

BIRTHDAY HAPPENINGS:

2nd-Allen Granfield 4th-Petie Meier 7th-Jolan Lukas 7th-Lynn Hertel 7th-Sid Berson 11th-Dean Yarian 11th-Midge Voss 12th-Ann Mullally 15th-Jean Bunten 16th-Barbara Herter

18th-Cissy Place 18th-Chuck Theisen 18th-Dick Plum 20th-Robert Keeler 21st-Jenifer Duffy 22nd-Bertie Knapp 22nd-Renate Doederlein 23rd-Ginny Granfield 23rd-Nina Kowal

27th-Millie Adams 30th-Charlotte Evans 31st-Betty Frederick 31st-Chris Kardon 31st-Marvelle Colby

October 2015





15th-Jean Bunten 16th-Barbara Herter 16th-Eleanor Rzaca	23rd-Nina Kowal 25th-Beverly Mills 26th-Shirley Swart						
Sun	Mon	Tue	Wed	Thu	Fri	Sat	Hodges University's Life Long Learning
800	Transportation to Tower Pointe activities is available from any residence.	Calendar Key (AR) Clubhouse Activity Room (ER) Clubhouse Exercise Room (CL) Clubhouse (GP) Gathering Place, Tower Pointe (TP) Top of the Pointe Club	REJUVENATIONS "GENTLE" CHIROPRACTIC CLINIC EVERY TUESDAY MORNING IN THE CLUBHOUSE CALL TO MAKE AN APPOINTMENT 239-331-5886	9:00 Bocce 9:30 Exercise (ER) 10:15 Aquasize 11:00 Line Dancing (AR) 1:00 Exercise with Sandy (ER)	9:00 Grocery Shopping 9:30 Exercise (ER) 10:30 Chair Yoga (TP) 4:00 Arnie Ross Performs "History of Music in America" (TP)	3 9:00 Exercise (ER) 11:00 Tai Chi (AR) 1:30 Wii Bowling (ER)	Program Wednesday, October 7th 10am "Fall Semester Kick off Thursday, October 15th 2 pm "The Story: Conservancy of SW Florida" Tuesday, October 20th
4 12:00-2:00 Sunday Brunch 1:30 Bridge, Rummikub, & Assorted Games	9:00 Men's Coffee (GP) 9:30 Exercise (ER) 10:00 Grocery Shopping 10:30 Chair Yoga (TP) 1:00 Mah Jongg 1:00 Exercise with Sandy (ER) 1:00 Burlington Coat Factory Shopping 7:30 Movie (GP)	9:30 Exercise (ER) 10:15 Aquasize 1:00 Care Support (CL) 3:00 Wii Bowl (ER) 7:15 Bingo (AR)	7 9:00 Putting on the Green 9:30 Exercise (ER) 10:00 Hodges Fall Semester Kick Off (GP) 10:30 Chair Yoga (TP) 1:00 Mah Jongg	8 9:00 Bocce 9:30 Exercise (ER) 10:15 Aquasize 11:30 Aquasize Lunch (Pool) 1:00 Exercise with Sandy (ER)	9 9:00 Grocery Shopping 9:30 Exercise (ER) 10:30 Chair Yoga (TP) 11:30 Mystery Lunch	10 9:00 Exercise (ER) 11:00 Tai Chi (AR) 1:30 Wii Bowling (ER)	Tuesday, October 20th 10 am "Great Film Makers: Steven Spielberg" Thursday, October 22nd 2 pm "The Boxcar" Tuesday, October 27th 10 am
