



BIRTHDAY HAPPENINGS:

4th-Betty Wallin (101!)
 5th-Joan Yates
 6th-Kathleen Wallace
 7th-Sonya Moore
 8th-Jerry Stone
 7th-Ro Murphy
 9th-Frank Duane
 10th-Barbara Bunge
 10th-Judy Peterson

12th-Dorothy Gridley
 12th-Bette Kellogg
 14th-George Barrier
 14th-Phil Sexton
 15th-Regina Duane
 15th-Mary Foote
 17th-Mary Coulson
 18th-Merle Bauser
 18th-Lou Knouse

19th-Jim Hiers
 19th-Shep Scheinberg
 20th-Yvonne Silverberg
 24th-Kurt Smith
 28th-Hank Reynolds
 29th-Fred Stetz
 30th-Betty Coumbe



August 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Calendar Key</p> <p>(AR) Clubhouse Activity Room (ART) Clubhouse Art Room (CL) Clubhouse (GP) Gathering Place, Tower Pointe (TP) Top of the Pointe Club</p>			<p>1</p> <p>9:00 Exercise (AR) 9:00 Putting on the Green 10:00 Blue Zones Ribbon Cutting Ceremony (CL) 10:30 Chair Yoga (TP) 1:00 Mah Jongg</p>	<p>2</p> <p>8:30 Pickleball 9:00 Exercise (AR) 9:30 & 10:15 Aquasize 1:00 Exercise with Sandy (AR) 2:00 Open Art (MR)</p>	<p>3</p> <p>9:00 Grocery Shopping 9:00 Exercise (AR) 10:30 Chair Yoga (TP) <u>11:30 Lunch Bunch</u></p>	<p>4</p> <p>9:00 Exercise (AR) 11:00 Tai Chi (AR) 1:30 Wii Bowling</p>
<p>5</p> <p><u>12:00-2:00</u> Sunday Brunch 1:30 Bridge, Rummikub, & Assorted Games</p>	<p>6</p> <p>9:00 Men's Coffee (GP) 9:00 Exercise (AR) 10:00 Grocery Shopping 1:00 Exercise with Sandy (AR) <u>1:30 Shopping at Walmart</u> 2:15 Chorus Practice (TP) 7:30 Movie (GP)</p>	<p>7</p> <p>9:00 Exercise (AR) 9:30 & 10:15 Aquasize 1:00 Care Support (CL) 3:00 Wii Bowl (ART) 7:15 Bingo (AR)</p>	<p>8</p> <p>9:00 Exercise (AR) 9:00 Putting on the Green 10:30 Chair Yoga (TP) 1:00 Mah Jongg</p>	<p>9</p> <p>8:30 Pickleball 9:00 Exercise (AR) 9:30 & 10:15 Aquasize 1:00 Exercise with Sandy (AR) 2:00 Open Art (MR)</p>	<p>10</p> <p>9:00 Grocery Shopping 9:00 Exercise (AR) 10:30 Chair Yoga (TP) <u>TBD Mamma Mia 2 Movie Outing</u></p>	<p>11</p> <p><u>9:00 Spirit of 45' Breakfast</u> 9:00 Exercise (AR) 11:00 Tai Chi (AR) 1:30 Wii Bowling</p>
<p>12</p> <p><u>12:00-2:00</u> Sunday Brunch 1:30 Bridge, Rummikub, & Assorted Games</p>	<p>13</p> <p>9:00 Men's Coffee (GP) 9:00 Exercise (AR) 10:00 Grocery Shopping 1:00 Exercise with Sandy (AR) <u>1:30 Shopping at Dollar Tree</u> 2:15 Chorus Practice (GP) 7:30 Movie (GP)</p>	<p>14</p> <p>9:00 Exercise (AR) 9:30 & 10:15 Aquasize 10:00 Fred Katz Presents (GP) 1:00 Care Support (CL) 7:15 Bingo (AR)</p>	<p>15</p> <p>9:00 Exercise (AR) 9:00 Putting on the Green 10:30 Chair Yoga (TP) 1:00 Mah Jongg</p>	<p>16</p> <p>8:30 Pickleball 9:00 Exercise (AR) 9:30 & 10:15 Aquasize 1:00 Exercise with Sandy (AR) 2:00 Open Art (MR)</p>	<p>17</p> <p>9:00 Grocery Shopping 9:00 Exercise (AR) 10:30 Chair Yoga (TP) <u>11:45 ROMEO</u> <u>4:15 Carl's Story Hour (TP)</u></p>	<p>18</p> <p>9:00 Exercise (AR) 11:00 Tai Chi (AR) 1:30 Wii Bowling</p>
