



BIRTHDAY HAPPENINGS:

5th-Blake Lynch
 5th-Joan Yates
 6th-Kathleen Wallace
 7th-Sonya Moore
 8th-Jerry Stone
 8th-Roger White
 9th-Frank Duane
 10th-Judy Peterson
 12th-Dorothy Gridley
 12th-Bette Kellogg

14th-George Barrier
 14th-Phil Sexton
 15th-Regina Duane
 15th-Mary Foote
 16th-Jack Skees
 17th-Mary Coulson
 18th-Merle Bauser
 18th-Lou Knouse
 19th-Jim Hiers
 19th-Shep Scheinberg

20th-Yvonne Silverberg
 24th-Kurt Smith
 28th-Marge Gower
 28th-Hank Reynolds
 30th-Betty Coumbe



August 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Calendar Key</p> <p>(AR) Clubhouse Activity Room (ART) Clubhouse Art Room (CL) Clubhouse (GP) Gathering Place, Tower Pointe (TP) Top of the Pointe Club</p>	<p>Transportation to Tower Pointe activities is available from the clubhouse.</p>			<p>1</p> <p>8:30 Pickleball 9:00 Exercise (AR) 9:30 & 10:15 Aquasize <u>12:00 Thursday Lunch</u> 1:00 Exercise with Sandy (AR) 2:00 Open Art (MR)</p>	<p>2</p> <p>9:00 Grocery Shopping 9:00 Exercise (AR) 10:30 Chair Yoga (TP)</p>	<p>3</p> <p>9:00 Exercise (AR) 11:00 Tai Chi (AR) 1:00 Scrabble (TPL) 1:30 Wii Bowling</p>
<p>4</p> <p><u>12:00-2:00</u> Sunday Brunch 1:30 Bridge, Rummikub, & Assorted Games</p>	<p>5</p> <p>9:00 Men's Coffee (GP) 9:00 Exercise (AR) 10:00 Grocery Shopping 1:00 Exercise with Cheryl (AR) <u>1:30 Shopping at Walmart</u> 7:30 Movie (GP)</p>	<p>6</p> <p>9:00 Exercise (AR) 9:30 & 10:15 Aquasize 3:00 Wii Bowl (ART) 7:15 Bingo (AR)</p>	<p>7</p> <p>9:00 Exercise (AR) 9:00 Putting on the Green 9:30 Books, Bagels...(TPL) 10:30 Chair Yoga (TP) 1:00 Mah Jongg</p>	<p>8</p> <p>8:30 Pickleball 9:00 Exercise (AR) 9:30 & 10:15 Aquasize <u>12:00 Thursday Lunch</u> 1:00 Exercise with Sandy (AR) 2:00 Open Art (MR)</p>	<p>9</p> <p>9:00 Grocery Shopping 9:00 Exercise (AR) 10:30 Chair Yoga (TP)</p>	<p>10</p> <p><u>9:30 Spirit of 45' Breakfast</u> 9:00 Exercise (AR) 11:00 Tai Chi (AR) 1:00 Scrabble (TPL) 1:30 Wii Bowling</p>
<p>11</p> <p><u>12:00-2:00</u> Sunday Brunch 1:30 Bridge, Rummikub, & Assorted Games</p>	<p>12</p> <p>9:00 Men's Coffee (GP) 9:00 Exercise (AR) 10:00 Grocery Shopping 1:00 Exercise with Sandy (AR) <u>1:30 Shopping at Dollar Tree</u> 7:30 Movie (GP)</p>	<p>13</p> <p>9:00 Exercise (AR) 9:30 & 10:15 Aquasize 10:00 Fred Katz Presents: Sweet Harmonies (GP) 3:00 Wii Bowl (ART) 7:15 Bingo (AR)</p>	<p>14</p> <p>9:00 Exercise (AR) 9:00 Putting on the Green 9:30 Books, Bagels...(TPL) 10:30 Chair Yoga (TP) 1:00 Mah Jongg</p>	<p>15</p> <p>8:30 Pickleball 9:00 Exercise (AR) 9:30 & 10:15 Aquasize <u>12:00 Thursday Lunch</u> 1:00 Exercise with Sandy (AR) 2:00 Open Art (MR)</p>	<p>16</p> <p>9:00 Grocery Shopping 9:00 Exercise (AR) 10:30 Chair Yoga (TP) <u>11:45 ROMEO</u></p>	<p>17</p> <p>9:00 Exercise (AR) 11:00 Tai Chi (AR) 1:00 Scrabble (TPL) 1:30 Wii Bowling</p>
