






BIRTHDAY HAPPENINGS:

2nd-Alan Granfield
 7th-Sid Berson
 7th-Lynn Hertel
 7th-Jolan Lukas
 9th-Cressida Maloney
 11th-Eva Greenbaum
 11th-Midge Voss
 12th-Ann Mullally
 12th-Dean Yarian

16th-Eleanor Rzaca
 18th-Cissy Place
 18th-Dick Plum
 18th-Chuck Theisen
 21st-Jenny Duffy
 25th-Beverly Mills
 27th-Millie Adams
 31st-Betty Frederick
 31st-Chris Kardon

October 2017



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1 12:00-2:00 <u>Sunday Brunch</u> 1:30 Bridge, Rummikub, & Assorted Games</p>	<p>2 9:00 Men's Coffee (GP) 9:00 Exercise (AR) 10:00 Grocery Shopping 1:00 Exercise with Sandy (AR) <u>1:30 Shopping at WalMart</u> 7:30 Movie (GP)</p>	<p>3 9:00 Exercise (AR) 9:30 & 10:15 Aquasize 1:00 Care Support (CL) 3:00 Wii Bowl (ART) 7:15 Bingo (AR)</p>	<p>4 9:00 Exercise (AR) 9:00 Putting on the Green 9:30 Knitting (CL) 10:00 Flu Clinic (CL) 10:30 Chair Yoga (TP)</p>	<p>5 9:00 Bocce 9:00 Pickleball 9:30 Exercise (AR) 9:30 & 10:15 Aquasize 1:00 Exercise with Sandy (AR)</p>	<p>6 9:00 Grocery Shopping 9:00 Exercise (AR) 10:30 Chair Yoga (TP) <u>11:30 Lunch Bunch</u> <u>4:00 Sing Along (TP)</u></p>	<p>7 9:00 Exercise (AR) 11:00 Tai Chi (AR) 1:30 Wii Bowling</p>
<p>8 12:00-2:00 <u>Sunday Brunch</u> 1:30 Bridge, Rummikub, & Assorted Games</p>	<p>9 9:00 Men's Coffee (GP) 9:00 Exercise (AR) 10:00 Grocery Shopping 1:00 Exercise with Sandy (AR) <u>1:30 Shopping at Trader Joe's</u> 7:30 Movie (GP)</p>	<p>10 9:00 Exercise (AR) 9:30 & 10:15 Aquasize 1:00 Care Support (CL) 3:00 Wii Bowl (ART) 7:15 Bingo (AR)</p>	<p>11 9:00 Exercise (AR) 9:00 Putting on the Green 10:30 Chair Yoga (TP) 5:00 Arbor Lake Singers (CL) <u>5:30 Oktoberfest Management Party</u></p>	<p>12 9:00 Bocce 9:00 Pickleball 9:00 Exercise (AR) 9:30 & 10:15 Aquasize 1:00 Exercise with Sandy (AR)</p>	<p>13 9:00 Grocery Shopping 9:00 Exercise (AR) 10:30 Chair Yoga (TP) <u>11:45 ROMEO</u></p>	<p>14 9:00 Exercise (AR) 11:00 Tai Chi (AR) 1:30 Wii Bowling</p>
<p>15 12:00-2:00 <u>Sunday Brunch</u> 1:30 Bridge, Rummikub, & Assorted Games</p>	<p>16 9:00 Men's Coffee (GP) 9:00 Exercise (AR) 10:00 Grocery Shopping 1:00 Exercise with Sandy (AR) <u>1:30 Shopping at Dollar Tree</u> 7:30 Movie (GP)</p>	<p>17 9:00 Exercise (AR) 9:30 & 10:15 Aquasize 1:00 Care Support (CL) 3:00 Wii Bowl (ART) 7:15 Bingo (AR)</p>	<p>18 9:00 Exercise (AR) 9:00 Putting on the Green 10:30 Chair Yoga (TP) 1:00 Mah Jongg 3:00 ATC Board Meeting (CL)</p>	<p>19 9:00 Bocce 9:00 Pickleball 9:00 Exercise (AR) 9:30 & 10:15 Aquasize <u>12:00 Signature Lunch (Colonnade)</u> 1:00 Exercise with Sandy (AR)</p>	<p>20 9:00 Grocery Shopping 9:00 Exercise (AR) 10:30 Chair Yoga (TP) <u>11:00 Brambles Tea Room</u> <u>Lunch Outing</u> <u>6:20 Artis Classics</u></p>	<p>21 9:00 Exercise (AR) 11:00 Tai Chi (AR) 1:30 Wii Bowling</p>
<p>22 12:00-2:00 <u>Sunday Brunch</u> 1:30 Bridge, Rummikub, & Assorted Games</p>	<p>23 9:00 Men's Coffee (GP) 9:00 Exercise (AR) 10:00 Grocery Shopping 1:00 Exercise with Sandy (AR) 2:00 Book Club (GP) <u>5:30 Community Birthday Party</u> 7:30 Movie (GP)</p>	<p>24 9:00 Exercise (AR) 9:30 & 10:15 Aquasize 1:00 Care Support (CL) 3:00 Wii Bowl (ART) 7:15 Bingo (AR)</p>	<p>25 9:00 Exercise (AR) 9:00 Putting on the Green 10:00 Arbor Glen Tour (AG) 10:30 Chair Yoga (TP) 1:00 Mah Jongg</p>	<p>26 9:00 Bocce 9:00 Pickleball 9:00 Exercise (AR) 9:30 & 10:15 Aquasize 10:00 Tower Pointe Board Mtg (GP) 1:00 Exercise with Sandy (AR)</p>	<p>27 9:00 Grocery Shopping 9:00 Exercise (AR) 10:30 Chair Yoga (TP) <u>10:45 Penny Pinchers</u></p>	<p>28 9:00 Exercise (AR) 11:00 Tai Chi (AR) 1:30 Wii Bowling</p>
<p>29 12:00-2:00 <u>Sunday Brunch</u> 1:30 Bridge, Rummikub, & Assorted Games</p>	<p>30 9:00 Men's Coffee (GP) 9:00 Exercise (AR) 10:00 Grocery Shopping 1:00 Exercise with Sandy (AR) <u>1:30 Shopping at WalMart</u> 7:30 Movie (GP)</p>	<p>31 9:00 Exercise (AR) 9:30 & 10:15 Aquasize 1:00 Care Support (CL) 3:00 Wii Bowl (ART) <u>5:30 Halloween Costume Management Party</u> 7:15 No Bingo (AR)</p>		 Transportation to Tower Pointe activities is available from the clubhouse.		<p>Calendar Key</p> <p>(AR) Clubhouse Activity Room (ART) Clubhouse Art Room (CL) Clubhouse (GP) Gathering Place, Tower Pointe (TP) Top of the Pointe Club</p>

Hodges University's Life Long Learning Program

Stay Tuned for more Information

Arbor Trace Board Meeting
 Wednesday, October 18th
 3:00pm (Activity Room)

Tower Pointe Board Meeting
 Thursday, October 26th
 10:00 am (Gathering Place)

Monday Night at the Movies
 Every Monday Night
 Gathering Place of Tower Pointe
 7:30 pm

10/2-Hidden Figures (Drama)
10/9-The Eddie Duchin Story (Musical)
10/16-The Founder (Bio)
10/23-The Big Wedding (Comedy)
10/30-Hacksaw Ridge (WWII)