



BIRTHDAY HAPPENINGS:



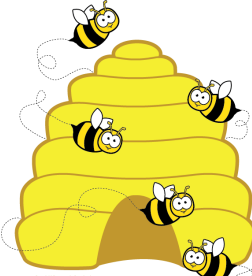
2nd Fran Barrier
 2nd Karen Marrale
 3rd Barbara Cammett
 4th Barbara Smith
 6th Pat Cummins
 7th John Grunewald
 8th Bob Schwindt
 8th Bruce Stryker
 8th Ina Berson

8th Jane Herren (101!)
 11th Don Eslick
 11th Steve Sullivan
 13th Pat Meyers
 16th Nelleke Landy
 16th Sophie Lanoix
 17th Bill O'Connell
 17th Mary Ann Federman
 18th Karen Sexton

18th Naren Chevli
 19th Dorothy Parsons
 20th Dick Schmidt
 20th Dorothy Buckett
 22nd Jerry Meyers
 23rd Brigitte Hiris
 23rd David Granfield
 26th Marty Carson

September 2017



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<p>Calendar Key</p> <p>(AR) Clubhouse Activity Room (ER) Clubhouse Exercise Room (CL) Clubhouse (GP) Gathering Place, Tower Pointe (TP) Top of the Pointe Club</p>	 Transportation to Tower Pointe activities is available from the clubhouse.		<p>1</p> <p>9:00 Grocery Shopping 9:00 Exercise (AR) 10:30 Chair Yoga (TP) 11:15 Lunch Bunch to Erin's Isle</p>	<p>2</p> <p>9:00 Exercise (AR) 11:00 Tai Chi (AR) 1:30 Wii Bowling</p>
<p>3</p> <p>12:00-2:00 Sunday Brunch 1:30 Bridge, Rummikub, & Assorted Games</p>	<p>4 Labor Day</p> <p>9:00 Men's Coffee (GP) 9:00 Exercise (AR) 12:00-2:00 Labor Day Lunch 7:30 No Movie</p>	<p>5</p> <p>9:00 Exercise (AR) 9:30 & 10:15 Aquasize 10:00 Fred Katz Presents (GP) 1:00 Care Support (CL) 3:00 Wii Bowl (ER) 7:15 Bingo (AR)</p>	<p>6</p> <p>9:00 Exercise (AR) 9:00 Putting on the Green 9:30 Knitting (CL) 10:30 Chair Yoga (TP) 1:00 Exercise Room Tutorial (Tower Gym)</p>	<p>7</p> <p>9:00 Bocce 9:00 Pickleball 9:00 Exercise (AR) 9:30 & 10:15 Aquasize 1:00 Exercise with Sandy (AR)</p>	<p>8</p> <p>9:00 Grocery Shopping 9:00 Exercise (AR) 10:30 Chair Yoga (TP) TBD Movie Outing 5:30 Evening of Dance featuring Lois Kehoe</p>	<p>9</p> <p>9:00 Exercise (AR) 11:00 Tai Chi (AR) 1:30 Wii Bowling</p>
<p>10 Grandparents Day</p> <p>12:00-2:00 Sunday Brunch 1:30 Bridge, Rummikub, & Assorted Games</p>	<p>11</p> <p>9:00 Men's Coffee (GP) 9:00 Exercise (AR) 10:00 Grocery Shopping 1:00 Exercise with Sandy (AR) 1:30 Shopping at Walmart 2:00 Book Club (GP) 7:30 Movie (GP)</p>	<p>12</p> <p>9:00 Exercise (AR) 9:30 & 10:15 Aquasize 1:00 Care Support (CL) 3:00 Wii Bowl (ER) 7:15 Bingo (AR)</p>	<p>13</p> <p>9:00 Exercise (AR) 9:00 Putting on the Green 10:30 Chair Yoga (TP) 1:00 Mah Jongg</p>	<p>14</p> <p>9:00 Bocce 9:00 Pickleball 9:00 Exercise (AR) 9:30 & 10:15 Aquasize 1:00 Exercise with Sandy (AR)</p>	<p>15</p> <p>9:00 Grocery Shopping 9:00 Exercise (AR) 10:30 Chair Yoga (TP) 11:00 Brambles Tea Room Lunch Outing</p>	<p>16</p> <p>9:00 Exercise (AR) 11:00 Tai Chi (AR) 1:30 Wii Bowling</p>
<p>17</p> <p>12:00-2:00 Sunday Brunch 1:30 Bridge, Rummikub, & Assorted Games</p>	<p>18</p> <p>9:00 Men's Coffee (GP) 9:00 Exercise (AR) 10:00 Grocery Shopping 1:00 Exercise with Sandy (AR) 1:30 Shopping at Trader Joe's 7:30 Movie (GP)</p>	<p>19</p> <p>9:00 Exercise (AR) 9:30 & 10:15 Aquasize 1:00 Care Support (CL) 3:00 Wii Bowl (ER) 7:15 Bingo (AR)</p>	<p>20</p> <p>9:00 Exercise (AR) 9:00 Putting on the Green 10:30 Chair Yoga (TP) 1:00 Mah Jongg 3:00 ATC Board Meeting (CL) 5:30 Management Cocktail Party (Colonnade)</p>	<p>21</p> <p>9:00 Bocce 9:00 Pickleball 9:00 Exercise (AR) 9:30 & 10:15 Aquasize 1:00 Exercise with Sandy (AR) 5pm Rosh Hashanah Dinner (Colonnade)</p>	<p>22</p> <p>9:00 Grocery Shopping 9:00 Exercise (AR) 10:30 Chair Yoga (TP) 11:45 ROMEO</p>	<p>23</p> <p>9:00 Exercise (AR) 11:00 Tai Chi (AR) 1:30 Wii Bowling</p>
<p>24</p> <p>12:00-2:00 Sunday Brunch 1:30 Bridge, Rummikub, & Assorted Games</p>	<p>25</p> <p>9:00 Men's Coffee (GP) 9:00 Exercise (AR) 10:00 Grocery Shopping 1:00 Exercise with Sandy (AR) 5:30 Community Birthday Party 7:30 Movie (GP)</p>	<p>26</p> <p>9:00 Exercise (AR) 9:30 & 10:15 Aquasize 1:00 Care Support (CL) 3:00 Wii Bowl (ER) 7:15 Bingo (AR)</p>	<p>27</p> <p>9:00 Exercise (AR) 9:00 Putting on the Green 10:00 Arbor Glen Tour (CL) 10:30 Chair Yoga (TP) 1:00 Mah Jongg</p>	<p>28</p> <p>9:00 Bocce 9:00 Pickleball 9:00 Exercise (AR) 9:30 & 10:15 Aquasize 10:00 Tower Pointe Board Meeting (GP)</p>	<p>29</p> <p>9:00 Grocery Shopping 9:00 Exercise (AR) 10:30 Chair Yoga (TP) 10:45 Penny Pinchers</p>	<p>30</p> <p>9:00 Exercise (AR) 11:00 Tai Chi (AR) 1:30 Wii Bowling</p>

Hodges University's Life Long Learning Program
 The Fall Semester will begin in October

Arbor Trace Board Meeting
 Wednesday, September 20th
 3:00pm (Activity Room)

Tower Pointe Board Meeting
 Thursday, September 28th
 10:00 am (Gathering Place)

Monday Night at the Movies
 Every Monday Night
 Gathering Place of Tower Pointe
 7:30 pm

9/4-No Movie-Labor Day
 9/11-Silver Linings Playbook (Romantic Comedy)
 9/18-Dark Horse (Documentary)
 9/25-Lord Jim (Drama)