<p>18</p> <p><u>12:00-2:00</u> Sunday Brunch 1:30 Bridge, Rummikub, & Assorted Games <u>4:00 Ice Cream Social (GP)</u></p>	<p>19</p> <p>9:00 Men's Coffee (GP) 9:00 Exercise (AR) 10:00 Grocery Shopping 1:00 Exercise with Sandy (AR) <u>1:30 Shopping at Home Goods</u> 7:30 Movie (GP)</p>	<p>20</p> <p>9:00 Exercise (AR) 9:30 & 10:15 Aquasize 1:00 Care Support (CL) 3:00 Wii Bowl (ART) 7:15 Bingo (AR)</p>	<p>21</p> <p>9:00 Exercise (AR) 9:00 Putting on the Green 9:30 Books, Bagels...(TPL) 10:30 Chair Yoga (TP) 1:00 Mah Jongg <u>5:30 August Management Cocktail Party (Colonnade)</u></p>	<p>22</p> <p>8:30 Pickleball 9:00 Exercise (AR) 9:30 & 10:15 Aquasize <u>12:00 Thursday Lunch</u> 1:00 Exercise with Sandy (AR) 2:00 Open Art (MR)</p>	<p>23</p> <p>9:00 Grocery Shopping 9:00 Exercise (AR) 10:30 Chair Yoga (TP) <u>1:15 New Holocaust Museum Tour</u></p>	<p>24</p> <p>9:00 Exercise (AR) 11:00 Tai Chi (AR) 1:00 Scrabble (TPL) 1:30 Wii Bowling</p>
<p>25</p> <p><u>12:00-2:00</u> Sunday Brunch 1:30 Bridge, Rummikub, & Assorted Games</p>	<p>26</p> <p>9:00 Men's Coffee (GP) 9:00 Exercise (AR) 10:00 Grocery Shopping 1:00 Exercise with Sandy (AR) <u>1:30 Shopping at Walmart</u> <u>5:30 Community Birthday Party</u> 7:30 Movie (GP)</p>	<p>27</p> <p>9:00 Exercise (AR) 9:30 & 10:15 Aquasize 3:00 Wii Bowl (ART) 7:15 Bingo (AR)</p>	<p>28</p> <p>9:00 Exercise (AR) 9:00 Putting on the Green 9:30 Books, Bagels...(TPL) 10:30 Chair Yoga (TP) 1:00 Mah Jongg</p>	<p>29</p> <p>8:30 Pickleball 9:00 Exercise (AR) 9:30 & 10:15 Aquasize <u>12:00 Thursday Lunch</u> 1:00 Exercise with Sandy (AR) 2:00 Open Art (MR)</p>	<p>30</p> <p>9:00 Grocery Shopping 9:00 Exercise (AR) 10:30 Chair Yoga (TP) <u>10:45 Penny Pinchers</u></p>	<p>31</p> <p>9:00 Exercise (AR) 11:00 Tai Chi (AR) 1:00 Scrabble (TPL) 1:30 Wii Bowling</p>

Hodges University's Life Long Learning Program

The Fall Semester will begin in October

Arbor Trace Board Meeting
 Will Resume in September

Tower Pointe Board Meeting
 Will Resume in September

Monday Night at the Movies
Every Monday Night
Gathering Place of Tower Pointe
7:30 pm
8/5-Black Panther (Action/Adventure)
8/12-Borg Vs. McEnroe (Sports/Drama)
8/19-Stan and Ollie (Comedy/Bio)
8/26-Roma (Drama)