



BIRTHDAY HAPPENINGS:

3rd-Sandy Bortz
 8th-Sandy Ohanian
 10th-Sue Basinger
 14th-David Hocking
 16th-Alberta Mitchem
 18th-Donald Scott
 19th-Bea Gianetti
 19th-Kathleen Sheehan
 25th-Katherine Dudley

28th-Agnes Kanner
 28th-Bob Statzell
 29th-Betty Knous



JANUARY 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Calendar Key</p> <p>(AR) Clubhouse Activity Room (ART) Clubhouse Exercise Room (CL) Clubhouse (GP) Gathering Place, Tower Pointe (TP) Top of the Pointe Club</p>		<p>1 New Year's Day Happy 2019! 12:00-2:00 <u>New Year's Day Brunch</u></p>	<p>2 9:00 Exercise (AR) 9:00 Putting on the Green 9:30 Knitting (CL) 10:30 Chair Yoga (TP)</p>	<p>3 8:30 Pickleball 9:30 Exercise (AR) 10:15 Aquasize 1:00 Exercise with Sandy (AR)</p>	<p>4 9:00 Grocery Shopping 9:00 Exercise (AR) 10:30 Chair Yoga (TP) <u>11:30 Lunch Bunch</u> <u>6:20 Artis Classics</u></p>	<p>5 9:00 Exercise (AR) 11:00 Tai Chi (AR) 1:30 Wii Bowling</p>
<p>6 <u>12:00-2:00</u> <u>Sunday Brunch</u> 1:30 Bridge, Rummikub, & Assorted Games</p>	<p>7 9:00 Men's Coffee (GP) 9:00 Exercise (AR) 10:00 Grocery Shopping 1:00 Exercise with Sandy (AR) <u>1:30 Shopping at Walmart</u> 2:15 Choir Practice (TP) 7:30 Movie (GP)</p>	<p>8 9:00 Exercise (AR) 10:00 Fred Katz (GP) 9:30 & 10:15 Aquasize <u>1:00 Dr. Tietlebaum (Salon)</u> 3:00 Wii Bowl (ART) 7:15 Bingo (AR)</p>	<p>9 9:00 Exercise (AR) 9:00 Putting on the Green 10:30 Chair Yoga (TP) <u>1:00 Exercise Room Demo</u> 4:00 Ladies Bible Study (CL)</p>	<p>10 8:30 Pickleball 9:00 Exercise (AR) 9:30 & 10:15 Aquasize 1:00 Exercise with Sandy (AR)</p>	<p>11 9:00 Grocery Shopping 9:00 Exercise (AR) 10:30 Chair Yoga (TP) <u>5:30 Lois Kehoe Entertains</u> (Colonnade) <u>7:20 Artis Pops</u></p>	<p>12 9:00 Exercise (AR) 11:00 Tai Chi (AR) 1:30 Wii Bowling</p>
<p>13 <u>12:00-2:00</u> <u>Sunday Brunch</u> 1:30 Bridge, Rummikub, & Assorted Games</p>	<p>14 9:00 Men's Coffee (GP) 9:00 Exercise (AR) 10:00 Grocery Shopping 1:00 Exercise with Sandy (AR) <u>1:30 Shopping at Beall's</u> 2:15 Choir Practice (TP) 7:30 Movie (GP)</p>	<p>15 9:00 Exercise (AR) 10:00 Hodges (GP) 9:30 & 10:15 Aquasize 1:00 Care Support (CL) 3:00 Wii Bowl (ART) 7:15 Bingo (AR)</p>	<p>16 9:00 Exercise (AR) 9:00 Putting on the Green 10:30 Chair Yoga (TP) 1:00 Mah Jongg 3:00 ATC Annual Meeting (CL)</p>	<p>17 8:30 Pickleball 9:00 Exercise (AR) 9:30 & 10:15 Aquasize <u>12:00 Signature Lunch (Colonnade)</u> 1:00 Exercise with Sandy (AR) 2:00 Hodges (GP)</p>	<p>18 9:00 Grocery Shopping 9:00 Exercise (AR) 10:30 Chair Yoga (TP) <u>11:45 ROMEO</u> <u>7:15 Mystery of Edwin Drood @</u> <u>Theatre Zone</u></p>	<p>19 9:00 Exercise (AR) 11:00 Tai Chi (AR) 1:30 Wii Bowling</p>