11 12:00-2:00 Sunday Brunch 1:30 Bridge, Rummikub, & Assorted Games	9:00 Men's Coffee (GP) 9:30 Exercise (ER) 10:00 Grocery Shopping 10:30 Chair Yoga (TP) 1:00 Mah Jongg 1:00 Exercise with Sandy (ER) 1:00 Trip to Halloween Store 7:30 Movie (GP)	9:30 Exercise (ER) 10:15 Aquasize 1:00 Care Support (CL) 3:00 Wii Bowl (ER) 7:15 Bingo (AR)	9:00 Putting on the Green 9:30 Exercise (ER) 10:00 Flu Shots (AR) 10:30 Chair Yoga (TP) 1:00 Mah Jongg 5:30 Oktoberfest Party (Colonnade)	9:00 Bocce 9:30 Exercise (ER) 10:15 Aquasize 1:00 Exercise with Sandy (AR) 2:00 Hodges (GP)	9:00 Grocery Shopping 9:30 Exercise (ER) 10:30 Chair Yoga (TP) 10:45 Penny Pinchers 4:15 Joshua Ross Performs (TP)	17 9:00 Exercise (ER) 11:00 Tai Chi (AR) 1:30 Wii Bowling (ER)	"Charles Gounod, Faust, and French Lyric Opera" Thursday, October 29th 2 pm "The Bill of Rights Secret Agenda"
18 12:00-2:00 Sunday Brunch featuring The Larry Maas Trio 1:30 Bridge, Rummikub, & Assorted Games	9:00 Men's Coffee (GP) 9:30 Exercise (ER) 10:00 Grocery Shopping 10:30 Book Club (GP) 1:00 Mah Jongg 1:00 Exercise with Sandy (ER) 5:45 Community Birthday Party 7:30 Movie (GP)	9:30 Exercise (ER) 10:00 Hodges (GP) 10:15 Aquasize 1:00 Care Support (CL) 3:00 Wii Bowling (ER) 7:15 Bingo (AR)	9:00 Putting on the Green 9:30 Exercise (ER) 10:30 Chair Yoga (TP) 1:00 Mah Jongg 3:00 ATC Board Meeting (AR)	9:00 Bocce 9:30 Exercise (ER) 10:15 Aquasize 12:00 Signature Lunch (Colonnade) 1:00 Exercise with Sandy (AR) 2:00 Hodges (GP)	23 No Grocery Shopping 9:30 Exercise (ER) 9:45 Peace River Day Trip 10:30 Chair Yoga (TP)	24 9:00 Exercise (ER) 11:00 Tai Chi (AR) 1:30 Wii Bowling (ER)	Arbor Trace Board Meeting Wednesday, October 21st 3:00pm (Activity Room) Tower Pointe Board Meeting Thursday, October 29th 10:00 am (Gathering Place)
25 12:00-2:00 Sunday Brunch 1:30 Bridge, Rummikub, & Assorted Games	9:00 Men's Coffee (GP) 9:30 Exercise (ER) 10:00 Grocery Shopping 10:30 Chair Yoga (TP) 1:00 Mah Jongg 1:00 Walmart Shopping 7:30 Movie	9:30 Exercise (ER) 10:00 Hodges (GP) 10:15 Aquasize 1:00 Care Support (CL) 3:00 Wii Bowling (ER) 7:15 Bingo (AR)	28 9:00 Putting on the Green 9:30 Exercise (ER) 10:30 Chair Yoga (TP) 1:00 Mah Jongg	9:00 Bocce 9:30 Exercise (ER) 10:00 Tower Pointe Board Meeting (GP) 10:15 Aquasize 1:00 Exercise with Sandy (AR) 2:00 Hodges (GP)	30 9:00 Grocery Shopping 9:30 Exercise (ER) 10:30 Chair Yoga (TP) 5:30 Annual Halloween Costume Party (Colonnade)	31 Halloween 9:00 Exercise (ER) 11:00 Tai Chi (AR) 1:30 Wii Bowling (ER)	Monday Night at the Movies Every Monday Night Gathering Place of Tower Pointe 7:30 pm 10/5-My One and Only (Comedy) 10/12-The Theory of Everything (Drama) 10/19-The Judge (Drama) 10/26-That Old Feeling (Comedy)