<p>19</p> <p><u>12:00-2:00</u> Sunday Brunch 1:30 Bridge, Rummikub, & Assorted Games <u>4:00 Ice Cream Social (GP)</u></p>	<p>20</p> <p>9:00 Men's Coffee (GP) 9:00 Exercise (AR) 10:00 Grocery Shopping 1:00 Exercise with Sandy (AR) <u>1:30 Shopping at Home Goods</u> 7:30 Movie (GP)</p>	<p>21</p> <p>9:00 Exercise (AR) 9:30 & 10:15 Aquasize 1:00 Care Support (CL) 3:00 Wii Bowl (ART) 7:15 Bingo (AR)</p>	<p>22</p> <p>9:00 Exercise (AR) 9:00 Putting on the Green 10:30 Chair Yoga (TP) 1:00 Mah Jongg <u>5:30 Flashback to the Fifties Management Cocktail Party (Colonnade)</u></p>	<p>23</p> <p>8:30 Pickleball 9:00 Exercise (AR) 9:30 & 10:15 Aquasize 1:00 Exercise with Sandy (AR) 2:00 Open Art (MR)</p>	<p>24</p> <p>9:00 Grocery Shopping 9:00 Exercise (AR) 10:30 Chair Yoga (TP) 4:00 Marlene & Pete Entertain (TP)</p>	<p>25</p> <p>9:00 Exercise (AR) 11:00 Tai Chi (AR) 1:30 Wii Bowling</p>
<p>26</p> <p><u>12:00-2:00</u> Sunday Brunch 1:30 Bridge, Rummikub, & Assorted Games</p>	<p>27</p> <p>9:00 Men's Coffee (GP) 9:00 Exercise (AR) 10:00 Grocery Shopping 1:00 Exercise with Sandy (AR) <u>1:30 Shopping at Walmart</u> <u>5:30 Community Birthday Party</u> 7:30 Movie (GP)</p>	<p>28</p> <p>9:00 Exercise (AR) 9:30 & 10:15 Aquasize 1:00 Care Support (CL) 3:00 Wii Bowl (ART) 7:15 Bingo (AR)</p>	<p>29</p> <p>9:00 Exercise (AR) 9:00 Putting on the Green 10:30 Chair Yoga (TP) 1:00 Mah Jongg</p>	<p>30</p> <p>8:30 Pickleball 9:00 Exercise (AR) 9:30 & 10:15 Aquasize 1:00 Exercise with Sandy (AR) 2:00 Open Art (MR)</p>	<p>31</p> <p>9:00 Grocery Shopping 9:00 Exercise (AR) 10:30 Chair Yoga (TP) <u>10:45 Penny Pinchers</u></p>	<p>Transportation to Tower Pointe activities is available from the clubhouse.</p>

Hodges University's Life Long Learning Program

The Fall Semester will begin in October

Arbor Trace Board Meeting
 Will Resume in September

Tower Pointe Board Meeting
 Will Resume in September

Monday Night at the Movies
Every Monday Night
Gathering Place of Tower Pointe
7:30 pm
8/6-Jackie Robinson (Sports Bio)
8/13-Stephanie Daley (Drama)
8/20-Les Miserables (2012 Musical)
8/27-Stronger (Drama)