<p>20 <u>12:00-2:00</u> <u>Sunday Brunch</u> 1:30 Bridge, Rummikub, & Assorted Games</p>	<p>21 9:00 Men's Coffee (GP) 9:00 Exercise (AR) 10:00 Grocery Shopping 1:00 Exercise with Sandy (AR) 1:00 Book Club (GP) 2:15 Choir Practice (TP) 7:30 Movie (GP)</p>	<p>22 9:00 Exercise (AR) 10:00 Hodges (GP) 9:30 & 10:15 Aquasize 1:00 Care Support (CL) 3:00 Wii Bowl (ART) 7:15 Bingo (AR)</p>	<p>23 9:00 Exercise (AR) 9:00 Putting on the Green 10:30 Chair Yoga (TP) 1:00 Mah Jongg <u>5:30 Management Cocktail Party</u> (Colonnade)</p>	<p>24 8:30 Pickleball 9:00 Exercise (AR) 9:30 & 10:15 Aquasize 10:00 Tower Pointe Annual Mtg (GP) 1:00 Exercise with Sandy (AR) 2:00 Hodges (GP)</p>	<p>25 9:00 Grocery Shopping 9:00 Exercise (AR) 10:30 Chair Yoga (TP) <u>10:45 Penny Pinchers</u></p>	<p>26 9:00 Exercise (AR) 11:00 Tai Chi (AR) 1:30 Wii Bowling</p>
<p>27 <u>12:00-2:00</u> <u>Sunday Brunch</u> 1:30 Bridge, Rummikub, & Assorted Games</p>	<p>28 9:00 Men's Coffee (GP) 9:00 Exercise (AR) 10:00 Grocery Shopping 1:00 Exercise with Sandy (AR) <u>1:30 Shopping at Walmart</u> 2:15 Choir Practice (TP) <u>5:30 Community Birthday Party</u> 7:30 Movie (GP)</p>	<p>29 9:00 Exercise (AR) 10:00 Hodges (GP) 9:30 & 10:15 Aquasize 3:00 Wii Bowl (ART) 7:15 Bingo (AR)</p>	<p>30 9:00 Exercise (AR) 9:00 Putting on the Green 10:30 Chair Yoga (TP) 1:00 Mah Jongg</p>	<p>31 8:30 Pickleball 9:00 Exercise (AR) 9:30 & 10:15 Aquasize 1:00 Exercise with Sandy (AR) 2:00 Hodges (GP)</p>	<p>2019</p>	<p>Transportation to Tower Pointe activities is available from the clubhouse.</p>

Hodges University's Life Long Learning Program

Tuesday, January 15th 10am
 "What is Happiness?"

Thursday, January 17th 2pm
 "Mindfulness in Movement"

Tuesday, January 22nd 10am
 "The Times in Our Lives-Writing What We Know-Our Memoir"

Thursday, January 24th 2pm
 "Refugees"

Tuesday, January 29th 10am
 "Body Cues to My Health"

Thursday, January 31st 2pm
 "The Need for Another Enlightenment"

Arbor Trace Annual Meeting
 Wednesday, January 16th
 3:00pm (Activity Room)

Tower Pointe Annual Meeting
 Thursday, January 24th
 10:00 am (Gathering Place)

Monday Night at the Movies
 Every Monday Night
 Gathering Place of Tower Pointe
 7:30 pm

1/7-Snowden (Spy/Thriller)
 1/14-And So It Goes (Comedy)
 1/21-Jane (Documentary)
 1/28- 42 (Sports)