books you return in the basket in the TP library, and then they magically disappear each morning, wonder no more. The Tower Pointe Library Committee, co-chaired by Elizabeth Bergenheim, spend a week at a time putting the books away in their proper place. In addition, Elizabeth pondered, "If hospitals have a book mobile, why don't we??" so she instituted the mobile library service to Arbor Glen residents, and she makes trips every Tuesday to offer and pick up books, which is greatly needed and appreciated.

Elizabeth was born in Newton, MA, outside Boston and was an only child. After high school graduation, she studied at the prestigious Katharine Gibbs Secretarial School, and then worked for the Harvard Business School transcribing college lectures. She also worked in the Harvard Alumni Department. Her husband-to-be worked as a copy boy for the Christian Science Monitor while he was in high school, and later rose to Business Manager of the company. Elizabeth and her husband Bob had six children, and then they adopted a 5 year old boy who was in an abusive situation, who was slammed against a wall and who lost his hearing in one ear as a result. A doctor told Elizabeth he was mentally retarded because he didn't converse, and only echoed what people said to him. However, Elizabeth didn't believe this; she worked diligently with him; and she is proud to report that he now has a Master's Degree and is fluent in English, Spanish and German, and is teaching sign language in college in Vancouver, Canada. Elizabeth says, "Love conquers everything!"

Elizabeth and her family moved to Sacramento where Bob was Business Manager for the McClathey newspapers. After three years, the Hearst organization asked Bob to become Publisher of the Boston Herald, and they returned to Boston. Bob then founded the Boston Business Journal and the Providence Business News. He had an impressive journalism career, and according to Elizabeth, "He was successful at everything he did." Elizabeth and her husband previously lived in Bonita Springs and were New England snowbirds before moving to Arbor Trace in 2004. Elizabeth has a son living in Jacksonville and her other children live in the New England states. Elizabeth flies there each August to visit them, and they visit her here in FL. Elizabeth's husband passed away in 2010. In addition to her librarian duties, Elizabeth is on the Arbor Pointe Foundation Scholarship Committee, which determines the recipients of the Scholarship Fund, generously donated by the Arbor Trace residents. As you may suspect, Elizabeth "loves reading" and she expresses her feelings about our community with "I don't think there's a nicer place to live anywhere in the U.S.!!"

-Nona Raines



## Book Club news

The book club is taking a hiatus this summer. Keep reading and stay tuned for more info!

### I Am Grateful

by Ruth E Pattrin

When I notice-  
tiny snails  
big chested geese  
toad on beach sand  
music of crickets  
beauty of orchids



When I Hear  
song birds morning greeting  
salty twitter of the wren  
cardinal's concert  
morning's silence

What I Admire  
branches letting down their leaves  
carrots elongated in the pan  
onions curved like a pale green wand  
beauty of the orchids  
ferns along the paths

What Astonished Me  
pelicans making their dip

What Is Most Tender  
orchids everlasting beauty  
turns of eagles wings  
tall blank of sand  
clams clamped down

What Is Most Wonderful  
Arbor Lake and its sandy shores  
Arbor Trace's Tree's beauty

What Was Best Happening  
colorful breast of the hummingbird  
eye of Arbor Lake  
face of lanai orchids  
puckered knee of broken tree  
down pour of rain.

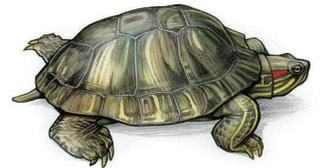
### GIFT (a sonnet)

Although the sphere is heavy to my hand,  
its beauty, smooth and cool, indeed is great -  
a thoughtful gift and true surprise well-planned,  
this lovely, opalescent paperweight.  
Within my palm I spin the globe around  
to view the water-scape inside, and note  
its lustrous, liquid world, bereft of sound,  
where in strict orbit glistening bubbles float;  
and I perceive the iridescent spears  
of slender fronds, stock-still in their silent sea,  
as sentinels who will guard through soundless years  
the anchored bed of blue anemone.  
However heavy to my hand, this gift  
gives to my heart a joyous, lasting lift.

-Ann Rulon-Miller

### Arbor Trace

As you walk thru the Trace, I trust you will see  
All shades of green in the myriad trees,  
A turtle asleep by the pond in the sun,  
Bocce and shuffleboard ready for fun.  
Red tree top blossoms against the blue,  
Dancing flowers of every hue.  
A fountain rainbow may catch your eye  
And often an eagle perched up high.



When you walk thru the Trace, I hope you will hear  
A million sounds in your once youthful ear,  
The scratch and the rattle of a palmette tree frond,  
The rustle of squirrels hiding seeds in the ground.  
The fountain that tosses tall arches of spray  
All sounds to cheer us throughout the day.

When we walk thru the Trace, I know that we'll feel  
That no mere mortal could make this all real,  
Could design the flowers and cause them to grow,  
Could teach every bird its own song to know.  
Could give us the wonders of earth and of sky.  
There's something much greater than you or than I.  
As you walk thru the Trace and the palm trees nod,  
You will feel a Presence, some call it GOD.

-Priscilla Clement

## The Revue Team

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